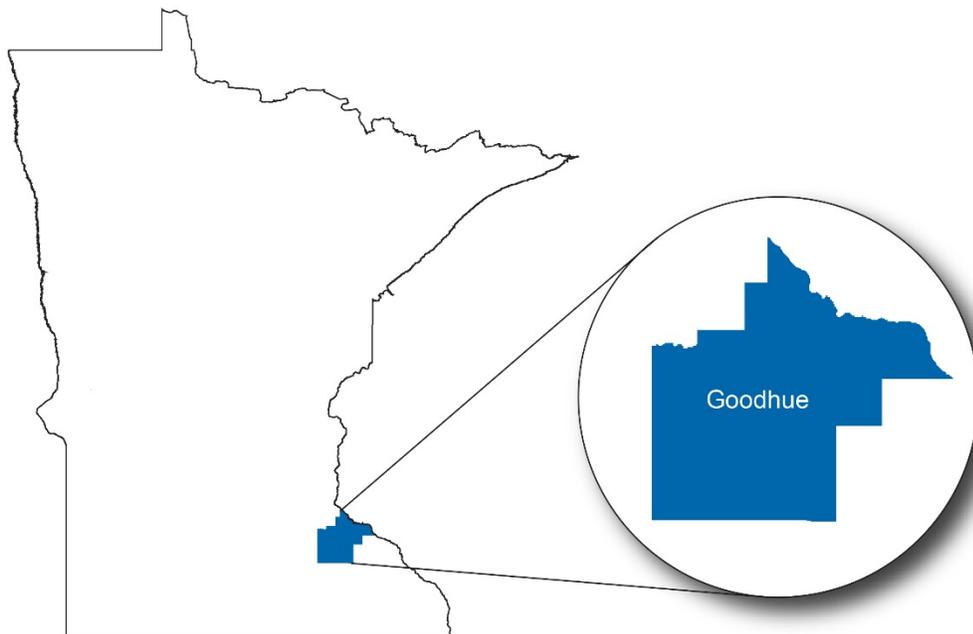


# Data Book for Goodhue County

*2015 Goodhue County Community Health Needs Assessment Survey*

F E B R U A R Y 2 0 1 6



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# Acknowledgments

We would like to thank the residents of Goodhue County who completed the survey upon which this data book is based.

In addition, we would like to thank the Goodhue County Health and Human Services staff who contributed to the completion of this study, including Ruth Greenslade. We would also like to thank Ann Kinney, from the Minnesota Department of Health, for the technical assistance she provided.

The following Wilder Research staff worked on this study.

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Walker Bosch

This study was funded by the Minnesota Department of Health's Statewide Health Improvement Program (SHIP) and the Mayo Clinic Health System-Red Wing, Cannon Falls, and Lake City.

# Introduction and methods

Staff from Goodhue County Health and Human Services and Mayo Clinic Health System developed the questions for the survey instrument with technical assistance from the Minnesota Department of Health Center for Health Statistics. Existing items from the Behavioral Risk Factor Surveillance System (BRFSS) survey and from recent county-level surveys in Minnesota were used to design some of the items on the survey instrument. The survey was formatted by the survey vendor, Survey Systems, Inc. of New Brighton, MN, as a scannable, self-administered English-language questionnaire. See the Appendix for the survey instrument.

## Sample

A two-stage sampling strategy was used for obtaining a probability sample of adults living in Goodhue County. For the first stage of sampling, a random sample of Goodhue County residential addresses was purchased from a national sampling vendor (Marketing Systems Group of Horsham, PA). Address-based sampling was used so that all households would have an equal chance of being sampled for the survey. Marketing Systems Group obtained the list of addresses from the U.S. Postal Service.

For the second stage of sampling, the “most recent birthday” method of within-household respondent selection was used to specify one adult from each selected household to complete the survey. The purpose of within household randomization is to ensure a better gender and age balance among the survey respondents.

## Data collection

An initial survey packet was mailed to 3,000 sampled households in Goodhue County on September 1, 2015, that included a cover letter, the survey instrument, and a postage-paid return envelope. Two weeks after the first survey packets were mailed (September 14), a postcard was sent to all sampled households, reminding those who had not yet returned a survey to do so, and thanking those who had already responded. Two weeks after the reminder postcards were mailed (September 28), another full survey packet was sent to all households that had still not returned the survey. The remaining completed surveys were received over the next four weeks, with the final date for the receipt of surveys being October 30, 2015

## Completed surveys

Completed surveys were received from 1,002 adult residents of Goodhue County; thus, the overall response rate was 33.4% (1,002/3,000).

## Data cleaning and analysis

The responses from the completed surveys were scanned into an electronic file by Survey Systems, Inc. The scanned data were transferred to Minnesota Department of Health Center for Health Statistics staff for verification, cleaning and new variable creation.

To ensure that the county level survey results are representative of the adult population Goodhue County, the data were weighted when analyzed. The weighting accounts for the sample design by adjusting for the number of adults living in each sampled household. The weighting also includes a post-stratification adjustment so that the gender and age distribution of the survey respondents mirrors the gender and age distribution of the adult population in Goodhue County according to U.S. Census Bureau 2010 estimates.

## How to use this data book

For every table in this data book, results are displayed for sub-groups of respondents from Goodhue County based on:

- Gender
- Age, including adults ages 18-34, 35-44, 45-54, 55-64, and 65+
- Race/ethnicity, including white only and all other races/ethnicities
- Annual household income ranges including less than \$25,000, \$25,000-\$34,999, \$35,000-\$49,999, \$50,000-\$74,999, and \$75,000 or more.
- History of mental illness
- Weight status, including not overweight or obese, overweight, but not obese, and obese

The columns in each table correspond to the response options respondents were given on the survey (see Appendix for survey instrument). If a table represents a survey question with fixed response categories, each column indicated the percentage of respondents who gave that response to the question. Some answer categories are combined because of the low number of responses in those categories. The last column in each row of the table always presents the number of people (unweighted) related to the percentages in that row. Some questions may apply only to certain types of respondents (due to skip patterns in the survey). In these cases, the percentages were calculated based on the number of respondents who were asked that question (as shown by the unweighted Ns in the last column).

# Survey findings

## Data tables

### Goodhue County Community Health Needs Assessment

#### Demographics

##### Gender (Unweighted)

	Male	Female	N (Unweighted)
	%	%	
<b>All respondents</b>	41.5%	58.5%	982
<b>By age:</b>			
18-34	20.6%	79.4%	68
35-44	36.0%	64.0%	86
45-54	32.7%	67.3%	150
55-64	47.1%	52.9%	242
65+	45.9%	54.1%	436
<b>By race / ethnicity:</b>			
White only	41.8%	58.2%	938
All other races / ethnicities	37.5%	62.5%	40
<b>By household income:</b>			
Less than \$25,000	31.8%	68.2%	148
\$25,000 - \$34,999	43.0%	57.0%	93
\$35,000 - \$49,999	44.7%	55.3%	141
\$50,000 - \$74,999	48.0%	52.0%	202
\$75,000 or more	40.6%	59.4%	308
<b>By history of mental illness (ever diagnosed):</b>			
Yes	29.5%	70.5%	258
No	45.8%	54.2%	719
<b>By weight status:</b>			
Not overweight or obese	29.5%	70.5%	268
Overweight, but not obese	47.7%	52.3%	331
Obese	45.3%	54.7%	338

**Goodhue County Community Health Needs Assessment  
Demographics**

**Gender (Weighted)**

	Male	Female	N (Unweighted)
	%	%	
<b>All respondents</b>	49.1%	50.9%	982
<b>By age:</b>			
18-34	51.8%	48.2%	68
35-44	49.5%	50.5%	86
45-54	50.3%	49.7%	150
55-64	50.6%	49.4%	242
65+	43.4%	56.6%	436
<b>By race / ethnicity:</b>			
White only	49.4%	50.6%	938
All other races / ethnicities	45.7%	54.3%	40
<b>By household income:</b>			
Less than \$25,000	36.1%	63.9%	148
\$25,000 - \$34,999	46.0%	54.0%	93
\$35,000 - \$49,999	48.4%	51.6%	141
\$50,000 - \$74,999	55.5%	44.5%	202
\$75,000 or more	50.8%	49.2%	308
<b>By history of mental illness (ever diagnosed):</b>			
Yes	37.4%	62.6%	258
No	53.2%	46.8%	719
<b>By weight status:</b>			
Not overweight or obese	36.7%	63.3%	268
Overweight, but not obese	54.9%	45.1%	331
Obese	54.5%	45.5%	338

**Goodhue County Community Health Needs Assessment  
Demographics**

**Sexual orientation (Unweighted)**

	Heterosexual or straight	Gay, lesbian, or homosexual	Bisexual	Other	N (Unweighted)
	%	%	%	%	
<b>All respondents</b>	97.5%	1.2%	0.4%	1.3%	943
<b>By gender:</b>					
Male	97.2%	1.0%	0.3%	1.5%	393
Female	97.6%	1.3%	0.5%	1.1%	550
<b>By age:</b>					
18-34	98.5%	1.5%	0.0%	0.0%	68
35-44	98.8%	0.0%	1.2%	0.0%	84
45-54	98.0%	2.0%	0.0%	0.0%	149
55-64	97.9%	0.8%	0.4%	2.1%	236
65+	96.6%	1.2%	0.5%	1.7%	406
<b>By race / ethnicity:</b>					
White only	97.6%	1.1%	0.4%	1.1%	901
All other races / ethnicities	94.7%	2.6%	0.0%	5.3%	38
<b>By household income:</b>					
Less than \$25,000	97.8%	2.2%	0.0%	0.0%	134
\$25,000 - \$34,999	97.7%	1.1%	0.0%	2.3%	88
\$35,000 - \$49,999	92.5%	3.0%	1.5%	3.0%	134
\$50,000 - \$74,999	99.5%	0.0%	0.5%	0.5%	201
\$75,000 or more	98.4%	0.7%	0.3%	0.7%	306
<b>By history of mental illness (ever diagnosed):</b>					
Yes	96.7%	1.2%	0.8%	1.6%	246
No	97.7%	1.2%	0.3%	1.2%	692
<b>By weight status:</b>					
Not overweight or obese	98.1%	0.8%	0.8%	0.8%	260
Overweight, but not obese	98.1%	0.9%	0.3%	0.9%	317
Obese	97.2%	1.2%	0.3%	1.5%	327

**Goodhue County Community Health Needs Assessment  
Demographics**

**Sexual orientation (Weighted)**

	Heterosexual or straight	Gay, lesbian, or homosexual	Bisexual	Other	N (Unweighted)
	%	%	%	%	
<b>All respondents</b>	98.2%	1.1%	0.2%	0.6%	943
<b>By gender:</b>					
Male	97.9%	1.4%	0.1%	0.7%	393
Female	98.5%	0.8%	0.4%	0.6%	550
<b>By age:</b>					
18-34	97.9%	2.1%	0.0%	0.0%	68
35-44	99.5%	0.0%	0.5%	0.0%	84
45-54	98.7%	1.3%	0.0%	0.0%	149
55-64	98.1%	0.6%	0.4%	1.7%	236
65+	97.1%	0.9%	0.4%	1.6%	406
<b>By race / ethnicity:</b>					
White only	98.2%	1.0%	0.3%	0.6%	901
All other races / ethnicities	97.4%	2.1%	0.0%	1.1%	38
<b>By household income:</b>					
Less than \$25,000	98.9%	1.1%	0.0%	0.0%	134
\$25,000 - \$34,999	98.1%	1.6%	0.0%	0.8%	88
\$35,000 - \$49,999	92.1%	5.1%	1.2%	1.6%	134
\$50,000 - \$74,999	99.9%	0.0%	0.1%	0.2%	201
\$75,000 or more	99.1%	0.4%	0.1%	0.4%	306
<b>By history of mental illness (ever diagnosed):</b>					
Yes	96.6%	2.6%	0.5%	0.4%	246
No	98.8%	0.5%	0.1%	0.7%	692
<b>By weight status:</b>					
Not overweight or obese	97.3%	2.3%	0.4%	0.4%	260
Overweight, but not obese	98.8%	0.5%	0.2%	0.6%	317
Obese	98.6%	0.6%	0.2%	0.8%	327

**Goodhue County Community Health Needs Assessment  
Demographics**

**Age (Unweighted)**

	<b>18-34</b>	<b>35-44</b>	<b>45-54</b>	<b>55-64</b>	<b>65-74</b>	<b>75+</b>	<b>N (Unweighted)</b>
	<b>%</b>	<b>%</b>	<b>%</b>	<b>%</b>	<b>%</b>	<b>%</b>	
<b>All respondents</b>	6.9%	8.8%	15.3%	24.6%	22.7%	21.7%	982
<b>By gender:</b>							
Male	3.4%	7.6%	12.0%	27.9%	25.2%	23.8%	408
Female	9.4%	9.6%	17.6%	22.3%	20.9%	20.2%	574
<b>By race / ethnicity:</b>							
White only	6.7%	8.4%	14.6%	24.4%	23.5%	22.4%	938
All other races / ethnicities	12.5%	17.5%	30.0%	25.0%	7.5%	7.5%	40
<b>By household income:</b>							
Less than \$25,000	4.7%	5.4%	9.5%	14.9%	24.3%	41.2%	148
\$25,000 - \$34,999	9.7%	4.3%	14.0%	16.1%	21.5%	34.4%	93
\$35,000 - \$49,999	6.4%	7.1%	10.6%	19.9%	22.7%	33.3%	141
\$50,000 - \$74,999	5.4%	9.9%	13.9%	28.2%	29.2%	13.4%	202
\$75,000 or more	10.4%	14.0%	24.4%	31.5%	15.3%	4.5%	308
<b>By history of mental illness (ever diagnosed):</b>							
Yes	8.9%	11.6%	17.4%	24.8%	24.0%	13.2%	258
No	6.3%	7.8%	14.5%	24.3%	22.4%	24.8%	719
<b>By weight status:</b>							
Not overweight or obese	8.6%	10.8%	14.2%	21.6%	19.0%	25.7%	268
Overweight, but not obese	5.7%	6.0%	17.2%	25.7%	24.5%	20.8%	331
Obese	7.1%	10.9%	15.4%	26.6%	23.4%	16.6%	338

**Goodhue County Community Health Needs Assessment  
Demographics**

**Age (Weighted)**

	<b>18-34</b>	<b>35-44</b>	<b>45-54</b>	<b>55-64</b>	<b>65-74</b>	<b>75+</b>	<b>N (Unweighted)</b>
	<b>%</b>	<b>%</b>	<b>%</b>	<b>%</b>	<b>%</b>	<b>%</b>	
<b>All respondents</b>	24.1%	15.5%	21.2%	17.6%	10.6%	11.0%	982
<b>By gender:</b>							
Male	25.5%	15.6%	21.8%	18.1%	10.3%	8.7%	408
Female	22.8%	15.4%	20.7%	17.0%	10.8%	13.2%	574
<b>By race / ethnicity:</b>							
White only	23.9%	15.0%	20.6%	17.8%	11.2%	11.5%	938
All other races / ethnicities	29.4%	24.8%	31.4%	10.3%	1.5%	2.6%	40
<b>By household income:</b>							
Less than \$25,000	16.5%	9.3%	15.3%	13.8%	15.1%	30.1%	148
\$25,000 - \$34,999	29.2%	11.4%	17.8%	13.1%	9.7%	18.8%	93
\$35,000 - \$49,999	23.0%	12.6%	19.3%	14.3%	11.0%	19.9%	141
\$50,000 - \$74,999	22.2%	17.6%	17.8%	20.3%	14.3%	7.7%	202
\$75,000 or more	29.1%	19.0%	26.8%	17.3%	5.9%	1.8%	308
<b>By history of mental illness (ever diagnosed):</b>							
Yes	26.8%	20.5%	20.1%	15.7%	10.4%	6.5%	258
No	23.4%	13.8%	21.4%	18.0%	10.7%	12.7%	719
<b>By weight status:</b>							
Not overweight or obese	29.3%	16.6%	17.1%	14.8%	9.3%	12.9%	268
Overweight, but not obese	20.5%	11.4%	26.3%	19.3%	11.5%	11.0%	331
Obese	24.3%	19.5%	20.7%	17.8%	10.2%	7.6%	338

**Goodhue County Community Health Needs Assessment  
Demographics**

**Race / Ethnicity (Unweighted)**

	White only	All other races / ethnicities	N (Unweighted)
	%	%	
<b>All respondents</b>	95.9%	4.1%	978
<b>By gender:</b>			
Male	96.3%	3.7%	407
Female	95.6%	4.4%	571
<b>By age:</b>			
18-34	92.6%	7.4%	68
35-44	91.9%	8.1%	86
45-54	91.9%	8.1%	149
55-64	95.8%	4.2%	239
65+	98.6%	1.4%	436
<b>By household income:</b>			
Less than \$25,000	93.9%	6.1%	148
\$25,000 - \$34,999	95.7%	4.3%	93
\$35,000 - \$49,999	95.0%	5.0%	141
\$50,000 - \$74,999	97.5%	2.5%	201
\$75,000 or more	96.7%	3.3%	306
<b>By history of mental illness (ever diagnosed):</b>			
Yes	94.2%	5.8%	257
No	96.5%	3.5%	716
<b>By weight status:</b>			
Not overweight or obese	97.4%	2.6%	266
Overweight, but not obese	97.0%	3.0%	330
Obese	94.1%	5.9%	337

**Goodhue County Community Health Needs Assessment  
Demographics**

**Race / Ethnicity (Weighted)**

	White only	All other races / ethnicities	N (Unweighted)
	%	%	
<b>All respondents</b>	94.2%	5.8%	978
<b>By gender:</b>			
Male	94.6%	5.4%	407
Female	93.8%	6.2%	571
<b>By age:</b>			
18-34	93.0%	7.0%	68
35-44	90.8%	9.2%	86
45-54	91.4%	8.6%	149
55-64	96.6%	3.4%	239
65+	98.9%	1.1%	436
<b>By household income:</b>			
Less than \$25,000	89.1%	10.9%	148
\$25,000 - \$34,999	88.1%	11.9%	93
\$35,000 - \$49,999	90.4%	9.6%	141
\$50,000 - \$74,999	95.7%	4.3%	201
\$75,000 or more	96.7%	3.3%	306
<b>By history of mental illness (ever diagnosed):</b>			
Yes	94.0%	6.0%	257
No	94.2%	5.8%	716
<b>By weight status:</b>			
Not overweight or obese	94.8%	5.2%	266
Overweight, but not obese	94.8%	5.2%	330
Obese	93.7%	6.3%	337

**Goodhue County Community Health Needs Assessment  
Demographics**

**Weight status (Unweighted)**

	Not overweight	Overweight, but not obese	Obese	N (Unweighted)
	%	%	%	
<b>All respondents</b>	28.6%	35.3%	36.1%	937
<b>By gender:</b>				
Male	20.3%	40.5%	39.2%	390
Female	34.6%	31.6%	33.8%	547
<b>By age:</b>				
18-34	34.8%	28.8%	36.4%	66
35-44	33.7%	23.3%	43.0%	86
45-54	25.9%	38.8%	35.4%	147
55-64	24.9%	36.5%	38.6%	233
65+	29.6%	37.0%	33.3%	405
<b>By race / ethnicity:</b>				
White only	28.9%	35.7%	35.4%	896
All other races / ethnicities	18.9%	27.0%	54.1%	37
<b>By household income:</b>				
Less than \$25,000	28.1%	34.1%	37.8%	135
\$25,000 - \$34,999	26.7%	28.9%	44.4%	90
\$35,000 - \$49,999	31.1%	27.3%	41.7%	132
\$50,000 - \$74,999	30.1%	33.2%	36.7%	196
\$75,000 or more	27.7%	39.6%	32.7%	303
<b>By history of mental illness (ever diagnosed):</b>				
Yes	23.3%	33.3%	43.4%	249
No	30.3%	36.2%	33.5%	683

**Goodhue County Community Health Needs Assessment  
Demographics**

**Weight status (Weighted)**

	Not overweight	Overweight, but not obese	Obese	N (Unweighted)
	%	%	%	
<b>All respondents</b>	28.0%	34.0%	38.0%	937
<b>By gender:</b>				
Male	20.7%	37.6%	41.7%	390
Female	35.2%	30.5%	34.3%	547
<b>By age:</b>				
18-34	33.6%	28.6%	37.8%	66
35-44	29.2%	24.3%	46.5%	86
45-54	22.2%	41.4%	36.4%	147
55-64	23.7%	37.7%	38.7%	233
65+	30.1%	37.2%	32.7%	405
<b>By race / ethnicity:</b>				
White only	28.0%	34.3%	37.8%	896
All other races / ethnicities	25.6%	31.5%	42.9%	37
<b>By household income:</b>				
Less than \$25,000	25.8%	38.1%	36.1%	135
\$25,000 - \$34,999	25.6%	27.6%	46.8%	90
\$35,000 - \$49,999	35.2%	22.2%	42.6%	132
\$50,000 - \$74,999	29.8%	27.9%	42.3%	196
\$75,000 or more	25.9%	39.4%	34.7%	303
<b>By history of mental illness (ever diagnosed):</b>				
Yes	27.2%	30.7%	42.1%	249
No	28.2%	35.1%	36.8%	683

**Goodhue County Community Health Needs Assessment  
Demographics**

**Number of adults in household (Unweighted)**

	1	2	3	4	5 or more	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	30.7%	58.8%	7.5%	2.5%	0.5%	982
<b>By gender:</b>						
Male	24.0%	65.0%	8.8%	2.0%	0.2%	408
Female	35.4%	54.4%	6.6%	3.0%	0.7%	574
<b>By age:</b>						
18-34	19.1%	66.2%	5.9%	4.4%	4.4%	68
35-44	24.4%	67.4%	4.7%	2.3%	1.2%	86
45-54	22.0%	58.0%	15.3%	4.7%	0.0%	150
55-64	24.4%	60.7%	10.7%	3.7%	0.4%	242
65+	40.1%	55.0%	3.9%	0.9%	0.0%	436
<b>By race / ethnicity:</b>						
White only	30.6%	59.1%	7.6%	2.3%	0.4%	938
All other races / ethnicities	32.5%	52.5%	7.5%	5.0%	2.5%	40
<b>By household income:</b>						
Less than \$25,000	64.9%	29.1%	3.4%	2.7%	0.0%	148
\$25,000 - \$34,999	50.5%	41.9%	6.5%	1.1%	0.0%	93
\$35,000 - \$49,999	39.0%	51.8%	6.4%	1.4%	1.4%	141
\$50,000 - \$74,999	22.8%	66.3%	8.9%	1.0%	1.0%	202
\$75,000 or more	6.8%	77.9%	10.7%	4.2%	0.3%	308
<b>By history of mental illness (ever diagnosed):</b>						
Yes	39.9%	48.4%	6.6%	3.9%	1.2%	258
No	27.5%	62.4%	7.8%	1.9%	0.3%	719
<b>By weight status:</b>						
Not overweight or obese	30.2%	61.2%	6.7%	1.5%	0.4%	268
Overweight, but not obese	28.7%	59.8%	9.1%	2.1%	0.3%	331
Obese	31.1%	56.8%	7.1%	4.1%	0.9%	338

**Goodhue County Community Health Needs Assessment  
Demographics**

**Number of adults in household (Weighted)**

	1	2	3	4	5 or more	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	15.4%	64.5%	12.6%	5.4%	2.1%	982
<b>By gender:</b>						
Male	13.5%	68.2%	14.3%	3.6%	0.4%	408
Female	17.3%	60.8%	10.9%	7.2%	3.7%	574
<b>By age:</b>						
18-34	12.0%	67.0%	9.9%	4.9%	6.2%	68
35-44	12.4%	71.9%	7.9%	5.3%	2.5%	86
45-54	12.1%	58.3%	21.8%	7.8%	0.0%	150
55-64	12.4%	62.3%	16.7%	7.5%	1.1%	242
65+	27.3%	64.2%	6.6%	1.9%	0.0%	436
<b>By race / ethnicity:</b>						
White only	15.2%	65.6%	12.7%	4.8%	1.7%	938
All other races / ethnicities	19.7%	46.6%	11.8%	13.4%	8.6%	40
<b>By household income:</b>						
Less than \$25,000	46.9%	41.1%	5.2%	6.9%	0.0%	148
\$25,000 - \$34,999	39.6%	42.8%	15.8%	1.8%	0.0%	93
\$35,000 - \$49,999	21.3%	59.8%	8.2%	5.3%	5.5%	141
\$50,000 - \$74,999	12.7%	68.0%	11.9%	3.2%	4.3%	202
\$75,000 or more	2.8%	73.6%	16.0%	6.5%	1.1%	308
<b>By history of mental illness (ever diagnosed):</b>						
Yes	19.8%	51.4%	16.1%	8.7%	4.0%	258
No	14.0%	69.6%	11.0%	4.1%	1.4%	719
<b>By weight status:</b>						
Not overweight or obese	15.6%	64.5%	15.0%	3.0%	1.8%	268
Overweight, but not obese	15.3%	66.8%	13.3%	3.5%	1.2%	331
Obese	14.7%	62.1%	10.6%	9.3%	3.2%	338

**Goodhue County Community Health Needs Assessment  
Demographics**

**Highest level of education completed (Unweighted)**

	Less than HS diploma, no GED	High school diploma or GED	Some college, trade school, or Associate degree	Bachelor's degree or higher	N (Unweighted)
	%	%	%	%	
<b>All respondents</b>	4.2%	26.7%	38.7%	30.3%	973
<b>By gender:</b>					
Male	6.2%	27.5%	36.9%	29.5%	404
Female	2.8%	26.2%	40.1%	30.9%	569
<b>By age:</b>					
18-34	1.5%	14.7%	36.8%	47.1%	68
35-44	2.3%	18.6%	44.2%	34.9%	86
45-54	1.3%	14.8%	49.0%	34.9%	149
55-64	1.3%	25.1%	43.9%	29.7%	239
65+	7.7%	35.3%	31.6%	25.5%	431
<b>By race / ethnicity:</b>					
White only	4.2%	26.3%	38.9%	30.5%	930
All other races / ethnicities	5.1%	38.5%	33.3%	23.1%	39
<b>By household income:</b>					
Less than \$25,000	9.5%	54.4%	30.6%	5.4%	147
\$25,000 - \$34,999	7.5%	33.3%	39.8%	19.4%	93
\$35,000 - \$49,999	5.0%	35.7%	40.0%	19.3%	140
\$50,000 - \$74,999	1.0%	18.5%	46.0%	34.5%	200
\$75,000 or more	1.3%	11.4%	37.3%	50.0%	308
<b>By history of mental illness (ever diagnosed):</b>					
Yes	3.5%	27.6%	37.7%	31.1%	257
No	4.5%	26.3%	39.1%	30.1%	711
<b>By weight status:</b>					
Not overweight or obese	3.0%	22.9%	40.6%	33.5%	266
Overweight, but not obese	3.4%	25.9%	34.5%	36.3%	328
Obese	4.8%	28.1%	42.7%	24.5%	335

**Goodhue County Community Health Needs Assessment  
Demographics**

**Highest level of education completed (Weighted)**

	Less than HS diploma, no GED	High school diploma or GED	Some college, trade school, or Associate degree	Bachelor's degree or higher	N (Unweighted)
	%	%	%	%	
<b>All respondents</b>	3.7%	23.0%	39.3%	34.0%	973
<b>By gender:</b>					
Male	5.7%	24.6%	38.0%	31.8%	404
Female	1.7%	21.5%	40.6%	36.2%	569
<b>By age:</b>					
18-34	4.1%	18.6%	31.8%	45.4%	68
35-44	4.0%	19.0%	44.7%	32.3%	86
45-54	2.2%	14.5%	49.3%	34.1%	149
55-64	1.1%	24.9%	44.4%	29.6%	239
65+	6.5%	37.8%	29.8%	25.8%	431
<b>By race / ethnicity:</b>					
White only	3.6%	22.1%	39.6%	34.6%	930
All other races / ethnicities	4.5%	38.3%	34.7%	22.5%	39
<b>By household income:</b>					
Less than \$25,000	8.0%	52.4%	31.6%	8.1%	147
\$25,000 - \$34,999	10.5%	34.4%	39.9%	15.2%	93
\$35,000 - \$49,999	2.4%	35.1%	42.7%	19.8%	140
\$50,000 - \$74,999	5.1%	18.7%	50.5%	25.7%	200
\$75,000 or more	0.9%	11.6%	35.0%	52.5%	308
<b>By history of mental illness (ever diagnosed):</b>					
Yes	4.3%	25.8%	30.0%	40.0%	257
No	3.5%	21.6%	42.9%	31.9%	711
<b>By weight status:</b>					
Not overweight or obese	1.3%	23.0%	39.7%	36.0%	266
Overweight, but not obese	1.8%	20.8%	34.1%	43.4%	328
Obese	6.6%	23.6%	44.4%	25.4%	335

**Goodhue County Community Health Needs Assessment  
Demographics**

**Household income (Unweighted)**

	Less than \$25,000	\$25,000 - \$34,999	\$35,000 - \$49,999	\$50,000 - \$74,999	\$75,000 or more	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	16.6%	10.4%	15.8%	22.6%	34.5%	892
<b>By gender:</b>						
Male	12.6%	10.8%	16.9%	26.1%	33.6%	372
Female	19.4%	10.2%	15.0%	20.2%	35.2%	520
<b>By age:</b>						
18-34	10.3%	13.2%	13.2%	16.2%	47.1%	68
35-44	9.4%	4.7%	11.8%	23.5%	50.6%	85
45-54	9.7%	9.0%	10.3%	19.3%	51.7%	145
55-64	10.0%	6.8%	12.8%	26.0%	44.3%	219
65+	25.9%	13.9%	21.1%	22.9%	16.3%	375
<b>By race / ethnicity:</b>						
White only	16.3%	10.4%	15.7%	23.0%	34.7%	854
All other races / ethnicities	25.7%	11.4%	20.0%	14.3%	28.6%	35
<b>By history of mental illness (ever diagnosed):</b>						
Yes	24.9%	9.3%	12.2%	17.7%	35.9%	237
No	13.7%	10.9%	17.1%	24.3%	34.0%	650
<b>By weight status:</b>						
Not overweight or obese	15.4%	9.8%	16.7%	24.0%	34.1%	246
Overweight, but not obese	15.7%	8.9%	12.3%	22.2%	41.0%	293
Obese	16.1%	12.6%	17.4%	22.7%	31.2%	317

**Goodhue County Community Health Needs Assessment  
Demographics**

**Household income (Weighted)**

	Less than \$25,000	\$25,000 - \$34,999	\$35,000 - \$49,999	\$50,000 - \$74,999	\$75,000 or more	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	10.2%	8.3%	13.3%	21.8%	46.4%	892
<b>By gender:</b>						
Male	7.5%	7.7%	13.0%	24.4%	47.5%	372
Female	13.0%	8.9%	13.6%	19.3%	45.3%	520
<b>By age:</b>						
18-34	6.6%	9.5%	12.0%	19.0%	52.9%	68
35-44	5.8%	5.8%	10.3%	23.7%	54.3%	85
45-54	7.1%	6.7%	11.7%	17.8%	56.7%	145
55-64	8.4%	6.4%	11.3%	26.3%	47.7%	219
65+	23.7%	12.1%	21.0%	24.7%	18.5%	375
<b>By race / ethnicity:</b>						
White only	9.7%	7.8%	12.8%	22.2%	47.5%	854
All other races / ethnicities	19.1%	16.8%	21.8%	16.0%	26.3%	35
<b>By history of mental illness (ever diagnosed):</b>						
Yes	14.7%	9.1%	10.4%	15.8%	50.0%	237
No	8.7%	8.1%	14.4%	23.7%	45.1%	650
<b>By weight status:</b>						
Not overweight or obese	8.9%	7.6%	16.4%	23.4%	43.6%	246
Overweight, but not obese	11.0%	6.8%	8.6%	18.2%	55.3%	293
Obese	9.0%	10.1%	14.4%	24.0%	42.4%	317

**Goodhue County Community Health Needs Assessment  
Demographics**

**Employment status (Unweighted)**

	Employed	Self-employed or farmer	Serving in the Armed Forces	Unemployed or out of work	A homemaker or stay-at-home parent	A student	Retired	Unable to work because of a disability	N (Unweighted)
	%	%	%	%	%	%	%	%	
<b>All respondents</b>	43.3%	12.2%	0.0%	1.7%	4.7%	1.4%	43.7%	4.8%	974
<b>By gender:</b>									
Male	40.9%	17.5%	0.0%	2.0%	0.0%	0.5%	48.8%	3.7%	406
Female	45.1%	8.5%	0.0%	1.6%	8.1%	2.1%	40.1%	5.6%	568
<b>By age:</b>									
18-34	76.5%	13.2%	0.0%	1.5%	11.8%	10.3%	1.5%	1.5%	68
35-44	82.6%	15.1%	0.0%	1.2%	7.0%	4.7%	0.0%	1.2%	86
45-54	81.2%	12.8%	0.0%	4.0%	6.0%	0.7%	1.3%	4.0%	149
55-64	57.9%	22.9%	0.0%	2.1%	3.8%	0.8%	19.2%	7.1%	240
65+	9.0%	5.3%	0.0%	0.9%	3.2%	0.0%	87.5%	5.1%	431
<b>By race / ethnicity:</b>									
White only	42.3%	12.4%	0.0%	1.6%	4.6%	1.1%	45.2%	4.6%	931
All other races / ethnicities	64.1%	7.7%	0.0%	5.1%	7.7%	10.3%	12.8%	10.3%	39
<b>By household income:</b>									
Less than \$25,000	17.7%	10.2%	0.0%	5.4%	2.7%	2.0%	59.9%	19.7%	147
\$25,000 - \$34,999	32.3%	10.8%	0.0%	4.3%	6.5%	0.0%	53.8%	1.1%	93
\$35,000 - \$49,999	37.1%	7.9%	0.0%	1.4%	4.3%	0.0%	56.4%	3.6%	140
\$50,000 - \$74,999	47.7%	13.1%	0.0%	1.0%	4.5%	2.5%	42.7%	3.0%	199
\$75,000 or more	64.9%	16.9%	0.0%	0.0%	5.5%	1.9%	21.1%	0.3%	308
<b>By history of mental illness (ever diagnosed):</b>									
Yes	46.9%	5.9%	0.0%	3.5%	5.9%	2.3%	37.5%	11.7%	256
No	41.9%	14.4%	0.0%	1.1%	4.3%	1.1%	46.1%	2.4%	713
<b>By weight status:</b>									
Not overweight or obese	41.5%	10.9%	0.0%	1.9%	7.5%	1.5%	43.8%	4.2%	265
Overweight, but not obese	44.1%	12.2%	0.0%	1.2%	4.0%	0.3%	44.7%	2.7%	329
Obese	46.6%	14.0%	0.0%	2.1%	3.6%	2.1%	39.1%	6.0%	335

**Goodhue County Community Health Needs Assessment  
Demographics**

**Employment status (Weighted)**

	Employed	Self-employed or farmer	Serving in the Armed Forces	Unemployed or out of work	A homemaker or stay-at-home parent	A student	Retired	Unable to work because of a disability	N (Unweighted)
	%	%	%	%	%	%	%	%	
<b>All respondents</b>	62.6%	14.9%	0.0%	1.3%	5.0%	4.6%	22.4%	2.8%	974
<b>By gender:</b>									
Male	66.5%	21.4%	0.0%	1.4%	0.0%	5.1%	20.1%	1.9%	406
Female	58.9%	8.7%	0.0%	1.2%	9.9%	4.2%	24.6%	3.6%	568
<b>By age:</b>									
18-34	82.7%	16.1%	0.0%	0.4%	6.6%	15.7%	1.2%	0.4%	68
35-44	81.7%	19.5%	0.0%	0.5%	6.4%	4.0%	0.0%	0.5%	86
45-54	84.1%	11.2%	0.0%	2.8%	4.3%	0.5%	1.3%	1.7%	149
55-64	57.4%	24.8%	0.0%	1.7%	4.3%	0.6%	18.4%	6.1%	240
65+	9.2%	5.9%	0.0%	1.0%	3.6%	0.0%	86.7%	5.4%	431
<b>By race / ethnicity:</b>									
White only	61.7%	15.7%	0.0%	1.3%	4.8%	4.1%	23.6%	2.8%	931
All other races / ethnicities	76.2%	3.1%	0.0%	2.0%	8.4%	13.3%	3.6%	2.6%	39
<b>By household income:</b>									
Less than \$25,000	25.6%	17.3%	0.0%	6.3%	3.7%	3.2%	42.0%	15.2%	147
\$25,000 - \$34,999	51.3%	16.1%	0.0%	3.8%	9.6%	0.0%	31.9%	0.7%	93
\$35,000 - \$49,999	51.8%	14.7%	0.0%	1.3%	5.5%	0.0%	32.0%	2.8%	140
\$50,000 - \$74,999	64.5%	17.7%	0.0%	0.8%	5.0%	8.1%	22.6%	2.2%	199
\$75,000 or more	78.8%	14.0%	0.0%	0.0%	4.5%	6.0%	9.1%	0.3%	308
<b>By history of mental illness (ever diagnosed):</b>									
Yes	67.0%	4.8%	0.0%	2.3%	6.6%	7.8%	19.1%	6.8%	256
No	60.9%	18.6%	0.0%	0.9%	4.5%	3.5%	23.8%	1.3%	713
<b>By weight status:</b>									
Not overweight or obese	57.8%	18.0%	0.0%	1.9%	8.3%	8.6%	22.5%	1.9%	265
Overweight, but not obese	64.7%	13.2%	0.0%	0.6%	3.6%	0.2%	24.0%	1.5%	329
Obese	67.0%	14.4%	0.0%	1.5%	3.7%	5.2%	18.3%	3.8%	335

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**1. In general, would you say that your health is:**

	<b>Excellent</b>	<b>Very good</b>	<b>Good</b>	<b>Fair</b>	<b>Poor</b>	<b>N (Unweighted)</b>
	<b>%</b>	<b>%</b>	<b>%</b>	<b>%</b>	<b>%</b>	
<b>All respondents</b>	18.0%	38.2%	35.1%	7.8%	0.9%	924
<b>By gender:</b>						
Male	18.8%	36.1%	37.6%	6.8%	0.6%	385
Female	17.3%	40.1%	32.9%	8.7%	1.1%	539
<b>By age:</b>						
18-34	28.3%	35.6%	35.2%	0.9%	0.0%	66
35-44	20.3%	45.2%	27.9%	6.6%	0.0%	82
45-54	18.3%	42.2%	33.0%	6.3%	0.2%	140
55-64	14.1%	40.6%	35.8%	7.5%	1.9%	228
65+	7.7%	30.0%	41.9%	18.3%	2.2%	408
<b>By race / ethnicity:</b>						
White only	17.6%	38.5%	35.2%	7.8%	0.9%	883
All other races / ethnicities	23.6%	33.8%	34.5%	8.0%	0.0%	38
<b>By household income:</b>						
Less than \$25,000	16.9%	17.0%	39.7%	24.0%	2.4%	136
\$25,000 - \$34,999	8.9%	23.2%	42.3%	24.6%	1.0%	86
\$35,000 - \$49,999	24.1%	28.5%	39.8%	7.1%	0.5%	130
\$50,000 - \$74,999	11.0%	46.1%	37.3%	4.4%	1.2%	191
\$75,000 or more	22.5%	46.2%	28.5%	2.3%	0.5%	298
<b>By history of mental illness (ever diagnosed):</b>						
Yes	13.8%	30.0%	41.1%	13.4%	1.6%	238
No	19.7%	40.7%	33.1%	5.8%	0.6%	682
<b>By weight status:</b>						
Not overweight or obese	31.1%	37.9%	25.7%	4.1%	1.2%	254
Overweight, but not obese	16.4%	49.2%	28.2%	5.8%	0.4%	315
Obese	10.3%	30.0%	47.5%	11.5%	0.8%	312

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**2A. Have you ever been told by a doctor or other health care professional that you had HIGH BLOOD PRESSURE / HYPERTENSION?**

	Yes	Yes, but only during pregnancy	No	N (Unweighted)
	%	%	%	
<b>All respondents</b>	28.8%	1.6%	69.6%	977
<b>By gender:</b>				
Male	31.7%	0.1%	68.2%	405
Female	26.1%	3.0%	70.9%	572
<b>By age:</b>				
18-34	8.7%	4.5%	86.8%	68
35-44	7.9%	1.0%	91.1%	86
45-54	23.6%	1.0%	75.5%	149
55-64	41.3%	0.4%	58.3%	239
65+	61.6%	0.2%	38.1%	435
<b>By race / ethnicity:</b>				
White only	29.5%	1.6%	68.9%	933
All other races / ethnicities	18.4%	0.9%	80.7%	40
<b>By household income:</b>				
Less than \$25,000	43.6%	0.0%	56.4%	148
\$25,000 - \$34,999	32.6%	0.9%	66.5%	93
\$35,000 - \$49,999	31.6%	1.6%	66.8%	140
\$50,000 - \$74,999	33.5%	1.5%	65.0%	200
\$75,000 or more	19.3%	2.3%	78.5%	306
<b>By history of mental illness (ever diagnosed):</b>				
Yes	31.9%	3.2%	65.0%	258
No	27.7%	1.0%	71.3%	719
<b>By weight status:</b>				
Not overweight or obese	16.8%	1.7%	81.5%	265
Overweight, but not obese	29.9%	1.1%	69.1%	330
Obese	34.5%	2.1%	63.4%	337

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**2B. Have you ever been told by a doctor or other health care professional that you had PRE-HYPERTENSION?**

	Yes	Yes, but only during pregnancy	No	N (Unweighted)
	%	%	%	
<b>All respondents</b>	6.8%	1.1%	92.1%	977
<b>By gender:</b>				
Male	7.4%	0.1%	92.5%	405
Female	6.2%	2.1%	91.6%	572
<b>By age:</b>				
18-34	0.0%	2.1%	97.9%	68
35-44	5.1%	2.0%	92.9%	86
45-54	7.0%	0.5%	92.5%	149
55-64	9.7%	1.0%	89.2%	239
65+	13.1%	0.2%	86.7%	435
<b>By race / ethnicity:</b>				
White only	6.7%	1.2%	92.1%	933
All other races / ethnicities	7.5%	0.9%	91.6%	40
<b>By household income:</b>				
Less than \$25,000	9.6%	0.0%	90.4%	148
\$25,000 - \$34,999	7.6%	2.0%	90.5%	93
\$35,000 - \$49,999	5.6%	1.2%	93.2%	140
\$50,000 - \$74,999	8.5%	1.3%	90.2%	200
\$75,000 or more	5.4%	1.3%	93.3%	306
<b>By history of mental illness (ever diagnosed):</b>				
Yes	9.8%	1.9%	88.3%	258
No	5.7%	0.9%	93.4%	719
<b>By weight status:</b>				
Not overweight or obese	4.1%	0.4%	95.5%	265
Overweight, but not obese	5.3%	0.9%	93.7%	330
Obese	9.4%	2.0%	88.6%	337

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**2C. Have you ever been told by a doctor or other health care professional that you had DIABETES?**

	Yes	Yes, but only during pregnancy	No	N (Unweighted)
	%	%	%	
<b>All respondents</b>	6.9%	0.5%	92.7%	977
<b>By gender:</b>				
Male	7.2%	0.0%	92.8%	405
Female	6.5%	0.9%	92.6%	572
<b>By age:</b>				
18-34	0.0%	1.2%	98.8%	68
35-44	2.5%	1.0%	96.5%	86
45-54	5.1%	0.0%	94.9%	149
55-64	10.7%	0.0%	89.3%	239
65+	16.3%	0.0%	83.7%	435
<b>By race / ethnicity:</b>				
White only	6.5%	0.3%	93.2%	933
All other races / ethnicities	13.6%	2.7%	83.8%	40
<b>By household income:</b>				
Less than \$25,000	14.6%	0.0%	85.4%	148
\$25,000 - \$34,999	8.1%	0.0%	91.9%	93
\$35,000 - \$49,999	10.8%	3.6%	85.6%	140
\$50,000 - \$74,999	7.4%	0.0%	92.6%	200
\$75,000 or more	3.1%	0.0%	96.9%	306
<b>By history of mental illness (ever diagnosed):</b>				
Yes	8.3%	0.7%	91.0%	258
No	6.3%	0.3%	93.3%	719
<b>By weight status:</b>				
Not overweight or obese	3.1%	0.9%	95.9%	265
Overweight, but not obese	4.2%	0.0%	95.8%	330
Obese	11.2%	0.5%	88.3%	337

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**2D. Have you ever been told by a doctor or other health care professional that you had PRE-DIABETES?**

	Yes	Yes, but only during pregnancy	No	N (Unweighted)
	%	%	%	
<b>All respondents</b>	7.9%	0.8%	91.3%	977
<b>By gender:</b>				
Male	6.1%	0.0%	93.9%	405
Female	9.7%	1.6%	88.7%	572
<b>By age:</b>				
18-34	1.2%	0.8%	97.9%	68
35-44	7.4%	2.0%	90.6%	86
45-54	6.2%	1.2%	92.6%	149
55-64	11.1%	0.2%	88.7%	239
65+	15.0%	0.0%	85.0%	435
<b>By race / ethnicity:</b>				
White only	7.8%	0.6%	91.6%	933
All other races / ethnicities	11.1%	3.3%	85.6%	40
<b>By household income:</b>				
Less than \$25,000	12.6%	0.4%	87.0%	148
\$25,000 - \$34,999	12.4%	0.0%	87.6%	93
\$35,000 - \$49,999	7.8%	3.6%	88.6%	140
\$50,000 - \$74,999	6.7%	0.0%	93.3%	200
\$75,000 or more	6.2%	0.7%	93.1%	306
<b>By history of mental illness (ever diagnosed):</b>				
Yes	13.2%	0.7%	86.1%	258
No	6.0%	0.8%	93.2%	719
<b>By weight status:</b>				
Not overweight or obese	4.1%	1.5%	94.4%	265
Overweight, but not obese	5.7%	0.6%	93.7%	330
Obese	12.6%	0.5%	86.9%	337

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**2E. Have you ever been told by a doctor or other health care professional that you were OVERWEIGHT?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	38.0%	62.0%	977
<b>By gender:</b>			
Male	34.6%	65.4%	405
Female	41.3%	58.7%	572
<b>By age:</b>			
18-34	33.8%	66.2%	68
35-44	39.8%	60.2%	86
45-54	37.3%	62.7%	149
55-64	42.7%	57.3%	239
65+	38.4%	61.6%	435
<b>By race / ethnicity:</b>			
White only	37.9%	62.1%	933
All other races / ethnicities	40.8%	59.2%	40
<b>By household income:</b>			
Less than \$25,000	37.0%	63.0%	148
\$25,000 - \$34,999	37.8%	62.2%	93
\$35,000 - \$49,999	31.5%	68.5%	140
\$50,000 - \$74,999	39.5%	60.5%	200
\$75,000 or more	39.1%	60.9%	306
<b>By history of mental illness (ever diagnosed):</b>			
Yes	45.2%	54.8%	258
No	35.3%	64.7%	719
<b>By weight status:</b>			
Not overweight or obese	5.4%	94.6%	265
Overweight, but not obese	25.8%	74.2%	330
Obese	72.7%	27.3%	337

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**2F. Have you ever been told by a doctor or other health care professional that you had CANCER?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	10.8%	89.2%	977
<b>By gender:</b>			
Male	10.0%	90.0%	405
Female	11.5%	88.5%	572
<b>By age:</b>			
18-34	0.8%	99.2%	68
35-44	2.0%	98.0%	86
45-54	10.4%	89.6%	149
55-64	15.2%	84.8%	239
65+	25.0%	75.0%	435
<b>By race / ethnicity:</b>			
White only	11.2%	88.8%	933
All other races / ethnicities	2.6%	97.4%	40
<b>By household income:</b>			
Less than \$25,000	10.4%	89.6%	148
\$25,000 - \$34,999	14.1%	85.9%	93
\$35,000 - \$49,999	12.8%	87.2%	140
\$50,000 - \$74,999	9.8%	90.2%	200
\$75,000 or more	9.4%	90.6%	306
<b>By history of mental illness (ever diagnosed):</b>			
Yes	13.2%	86.8%	258
No	9.9%	90.1%	719
<b>By weight status:</b>			
Not overweight or obese	9.8%	90.2%	265
Overweight, but not obese	11.5%	88.5%	330
Obese	10.7%	89.3%	337

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**2G. Have you ever been told by a doctor or other health care professional that you had CHRONIC LUNG DISEASE (INCLUDING COPD, CHRONIC BRONCHITIS, OR EMPHYSEMA)?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	3.3%	96.7%	977
<b>By gender:</b>			
Male	3.4%	96.6%	405
Female	3.1%	96.9%	572
<b>By age:</b>			
18-34	0.0%	100.0%	68
35-44	0.0%	100.0%	86
45-54	2.6%	97.4%	149
55-64	4.3%	95.7%	239
65+	9.0%	91.0%	435
<b>By race / ethnicity:</b>			
White only	3.2%	96.8%	933
All other races / ethnicities	4.0%	96.0%	40
<b>By household income:</b>			
Less than \$25,000	8.5%	91.5%	148
\$25,000 - \$34,999	5.2%	94.8%	93
\$35,000 - \$49,999	4.4%	95.6%	140
\$50,000 - \$74,999	2.3%	97.7%	200
\$75,000 or more	1.5%	98.5%	306
<b>By history of mental illness (ever diagnosed):</b>			
Yes	5.6%	94.4%	258
No	2.4%	97.6%	719
<b>By weight status:</b>			
Not overweight or obese	2.8%	97.2%	265
Overweight, but not obese	2.9%	97.1%	330
Obese	3.4%	96.6%	337

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**2H. Have you ever been told by a doctor or other health care professional that you had HEART TROUBLE OR ANGINA?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	10.7%	89.3%	977
<b>By gender:</b>			
Male	12.3%	87.7%	405
Female	9.1%	90.9%	572
<b>By age:</b>			
18-34	7.0%	93.0%	68
35-44	0.0%	100.0%	86
45-54	7.6%	92.4%	149
55-64	8.9%	91.1%	239
65+	26.8%	73.2%	435
<b>By race / ethnicity:</b>			
White only	11.1%	88.9%	933
All other races / ethnicities	5.1%	94.9%	40
<b>By household income:</b>			
Less than \$25,000	18.6%	81.4%	148
\$25,000 - \$34,999	12.0%	88.0%	93
\$35,000 - \$49,999	10.0%	90.0%	140
\$50,000 - \$74,999	5.8%	94.2%	200
\$75,000 or more	9.8%	90.2%	306
<b>By history of mental illness (ever diagnosed):</b>			
Yes	18.8%	81.2%	258
No	7.7%	92.3%	719
<b>By weight status:</b>			
Not overweight or obese	12.1%	87.9%	265
Overweight, but not obese	10.6%	89.4%	330
Obese	9.4%	90.6%	337

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**2I. Have you ever been told by a doctor or other health care professional that you had STROKE OR STROKE-RELATED HEALTH ...**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	3.9%	96.1%	977
<b>By gender:</b>			
Male	4.2%	95.8%	405
Female	3.7%	96.3%	572
<b>By age:</b>			
18-34	0.0%	100.0%	68
35-44	1.0%	99.0%	86
45-54	5.6%	94.4%	149
55-64	3.0%	97.0%	239
65+	9.5%	90.5%	435
<b>By race / ethnicity:</b>			
White only	4.1%	95.9%	933
All other races / ethnicities	0.9%	99.1%	40
<b>By household income:</b>			
Less than \$25,000	5.8%	94.2%	148
\$25,000 - \$34,999	1.3%	98.7%	93
\$35,000 - \$49,999	4.6%	95.4%	140
\$50,000 - \$74,999	2.8%	97.2%	200
\$75,000 or more	3.9%	96.1%	306
<b>By history of mental illness (ever diagnosed):</b>			
Yes	7.9%	92.1%	258
No	2.5%	97.5%	719
<b>By weight status:</b>			
Not overweight or obese	3.3%	96.7%	265
Overweight, but not obese	4.3%	95.7%	330
Obese	3.6%	96.4%	337

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**2J. Have you ever been told by a doctor or other health care professional that you had HIGH CHOLESTEROL OR TRIGLYCERIDES?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	29.2%	70.8%	977
<b>By gender:</b>			
Male	30.4%	69.6%	405
Female	28.1%	71.9%	572
<b>By age:</b>			
18-34	5.8%	94.2%	68
35-44	18.3%	81.7%	86
45-54	31.4%	68.6%	149
55-64	41.4%	58.6%	239
65+	51.6%	48.4%	435
<b>By race / ethnicity:</b>			
White only	29.6%	70.4%	933
All other races / ethnicities	23.0%	77.0%	40
<b>By household income:</b>			
Less than \$25,000	30.9%	69.1%	148
\$25,000 - \$34,999	32.5%	67.5%	93
\$35,000 - \$49,999	29.0%	71.0%	140
\$50,000 - \$74,999	29.4%	70.6%	200
\$75,000 or more	26.0%	74.0%	306
<b>By history of mental illness (ever diagnosed):</b>			
Yes	35.0%	65.0%	258
No	27.1%	72.9%	719
<b>By weight status:</b>			
Not overweight or obese	20.1%	79.9%	265
Overweight, but not obese	32.2%	67.8%	330
Obese	33.2%	66.8%	337

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**2K. Have you ever been told by a doctor or other health care professional that you had ARTHRITIS?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	21.1%	78.9%	977
<b>By gender:</b>			
Male	16.3%	83.7%	405
Female	25.7%	74.3%	572
<b>By age:</b>			
18-34	3.7%	96.3%	68
35-44	5.0%	95.0%	86
45-54	13.8%	86.2%	149
55-64	35.3%	64.7%	239
65+	48.0%	52.0%	435
<b>By race / ethnicity:</b>			
White only	22.0%	78.0%	933
All other races / ethnicities	8.1%	91.9%	40
<b>By household income:</b>			
Less than \$25,000	44.7%	55.3%	148
\$25,000 - \$34,999	32.7%	67.3%	93
\$35,000 - \$49,999	20.6%	79.4%	140
\$50,000 - \$74,999	20.2%	79.8%	200
\$75,000 or more	11.3%	88.7%	306
<b>By history of mental illness (ever diagnosed):</b>			
Yes	25.2%	74.8%	258
No	19.6%	80.4%	719
<b>By weight status:</b>			
Not overweight or obese	12.6%	87.4%	265
Overweight, but not obese	19.3%	80.7%	330
Obese	27.7%	72.3%	337

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**2L. Have you ever been told by a doctor or other health care professional that you had DEPRESSION?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	18.5%	81.5%	977
<b>By gender:</b>			
Male	11.3%	88.7%	405
Female	25.5%	74.5%	572
<b>By age:</b>			
18-34	14.8%	85.2%	68
35-44	25.4%	74.6%	86
45-54	21.3%	78.7%	149
55-64	17.5%	82.5%	239
65+	15.9%	84.1%	435
<b>By race / ethnicity:</b>			
White only	18.7%	81.3%	933
All other races / ethnicities	16.5%	83.5%	40
<b>By household income:</b>			
Less than \$25,000	29.9%	70.1%	148
\$25,000 - \$34,999	24.8%	75.2%	93
\$35,000 - \$49,999	17.3%	82.7%	140
\$50,000 - \$74,999	15.0%	85.0%	200
\$75,000 or more	17.7%	82.3%	306
<b>By history of mental illness (ever diagnosed):</b>			
Yes	68.6%	31.4%	258
No	0.0%	100.0%	719
<b>By weight status:</b>			
Not overweight or obese	14.5%	85.5%	265
Overweight, but not obese	15.0%	85.0%	330
Obese	25.3%	74.7%	337

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**2M. Have you ever been told by a doctor or other health care professional that you had ANXIETY OR PANIC ATTACKS?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	16.5%	83.5%	977
<b>By gender:</b>			
Male	13.5%	86.5%	405
Female	19.3%	80.7%	572
<b>By age:</b>			
18-34	17.8%	82.2%	68
35-44	21.3%	78.7%	86
45-54	16.7%	83.3%	149
55-64	17.5%	82.5%	239
65+	10.4%	89.6%	435
<b>By race / ethnicity:</b>			
White only	15.9%	84.1%	933
All other races / ethnicities	26.5%	73.5%	40
<b>By household income:</b>			
Less than \$25,000	24.9%	75.1%	148
\$25,000 - \$34,999	14.1%	85.9%	93
\$35,000 - \$49,999	10.4%	89.6%	140
\$50,000 - \$74,999	9.3%	90.7%	200
\$75,000 or more	20.0%	80.0%	306
<b>By history of mental illness (ever diagnosed):</b>			
Yes	61.0%	39.0%	258
No	0.0%	100.0%	719
<b>By weight status:</b>			
Not overweight or obese	18.1%	81.9%	265
Overweight, but not obese	16.7%	83.3%	330
Obese	15.2%	84.8%	337

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**2N. Have you ever been told by a doctor or other health care professional that you had OTHER MENTAL HEALTH PROBLEMS?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	3.2%	96.8%	977
<b>By gender:</b>			
Male	1.5%	98.5%	405
Female	4.7%	95.3%	572
<b>By age:</b>			
18-34	4.1%	95.9%	68
35-44	3.3%	96.7%	86
45-54	3.5%	96.5%	149
55-64	3.2%	96.8%	239
65+	1.7%	98.3%	435
<b>By race / ethnicity:</b>			
White only	3.1%	96.9%	933
All other races / ethnicities	4.6%	95.4%	40
<b>By household income:</b>			
Less than \$25,000	10.9%	89.1%	148
\$25,000 - \$34,999	8.8%	91.2%	93
\$35,000 - \$49,999	0.8%	99.2%	140
\$50,000 - \$74,999	0.9%	99.1%	200
\$75,000 or more	2.5%	97.5%	306
<b>By history of mental illness (ever diagnosed):</b>			
Yes	11.8%	88.2%	258
No	0.0%	100.0%	719
<b>By weight status:</b>			
Not overweight or obese	3.9%	96.1%	265
Overweight, but not obese	2.3%	97.7%	330
Obese	3.5%	96.5%	337

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**20. Have you ever been told by a doctor or other health care professional that you had OBESITY?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	14.7%	85.3%	977
<b>By gender:</b>			
Male	11.1%	88.9%	405
Female	18.1%	81.9%	572
<b>By age:</b>			
18-34	12.3%	87.7%	68
35-44	13.9%	86.1%	86
45-54	18.6%	81.4%	149
55-64	16.5%	83.5%	239
65+	12.6%	87.4%	435
<b>By race / ethnicity:</b>			
White only	13.8%	86.2%	933
All other races / ethnicities	30.4%	69.6%	40
<b>By household income:</b>			
Less than \$25,000	21.0%	79.0%	148
\$25,000 - \$34,999	17.9%	82.1%	93
\$35,000 - \$49,999	12.8%	87.2%	140
\$50,000 - \$74,999	12.5%	87.5%	200
\$75,000 or more	15.0%	85.0%	306
<b>By history of mental illness (ever diagnosed):</b>			
Yes	24.6%	75.4%	258
No	11.0%	89.0%	719
<b>By weight status:</b>			
Not overweight or obese	1.6%	98.4%	265
Overweight, but not obese	2.7%	97.3%	330
Obese	35.2%	64.8%	337

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**2P. Have you ever been told by a doctor or other health care professional that you had ASTHMA?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	12.9%	87.1%	977
<b>By gender:</b>			
Male	9.7%	90.3%	405
Female	16.0%	84.0%	572
<b>By age:</b>			
18-34	17.7%	82.3%	68
35-44	12.9%	87.1%	86
45-54	14.5%	85.5%	149
55-64	9.8%	90.2%	239
65+	8.4%	91.6%	435
<b>By race / ethnicity:</b>			
White only	13.2%	86.8%	933
All other races / ethnicities	9.9%	90.1%	40
<b>By household income:</b>			
Less than \$25,000	10.5%	89.5%	148
\$25,000 - \$34,999	17.9%	82.1%	93
\$35,000 - \$49,999	9.7%	90.3%	140
\$50,000 - \$74,999	11.3%	88.7%	200
\$75,000 or more	14.6%	85.4%	306
<b>By history of mental illness (ever diagnosed):</b>			
Yes	19.9%	80.1%	258
No	10.3%	89.7%	719
<b>By weight status:</b>			
Not overweight or obese	7.6%	92.4%	265
Overweight, but not obese	13.8%	86.2%	330
Obese	16.3%	83.7%	337

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**2. Have you ever been told by a doctor or other health care professional that you had ANY MENTAL HEALTH PROBLEMS?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	27.0%	73.0%	977
<b>By gender:</b>			
Male	20.7%	79.3%	405
Female	33.1%	66.9%	572
<b>By age:</b>			
18-34	29.7%	70.3%	68
35-44	35.5%	64.5%	86
45-54	25.8%	74.2%	149
55-64	24.4%	75.6%	239
65+	21.0%	79.0%	435
<b>By race / ethnicity:</b>			
White only	27.0%	73.0%	933
All other races / ethnicities	27.7%	72.3%	40
<b>By household income:</b>			
Less than \$25,000	38.9%	61.1%	148
\$25,000 - \$34,999	29.6%	70.4%	93
\$35,000 - \$49,999	21.3%	78.7%	140
\$50,000 - \$74,999	20.0%	80.0%	200
\$75,000 or more	29.4%	70.6%	306
<b>By weight status:</b>			
Not overweight or obese	26.6%	73.4%	265
Overweight, but not obese	24.8%	75.2%	330
Obese	30.1%	69.9%	337

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**3. What kind of place do you usually go to when you are sick or need advice about your health?**

	A doctor's office	A clinic	A free clinic	A tribal clinic	Some other health center	An emergency room	An urgent care clinic	Some other place	No usual place	N (Unweighted)
	%	%	%	%	%	%	%	%	%	
<b>All respondents</b>	51.9%	47.4%	0.0%	0.3%	0.5%	3.7%	11.4%	2.9%	1.3%	971
<b>By gender:</b>										
Male	55.4%	42.4%	0.0%	0.1%	0.2%	3.6%	12.0%	2.3%	1.1%	401
Female	48.6%	52.2%	0.1%	0.5%	0.9%	3.8%	10.8%	3.4%	1.6%	570
<b>By age:</b>										
18-34	63.3%	34.7%	0.0%	0.0%	0.8%	2.9%	18.6%	2.1%	0.8%	68
35-44	48.2%	44.2%	0.0%	1.5%	0.0%	1.0%	15.0%	4.2%	3.0%	84
45-54	50.4%	47.4%	0.0%	0.0%	0.5%	4.2%	9.2%	3.0%	0.9%	149
55-64	45.8%	55.2%	0.2%	0.2%	0.6%	2.7%	5.8%	3.5%	1.0%	239
65+	48.2%	57.6%	0.0%	0.1%	0.6%	6.9%	7.3%	2.2%	1.4%	431
<b>By race / ethnicity:</b>										
White only	52.3%	47.4%	0.0%	0.3%	0.5%	3.3%	11.2%	2.4%	1.4%	928
All other races / ethnicities	46.2%	48.6%	0.0%	0.0%	0.0%	10.1%	14.9%	9.8%	0.0%	40
<b>By household income:</b>										
Less than \$25,000	50.6%	43.2%	0.0%	0.8%	2.1%	6.8%	6.7%	3.4%	3.7%	144
\$25,000 - \$34,999	56.1%	47.2%	0.0%	0.3%	0.0%	2.7%	17.0%	0.6%	1.6%	93
\$35,000 - \$49,999	46.2%	59.2%	0.0%	0.3%	0.2%	9.1%	13.5%	2.5%	0.0%	139
\$50,000 - \$74,999	47.8%	49.4%	0.2%	0.0%	0.8%	1.9%	10.4%	2.2%	1.5%	200
\$75,000 or more	55.0%	43.1%	0.0%	0.4%	0.4%	2.2%	10.8%	3.6%	1.2%	306
<b>By history of mental illness (ever diagnosed):</b>										
Yes	58.2%	39.9%	0.1%	0.3%	0.7%	4.3%	15.9%	3.0%	2.6%	254
No	49.9%	49.8%	0.0%	0.3%	0.5%	3.6%	9.8%	2.8%	0.9%	712
<b>By weight status:</b>										
Not overweight or obese	50.8%	45.4%	0.0%	0.6%	0.6%	3.2%	13.5%	2.4%	1.9%	264
Overweight, but not obese	52.1%	49.8%	0.1%	0.1%	0.7%	3.0%	5.1%	3.3%	0.7%	328
Obese	53.4%	45.4%	0.0%	0.3%	0.1%	4.5%	15.1%	3.0%	1.7%	334

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**4A. When was the last time you had a FLU SHOT?**

	Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	Never	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	59.3%	7.6%	9.7%	8.5%	14.8%	979
<b>By gender:</b>						
Male	55.9%	6.8%	11.6%	10.4%	15.4%	406
Female	62.7%	8.4%	7.8%	6.7%	14.3%	573
<b>By age:</b>						
18-34	53.3%	3.7%	17.8%	5.8%	19.4%	68
35-44	46.5%	18.3%	11.2%	9.6%	14.4%	86
45-54	53.6%	6.0%	6.4%	15.9%	18.1%	150
55-64	57.9%	9.8%	7.3%	7.8%	17.3%	241
65+	82.3%	4.3%	4.6%	4.1%	4.8%	434
<b>By race / ethnicity:</b>						
White only	59.9%	7.6%	9.3%	8.3%	14.9%	935
All other races / ethnicities	49.7%	7.8%	14.5%	12.7%	15.3%	40
<b>By household income:</b>						
Less than \$25,000	53.9%	9.0%	11.8%	7.1%	18.3%	148
\$25,000 - \$34,999	47.1%	7.4%	9.9%	13.5%	22.1%	92
\$35,000 - \$49,999	55.5%	7.8%	14.7%	12.0%	9.9%	139
\$50,000 - \$74,999	53.6%	9.0%	12.6%	13.0%	11.7%	202
\$75,000 or more	64.4%	7.2%	6.8%	5.5%	16.1%	308
<b>By history of mental illness (ever diagnosed):</b>						
Yes	63.4%	8.2%	8.4%	5.9%	14.2%	258
No	57.8%	7.3%	10.2%	9.6%	15.1%	716
<b>By weight status:</b>						
Not overweight or obese	49.4%	6.9%	10.6%	13.9%	19.2%	267
Overweight, but not obese	63.5%	9.4%	7.4%	5.0%	14.7%	330
Obese	62.3%	6.6%	10.7%	7.9%	12.6%	338

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**4B. When was the last time you had a DENTAL EXAM OR YOUR TEETH CLEANED?**

	Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	Never	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	74.0%	9.8%	6.5%	8.8%	0.8%	963
<b>By gender:</b>						
Male	74.8%	7.3%	5.8%	11.1%	1.0%	401
Female	73.3%	12.3%	7.3%	6.5%	0.6%	562
<b>By age:</b>						
18-34	73.8%	8.7%	5.4%	12.1%	0.0%	67
35-44	71.1%	17.9%	6.6%	4.3%	0.0%	85
45-54	74.4%	10.5%	6.4%	6.9%	1.8%	150
55-64	76.3%	5.6%	7.9%	10.2%	0.0%	236
65+	74.3%	7.9%	6.8%	9.1%	1.8%	425
<b>By race / ethnicity:</b>						
White only	74.7%	9.7%	6.0%	8.8%	0.8%	920
All other races / ethnicities	60.8%	13.3%	15.8%	10.1%	0.0%	39
<b>By household income:</b>						
Less than \$25,000	50.5%	17.0%	11.0%	20.4%	1.0%	142
\$25,000 - \$34,999	47.2%	18.8%	11.0%	18.9%	4.1%	91
\$35,000 - \$49,999	63.8%	12.2%	13.1%	9.9%	1.0%	139
\$50,000 - \$74,999	71.2%	7.8%	4.7%	16.0%	0.2%	199
\$75,000 or more	87.7%	7.1%	3.6%	1.3%	0.3%	305
<b>By history of mental illness (ever diagnosed):</b>						
Yes	73.6%	14.6%	5.4%	5.8%	0.6%	251
No	73.9%	8.2%	7.0%	10.0%	0.9%	707
<b>By weight status:</b>						
Not overweight or obese	77.0%	8.6%	4.3%	8.4%	1.7%	265
Overweight, but not obese	79.6%	8.8%	5.6%	5.7%	0.2%	323
Obese	67.6%	11.2%	8.7%	12.1%	0.4%	334

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**4C. When was the last time you had a HEARING TEST?**

	Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	Never	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	19.2%	10.7%	18.0%	38.9%	13.2%	939
<b>By gender:</b>						
Male	23.9%	10.9%	19.8%	36.0%	9.4%	396
Female	14.7%	10.5%	16.2%	41.8%	16.8%	543
<b>By age:</b>						
18-34	16.0%	6.3%	24.8%	52.1%	0.8%	66
35-44	23.9%	7.8%	21.4%	40.6%	6.3%	86
45-54	18.8%	14.2%	12.4%	39.8%	14.9%	145
55-64	18.9%	12.8%	13.7%	37.6%	17.0%	229
65+	20.2%	12.9%	16.5%	22.5%	27.9%	413
<b>By race / ethnicity:</b>						
White only	18.5%	11.0%	18.0%	40.0%	12.5%	896
All other races / ethnicities	32.0%	6.2%	15.2%	23.0%	23.6%	40
<b>By household income:</b>						
Less than \$25,000	23.7%	8.2%	16.8%	28.7%	22.7%	141
\$25,000 - \$34,999	30.2%	15.8%	11.0%	35.0%	7.9%	90
\$35,000 - \$49,999	10.1%	9.9%	15.0%	41.1%	23.9%	134
\$50,000 - \$74,999	17.1%	11.6%	17.4%	44.5%	9.5%	192
\$75,000 or more	19.8%	10.2%	21.3%	40.1%	8.7%	299
<b>By history of mental illness (ever diagnosed):</b>						
Yes	14.3%	10.7%	23.3%	41.8%	9.9%	251
No	21.2%	10.8%	16.0%	37.9%	14.1%	684
<b>By weight status:</b>						
Not overweight or obese	14.1%	9.9%	20.4%	43.9%	11.7%	255
Overweight, but not obese	18.6%	15.5%	20.1%	32.2%	13.6%	314
Obese	23.1%	7.0%	14.7%	42.4%	12.8%	330

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**4D. When was the last time you had an EYE EXAM?**

	Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	Never	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	52.5%	27.2%	9.7%	9.2%	1.4%	964
<b>By gender:</b>						
Male	45.5%	31.7%	9.1%	11.8%	1.9%	401
Female	59.2%	22.9%	10.3%	6.8%	0.9%	563
<b>By age:</b>						
18-34	44.9%	31.5%	8.0%	15.1%	0.4%	66
35-44	49.2%	20.3%	13.9%	15.7%	1.0%	86
45-54	53.5%	26.8%	6.9%	8.4%	4.5%	146
55-64	48.4%	32.2%	14.3%	4.5%	0.7%	238
65+	65.8%	23.8%	7.7%	2.4%	0.4%	428
<b>By race / ethnicity:</b>						
White only	52.0%	28.5%	9.2%	9.5%	0.8%	923
All other races / ethnicities	61.6%	5.6%	17.8%	3.4%	11.7%	37
<b>By household income:</b>						
Less than \$25,000	54.7%	21.8%	11.6%	10.0%	2.0%	143
\$25,000 - \$34,999	54.4%	28.9%	4.8%	11.8%	0.0%	90
\$35,000 - \$49,999	51.8%	18.6%	11.3%	13.3%	5.0%	139
\$50,000 - \$74,999	54.4%	24.8%	7.8%	10.8%	2.2%	201
\$75,000 or more	51.1%	30.5%	11.0%	7.1%	0.3%	302
<b>By history of mental illness (ever diagnosed):</b>						
Yes	56.4%	26.1%	7.3%	9.9%	0.3%	252
No	51.0%	27.5%	10.6%	9.0%	1.8%	708
<b>By weight status:</b>						
Not overweight or obese	50.9%	23.2%	11.5%	14.0%	0.4%	262
Overweight, but not obese	55.2%	31.7%	7.0%	5.4%	0.7%	327
Obese	50.9%	26.3%	10.8%	9.2%	2.8%	332

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**4E. When was the last time you had your BLOOD PRESSURE CHECKED?**

	Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	Never	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	83.0%	10.0%	4.1%	1.7%	1.2%	974
<b>By gender:</b>						
Male	75.0%	14.0%	5.8%	3.2%	2.0%	403
Female	90.7%	6.0%	2.5%	0.3%	0.5%	571
<b>By age:</b>						
18-34	70.1%	20.6%	5.1%	4.2%	0.0%	66
35-44	70.1%	16.3%	9.2%	1.6%	2.6%	86
45-54	86.2%	5.8%	4.2%	0.6%	3.3%	148
55-64	91.9%	3.9%	2.2%	1.5%	0.4%	240
65+	96.1%	2.5%	0.9%	0.4%	0.1%	434
<b>By race / ethnicity:</b>						
White only	83.0%	10.3%	4.3%	1.8%	0.6%	932
All other races / ethnicities	84.1%	2.6%	1.4%	0.0%	11.9%	38
<b>By household income:</b>						
Less than \$25,000	88.3%	2.0%	7.2%	2.5%	0.0%	146
\$25,000 - \$34,999	92.9%	7.1%	0.0%	0.0%	0.0%	92
\$35,000 - \$49,999	79.2%	2.0%	10.7%	1.2%	6.8%	141
\$50,000 - \$74,999	83.0%	9.0%	3.1%	4.9%	0.0%	200
\$75,000 or more	79.9%	15.7%	3.1%	0.6%	0.7%	306
<b>By history of mental illness (ever diagnosed):</b>						
Yes	86.3%	11.5%	1.4%	0.4%	0.4%	255
No	81.6%	9.5%	5.2%	2.2%	1.5%	714
<b>By weight status:</b>						
Not overweight or obese	77.1%	11.6%	6.2%	4.9%	0.3%	267
Overweight, but not obese	85.5%	9.4%	2.7%	1.2%	1.2%	327
Obese	84.0%	9.8%	4.1%	0.0%	2.0%	336

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**4F. When was the last time you had your BLOOD CHOLESTEROL CHECKED?**

	Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	Never	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	58.7%	16.7%	13.5%	4.3%	6.7%	966
<b>By gender:</b>						
Male	54.9%	17.2%	14.9%	3.5%	9.5%	400
Female	62.4%	16.3%	12.1%	5.2%	4.1%	566
<b>By age:</b>						
18-34	36.5%	20.6%	24.0%	4.6%	14.3%	66
35-44	42.3%	20.8%	23.4%	6.3%	7.3%	85
45-54	59.2%	18.0%	10.2%	5.9%	6.6%	147
55-64	70.6%	15.8%	7.3%	4.0%	2.3%	239
65+	85.1%	8.9%	3.0%	1.4%	1.5%	429
<b>By race / ethnicity:</b>						
White only	59.3%	17.1%	13.0%	4.1%	6.5%	923
All other races / ethnicities	49.3%	10.2%	20.3%	9.2%	10.9%	39
<b>By household income:</b>						
Less than \$25,000	71.1%	7.0%	3.8%	2.9%	15.2%	141
\$25,000 - \$34,999	57.6%	9.7%	14.4%	9.0%	9.2%	92
\$35,000 - \$49,999	53.9%	11.9%	16.5%	9.2%	8.4%	138
\$50,000 - \$74,999	58.8%	12.2%	15.0%	4.4%	9.6%	199
\$75,000 or more	55.5%	24.7%	13.9%	2.6%	3.2%	306
<b>By history of mental illness (ever diagnosed):</b>						
Yes	59.4%	17.0%	14.3%	3.9%	5.4%	252
No	58.6%	16.3%	13.2%	4.5%	7.2%	710
<b>By weight status:</b>						
Not overweight or obese	52.2%	20.7%	13.8%	3.9%	9.4%	268
Overweight, but not obese	65.5%	13.6%	11.3%	4.3%	5.3%	326
Obese	55.7%	17.2%	16.1%	4.8%	6.3%	332

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**4G. When was the last time you had your BLOOD SUGAR CHECKED?**

	Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	Never	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	54.2%	15.1%	10.9%	6.7%	13.2%	950
<b>By gender:</b>						
Male	50.2%	13.0%	11.9%	5.7%	19.2%	394
Female	58.0%	17.1%	9.9%	7.7%	7.2%	556
<b>By age:</b>						
18-34	28.8%	14.6%	19.8%	8.6%	28.1%	64
35-44	37.1%	24.3%	14.7%	12.0%	11.9%	86
45-54	55.2%	15.8%	8.5%	8.2%	12.3%	148
55-64	67.8%	14.2%	8.1%	3.1%	6.8%	238
65+	83.0%	8.7%	2.6%	2.1%	3.6%	414
<b>By race / ethnicity:</b>						
White only	54.1%	15.6%	10.4%	6.6%	13.3%	909
All other races / ethnicities	55.2%	6.1%	16.4%	9.8%	12.4%	38
<b>By household income:</b>						
Less than \$25,000	65.5%	10.1%	4.7%	2.6%	17.0%	139
\$25,000 - \$34,999	51.1%	11.3%	9.5%	13.6%	14.5%	91
\$35,000 - \$49,999	52.3%	9.5%	9.0%	8.8%	20.4%	134
\$50,000 - \$74,999	52.6%	14.4%	12.9%	7.2%	12.9%	199
\$75,000 or more	51.7%	19.0%	12.6%	6.1%	10.6%	303
<b>By history of mental illness (ever diagnosed):</b>						
Yes	52.2%	17.8%	11.2%	8.7%	10.1%	246
No	54.6%	14.2%	10.7%	6.1%	14.4%	699
<b>By weight status:</b>						
Not overweight or obese	47.3%	18.7%	10.2%	7.4%	16.4%	263
Overweight, but not obese	58.4%	10.6%	9.5%	7.0%	14.5%	321
Obese	53.5%	16.7%	13.3%	6.2%	10.2%	327

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**4H. When was the last time you had any SCREENING FOR SKIN CANCER?**

	Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	Never	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	20.7%	7.3%	8.4%	8.3%	55.4%	924
<b>By gender:</b>						
Male	16.7%	5.1%	7.4%	10.5%	60.3%	386
Female	24.6%	9.4%	9.4%	6.0%	50.6%	538
<b>By age:</b>						
18-34	10.9%	4.2%	5.9%	13.5%	65.6%	66
35-44	15.3%	5.1%	5.8%	10.6%	63.2%	85
45-54	22.3%	9.4%	7.7%	4.4%	56.1%	147
55-64	21.9%	8.4%	11.6%	7.3%	50.8%	227
65+	34.2%	9.5%	11.4%	5.0%	39.9%	399
<b>By race / ethnicity:</b>						
White only	20.2%	7.7%	8.0%	8.8%	55.4%	883
All other races / ethnicities	28.3%	0.9%	13.2%	0.6%	56.9%	38
<b>By household income:</b>						
Less than \$25,000	18.7%	4.1%	8.2%	4.2%	64.7%	133
\$25,000 - \$34,999	25.3%	4.1%	4.1%	2.7%	63.7%	85
\$35,000 - \$49,999	19.3%	4.4%	3.3%	8.9%	64.0%	128
\$50,000 - \$74,999	16.6%	10.1%	12.2%	8.6%	52.4%	193
\$75,000 or more	22.4%	7.8%	7.8%	10.1%	52.0%	302
<b>By history of mental illness (ever diagnosed):</b>						
Yes	20.0%	7.3%	9.3%	10.0%	53.3%	244
No	20.9%	6.8%	8.0%	7.7%	56.6%	675
<b>By weight status:</b>						
Not overweight or obese	24.5%	8.1%	11.1%	9.4%	47.0%	256
Overweight, but not obese	22.9%	8.3%	6.9%	11.8%	50.1%	308
Obese	15.2%	5.8%	7.6%	4.6%	66.9%	321

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**4I. When was the last time you had any SCREENING FOR COLON CANCER?**

	Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	Never	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	11.5%	10.5%	16.4%	11.2%	50.3%	943
<b>By gender:</b>						
Male	11.0%	8.7%	18.6%	10.9%	50.7%	399
Female	12.0%	12.3%	14.3%	11.5%	49.8%	544
<b>By age:</b>						
18-34	0.0%	0.8%	2.9%	4.2%	92.0%	66
35-44	0.0%	4.7%	3.6%	3.4%	88.3%	84
45-54	19.0%	14.3%	15.4%	5.9%	45.4%	147
55-64	18.1%	15.9%	30.6%	20.8%	14.6%	234
65+	20.6%	17.9%	30.9%	22.6%	8.0%	412
<b>By race / ethnicity:</b>						
White only	11.7%	10.4%	17.3%	11.6%	49.0%	901
All other races / ethnicities	9.4%	13.4%	3.2%	1.8%	72.1%	38
<b>By household income:</b>						
Less than \$25,000	9.6%	16.0%	18.1%	15.4%	40.8%	137
\$25,000 - \$34,999	9.4%	8.5%	17.7%	12.9%	51.4%	89
\$35,000 - \$49,999	12.1%	7.6%	16.6%	16.1%	47.6%	138
\$50,000 - \$74,999	10.8%	9.4%	16.1%	11.8%	51.9%	196
\$75,000 or more	10.4%	11.0%	14.7%	7.8%	56.2%	299
<b>By history of mental illness (ever diagnosed):</b>						
Yes	10.3%	13.8%	14.0%	14.2%	47.7%	249
No	12.0%	9.4%	17.2%	10.0%	51.3%	690
<b>By weight status:</b>						
Not overweight or obese	9.9%	7.4%	17.4%	9.8%	55.5%	255
Overweight, but not obese	12.9%	14.2%	17.2%	11.4%	44.3%	317
Obese	10.1%	9.5%	15.1%	11.6%	53.7%	333

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**4J. What was the last time you had any PROSTATE EXAM (men only)?**

	Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	Never	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	19.5%	15.8%	10.3%	8.1%	46.3%	396
<b>By gender:</b>						
Male	19.5%	15.8%	10.3%	8.1%	46.3%	396
Female	---	---	---	---	---	0
<b>By age:</b>						
18-34	---	---	---	---	---	14
35-44	0.0%	8.6%	6.9%	8.6%	75.9%	30
45-54	22.5%	24.7%	11.2%	5.6%	36.0%	48
55-64	38.7%	24.4%	18.2%	6.2%	12.4%	112
65+	40.3%	25.1%	18.9%	12.7%	3.1%	192
<b>By race / ethnicity:</b>						
White only	19.1%	16.2%	11.0%	8.2%	45.5%	380
All other races / ethnicities	---	---	---	---	---	15
<b>By household income:</b>						
Less than \$25,000	27.4%	8.5%	16.5%	10.2%	37.4%	46
\$25,000 - \$34,999	12.1%	3.5%	31.2%	9.7%	43.5%	39
\$35,000 - \$49,999	16.7%	16.2%	7.8%	6.3%	53.0%	62
\$50,000 - \$74,999	19.4%	21.3%	8.9%	2.6%	47.8%	93
\$75,000 or more	17.2%	15.5%	8.0%	10.5%	48.7%	122
<b>By history of mental illness (ever diagnosed):</b>						
Yes	22.6%	18.8%	9.9%	17.5%	31.2%	73
No	18.7%	15.1%	10.1%	5.8%	50.2%	321
<b>By weight status:</b>						
Not overweight or obese	16.1%	9.7%	11.3%	3.6%	59.2%	76
Overweight, but not obese	20.5%	18.6%	9.4%	10.7%	40.9%	153
Obese	19.8%	15.9%	10.0%	7.7%	46.6%	150

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**4K. What was the last time you had any PAP TEST (women only)?**

	Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	Never	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	28.2%	27.3%	19.7%	21.1%	3.7%	533
<b>By gender:</b>						
Male	---	---	---	---	---	0
Female	28.2%	27.3%	19.7%	21.1%	3.7%	533
<b>By age:</b>						
18-34	34.2%	42.7%	8.5%	2.6%	12.0%	54
35-44	43.0%	28.0%	22.0%	7.0%	0.0%	54
45-54	33.8%	26.0%	18.1%	21.6%	0.5%	98
55-64	26.5%	27.9%	22.6%	21.2%	1.8%	116
65+	7.0%	10.9%	29.6%	50.5%	2.0%	211
<b>By race / ethnicity:</b>						
White only	27.6%	28.5%	19.2%	21.9%	2.8%	508
All other races / ethnicities	---	---	---	---	---	22
<b>By household income:</b>						
Less than \$25,000	21.3%	25.1%	16.0%	31.6%	6.0%	89
\$25,000 - \$34,999	18.3%	30.7%	20.6%	29.3%	1.1%	45
\$35,000 - \$49,999	24.6%	16.5%	23.6%	26.4%	8.8%	75
\$50,000 - \$74,999	28.4%	21.8%	31.5%	17.5%	0.8%	100
\$75,000 or more	35.4%	33.5%	14.3%	13.2%	3.7%	174
<b>By history of mental illness (ever diagnosed):</b>						
Yes	34.0%	27.2%	18.5%	20.1%	0.2%	168
No	25.1%	27.5%	20.2%	21.7%	5.5%	363
<b>By weight status:</b>						
Not overweight or obese	30.7%	26.3%	20.1%	19.6%	3.3%	178
Overweight, but not obese	23.6%	29.9%	22.9%	23.0%	0.6%	164
Obese	31.5%	27.3%	15.4%	19.6%	6.2%	168

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**4L. What was the last time you had any MAMMOGRAM (women only)?**

	Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	Never	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	44.2%	12.3%	8.4%	5.5%	29.7%	560
<b>By gender:</b>						
Male	---	---	---	---	---	0
Female	44.2%	12.3%	8.4%	5.5%	29.7%	560
<b>By age:</b>						
18-34	1.7%	6.1%	3.5%	1.7%	87.0%	53
35-44	29.4%	11.8%	7.8%	0.0%	51.0%	55
45-54	67.5%	13.3%	11.3%	6.4%	1.5%	97
55-64	68.3%	14.4%	7.8%	7.0%	2.5%	127
65+	57.5%	16.2%	11.5%	10.8%	4.0%	228
<b>By race / ethnicity:</b>						
White only	44.6%	12.4%	8.6%	5.6%	28.8%	533
All other races / ethnicities	---	---	---	---	---	24
<b>By household income:</b>						
Less than \$25,000	38.4%	15.8%	12.4%	15.8%	17.6%	96
\$25,000 - \$34,999	38.1%	7.6%	9.8%	3.2%	41.3%	49
\$35,000 - \$49,999	36.5%	15.3%	10.6%	5.0%	32.6%	78
\$50,000 - \$74,999	50.2%	9.1%	8.0%	3.3%	29.4%	102
\$75,000 or more	45.8%	12.3%	5.1%	3.7%	33.1%	183
<b>By history of mental illness (ever diagnosed):</b>						
Yes	44.2%	11.8%	6.7%	6.9%	30.3%	178
No	43.8%	12.6%	9.3%	4.8%	29.5%	380
<b>By weight status:</b>						
Not overweight or obese	39.5%	11.5%	10.4%	5.2%	33.3%	183
Overweight, but not obese	51.4%	13.6%	5.7%	5.6%	23.7%	172
Obese	41.3%	11.2%	9.1%	5.4%	33.0%	180

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**4M. When was the last time you had a GENERAL HEALTH EXAM?**

	Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	Never	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	61.6%	18.7%	10.5%	7.3%	1.9%	973
<b>By gender:</b>						
Male	53.0%	20.1%	13.5%	11.3%	2.0%	404
Female	69.8%	17.4%	7.5%	3.5%	1.8%	569
<b>By age:</b>						
18-34	41.3%	30.6%	10.4%	13.3%	4.5%	68
35-44	53.5%	17.1%	22.3%	7.1%	0.0%	85
45-54	66.3%	16.1%	9.7%	6.8%	1.0%	148
55-64	67.6%	16.8%	7.4%	6.2%	2.0%	240
65+	80.7%	10.5%	5.4%	2.3%	1.1%	432
<b>By race / ethnicity:</b>						
White only	61.6%	18.0%	11.0%	7.4%	2.0%	930
All other races / ethnicities	61.4%	28.8%	2.8%	6.5%	0.5%	39
<b>By household income:</b>						
Less than \$25,000	63.7%	21.5%	9.9%	3.4%	1.6%	144
\$25,000 - \$34,999	55.7%	13.1%	13.7%	11.1%	6.4%	93
\$35,000 - \$49,999	55.3%	18.3%	16.4%	4.7%	5.2%	140
\$50,000 - \$74,999	59.8%	21.7%	9.0%	8.4%	1.1%	200
\$75,000 or more	63.4%	18.9%	9.1%	8.2%	0.5%	307
<b>By history of mental illness (ever diagnosed):</b>						
Yes	63.0%	23.5%	8.8%	4.3%	0.3%	254
No	61.0%	16.9%	11.1%	8.5%	2.5%	714
<b>By weight status:</b>						
Not overweight or obese	57.3%	21.0%	12.2%	8.4%	1.2%	265
Overweight, but not obese	67.6%	16.3%	7.4%	7.0%	1.7%	330
Obese	58.3%	19.3%	12.5%	7.1%	2.8%	334

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**5. Are you now trying to lose weight?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	48.3%	51.7%	928
<b>By gender:</b>			
Male	43.2%	56.8%	379
Female	53.1%	46.9%	549
<b>By age:</b>			
18-34	55.1%	44.9%	65
35-44	47.7%	52.3%	84
45-54	52.7%	47.3%	143
55-64	48.4%	51.6%	231
65+	36.2%	63.8%	405
<b>By race / ethnicity:</b>			
White only	48.6%	51.4%	885
All other races / ethnicities	44.8%	55.2%	39
<b>By household income:</b>			
Less than \$25,000	38.7%	61.3%	140
\$25,000 - \$34,999	33.8%	66.2%	84
\$35,000 - \$49,999	43.8%	56.2%	131
\$50,000 - \$74,999	54.8%	45.2%	194
\$75,000 or more	51.7%	48.3%	298
<b>By history of mental illness (ever diagnosed):</b>			
Yes	56.3%	43.7%	242
No	45.4%	54.6%	682
<b>By weight status:</b>			
Not overweight or obese	14.5%	85.5%	253
Overweight, but not obese	53.4%	46.6%	309
Obese	67.3%	32.7%	325

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**6. Thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?**

	0 days	1-9 days	10-19 days	20-29 days	All 30 days	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	65.1%	24.5%	4.1%	2.2%	4.1%	872
<b>By gender:</b>						
Male	75.0%	17.6%	3.1%	1.3%	3.0%	360
Female	55.3%	31.3%	5.0%	3.1%	5.2%	512
<b>By age:</b>						
18-34	69.7%	25.2%	2.1%	0.9%	2.1%	64
35-44	69.6%	22.3%	4.6%	1.5%	2.0%	83
45-54	64.6%	22.7%	4.2%	4.9%	3.6%	142
55-64	59.3%	29.4%	3.8%	0.9%	6.5%	226
65+	61.3%	23.0%	6.3%	2.6%	6.9%	357
<b>By race / ethnicity:</b>						
White only	64.3%	25.3%	4.3%	2.0%	4.1%	832
All other races / ethnicities	78.1%	11.7%	0.0%	5.2%	4.9%	36
<b>By household income:</b>						
Less than \$25,000	54.5%	23.9%	10.2%	4.6%	6.8%	118
\$25,000 - \$34,999	48.1%	25.3%	14.9%	1.7%	10.1%	76
\$35,000 - \$49,999	56.0%	28.6%	6.0%	3.6%	5.9%	124
\$50,000 - \$74,999	77.1%	16.4%	2.5%	0.5%	3.4%	188
\$75,000 or more	67.3%	27.1%	1.4%	2.2%	2.0%	293
<b>By history of mental illness (ever diagnosed):</b>						
Yes	59.1%	23.7%	5.9%	4.1%	7.1%	228
No	67.0%	25.0%	3.4%	1.5%	3.0%	640
<b>By weight status:</b>						
Not overweight or obese	75.1%	15.9%	3.7%	2.2%	3.1%	241
Overweight, but not obese	69.6%	22.2%	2.0%	2.5%	3.7%	292
Obese	55.2%	31.6%	6.3%	1.8%	5.1%	312

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**7. During the past 12 months, have you seen a doctor, nurse, or other health professional about your own health?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	76.9%	23.1%	939
<b>By gender:</b>			
Male	71.5%	28.5%	384
Female	82.0%	18.0%	555
<b>By age:</b>			
18-34	67.2%	32.8%	66
35-44	63.0%	37.0%	84
45-54	75.2%	24.8%	143
55-64	85.2%	14.8%	236
65+	93.2%	6.8%	410
<b>By race / ethnicity:</b>			
White only	77.0%	23.0%	896
All other races / ethnicities	76.6%	23.4%	40
<b>By household income:</b>			
Less than \$25,000	92.1%	7.9%	144
\$25,000 - \$34,999	78.6%	21.4%	84
\$35,000 - \$49,999	78.9%	21.1%	135
\$50,000 - \$74,999	67.3%	32.7%	196
\$75,000 or more	76.3%	23.7%	297
<b>By history of mental illness (ever diagnosed):</b>			
Yes	85.9%	14.1%	247
No	73.8%	26.2%	687
<b>By weight status:</b>			
Not overweight or obese	73.3%	26.7%	255
Overweight, but not obese	81.0%	19.0%	311
Obese	74.8%	25.2%	331

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**8. Did the doctor, nurse, or other health professional discuss with you or ask you about your: (Mark all that apply)**

	Physical activity	Diet or nutrition	Weight	Smoking or other tobacco use	Stress	Mental health concerns	Feeling safe at home	None of the above indicated	N (Unweighted)
	%	%	%	%	%	%	%	%	
<b>All respondents</b>	64.7%	44.9%	40.1%	42.7%	33.6%	29.6%	32.6%	18.7%	800
<b>By gender:</b>									
Male	66.3%	45.2%	34.9%	39.3%	27.9%	25.7%	23.7%	16.8%	324
Female	63.4%	44.7%	44.4%	45.5%	38.3%	32.9%	40.0%	20.3%	476
<b>By age:</b>									
18-34	63.1%	55.0%	32.4%	45.6%	30.0%	32.5%	33.7%	18.8%	50
35-44	63.1%	48.9%	40.4%	38.8%	43.3%	33.7%	32.9%	27.5%	57
45-54	67.9%	41.0%	50.0%	48.9%	38.2%	35.1%	29.3%	10.9%	108
55-64	63.0%	43.0%	45.5%	44.6%	39.2%	28.3%	28.4%	20.8%	203
65+	65.7%	38.9%	34.1%	35.7%	23.6%	21.8%	37.2%	19.0%	382
<b>By race / ethnicity:</b>									
White only	65.1%	44.9%	39.9%	42.4%	33.5%	30.6%	33.5%	18.8%	766
All other races / ethnicities	58.4%	44.6%	41.5%	47.2%	33.0%	13.6%	16.5%	18.1%	32
<b>By household income:</b>									
Less than \$25,000	57.4%	29.8%	35.6%	31.0%	29.7%	28.6%	30.2%	15.4%	131
\$25,000 - \$34,999	56.6%	43.7%	38.9%	48.8%	29.3%	32.1%	37.5%	20.1%	70
\$35,000 - \$49,999	67.6%	39.2%	38.3%	57.3%	32.3%	25.3%	35.6%	18.4%	117
\$50,000 - \$74,999	64.4%	46.1%	38.5%	37.4%	31.7%	23.9%	34.5%	20.9%	165
\$75,000 or more	67.6%	51.2%	42.6%	43.2%	37.8%	34.7%	30.4%	18.1%	245
<b>By history of mental illness (ever diagnosed):</b>									
Yes	62.2%	49.4%	39.9%	40.4%	47.5%	49.0%	36.1%	15.6%	220
No	65.7%	43.0%	40.1%	43.7%	27.5%	21.4%	31.2%	20.1%	576
<b>By weight status:</b>									
Not overweight or obese	69.8%	50.1%	31.2%	45.5%	34.5%	40.9%	31.5%	19.2%	211
Overweight, but not obese	59.3%	38.2%	36.6%	41.4%	37.9%	27.1%	32.8%	21.3%	270
Obese	67.8%	48.9%	51.2%	43.4%	30.6%	25.5%	33.3%	16.2%	279

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**9. During the past 12 months, was there a time when you thought you needed medical care but did not get it or delayed getting it?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	21.4%	78.6%	937
<b>By gender:</b>			
Male	17.9%	82.1%	385
Female	24.7%	75.3%	552
<b>By age:</b>			
18-34	23.1%	76.9%	66
35-44	22.3%	77.7%	83
45-54	21.4%	78.6%	145
55-64	26.8%	73.2%	236
65+	13.9%	86.1%	407
<b>By race / ethnicity:</b>			
White only	20.6%	79.4%	893
All other races / ethnicities	35.0%	65.0%	40
<b>By household income:</b>			
Less than \$25,000	29.4%	70.6%	144
\$25,000 - \$34,999	25.3%	74.7%	84
\$35,000 - \$49,999	20.4%	79.6%	136
\$50,000 - \$74,999	19.2%	80.8%	195
\$75,000 or more	20.5%	79.5%	297
<b>By history of mental illness (ever diagnosed):</b>			
Yes	25.9%	74.1%	247
No	19.8%	80.2%	685
<b>By weight status:</b>			
Not overweight or obese	15.3%	84.7%	255
Overweight, but not obese	18.1%	81.9%	311
Obese	26.8%	73.2%	330

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**10. Why did you not get or delay getting the medical care you thought you needed? (Mark all that apply)**

	I could not get an appointment	I had transportation problems	I was too nervous or afraid	I did not think it was serious enough	It cost too much	I did not have insurance	My insurance did not cover it	I did not know where to go	Other reason	N (Unweighted)
	%	%	%	%	%	%	%	%	%	
<b>All respondents</b>	13.8%	2.7%	7.0%	44.8%	44.9%	3.2%	21.7%	2.5%	10.9%	191
<b>By gender:</b>										
Male	8.7%	1.2%	5.7%	53.5%	48.8%	4.5%	26.7%	3.4%	6.0%	59
Female	17.4%	3.7%	7.9%	38.6%	42.2%	2.4%	18.2%	1.9%	14.4%	132
<b>By age:</b>										
18-34	---	---	---	---	---	---	---	---	---	16
35-44	---	---	---	---	---	---	---	---	---	23
45-54	9.7%	1.2%	14.3%	35.3%	50.0%	5.8%	10.1%	2.7%	12.4%	34
55-64	12.0%	0.8%	4.9%	34.5%	32.1%	5.0%	23.9%	3.9%	22.1%	64
65+	19.4%	10.8%	8.9%	56.9%	15.8%	1.8%	9.8%	3.1%	6.1%	54
<b>By race / ethnicity:</b>										
White only	13.7%	2.1%	7.6%	44.9%	46.0%	3.6%	23.3%	2.7%	11.2%	179
All other races / ethnicities	---	---	---	---	---	---	---	---	---	12
<b>By household income:</b>										
Less than \$25,000	16.5%	11.9%	14.7%	24.8%	33.5%	1.4%	28.7%	0.0%	8.1%	38
\$25,000 - \$34,999	---	---	---	---	---	---	---	---	---	20
\$35,000 - \$49,999	---	---	---	---	---	---	---	---	---	29
\$50,000 - \$74,999	9.8%	2.4%	8.9%	67.0%	49.3%	0.0%	5.3%	1.5%	6.6%	35
\$75,000 or more	16.4%	0.0%	1.3%	38.7%	47.1%	1.2%	30.4%	3.0%	17.5%	57
<b>By history of mental illness (ever diagnosed):</b>										
Yes	18.8%	6.0%	11.2%	36.7%	44.5%	6.2%	13.5%	4.5%	18.9%	75
No	11.4%	1.0%	4.9%	48.4%	45.4%	1.8%	25.8%	1.6%	7.0%	115
<b>By weight status:</b>										
Not overweight or obese	14.4%	1.7%	8.4%	41.9%	34.5%	2.1%	25.8%	1.4%	7.9%	44
Overweight, but not obese	16.2%	2.3%	6.6%	40.6%	32.4%	1.8%	17.8%	0.5%	12.5%	54
Obese	12.9%	2.9%	7.2%	47.9%	56.3%	4.5%	23.2%	4.0%	10.3%	81

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**11. During the past 12 months, was there a time when you thought you needed dental care but did not get it or delayed getting it?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	19.7%	80.3%	935
<b>By gender:</b>			
Male	17.4%	82.6%	385
Female	21.9%	78.1%	550
<b>By age:</b>			
18-34	27.3%	72.7%	66
35-44	14.1%	85.9%	84
45-54	18.2%	81.8%	145
55-64	22.8%	77.2%	236
65+	13.7%	86.3%	404
<b>By race / ethnicity:</b>			
White only	18.8%	81.2%	892
All other races / ethnicities	33.4%	66.6%	39
<b>By household income:</b>			
Less than \$25,000	35.3%	64.7%	144
\$25,000 - \$34,999	32.8%	67.2%	84
\$35,000 - \$49,999	24.2%	75.8%	134
\$50,000 - \$74,999	27.3%	72.7%	194
\$75,000 or more	9.4%	90.6%	299
<b>By history of mental illness (ever diagnosed):</b>			
Yes	23.7%	76.3%	245
No	17.9%	82.1%	685
<b>By weight status:</b>			
Not overweight or obese	17.2%	82.8%	254
Overweight, but not obese	13.4%	86.6%	311
Obese	25.5%	74.5%	329

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**12. Why did you not get or delay getting the dental care you thought you needed? (Mark all that apply)**

	I could not get an appointment	I had transportation problems	I was too nervous or afraid	It cost too much	I did not have insurance	The dentist would not accept my insurance	I did not know where to go	Other reason	N (Unweighted)
	%	%	%	%	%	%	%	%	
<b>All respondents</b>	2.5%	2.5%	11.8%	57.6%	28.9%	7.4%	4.3%	23.8%	161
<b>By gender:</b>									
Male	2.3%	3.3%	17.8%	48.3%	19.9%	6.4%	2.3%	25.7%	65
Female	2.6%	1.9%	7.4%	64.5%	35.6%	8.1%	5.8%	22.4%	96
<b>By age:</b>									
18-34	---	---	---	---	---	---	---	---	20
35-44	---	---	---	---	---	---	---	---	14
45-54	---	---	---	---	---	---	---	---	26
55-64	3.8%	0.0%	4.0%	51.3%	30.5%	5.9%	2.9%	29.7%	48
65+	4.9%	1.0%	6.5%	65.8%	59.0%	6.7%	7.1%	10.8%	53
<b>By race / ethnicity:</b>									
White only	2.7%	2.3%	11.3%	56.4%	27.9%	6.6%	2.8%	26.5%	149
All other races / ethnicities	---	---	---	---	---	---	---	---	11
<b>By household income:</b>									
Less than \$25,000	9.7%	13.0%	18.1%	51.9%	29.0%	20.2%	10.7%	11.2%	47
\$25,000 - \$34,999	---	---	---	---	---	---	---	---	22
\$35,000 - \$49,999	---	---	---	---	---	---	---	---	22
\$50,000 - \$74,999	0.0%	0.0%	21.7%	48.9%	30.1%	0.0%	0.0%	29.3%	32
\$75,000 or more	---	---	---	---	---	---	---	---	26
<b>By history of mental illness (ever diagnosed):</b>									
Yes	2.9%	3.4%	14.0%	69.6%	31.1%	13.5%	7.7%	20.7%	61
No	2.2%	2.1%	10.8%	51.8%	27.9%	4.4%	2.7%	25.3%	100
<b>By weight status:</b>									
Not overweight or obese	1.7%	5.1%	7.6%	64.1%	33.2%	3.4%	1.9%	20.4%	40
Overweight, but not obese	4.6%	3.4%	5.2%	43.5%	21.6%	9.2%	10.1%	27.6%	44
Obese	2.2%	1.1%	17.9%	62.4%	26.9%	6.4%	3.6%	25.8%	65

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**13. Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?**

	0 days	1-9 days	10-19 days	20-29 days	All 30 days	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	66.6%	24.5%	4.7%	2.1%	2.1%	889
<b>By gender:</b>						
Male	72.5%	20.7%	2.6%	3.1%	1.1%	365
Female	60.9%	28.1%	6.7%	1.2%	3.1%	524
<b>By age:</b>						
18-34	61.5%	28.0%	5.1%	4.3%	1.3%	65
35-44	58.4%	29.1%	7.9%	1.7%	2.9%	83
45-54	66.1%	23.7%	4.8%	2.3%	3.1%	143
55-64	69.6%	24.5%	4.0%	0.9%	1.1%	228
65+	77.8%	17.1%	2.1%	0.7%	2.3%	370
<b>By race / ethnicity:</b>						
White only	66.2%	25.3%	4.3%	2.2%	2.0%	848
All other races / ethnicities	70.7%	12.8%	11.8%	0.5%	4.2%	37
<b>By household income:</b>						
Less than \$25,000	53.8%	28.8%	10.2%	0.8%	6.3%	129
\$25,000 - \$34,999	65.0%	21.4%	5.7%	2.4%	5.6%	78
\$35,000 - \$49,999	65.8%	27.2%	5.2%	0.0%	1.8%	129
\$50,000 - \$74,999	62.7%	27.0%	3.8%	5.8%	0.6%	184
\$75,000 or more	70.6%	22.8%	4.0%	1.5%	1.2%	295
<b>By history of mental illness (ever diagnosed):</b>						
Yes	40.0%	42.3%	11.0%	1.7%	5.0%	233
No	76.5%	17.8%	2.4%	2.3%	1.0%	651
<b>By weight status:</b>						
Not overweight or obese	64.8%	31.8%	1.1%	0.5%	1.7%	244
Overweight, but not obese	72.5%	20.3%	3.2%	2.0%	2.0%	297
Obese	63.1%	22.2%	8.7%	3.4%	2.6%	314

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**14. During the past 12 months, was there a time when you wanted to talk with or seek help from a health professional about mental health issues, but did not go, or delayed talking with someone?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	7.1%	92.9%	931
<b>By gender:</b>			
Male	4.3%	95.7%	383
Female	9.7%	90.3%	548
<b>By age:</b>			
18-34	3.8%	96.2%	66
35-44	13.2%	86.8%	83
45-54	9.8%	90.2%	145
55-64	6.5%	93.5%	233
65+	4.1%	95.9%	404
<b>By race / ethnicity:</b>			
White only	7.2%	92.8%	888
All other races / ethnicities	5.5%	94.5%	39
<b>By household income:</b>			
Less than \$25,000	9.8%	90.2%	142
\$25,000 - \$34,999	11.1%	88.9%	84
\$35,000 - \$49,999	6.8%	93.2%	133
\$50,000 - \$74,999	4.5%	95.5%	195
\$75,000 or more	7.2%	92.8%	297
<b>By history of mental illness (ever diagnosed):</b>			
Yes	15.9%	84.1%	246
No	3.8%	96.2%	680
<b>By weight status:</b>			
Not overweight or obese	5.1%	94.9%	252
Overweight, but not obese	7.6%	92.4%	309
Obese	7.6%	92.4%	329

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**15. Why did you not get or delay getting the mental health care you thought you needed? (Mark all that apply)**

	I could not get an appointment	I had transportation problems	I was too nervous or afraid	I did not think it was serious enough	It cost too much	I did not have insurance	My insurance did not cover it	I did not know where to go	Other reason	N (Unweighted)
	%	%	%	%	%	%	%	%	%	
<b>All respondents</b>	7.7%	0.5%	18.9%	31.0%	31.8%	10.2%	27.7%	13.7%	11.6%	69
<b>By gender:</b>										
Male	---	---	---	---	---	---	---	---	---	19
Female	9.1%	0.7%	23.3%	32.5%	28.2%	10.9%	18.8%	17.0%	15.4%	50
<b>By age:</b>										
18-34	---	---	---	---	---	---	---	---	---	5
35-44	---	---	---	---	---	---	---	---	---	12
45-54	---	---	---	---	---	---	---	---	---	19
55-64	---	---	---	---	---	---	---	---	---	18
65+	---	---	---	---	---	---	---	---	---	15
<b>By race / ethnicity:</b>										
White only	8.1%	0.0%	19.8%	32.1%	33.4%	7.6%	28.5%	13.3%	11.4%	65
All other races / ethnicities	---	---	---	---	---	---	---	---	---	4
<b>By household income:</b>										
Less than \$25,000	---	---	---	---	---	---	---	---	---	11
\$25,000 - \$34,999	---	---	---	---	---	---	---	---	---	9
\$35,000 - \$49,999	---	---	---	---	---	---	---	---	---	8
\$50,000 - \$74,999	---	---	---	---	---	---	---	---	---	11
\$75,000 or more	---	---	---	---	---	---	---	---	---	26
<b>By history of mental illness (ever diagnosed):</b>										
Yes	8.0%	0.9%	23.8%	33.4%	28.1%	9.0%	25.8%	16.1%	14.3%	45
No	---	---	---	---	---	---	---	---	---	24
<b>By weight status:</b>										
Not overweight or obese	---	---	---	---	---	---	---	---	---	12
Overweight, but not obese	---	---	---	---	---	---	---	---	---	25
Obese	---	---	---	---	---	---	---	---	---	29

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**16. In the past 6 months, which statement best describes medications prescribed for you?**

	I had no medications prescribed for me	I filled ALL of the prescriptions	I DID NOT fill at least one of the prescriptions	N (Unweighted)
	%	%	%	
<b>All respondents</b>	34.8%	57.4%	7.8%	924
<b>By gender:</b>				
Male	41.0%	52.6%	6.5%	375
Female	28.9%	62.0%	9.1%	549
<b>By age:</b>				
18-34	48.8%	41.6%	9.7%	66
35-44	55.4%	40.1%	4.5%	84
45-54	33.2%	58.4%	8.4%	143
55-64	24.1%	67.7%	8.1%	232
65+	12.7%	80.0%	7.3%	399
<b>By race / ethnicity:</b>				
White only	34.1%	57.8%	8.0%	883
All other races / ethnicities	43.3%	52.2%	4.5%	37
<b>By household income:</b>				
Less than \$25,000	16.9%	70.1%	13.0%	140
\$25,000 - \$34,999	26.1%	66.3%	7.6%	82
\$35,000 - \$49,999	32.6%	62.8%	4.6%	131
\$50,000 - \$74,999	40.6%	53.7%	5.7%	195
\$75,000 or more	40.6%	51.7%	7.7%	298
<b>By history of mental illness (ever diagnosed):</b>				
Yes	16.0%	70.6%	13.4%	241
No	41.2%	53.0%	5.8%	678
<b>By weight status:</b>				
Not overweight or obese	39.4%	53.8%	6.8%	252
Overweight, but not obese	35.8%	54.2%	10.1%	306
Obese	31.8%	62.3%	5.9%	326

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**17. Why did you not fill at least one prescription for medication? (Mark all that apply)**

	I did not have insurance	It cost too much	I do not like taking medications	I did not think I needed the medication	I did not know where to go	I had transportation problems	I did not like the side effects	Other reason	N (Unweighted)
	%	%	%	%	%	%	%	%	
<b>All respondents</b>	2.4%	33.5%	15.1%	34.9%	0.5%	0.5%	19.9%	20.3%	70
<b>By gender:</b>									
Male	---	---	---	---	---	---	---	---	23
Female	3.5%	38.5%	14.0%	35.3%	0.8%	0.8%	19.9%	21.3%	47
<b>By age:</b>									
18-34	---	---	---	---	---	---	---	---	7
35-44	---	---	---	---	---	---	---	---	6
45-54	---	---	---	---	---	---	---	---	12
55-64	---	---	---	---	---	---	---	---	18
65+	---	---	---	---	---	---	---	---	27
<b>By race / ethnicity:</b>									
White only	2.5%	34.8%	15.6%	33.0%	0.0%	0.0%	20.1%	21.0%	68
All other races / ethnicities	---	---	---	---	---	---	---	---	2
<b>By household income:</b>									
Less than \$25,000	---	---	---	---	---	---	---	---	13
\$25,000 - \$34,999	---	---	---	---	---	---	---	---	8
\$35,000 - \$49,999	---	---	---	---	---	---	---	---	9
\$50,000 - \$74,999	---	---	---	---	---	---	---	---	15
\$75,000 or more	---	---	---	---	---	---	---	---	15
<b>By history of mental illness (ever diagnosed):</b>									
Yes	---	---	---	---	---	---	---	---	24
No	0.0%	30.2%	20.2%	30.2%	0.0%	0.0%	19.1%	28.9%	45
<b>By weight status:</b>									
Not overweight or obese	---	---	---	---	---	---	---	---	22
Overweight, but not obese	---	---	---	---	---	---	---	---	20
Obese	---	---	---	---	---	---	---	---	23

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**18A. Do you currently have the following type of health insurance:  
Health insurance or coverage through your employer or your  
spouse/partner, parent, or someone else's employer?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	64.4%	35.6%	932
<b>By gender:</b>			
Male	67.5%	32.5%	383
Female	61.5%	38.5%	549
<b>By age:</b>			
18-34	82.7%	17.3%	65
35-44	80.6%	19.4%	82
45-54	76.7%	23.3%	144
55-64	68.8%	31.2%	232
65+	15.3%	84.7%	409
<b>By race / ethnicity:</b>			
White only	65.3%	34.7%	889
All other races / ethnicities	48.6%	51.4%	39
<b>By household income:</b>			
Less than \$25,000	9.7%	90.3%	142
\$25,000 - \$34,999	52.4%	47.6%	84
\$35,000 - \$49,999	44.2%	55.8%	134
\$50,000 - \$74,999	62.4%	37.6%	194
\$75,000 or more	88.4%	11.6%	298
<b>By history of mental illness (ever diagnosed):</b>			
Yes	69.6%	30.4%	244
No	62.3%	37.7%	683
<b>By weight status:</b>			
Not overweight or obese	62.5%	37.5%	256
Overweight, but not obese	63.8%	36.2%	308
Obese	68.6%	31.4%	328

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**18B. Do you currently have the following type of health insurance:  
Health insurance or coverage bought directly by yourself or your family  
(not through an employer)?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	19.5%	80.5%	932
<b>By gender:</b>			
Male	20.0%	80.0%	383
Female	19.0%	81.0%	549
<b>By age:</b>			
18-34	7.6%	92.4%	65
35-44	8.5%	91.5%	82
45-54	9.6%	90.4%	144
55-64	18.2%	81.8%	232
65+	52.6%	47.4%	409
<b>By race / ethnicity:</b>			
White only	20.3%	79.7%	889
All other races / ethnicities	8.4%	91.6%	39
<b>By household income:</b>			
Less than \$25,000	38.5%	61.5%	142
\$25,000 - \$34,999	19.1%	80.9%	84
\$35,000 - \$49,999	29.8%	70.2%	134
\$50,000 - \$74,999	22.4%	77.6%	194
\$75,000 or more	8.0%	92.0%	298
<b>By history of mental illness (ever diagnosed):</b>			
Yes	13.7%	86.3%	244
No	21.8%	78.2%	683
<b>By weight status:</b>			
Not overweight or obese	20.4%	79.6%	256
Overweight, but not obese	21.6%	78.4%	308
Obese	16.0%	84.0%	328

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**18C. Do you currently have the following type of health insurance:  
Indian or Tribal Health Service?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	2.4%	97.6%	932
<b>By gender:</b>			
Male	2.6%	97.4%	383
Female	2.1%	97.9%	549
<b>By age:</b>			
18-34	5.1%	94.9%	65
35-44	3.1%	96.9%	82
45-54	0.0%	100.0%	144
55-64	0.2%	99.8%	232
65+	2.8%	97.2%	409
<b>By race / ethnicity:</b>			
White only	2.2%	97.8%	889
All other races / ethnicities	4.7%	95.3%	39
<b>By household income:</b>			
Less than \$25,000	4.1%	95.9%	142
\$25,000 - \$34,999	0.4%	99.6%	84
\$35,000 - \$49,999	2.0%	98.0%	134
\$50,000 - \$74,999	5.0%	95.0%	194
\$75,000 or more	1.1%	98.9%	298
<b>By history of mental illness (ever diagnosed):</b>			
Yes	2.1%	97.9%	244
No	2.5%	97.5%	683
<b>By weight status:</b>			
Not overweight or obese	2.6%	97.4%	256
Overweight, but not obese	1.1%	98.9%	308
Obese	3.4%	96.6%	328

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**18D. Do you currently have the following type of health insurance:  
Medicare?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	20.9%	79.1%	932
<b>By gender:</b>			
Male	17.6%	82.4%	383
Female	24.0%	76.0%	549
<b>By age:</b>			
18-34	0.8%	99.2%	65
35-44	1.0%	99.0%	82
45-54	1.2%	98.8%	144
55-64	5.5%	94.5%	232
65+	91.2%	8.8%	409
<b>By race / ethnicity:</b>			
White only	22.0%	78.0%	889
All other races / ethnicities	4.3%	95.7%	39
<b>By household income:</b>			
Less than \$25,000	46.9%	53.1%	142
\$25,000 - \$34,999	25.9%	74.1%	84
\$35,000 - \$49,999	30.5%	69.5%	134
\$50,000 - \$74,999	22.5%	77.5%	194
\$75,000 or more	7.2%	92.8%	298
<b>By history of mental illness (ever diagnosed):</b>			
Yes	19.7%	80.3%	244
No	21.4%	78.6%	683
<b>By weight status:</b>			
Not overweight or obese	22.1%	77.9%	256
Overweight, but not obese	21.3%	78.7%	308
Obese	17.4%	82.6%	328

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**18E. Do you currently have the following type of health insurance:  
Medicaid, Medical Assistance (MA), or Prepaid Medical Assistance  
Program (PMAP)?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	4.4%	95.6%	932
<b>By gender:</b>			
Male	2.5%	97.5%	383
Female	6.3%	93.7%	549
<b>By age:</b>			
18-34	4.6%	95.4%	65
35-44	6.7%	93.3%	82
45-54	4.0%	96.0%	144
55-64	1.3%	98.7%	232
65+	5.4%	94.6%	409
<b>By race / ethnicity:</b>			
White only	3.8%	96.2%	889
All other races / ethnicities	14.0%	86.0%	39
<b>By household income:</b>			
Less than \$25,000	21.8%	78.2%	142
\$25,000 - \$34,999	8.5%	91.5%	84
\$35,000 - \$49,999	5.8%	94.2%	134
\$50,000 - \$74,999	1.9%	98.1%	194
\$75,000 or more	1.0%	99.0%	298
<b>By history of mental illness (ever diagnosed):</b>			
Yes	8.5%	91.5%	244
No	2.9%	97.1%	683
<b>By weight status:</b>			
Not overweight or obese	5.4%	94.6%	256
Overweight, but not obese	1.9%	98.1%	308
Obese	5.9%	94.1%	328

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**18F. Do you currently have the following type of health insurance:  
MinnesotaCare?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	2.6%	97.4%	932
<b>By gender:</b>			
Male	2.6%	97.4%	383
Female	2.6%	97.4%	549
<b>By age:</b>			
18-34	3.4%	96.6%	65
35-44	0.0%	100.0%	82
45-54	3.0%	97.0%	144
55-64	4.9%	95.1%	232
65+	1.3%	98.7%	409
<b>By race / ethnicity:</b>			
White only	2.7%	97.3%	889
All other races / ethnicities	0.5%	99.5%	39
<b>By household income:</b>			
Less than \$25,000	16.4%	83.6%	142
\$25,000 - \$34,999	4.8%	95.2%	84
\$35,000 - \$49,999	1.5%	98.5%	134
\$50,000 - \$74,999	0.0%	100.0%	194
\$75,000 or more	0.6%	99.4%	298
<b>By history of mental illness (ever diagnosed):</b>			
Yes	3.1%	96.9%	244
No	2.5%	97.5%	683
<b>By weight status:</b>			
Not overweight or obese	1.4%	98.6%	256
Overweight, but not obese	4.4%	95.6%	308
Obese	2.0%	98.0%	328

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**18G. Do you currently have the following type of health insurance:  
Insurance through MNSure or South County Health Alliance (SCHA)?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	6.5%	93.5%	932
<b>By gender:</b>			
Male	4.8%	95.2%	383
Female	8.1%	91.9%	549
<b>By age:</b>			
18-34	9.7%	90.3%	65
35-44	6.4%	93.6%	82
45-54	7.0%	93.0%	144
55-64	5.5%	94.5%	232
65+	3.0%	97.0%	409
<b>By race / ethnicity:</b>			
White only	5.8%	94.2%	889
All other races / ethnicities	16.7%	83.3%	39
<b>By household income:</b>			
Less than \$25,000	30.9%	69.1%	142
\$25,000 - \$34,999	17.6%	82.4%	84
\$35,000 - \$49,999	9.7%	90.3%	134
\$50,000 - \$74,999	3.3%	96.7%	194
\$75,000 or more	0.2%	99.8%	298
<b>By history of mental illness (ever diagnosed):</b>			
Yes	7.0%	93.0%	244
No	6.3%	93.7%	683
<b>By weight status:</b>			
Not overweight or obese	6.1%	93.9%	256
Overweight, but not obese	6.4%	93.6%	308
Obese	6.2%	93.8%	328

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**18H. Do you currently have the following type of health insurance:  
CHAMPUS, TRICARE, or Veterans' benefits?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	2.8%	97.2%	932
<b>By gender:</b>			
Male	3.2%	96.8%	383
Female	2.5%	97.5%	549
<b>By age:</b>			
18-34	0.8%	99.2%	65
35-44	0.0%	100.0%	82
45-54	1.2%	98.8%	144
55-64	2.0%	98.0%	232
65+	9.6%	90.4%	409
<b>By race / ethnicity:</b>			
White only	3.0%	97.0%	889
All other races / ethnicities	0.9%	99.1%	39
<b>By household income:</b>			
Less than \$25,000	5.2%	94.8%	142
\$25,000 - \$34,999	3.1%	96.9%	84
\$35,000 - \$49,999	3.7%	96.3%	134
\$50,000 - \$74,999	2.4%	97.6%	194
\$75,000 or more	2.0%	98.0%	298
<b>By history of mental illness (ever diagnosed):</b>			
Yes	2.7%	97.3%	244
No	2.9%	97.1%	683
<b>By weight status:</b>			
Not overweight or obese	3.1%	96.9%	256
Overweight, but not obese	2.8%	97.2%	308
Obese	2.6%	97.4%	328

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**18l. Do you currently have the following type of health insurance: Other health insurance or coverage?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	6.7%	93.3%	932
<b>By gender:</b>			
Male	5.0%	95.0%	383
Female	8.2%	91.8%	549
<b>By age:</b>			
18-34	0.8%	99.2%	65
35-44	2.2%	97.8%	82
45-54	2.7%	97.3%	144
55-64	4.0%	96.0%	232
65+	22.9%	77.1%	409
<b>By race / ethnicity:</b>			
White only	6.9%	93.1%	889
All other races / ethnicities	3.3%	96.7%	39
<b>By household income:</b>			
Less than \$25,000	15.8%	84.2%	142
\$25,000 - \$34,999	8.7%	91.3%	84
\$35,000 - \$49,999	9.5%	90.5%	134
\$50,000 - \$74,999	7.9%	92.1%	194
\$75,000 or more	2.3%	97.7%	298
<b>By history of mental illness (ever diagnosed):</b>			
Yes	5.1%	94.9%	244
No	7.3%	92.7%	683
<b>By weight status:</b>			
Not overweight or obese	9.3%	90.7%	256
Overweight, but not obese	6.5%	93.5%	308
Obese	5.1%	94.9%	328

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**18. Do you currently have any health insurance coverage?**

	Currently uninsured	Currently insured	N (Unweighted)
	%	%	
<b>All respondents</b>	1.6%	98.4%	932
<b>By gender:</b>			
Male	1.3%	98.7%	383
Female	2.0%	98.0%	549
<b>By age:</b>			
18-34	2.1%	97.9%	65
35-44	0.9%	99.1%	82
45-54	4.0%	96.0%	144
55-64	0.8%	99.2%	232
65+	0.0%	100.0%	409
<b>By race / ethnicity:</b>			
White only	0.6%	99.4%	889
All other races / ethnicities	18.9%	81.1%	39
<b>By household income:</b>			
Less than \$25,000	0.4%	99.6%	142
\$25,000 - \$34,999	3.1%	96.9%	84
\$35,000 - \$49,999	4.2%	95.8%	134
\$50,000 - \$74,999	3.0%	97.0%	194
\$75,000 or more	0.5%	99.5%	298
<b>By history of mental illness (ever diagnosed):</b>			
Yes	2.2%	97.8%	244
No	1.5%	98.5%	683
<b>By weight status:</b>			
Not overweight or obese	2.2%	97.8%	256
Overweight, but not obese	0.7%	99.3%	308
Obese	2.2%	97.8%	328

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**19. Do you consider yourself:**

	Overweight	About the right weight	Underweight	N (Unweighted)
	%	%	%	
<b>All respondents</b>	50.5%	46.9%	2.6%	940
<b>By gender:</b>				
Male	45.8%	50.4%	3.9%	385
Female	55.0%	43.6%	1.4%	555
<b>By age:</b>				
18-34	51.2%	42.4%	6.4%	65
35-44	52.3%	47.2%	0.5%	83
45-54	53.4%	44.6%	1.9%	145
55-64	54.2%	45.1%	0.7%	235
65+	42.1%	55.8%	2.1%	412
<b>By race / ethnicity:</b>				
White only	50.7%	46.7%	2.6%	896
All other races / ethnicities	48.4%	48.5%	3.1%	40
<b>By household income:</b>				
Less than \$25,000	44.9%	54.3%	0.8%	143
\$25,000 - \$34,999	47.6%	50.9%	1.5%	85
\$35,000 - \$49,999	49.3%	45.4%	5.4%	136
\$50,000 - \$74,999	53.4%	46.2%	0.3%	195
\$75,000 or more	51.9%	44.6%	3.5%	298
<b>By history of mental illness (ever diagnosed):</b>				
Yes	55.4%	38.1%	6.4%	245
No	49.0%	49.8%	1.2%	690
<b>By weight status:</b>				
Not overweight or obese	5.2%	86.1%	8.7%	257
Overweight, but not obese	44.5%	55.5%	0.0%	312
Obese	88.7%	11.1%	0.2%	329

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**20A. Treatment can help people with mental illness lead normal lives.**

	Strongly agree	Agree	Disagree	Strongly disagree	N (Unweighted)
	%	%	%	%	
<b>All respondents</b>	41.0%	56.2%	2.1%	0.7%	926
<b>By gender:</b>					
Male	36.6%	60.5%	2.1%	0.8%	376
Female	45.1%	52.1%	2.1%	0.7%	550
<b>By age:</b>					
18-34	46.9%	51.8%	1.3%	0.0%	64
35-44	43.2%	53.1%	0.0%	3.8%	83
45-54	44.9%	51.2%	3.3%	0.6%	144
55-64	40.4%	57.2%	2.4%	0.0%	230
65+	29.2%	67.7%	3.0%	0.1%	405
<b>By race / ethnicity:</b>					
White only	40.2%	57.1%	2.2%	0.5%	885
All other races / ethnicities	53.1%	42.2%	0.6%	4.1%	38
<b>By household income:</b>					
Less than \$25,000	32.1%	61.6%	6.3%	0.0%	141
\$25,000 - \$34,999	34.8%	63.3%	1.9%	0.0%	85
\$35,000 - \$49,999	36.7%	61.0%	1.1%	1.2%	133
\$50,000 - \$74,999	42.9%	55.4%	1.4%	0.4%	194
\$75,000 or more	45.7%	51.3%	1.8%	1.2%	294
<b>By history of mental illness (ever diagnosed):</b>					
Yes	55.9%	40.6%	2.4%	1.2%	243
No	35.3%	62.1%	2.0%	0.6%	678
<b>By weight status:</b>					
Not overweight or obese	46.1%	50.8%	2.2%	1.0%	253
Overweight, but not obese	38.3%	59.4%	2.0%	0.4%	308
Obese	41.4%	55.4%	2.3%	0.9%	325

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**20B. People are generally caring and sympathetic to people with mental illness.**

	Strongly agree	Agree	Disagree	Strongly disagree	N (Unweighted)
	%	%	%	%	
<b>All respondents</b>	5.6%	58.2%	33.2%	3.0%	907
<b>By gender:</b>					
Male	6.3%	63.8%	28.3%	1.6%	368
Female	5.0%	52.8%	37.9%	4.3%	539
<b>By age:</b>					
18-34	7.7%	64.1%	26.9%	1.3%	64
35-44	6.5%	40.9%	49.3%	3.3%	83
45-54	5.2%	62.5%	27.1%	5.1%	144
55-64	3.7%	51.7%	41.7%	2.8%	227
65+	4.5%	65.4%	27.3%	2.7%	389
<b>By race / ethnicity:</b>					
White only	4.9%	58.8%	33.5%	2.8%	865
All other races / ethnicities	18.3%	50.1%	26.2%	5.4%	39
<b>By household income:</b>					
Less than \$25,000	8.1%	63.5%	23.2%	5.2%	136
\$25,000 - \$34,999	4.7%	49.9%	40.8%	4.7%	82
\$35,000 - \$49,999	7.8%	51.7%	38.4%	2.1%	128
\$50,000 - \$74,999	2.0%	70.1%	25.5%	2.4%	191
\$75,000 or more	6.6%	54.5%	35.9%	3.0%	295
<b>By history of mental illness (ever diagnosed):</b>					
Yes	11.2%	44.9%	37.3%	6.6%	240
No	3.6%	63.1%	31.7%	1.6%	662
<b>By weight status:</b>					
Not overweight or obese	11.2%	54.1%	31.3%	3.4%	249
Overweight, but not obese	2.3%	61.9%	34.2%	1.6%	296
Obese	4.3%	57.3%	34.5%	3.9%	325

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**21. & 22. How many servings of fruit and/or fruit juice did you have yesterday?**

	0 servings	1-2 servings	3-4 servings	5-9 servings	10 or more servings	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	18.3%	48.1%	25.1%	8.0%	0.5%	915
<b>By gender:</b>						
Male	23.6%	44.5%	21.9%	10.1%	0.0%	375
Female	13.2%	51.6%	28.2%	6.0%	1.0%	540
<b>By age:</b>						
18-34	28.4%	33.8%	26.3%	11.5%	0.0%	65
35-44	15.9%	52.4%	21.9%	8.7%	1.0%	83
45-54	21.0%	50.1%	22.7%	5.9%	0.2%	145
55-64	15.6%	56.7%	22.2%	5.3%	0.2%	233
65+	7.3%	52.5%	31.2%	7.8%	1.2%	389
<b>By race / ethnicity:</b>						
White only	18.3%	48.4%	24.9%	7.9%	0.4%	873
All other races / ethnicities	18.0%	46.9%	24.6%	9.4%	1.1%	38
<b>By household income:</b>						
Less than \$25,000	12.2%	65.2%	17.1%	5.5%	0.0%	135
\$25,000 - \$34,999	20.4%	47.9%	26.7%	4.6%	0.4%	80
\$35,000 - \$49,999	16.2%	59.3%	16.8%	7.1%	0.7%	133
\$50,000 - \$74,999	22.6%	47.1%	27.1%	2.9%	0.3%	192
\$75,000 or more	18.6%	42.0%	27.1%	11.7%	0.6%	297
<b>By history of mental illness (ever diagnosed):</b>						
Yes	24.4%	44.6%	21.0%	9.6%	0.4%	241
No	16.2%	49.6%	26.2%	7.5%	0.5%	669
<b>By weight status:</b>						
Not overweight or obese	19.1%	46.8%	24.9%	8.4%	0.8%	252
Overweight, but not obese	13.2%	46.5%	29.8%	9.9%	0.5%	309
Obese	22.2%	50.3%	21.5%	5.7%	0.3%	323

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**23. How many servings of vegetables did you have yesterday?**

	0 servings	1-2 servings	3-4 servings	5 or more servings	N (Unweighted)
	%	%	%	%	
<b>All respondents</b>	14.5%	57.0%	24.2%	4.2%	916
<b>By gender:</b>					
Male	18.9%	54.5%	23.9%	2.6%	373
Female	10.3%	59.4%	24.6%	5.8%	543
<b>By age:</b>					
18-34	23.8%	43.6%	28.8%	3.8%	65
35-44	12.3%	51.7%	29.1%	6.8%	83
45-54	15.1%	58.5%	22.7%	3.7%	145
55-64	12.3%	66.3%	17.8%	3.6%	233
65+	6.4%	67.5%	22.2%	3.8%	390
<b>By race / ethnicity:</b>					
White only	13.7%	58.0%	24.8%	3.5%	874
All other races / ethnicities	29.3%	40.2%	14.2%	16.3%	38
<b>By household income:</b>					
Less than \$25,000	13.3%	66.0%	16.7%	4.1%	133
\$25,000 - \$34,999	14.0%	69.2%	15.1%	1.7%	83
\$35,000 - \$49,999	11.5%	56.2%	30.7%	1.5%	133
\$50,000 - \$74,999	18.4%	52.8%	20.7%	8.1%	191
\$75,000 or more	14.6%	53.1%	28.3%	3.9%	298
<b>By history of mental illness (ever diagnosed):</b>					
Yes	19.0%	55.1%	20.5%	5.4%	241
No	13.0%	57.8%	25.4%	3.8%	670
<b>By weight status:</b>					
Not overweight or obese	16.8%	50.7%	23.6%	8.9%	252
Overweight, but not obese	8.9%	58.6%	29.7%	2.8%	306
Obese	17.7%	59.5%	20.4%	2.3%	325

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**21. - 23. How many servings of fruits and vegetables (including juices) did you have yesterday?**

	0 servings	1-2 servings	3-4 servings	5-9 servings	10 or more servings	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	6.3%	23.8%	32.8%	33.9%	3.3%	908
<b>By gender:</b>						
Male	9.4%	25.7%	31.3%	31.4%	2.2%	371
Female	3.3%	22.0%	34.1%	36.3%	4.3%	537
<b>By age:</b>						
18-34	12.3%	23.3%	25.4%	36.5%	2.5%	65
35-44	1.7%	21.3%	40.8%	29.1%	7.1%	82
45-54	6.4%	31.4%	26.4%	34.0%	1.8%	145
55-64	6.2%	23.3%	40.0%	27.9%	2.6%	232
65+	2.3%	18.8%	36.0%	39.6%	3.3%	384
<b>By race / ethnicity:</b>						
White only	6.5%	23.7%	32.4%	34.4%	2.9%	866
All other races / ethnicities	2.4%	26.5%	40.2%	22.2%	8.7%	38
<b>By household income:</b>						
Less than \$25,000	6.8%	23.6%	39.0%	27.4%	3.2%	131
\$25,000 - \$34,999	3.2%	27.4%	44.9%	22.4%	2.1%	79
\$35,000 - \$49,999	2.4%	31.3%	24.9%	38.6%	2.8%	133
\$50,000 - \$74,999	7.8%	23.4%	36.2%	30.7%	1.9%	190
\$75,000 or more	7.3%	22.1%	29.0%	37.1%	4.5%	297
<b>By history of mental illness (ever diagnosed):</b>						
Yes	11.5%	28.6%	24.7%	31.1%	4.2%	240
No	4.4%	22.2%	35.8%	34.7%	3.0%	663
<b>By weight status:</b>						
Not overweight or obese	10.6%	17.7%	29.3%	35.9%	6.4%	249
Overweight, but not obese	3.1%	21.4%	32.8%	39.3%	3.5%	305
Obese	5.5%	31.2%	34.4%	28.0%	1.0%	323

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**24A. How many glasses of MILK did you drink yesterday?**

	0 glasses	1-2 glasses	3-4 glasses	5-6 glasses	7 or more glasses	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	38.8%	52.1%	8.7%	0.3%	0.2%	917
<b>By gender:</b>						
Male	34.2%	54.1%	11.2%	0.6%	0.0%	372
Female	43.3%	50.1%	6.3%	0.0%	0.3%	545
<b>By age:</b>						
18-34	34.2%	55.1%	10.7%	0.0%	0.0%	64
35-44	42.9%	42.6%	13.5%	0.0%	1.0%	84
45-54	35.5%	56.9%	7.0%	0.6%	0.0%	144
55-64	43.0%	49.4%	6.7%	0.9%	0.0%	231
65+	40.9%	53.1%	6.0%	0.0%	0.0%	394
<b>By race / ethnicity:</b>						
White only	37.3%	53.8%	8.4%	0.3%	0.2%	875
All other races / ethnicities	60.6%	25.7%	13.7%	0.0%	0.0%	38
<b>By household income:</b>						
Less than \$25,000	33.1%	60.5%	5.5%	0.8%	0.0%	141
\$25,000 - \$34,999	48.1%	44.9%	5.4%	1.6%	0.0%	82
\$35,000 - \$49,999	34.7%	59.3%	6.0%	0.0%	0.0%	129
\$50,000 - \$74,999	34.5%	56.5%	9.0%	0.0%	0.0%	193
\$75,000 or more	40.8%	48.2%	10.7%	0.0%	0.4%	295
<b>By history of mental illness (ever diagnosed):</b>						
Yes	40.5%	49.7%	9.8%	0.0%	0.0%	242
No	38.3%	52.8%	8.2%	0.4%	0.2%	671
<b>By weight status:</b>						
Not overweight or obese	38.6%	51.0%	10.4%	0.0%	0.0%	255
Overweight, but not obese	43.1%	48.2%	8.1%	0.6%	0.0%	302
Obese	35.6%	56.2%	7.6%	0.2%	0.4%	321

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**24B. How many glasses of POP OR SODA (REGULAR) did you drink yesterday?**

	0 glasses	1-2 glasses	3-4 glasses	5-6 glasses	7 or more glasses	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	68.5%	24.6%	5.2%	1.6%	0.1%	886
<b>By gender:</b>						
Male	56.4%	31.9%	8.4%	3.2%	0.2%	363
Female	80.4%	17.4%	2.1%	0.1%	0.0%	523
<b>By age:</b>						
18-34	52.9%	36.4%	6.4%	4.3%	0.0%	64
35-44	69.3%	19.9%	10.8%	0.0%	0.0%	82
45-54	66.2%	26.3%	5.7%	1.8%	0.0%	139
55-64	75.5%	20.4%	2.8%	0.9%	0.5%	222
65+	83.6%	15.6%	0.8%	0.0%	0.0%	379
<b>By race / ethnicity:</b>						
White only	68.7%	24.6%	4.9%	1.7%	0.1%	843
All other races / ethnicities	63.3%	25.8%	10.9%	0.0%	0.0%	39
<b>By household income:</b>						
Less than \$25,000	66.3%	29.8%	2.2%	1.7%	0.0%	132
\$25,000 - \$34,999	57.2%	32.4%	10.5%	0.0%	0.0%	78
\$35,000 - \$49,999	67.5%	24.2%	8.2%	0.0%	0.0%	125
\$50,000 - \$74,999	63.9%	29.6%	6.4%	0.2%	0.0%	190
\$75,000 or more	70.9%	21.8%	3.9%	3.2%	0.2%	285
<b>By history of mental illness (ever diagnosed):</b>						
Yes	70.8%	25.1%	3.6%	0.6%	0.0%	241
No	67.4%	24.7%	5.9%	2.0%	0.0%	640
<b>By weight status:</b>						
Not overweight or obese	73.7%	24.5%	1.4%	0.1%	0.3%	245
Overweight, but not obese	72.4%	20.8%	6.6%	0.1%	0.0%	290
Obese	60.9%	28.2%	6.9%	4.0%	0.0%	314

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**24C. How many glasses of POP OR SODA (DIET) did you drink yesterday?**

	0 glasses	1-2 glasses	3-4 glasses	5-6 glasses	7 or more glasses	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	77.9%	18.7%	3.3%	0.1%	0.0%	872
<b>By gender:</b>						
Male	79.2%	17.6%	3.1%	0.2%	0.0%	350
Female	76.8%	19.7%	3.5%	0.1%	0.0%	522
<b>By age:</b>						
18-34	89.6%	9.6%	0.9%	0.0%	0.0%	63
35-44	80.2%	15.8%	4.0%	0.0%	0.0%	80
45-54	67.4%	27.8%	4.9%	0.0%	0.0%	136
55-64	73.3%	20.4%	6.1%	0.2%	0.0%	221
65+	76.7%	21.3%	1.6%	0.4%	0.0%	372
<b>By race / ethnicity:</b>						
White only	77.3%	19.1%	3.5%	0.1%	0.0%	833
All other races / ethnicities	87.9%	11.4%	0.7%	0.0%	0.0%	35
<b>By household income:</b>						
Less than \$25,000	88.1%	10.9%	0.7%	0.4%	0.0%	128
\$25,000 - \$34,999	90.2%	9.8%	0.0%	0.0%	0.0%	78
\$35,000 - \$49,999	82.7%	13.7%	3.6%	0.0%	0.0%	122
\$50,000 - \$74,999	79.8%	18.6%	1.6%	0.0%	0.0%	189
\$75,000 or more	73.0%	22.4%	4.4%	0.2%	0.0%	276
<b>By history of mental illness (ever diagnosed):</b>						
Yes	75.4%	18.9%	5.5%	0.1%	0.0%	234
No	78.8%	18.6%	2.5%	0.1%	0.0%	633
<b>By weight status:</b>						
Not overweight or obese	84.7%	11.6%	3.5%	0.1%	0.0%	245
Overweight, but not obese	78.5%	19.2%	2.3%	0.0%	0.0%	283
Obese	72.3%	23.5%	4.0%	0.2%	0.0%	309

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**24D. How many glasses of SPORTS OR ENERGY DRINKS (GATORADE, RED BULL, MONSTER, ETC.) did you drink yesterday?**

	0 glasses	1-2 glasses	3-4 glasses	5-6 glasses	7 or more glasses	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	88.5%	10.6%	0.6%	0.2%	0.1%	887
<b>By gender:</b>						
Male	83.7%	14.6%	1.0%	0.5%	0.2%	365
Female	93.1%	6.7%	0.2%	0.0%	0.0%	522
<b>By age:</b>						
18-34	81.8%	18.2%	0.0%	0.0%	0.0%	65
35-44	86.3%	10.6%	3.1%	0.0%	0.0%	82
45-54	89.7%	9.2%	0.0%	1.2%	0.0%	142
55-64	91.7%	7.6%	0.2%	0.0%	0.5%	220
65+	94.6%	5.2%	0.1%	0.0%	0.0%	378
<b>By race / ethnicity:</b>						
White only	88.1%	10.9%	0.6%	0.3%	0.1%	845
All other races / ethnicities	93.5%	6.5%	0.0%	0.0%	0.0%	38
<b>By household income:</b>						
Less than \$25,000	92.1%	7.6%	0.3%	0.0%	0.0%	132
\$25,000 - \$34,999	95.4%	4.6%	0.0%	0.0%	0.0%	76
\$35,000 - \$49,999	90.4%	9.6%	0.0%	0.0%	0.0%	128
\$50,000 - \$74,999	79.8%	16.7%	2.3%	1.2%	0.0%	190
\$75,000 or more	89.2%	10.5%	0.1%	0.0%	0.2%	284
<b>By history of mental illness (ever diagnosed):</b>						
Yes	97.2%	2.8%	0.0%	0.0%	0.0%	235
No	85.2%	13.7%	0.8%	0.3%	0.0%	647
<b>By weight status:</b>						
Not overweight or obese	93.9%	4.9%	0.0%	0.9%	0.3%	247
Overweight, but not obese	87.5%	11.7%	0.9%	0.0%	0.0%	291
Obese	85.6%	13.8%	0.7%	0.0%	0.0%	314

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**25A. In an average week, how many times do you eat out a meal from a fast food place (McDonald's, KFC, Taco Bell, pizza places, etc.)?**

	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	37.9%	53.2%	7.4%	0.9%	0.6%	946
<b>By gender:</b>						
Male	29.8%	56.4%	11.1%	1.6%	1.1%	391
Female	45.8%	50.2%	3.8%	0.3%	0.0%	555
<b>By age:</b>						
18-34	19.1%	68.8%	12.1%	0.0%	0.0%	67
35-44	31.4%	55.5%	9.1%	4.1%	0.0%	86
45-54	41.2%	49.8%	6.3%	0.5%	2.2%	145
55-64	49.4%	45.9%	3.6%	0.7%	0.5%	235
65+	52.0%	42.8%	4.9%	0.2%	0.0%	413
<b>By race / ethnicity:</b>						
White only	37.2%	54.0%	7.7%	1.0%	0.1%	904
All other races / ethnicities	47.7%	40.5%	3.3%	0.0%	8.5%	38
<b>By household income:</b>						
Less than \$25,000	44.2%	48.2%	7.5%	0.0%	0.0%	141
\$25,000 - \$34,999	44.3%	52.6%	1.4%	1.7%	0.0%	87
\$35,000 - \$49,999	43.1%	46.2%	6.7%	0.3%	3.8%	136
\$50,000 - \$74,999	30.2%	57.1%	10.8%	1.5%	0.4%	199
\$75,000 or more	35.7%	56.1%	7.4%	0.8%	0.0%	298
<b>By history of mental illness (ever diagnosed):</b>						
Yes	38.9%	47.8%	12.4%	0.9%	0.0%	250
No	37.5%	55.1%	5.6%	1.0%	0.8%	691
<b>By weight status:</b>						
Not overweight or obese	45.9%	45.9%	8.0%	0.2%	0.0%	261
Overweight, but not obese	36.4%	58.0%	4.3%	1.3%	0.0%	316
Obese	32.1%	55.7%	9.6%	1.1%	1.5%	330

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**25B. In an average week, how many times do you eat a meal out at a restaurant that is not a fast food place?**

	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	38.1%	55.9%	5.7%	0.1%	0.2%	925
<b>By gender:</b>						
Male	37.4%	55.9%	6.4%	0.1%	0.2%	385
Female	38.8%	56.0%	5.0%	0.0%	0.2%	540
<b>By age:</b>						
18-34	50.9%	43.3%	5.8%	0.0%	0.0%	67
35-44	39.3%	55.1%	5.6%	0.0%	0.0%	81
45-54	29.2%	67.8%	2.9%	0.0%	0.0%	143
55-64	35.9%	56.5%	7.1%	0.0%	0.5%	230
65+	33.0%	59.0%	7.2%	0.3%	0.5%	404
<b>By race / ethnicity:</b>						
White only	37.5%	56.4%	5.9%	0.1%	0.2%	884
All other races / ethnicities	51.8%	46.0%	2.2%	0.0%	0.0%	37
<b>By household income:</b>						
Less than \$25,000	51.1%	43.8%	5.1%	0.0%	0.0%	141
\$25,000 - \$34,999	55.0%	41.6%	3.4%	0.0%	0.0%	84
\$35,000 - \$49,999	48.4%	48.7%	2.4%	0.4%	0.0%	130
\$50,000 - \$74,999	35.0%	55.3%	9.6%	0.0%	0.1%	193
\$75,000 or more	31.3%	63.1%	5.3%	0.0%	0.3%	295
<b>By history of mental illness (ever diagnosed):</b>						
Yes	37.7%	58.8%	3.5%	0.0%	0.0%	247
No	38.2%	54.9%	6.6%	0.1%	0.3%	673
<b>By weight status:</b>						
Not overweight or obese	36.3%	59.5%	3.7%	0.2%	0.3%	256
Overweight, but not obese	30.6%	65.0%	4.2%	0.0%	0.2%	316
Obese	46.1%	45.6%	8.3%	0.0%	0.0%	317

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**25C. In an average week, how many times do you eat a meal from Meals on Wheels?**

	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	98.1%	1.2%	0.3%	0.3%	0.1%	917
<b>By gender:</b>						
Male	98.0%	1.2%	0.5%	0.2%	0.1%	378
Female	98.3%	1.1%	0.1%	0.5%	0.0%	539
<b>By age:</b>						
18-34	100.0%	0.0%	0.0%	0.0%	0.0%	66
35-44	98.3%	1.7%	0.0%	0.0%	0.0%	85
45-54	97.4%	2.6%	0.0%	0.0%	0.0%	144
55-64	97.7%	0.2%	1.0%	0.9%	0.2%	226
65+	96.9%	1.5%	0.6%	0.8%	0.1%	396
<b>By race / ethnicity:</b>						
White only	98.1%	1.2%	0.3%	0.3%	0.1%	878
All other races / ethnicities	99.4%	0.6%	0.0%	0.0%	0.0%	35
<b>By household income:</b>						
Less than \$25,000	98.7%	0.0%	0.0%	0.9%	0.4%	138
\$25,000 - \$34,999	95.4%	3.2%	0.0%	1.4%	0.0%	85
\$35,000 - \$49,999	97.1%	2.4%	0.0%	0.2%	0.2%	125
\$50,000 - \$74,999	97.5%	1.7%	0.8%	0.0%	0.0%	195
\$75,000 or more	99.3%	0.6%	0.1%	0.0%	0.0%	294
<b>By history of mental illness (ever diagnosed):</b>						
Yes	97.8%	0.7%	0.6%	0.7%	0.2%	243
No	98.2%	1.4%	0.2%	0.2%	0.0%	669
<b>By weight status:</b>						
Not overweight or obese	97.6%	2.2%	0.0%	0.2%	0.0%	254
Overweight, but not obese	99.3%	0.4%	0.2%	0.0%	0.1%	315
Obese	97.8%	1.1%	0.5%	0.5%	0.1%	310

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**25D. In an average week, how many times do you eat a meal from a senior dining site?**

	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	98.9%	0.5%	0.2%	0.1%	0.3%	918
<b>By gender:</b>						
Male	99.5%	0.2%	0.1%	0.1%	0.1%	383
Female	98.3%	0.8%	0.3%	0.2%	0.5%	535
<b>By age:</b>						
18-34	99.2%	0.8%	0.0%	0.0%	0.0%	66
35-44	100.0%	0.0%	0.0%	0.0%	0.0%	85
45-54	100.0%	0.0%	0.0%	0.0%	0.0%	144
55-64	99.8%	0.0%	0.0%	0.0%	0.2%	226
65+	95.9%	1.4%	0.8%	0.6%	1.4%	397
<b>By race / ethnicity:</b>						
White only	98.8%	0.5%	0.2%	0.1%	0.4%	879
All other races / ethnicities	100.0%	0.0%	0.0%	0.0%	0.0%	35
<b>By household income:</b>						
Less than \$25,000	92.3%	4.3%	0.8%	1.3%	1.4%	136
\$25,000 - \$34,999	98.5%	0.0%	0.6%	0.0%	0.9%	85
\$35,000 - \$49,999	99.6%	0.0%	0.0%	0.0%	0.4%	129
\$50,000 - \$74,999	100.0%	0.0%	0.0%	0.0%	0.0%	198
\$75,000 or more	99.9%	0.0%	0.1%	0.0%	0.0%	294
<b>By history of mental illness (ever diagnosed):</b>						
Yes	98.0%	1.5%	0.1%	0.2%	0.3%	246
No	99.2%	0.1%	0.2%	0.1%	0.3%	667
<b>By weight status:</b>						
Not overweight or obese	98.1%	0.9%	0.3%	0.3%	0.3%	255
Overweight, but not obese	99.1%	0.4%	0.1%	0.0%	0.4%	311
Obese	99.4%	0.3%	0.0%	0.1%	0.3%	317

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**25E. In an average week, how many times do you eat a meal at a community setting such as a church?**

	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	95.7%	3.2%	0.1%	0.5%	0.6%	906
<b>By gender:</b>						
Male	95.5%	2.5%	0.0%	0.7%	1.2%	374
Female	95.8%	3.9%	0.1%	0.2%	0.0%	532
<b>By age:</b>						
18-34	98.3%	1.7%	0.0%	0.0%	0.0%	66
35-44	96.2%	3.8%	0.0%	0.0%	0.0%	83
45-54	96.0%	1.7%	0.0%	0.0%	2.3%	142
55-64	94.2%	3.7%	0.4%	1.4%	0.2%	224
65+	92.9%	5.9%	0.0%	1.0%	0.3%	391
<b>By race / ethnicity:</b>						
White only	95.4%	3.4%	0.1%	0.5%	0.6%	866
All other races / ethnicities	99.5%	0.5%	0.0%	0.0%	0.0%	36
<b>By household income:</b>						
Less than \$25,000	91.4%	5.0%	0.0%	0.5%	3.1%	133
\$25,000 - \$34,999	96.0%	2.8%	0.0%	0.5%	0.7%	83
\$35,000 - \$49,999	94.9%	4.4%	0.0%	0.7%	0.0%	127
\$50,000 - \$74,999	97.0%	1.2%	0.0%	0.7%	1.2%	191
\$75,000 or more	96.6%	3.3%	0.2%	0.0%	0.0%	292
<b>By history of mental illness (ever diagnosed):</b>						
Yes	96.3%	3.5%	0.0%	0.2%	0.0%	243
No	95.4%	3.2%	0.1%	0.6%	0.8%	658
<b>By weight status:</b>						
Not overweight or obese	94.0%	4.4%	0.0%	0.8%	0.9%	252
Overweight, but not obese	96.4%	3.0%	0.2%	0.0%	0.3%	308
Obese	97.0%	2.0%	0.0%	0.3%	0.7%	310

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**25F. In an average week, how many times do you eat a home-cooked meal?**

	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	1.7%	3.7%	21.3%	28.8%	44.5%	939
<b>By gender:</b>						
Male	1.5%	2.5%	26.1%	26.0%	43.9%	388
Female	2.0%	4.9%	16.5%	31.5%	45.1%	551
<b>By age:</b>						
18-34	0.0%	1.7%	32.8%	14.9%	50.6%	65
35-44	1.7%	3.8%	17.3%	35.2%	41.9%	83
45-54	2.2%	4.0%	20.4%	36.7%	36.8%	146
55-64	1.1%	3.4%	17.6%	32.9%	45.1%	231
65+	3.8%	5.9%	14.8%	28.7%	46.8%	414
<b>By race / ethnicity:</b>						
White only	1.8%	3.9%	21.7%	28.5%	44.1%	898
All other races / ethnicities	0.6%	0.0%	15.9%	29.4%	54.0%	37
<b>By household income:</b>						
Less than \$25,000	2.7%	6.9%	20.8%	31.5%	38.1%	141
\$25,000 - \$34,999	1.4%	5.4%	26.7%	18.2%	48.3%	87
\$35,000 - \$49,999	1.3%	4.6%	18.6%	26.9%	48.7%	136
\$50,000 - \$74,999	0.9%	3.7%	20.6%	27.2%	47.7%	194
\$75,000 or more	1.7%	2.3%	22.5%	31.2%	42.3%	299
<b>By history of mental illness (ever diagnosed):</b>						
Yes	0.9%	4.6%	27.9%	25.3%	41.3%	251
No	2.0%	3.4%	18.8%	29.8%	46.0%	684
<b>By weight status:</b>						
Not overweight or obese	1.0%	2.7%	20.7%	23.1%	52.5%	257
Overweight, but not obese	1.8%	3.1%	21.0%	32.6%	41.5%	318
Obese	1.8%	4.8%	21.9%	29.5%	42.0%	323

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**25G. In an average week, how many times do you watch television during meal time?**

	0 times	1-2 times	3-4 times	5-6 times	7 or more times	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	26.3%	26.5%	18.7%	16.5%	12.1%	943
<b>By gender:</b>						
Male	20.2%	27.4%	20.3%	18.9%	13.1%	387
Female	32.1%	25.6%	17.1%	14.1%	11.1%	556
<b>By age:</b>						
18-34	27.7%	26.9%	20.6%	18.1%	6.7%	66
35-44	34.2%	35.3%	10.9%	16.5%	3.1%	86
45-54	23.3%	30.9%	18.8%	10.8%	16.2%	145
55-64	17.3%	23.3%	23.2%	19.8%	16.4%	235
65+	29.1%	17.5%	18.6%	17.5%	17.3%	411
<b>By race / ethnicity:</b>						
White only	24.2%	27.2%	19.4%	16.8%	12.3%	902
All other races / ethnicities	60.3%	11.9%	8.0%	11.9%	7.9%	37
<b>By household income:</b>						
Less than \$25,000	24.0%	24.3%	15.7%	18.2%	17.7%	141
\$25,000 - \$34,999	22.8%	30.0%	7.3%	21.7%	18.2%	87
\$35,000 - \$49,999	28.5%	20.5%	26.7%	15.1%	9.2%	132
\$50,000 - \$74,999	20.0%	30.7%	16.1%	22.4%	10.8%	197
\$75,000 or more	30.3%	26.3%	19.7%	12.8%	11.0%	304
<b>By history of mental illness (ever diagnosed):</b>						
Yes	25.6%	27.5%	24.4%	9.8%	12.7%	252
No	26.6%	25.7%	16.7%	19.0%	11.9%	687
<b>By weight status:</b>						
Not overweight or obese	32.3%	20.9%	24.2%	11.6%	11.1%	259
Overweight, but not obese	25.2%	33.3%	17.6%	14.5%	9.3%	320
Obese	22.9%	25.1%	15.8%	21.8%	14.5%	327

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**26A. In a typical month, how often do you or others in your household buy or get food from a SUPERMARKET OR LARGE GROCERY STORE?**

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	4.4%	7.6%	23.0%	42.7%	22.3%	951
<b>By gender:</b>						
Male	3.8%	7.0%	25.4%	39.7%	24.0%	396
Female	5.0%	8.1%	20.7%	45.6%	20.6%	555
<b>By age:</b>						
18-34	5.8%	13.2%	20.7%	38.0%	22.3%	68
35-44	0.0%	1.8%	21.8%	55.7%	20.7%	84
45-54	6.2%	6.9%	26.0%	41.5%	19.4%	146
55-64	3.6%	6.0%	26.9%	38.5%	25.0%	240
65+	5.1%	7.2%	20.3%	43.5%	24.0%	413
<b>By race / ethnicity:</b>						
White only	4.6%	7.6%	23.1%	42.4%	22.3%	911
All other races / ethnicities	2.1%	7.1%	21.7%	47.9%	21.1%	36
<b>By household income:</b>						
Less than \$25,000	4.5%	16.2%	25.7%	36.5%	17.1%	141
\$25,000 - \$34,999	8.2%	3.8%	26.3%	46.7%	15.0%	89
\$35,000 - \$49,999	4.0%	17.3%	30.6%	33.7%	14.4%	137
\$50,000 - \$74,999	7.1%	4.5%	32.0%	41.8%	14.5%	201
\$75,000 or more	2.4%	5.3%	16.2%	46.6%	29.6%	303
<b>By history of mental illness (ever diagnosed):</b>						
Yes	3.5%	5.5%	22.0%	47.1%	21.9%	251
No	4.7%	8.4%	23.0%	41.3%	22.6%	695
<b>By weight status:</b>						
Not overweight or obese	8.6%	8.9%	18.9%	44.4%	19.1%	263
Overweight, but not obese	2.9%	5.4%	19.3%	43.4%	29.0%	316
Obese	2.8%	8.4%	28.5%	41.6%	18.6%	329

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**26B. In a typical month, how often do you or others in your household buy or get food from a SMALL GROCERY STORE?**

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	23.4%	19.3%	20.4%	26.9%	10.1%	911
<b>By gender:</b>						
Male	25.9%	16.3%	21.9%	26.0%	9.9%	381
Female	20.9%	22.2%	18.9%	27.7%	10.3%	530
<b>By age:</b>						
18-34	16.7%	21.2%	22.1%	36.2%	3.7%	67
35-44	19.0%	20.8%	24.0%	20.3%	15.8%	84
45-54	18.9%	17.7%	22.3%	25.0%	16.2%	143
55-64	27.8%	17.6%	17.1%	25.2%	12.2%	231
65+	36.0%	18.9%	16.0%	23.7%	5.3%	386
<b>By race / ethnicity:</b>						
White only	23.5%	19.8%	20.5%	26.5%	9.7%	871
All other races / ethnicities	22.6%	9.8%	19.8%	31.9%	15.8%	36
<b>By household income:</b>						
Less than \$25,000	29.3%	17.8%	22.5%	17.7%	12.8%	133
\$25,000 - \$34,999	33.2%	19.0%	21.0%	14.0%	12.8%	84
\$35,000 - \$49,999	19.7%	18.3%	13.4%	40.2%	8.4%	121
\$50,000 - \$74,999	23.0%	15.2%	21.6%	29.7%	10.6%	195
\$75,000 or more	20.2%	22.4%	22.1%	25.9%	9.4%	298
<b>By history of mental illness (ever diagnosed):</b>						
Yes	22.8%	19.5%	15.4%	30.8%	11.5%	247
No	23.7%	19.4%	22.0%	25.6%	9.3%	660
<b>By weight status:</b>						
Not overweight or obese	27.6%	16.8%	11.0%	33.3%	11.2%	250
Overweight, but not obese	20.0%	19.6%	22.4%	27.7%	10.4%	308
Obese	23.4%	20.5%	25.1%	21.5%	9.5%	317

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**26C. In a typical month, how often do you or others in your household buy or get food from a CONVENIENCE STORE OR GAS STATION?**

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	39.3%	20.1%	16.7%	15.5%	8.3%	902
<b>By gender:</b>						
Male	35.5%	20.4%	16.6%	15.3%	12.1%	380
Female	43.2%	19.8%	16.8%	15.8%	4.4%	522
<b>By age:</b>						
18-34	31.1%	25.2%	11.7%	18.1%	13.9%	66
35-44	34.4%	19.4%	20.2%	14.2%	11.8%	83
45-54	38.1%	21.3%	17.6%	16.5%	6.5%	142
55-64	44.3%	15.6%	18.2%	15.3%	6.7%	226
65+	50.4%	17.0%	18.1%	12.6%	1.8%	385
<b>By race / ethnicity:</b>						
White only	40.0%	19.9%	16.3%	15.7%	8.1%	864
All other races / ethnicities	30.8%	25.1%	25.6%	8.6%	9.9%	34
<b>By household income:</b>						
Less than \$25,000	39.0%	21.1%	25.9%	7.9%	6.1%	130
\$25,000 - \$34,999	40.7%	23.0%	14.5%	11.6%	10.2%	83
\$35,000 - \$49,999	39.4%	22.0%	16.4%	10.8%	11.4%	125
\$50,000 - \$74,999	39.8%	17.3%	12.3%	20.0%	10.6%	192
\$75,000 or more	38.4%	20.7%	16.9%	16.7%	7.3%	295
<b>By history of mental illness (ever diagnosed):</b>						
Yes	44.1%	16.4%	14.9%	14.7%	10.0%	240
No	37.6%	21.7%	17.1%	15.9%	7.7%	658
<b>By weight status:</b>						
Not overweight or obese	43.0%	18.9%	13.3%	16.3%	8.6%	249
Overweight, but not obese	38.5%	17.4%	18.1%	16.5%	9.5%	305
Obese	37.2%	23.9%	17.2%	14.3%	7.4%	312

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**26D. In a typical month, how often do you or others in your household buy or get food from a GROCERY DELIVERY SERVICE?**

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	98.2%	0.7%	0.7%	0.4%	0.0%	899
<b>By gender:</b>						
Male	98.6%	0.4%	1.0%	0.0%	0.0%	372
Female	97.9%	1.0%	0.4%	0.7%	0.0%	527
<b>By age:</b>						
18-34	100.0%	0.0%	0.0%	0.0%	0.0%	66
35-44	96.9%	1.0%	0.0%	2.1%	0.0%	82
45-54	96.8%	1.0%	2.2%	0.0%	0.0%	142
55-64	98.0%	0.7%	1.4%	0.0%	0.0%	233
65+	98.7%	1.0%	0.0%	0.2%	0.0%	376
<b>By race / ethnicity:</b>						
White only	98.6%	0.6%	0.8%	0.0%	0.0%	859
All other races / ethnicities	91.2%	2.9%	0.0%	5.9%	0.0%	36
<b>By household income:</b>						
Less than \$25,000	95.4%	1.0%	0.0%	3.6%	0.0%	127
\$25,000 - \$34,999	99.3%	0.7%	0.0%	0.0%	0.0%	84
\$35,000 - \$49,999	98.7%	1.3%	0.0%	0.0%	0.0%	122
\$50,000 - \$74,999	98.9%	0.6%	0.5%	0.0%	0.0%	196
\$75,000 or more	98.4%	0.5%	1.2%	0.0%	0.0%	294
<b>By history of mental illness (ever diagnosed):</b>						
Yes	98.2%	0.6%	0.0%	1.2%	0.0%	243
No	98.2%	0.7%	1.0%	0.1%	0.0%	652
<b>By weight status:</b>						
Not overweight or obese	99.8%	0.2%	0.0%	0.0%	0.0%	247
Overweight, but not obese	97.2%	1.6%	1.1%	0.1%	0.0%	305
Obese	98.1%	0.3%	0.7%	0.9%	0.0%	313

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**26E. In a typical month, how often do you or others in your household buy or get food from a FOOD SHELF OR FOOD PANTRY?**

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	98.0%	1.9%	0.0%	0.1%	0.0%	911
<b>By gender:</b>						
Male	98.6%	1.2%	0.0%	0.2%	0.0%	376
Female	97.5%	2.5%	0.0%	0.0%	0.0%	535
<b>By age:</b>						
18-34	98.3%	1.7%	0.0%	0.0%	0.0%	67
35-44	99.5%	0.5%	0.0%	0.0%	0.0%	84
45-54	96.0%	3.4%	0.0%	0.6%	0.0%	143
55-64	98.3%	1.7%	0.0%	0.0%	0.0%	232
65+	98.4%	1.6%	0.0%	0.0%	0.0%	385
<b>By race / ethnicity:</b>						
White only	98.0%	1.8%	0.0%	0.1%	0.0%	870
All other races / ethnicities	97.9%	2.1%	0.0%	0.0%	0.0%	37
<b>By household income:</b>						
Less than \$25,000	87.4%	11.3%	0.0%	1.3%	0.0%	133
\$25,000 - \$34,999	92.4%	7.6%	0.0%	0.0%	0.0%	84
\$35,000 - \$49,999	99.1%	0.9%	0.0%	0.0%	0.0%	124
\$50,000 - \$74,999	99.7%	0.3%	0.0%	0.0%	0.0%	196
\$75,000 or more	100.0%	0.0%	0.0%	0.0%	0.0%	297
<b>By history of mental illness (ever diagnosed):</b>						
Yes	95.7%	3.9%	0.0%	0.4%	0.0%	246
No	98.9%	1.1%	0.0%	0.0%	0.0%	661
<b>By weight status:</b>						
Not overweight or obese	98.0%	2.0%	0.0%	0.0%	0.0%	251
Overweight, but not obese	98.5%	1.5%	0.0%	0.0%	0.0%	308
Obese	97.6%	2.1%	0.0%	0.3%	0.0%	315

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**26F. In a typical month, how often do you or others in your household buy or get food from SOME OTHER PLACE?**

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	87.4%	5.7%	3.7%	1.6%	1.6%	886
<b>By gender:</b>						
Male	89.0%	4.6%	2.4%	2.1%	1.9%	368
Female	85.8%	6.8%	5.0%	1.1%	1.3%	518
<b>By age:</b>						
18-34	87.4%	5.0%	3.8%	0.8%	2.9%	66
35-44	84.2%	4.2%	7.2%	3.4%	1.0%	84
45-54	88.9%	6.9%	3.1%	0.5%	0.6%	141
55-64	86.9%	4.5%	3.9%	2.4%	2.3%	224
65+	88.7%	7.4%	1.4%	1.7%	0.8%	371
<b>By race / ethnicity:</b>						
White only	86.6%	6.1%	4.0%	1.7%	1.7%	848
All other races / ethnicities	100.0%	0.0%	0.0%	0.0%	0.0%	35
<b>By household income:</b>						
Less than \$25,000	87.0%	6.5%	2.7%	0.0%	3.8%	127
\$25,000 - \$34,999	78.4%	5.2%	6.6%	2.8%	7.0%	83
\$35,000 - \$49,999	88.0%	3.1%	6.3%	1.0%	1.6%	121
\$50,000 - \$74,999	87.3%	7.1%	1.9%	2.9%	0.8%	190
\$75,000 or more	88.5%	5.6%	4.0%	1.1%	0.8%	294
<b>By history of mental illness (ever diagnosed):</b>						
Yes	85.3%	6.5%	4.6%	1.2%	2.3%	244
No	88.6%	4.9%	3.4%	1.8%	1.3%	638
<b>By weight status:</b>						
Not overweight or obese	86.9%	8.5%	2.9%	0.6%	1.1%	246
Overweight, but not obese	87.4%	7.9%	2.2%	1.5%	1.0%	299
Obese	87.3%	1.7%	5.9%	2.5%	2.6%	308

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**27A. During the growing season, how often do you or others in your household buy or get food from FARMERS MARKETS OR FRUIT / VEGETABLE STANDS?**

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	33.2%	28.6%	22.2%	12.1%	3.9%	948
<b>By gender:</b>						
Male	33.4%	26.4%	23.0%	12.1%	5.1%	394
Female	33.0%	30.7%	21.4%	12.2%	2.7%	554
<b>By age:</b>						
18-34	45.9%	33.9%	16.9%	2.5%	0.8%	68
35-44	22.9%	31.0%	27.8%	12.2%	6.1%	84
45-54	27.6%	30.4%	22.8%	14.5%	4.8%	146
55-64	32.8%	23.2%	20.2%	19.7%	4.1%	240
65+	31.9%	23.2%	25.3%	14.7%	4.8%	410
<b>By race / ethnicity:</b>						
White only	33.6%	28.4%	22.2%	11.7%	4.1%	907
All other races / ethnicities	24.3%	31.2%	23.3%	20.6%	0.7%	37
<b>By household income:</b>						
Less than \$25,000	44.3%	21.2%	17.8%	14.0%	2.7%	141
\$25,000 - \$34,999	48.4%	24.3%	18.3%	8.5%	0.5%	88
\$35,000 - \$49,999	48.4%	19.7%	16.5%	13.9%	1.6%	136
\$50,000 - \$74,999	36.3%	29.0%	22.4%	10.4%	1.8%	200
\$75,000 or more	23.3%	32.9%	25.6%	12.3%	5.9%	300
<b>By history of mental illness (ever diagnosed):</b>						
Yes	34.9%	26.1%	23.8%	10.4%	4.9%	250
No	32.8%	28.9%	21.8%	12.9%	3.6%	693
<b>By weight status:</b>						
Not overweight or obese	43.0%	25.4%	14.5%	11.9%	5.2%	263
Overweight, but not obese	22.9%	32.0%	24.4%	15.1%	5.5%	315
Obese	35.5%	27.6%	26.1%	9.2%	1.6%	327

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**27B. During the growing season, how often do you or others in your household buy or get food from LOCAL FARM OR CSA (COMMUNITY SUPPORT AGRICULTURE)?**

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	86.9%	7.5%	2.0%	2.7%	1.0%	916
<b>By gender:</b>						
Male	86.6%	7.2%	1.8%	3.8%	0.7%	382
Female	87.1%	7.8%	2.2%	1.6%	1.3%	534
<b>By age:</b>						
18-34	92.2%	5.2%	0.9%	0.9%	0.9%	66
35-44	77.0%	14.2%	1.7%	7.2%	0.0%	85
45-54	85.6%	6.7%	2.6%	2.8%	2.4%	143
55-64	86.4%	8.0%	2.3%	2.6%	0.6%	236
65+	90.2%	5.3%	2.6%	1.2%	0.7%	386
<b>By race / ethnicity:</b>						
White only	86.8%	7.5%	2.1%	2.6%	1.0%	876
All other races / ethnicities	87.6%	7.0%	0.0%	4.7%	0.7%	36
<b>By household income:</b>						
Less than \$25,000	86.8%	9.6%	1.4%	0.0%	2.2%	135
\$25,000 - \$34,999	89.8%	6.8%	2.5%	0.9%	0.0%	83
\$35,000 - \$49,999	88.5%	5.3%	0.0%	4.7%	1.5%	125
\$50,000 - \$74,999	81.7%	11.1%	3.0%	2.4%	1.8%	196
\$75,000 or more	88.5%	5.8%	2.1%	3.3%	0.3%	300
<b>By history of mental illness (ever diagnosed):</b>						
Yes	84.8%	10.9%	0.7%	2.7%	0.9%	241
No	88.2%	5.8%	2.4%	2.7%	1.0%	671
<b>By weight status:</b>						
Not overweight or obese	90.1%	4.8%	2.1%	2.0%	0.9%	254
Overweight, but not obese	81.1%	11.3%	1.9%	4.4%	1.3%	309
Obese	90.0%	5.6%	1.9%	1.8%	0.8%	315

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**27C. During the growing season, how often do you or others in your household buy or get food from FOOD GROWN AT HOME OR IN A COMMUNITY GARDEN?**

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	38.0%	8.5%	16.8%	10.3%	26.3%	935
<b>By gender:</b>						
Male	35.6%	5.4%	24.8%	9.5%	24.7%	385
Female	40.3%	11.5%	9.1%	11.2%	27.9%	550
<b>By age:</b>						
18-34	27.9%	7.9%	30.5%	7.9%	25.8%	67
35-44	35.5%	10.9%	13.9%	16.3%	23.4%	86
45-54	42.4%	9.5%	13.5%	9.6%	25.0%	145
55-64	36.8%	9.5%	10.9%	10.8%	31.9%	237
65+	48.5%	5.5%	11.2%	9.0%	25.7%	400
<b>By race / ethnicity:</b>						
White only	37.6%	8.9%	16.7%	9.7%	27.1%	894
All other races / ethnicities	45.1%	2.8%	19.7%	21.6%	10.8%	37
<b>By household income:</b>						
Less than \$25,000	48.8%	4.5%	14.6%	7.9%	24.2%	139
\$25,000 - \$34,999	53.3%	11.6%	10.7%	8.3%	16.1%	86
\$35,000 - \$49,999	39.0%	14.8%	8.5%	8.8%	28.9%	129
\$50,000 - \$74,999	34.3%	8.8%	19.0%	14.6%	23.2%	200
\$75,000 or more	34.3%	6.8%	20.1%	10.0%	28.9%	301
<b>By history of mental illness (ever diagnosed):</b>						
Yes	45.4%	10.3%	16.9%	7.0%	20.4%	248
No	35.6%	7.9%	16.8%	11.7%	28.0%	683
<b>By weight status:</b>						
Not overweight or obese	31.1%	8.2%	20.5%	10.4%	29.8%	260
Overweight, but not obese	34.0%	11.0%	10.9%	11.0%	33.1%	312
Obese	45.0%	6.4%	20.1%	9.3%	19.2%	324

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**28. How far do you usually go (one way) to get your groceries?**

	Less than 2 miles	2-6 miles	7-10 miles	11-20 miles	21-30 miles	Over 30 miles	N (Unweighted)
	%	%	%	%	%	%	
<b>All respondents</b>	19.9%	26.3%	10.0%	21.1%	14.0%	8.7%	962
<b>By gender:</b>							
Male	18.8%	27.8%	8.5%	21.6%	12.9%	10.4%	397
Female	21.0%	24.9%	11.4%	20.5%	15.0%	7.1%	565
<b>By age:</b>							
18-34	7.4%	21.9%	7.4%	22.3%	20.2%	20.7%	68
35-44	13.5%	23.8%	11.4%	25.9%	15.7%	9.7%	86
45-54	20.9%	26.3%	11.4%	19.3%	15.5%	6.6%	146
55-64	23.9%	29.9%	8.9%	21.6%	12.8%	2.9%	239
65+	34.8%	30.3%	11.4%	17.3%	5.0%	1.1%	423
<b>By race / ethnicity:</b>							
White only	20.6%	26.6%	10.4%	20.3%	13.6%	8.5%	919
All other races / ethnicities	8.8%	23.3%	1.4%	33.8%	20.2%	12.6%	39
<b>By household income:</b>							
Less than \$25,000	27.5%	26.3%	8.6%	25.6%	8.7%	3.3%	146
\$25,000 - \$34,999	18.6%	22.5%	11.0%	25.4%	9.5%	13.1%	89
\$35,000 - \$49,999	25.7%	27.2%	9.0%	18.4%	18.1%	1.6%	137
\$50,000 - \$74,999	18.9%	28.7%	9.5%	23.4%	11.1%	8.3%	200
\$75,000 or more	16.7%	25.1%	10.3%	19.7%	16.8%	11.3%	305
<b>By history of mental illness (ever diagnosed):</b>							
Yes	19.0%	28.1%	9.5%	22.5%	12.9%	8.1%	256
No	20.4%	25.9%	9.6%	20.7%	14.4%	9.0%	701
<b>By weight status:</b>							
Not overweight or obese	24.1%	32.8%	8.1%	20.1%	9.0%	5.9%	265
Overweight, but not obese	21.3%	21.7%	11.6%	22.3%	15.5%	7.6%	322
Obese	15.2%	26.0%	10.5%	20.6%	15.5%	12.2%	332

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**29. How often do you prepare a meal cooked at home from basic ingredients, such as pasta, rice, vegetables or meats?**

	Every day	5-6 days per week	3-4 days per week	1-2 days per week	Never	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	26.0%	27.7%	28.0%	15.3%	3.0%	960
<b>By gender:</b>						
Male	22.7%	23.1%	32.3%	17.8%	4.2%	399
Female	29.2%	32.2%	23.9%	12.8%	1.9%	561
<b>By age:</b>						
18-34	24.8%	19.0%	31.9%	19.0%	5.4%	68
35-44	29.2%	30.2%	27.6%	13.0%	0.0%	86
45-54	19.8%	33.3%	32.7%	12.6%	1.6%	146
55-64	24.9%	29.7%	29.1%	14.3%	2.0%	238
65+	32.0%	28.9%	18.4%	16.0%	4.7%	422
<b>By race / ethnicity:</b>						
White only	26.0%	27.6%	27.7%	15.8%	2.9%	918
All other races / ethnicities	26.7%	26.8%	34.0%	7.2%	5.3%	38
<b>By household income:</b>						
Less than \$25,000	28.0%	17.5%	31.4%	18.9%	4.1%	146
\$25,000 - \$34,999	25.7%	27.6%	26.0%	16.8%	3.9%	89
\$35,000 - \$49,999	26.2%	20.3%	26.5%	17.2%	9.8%	137
\$50,000 - \$74,999	21.5%	35.8%	22.9%	17.8%	1.9%	200
\$75,000 or more	26.9%	28.3%	31.1%	12.3%	1.3%	304
<b>By history of mental illness (ever diagnosed):</b>						
Yes	27.0%	21.7%	35.0%	15.7%	0.6%	255
No	25.7%	29.8%	25.4%	15.2%	3.9%	701
<b>By weight status:</b>						
Not overweight or obese	27.9%	30.3%	26.0%	10.5%	5.3%	264
Overweight, but not obese	27.6%	24.5%	33.2%	13.0%	1.8%	322
Obese	23.9%	28.4%	25.1%	20.2%	2.4%	330

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**30. During the past 12 months, how often did you worry that your food would run out before you had money to buy more?**

	Often	Sometimes	Rarely	Never	N (Unweighted)
	%	%	%	%	
<b>All respondents</b>	3.5%	8.1%	9.9%	78.5%	951
<b>By gender:</b>					
Male	2.5%	6.6%	6.0%	84.8%	391
Female	4.5%	9.6%	13.5%	72.4%	560
<b>By age:</b>					
18-34	2.5%	11.1%	6.2%	80.2%	68
35-44	7.8%	7.9%	16.3%	68.0%	86
45-54	1.8%	8.6%	10.9%	78.8%	146
55-64	4.2%	7.9%	12.5%	75.5%	234
65+	2.7%	4.6%	6.2%	86.5%	417
<b>By race / ethnicity:</b>					
White only	2.8%	7.8%	10.0%	79.4%	908
All other races / ethnicities	14.9%	13.6%	7.7%	63.8%	39
<b>By household income:</b>					
Less than \$25,000	14.3%	19.7%	16.7%	49.2%	146
\$25,000 - \$34,999	6.6%	21.5%	12.7%	59.2%	86
\$35,000 - \$49,999	3.3%	12.3%	11.3%	73.2%	139
\$50,000 - \$74,999	3.1%	7.1%	15.0%	74.8%	197
\$75,000 or more	0.8%	2.7%	5.4%	91.1%	298
<b>By history of mental illness (ever diagnosed):</b>					
Yes	7.9%	12.2%	11.7%	68.2%	253
No	1.9%	6.7%	9.3%	82.1%	693
<b>By weight status:</b>					
Not overweight or obese	1.6%	6.5%	6.9%	84.9%	265
Overweight, but not obese	1.8%	5.0%	11.5%	81.7%	317
Obese	5.9%	11.2%	10.4%	72.6%	329

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**31. During the past 12 months, have you used a community food shelf program?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	4.1%	95.9%	922
<b>By gender:</b>			
Male	2.7%	97.3%	378
Female	5.4%	94.6%	544
<b>By age:</b>			
18-34	3.7%	96.3%	68
35-44	4.1%	95.9%	83
45-54	7.3%	92.7%	144
55-64	2.0%	98.0%	231
65+	2.9%	97.1%	396
<b>By race / ethnicity:</b>			
White only	3.1%	96.9%	881
All other races / ethnicities	20.9%	79.1%	37
<b>By household income:</b>			
Less than \$25,000	24.0%	76.0%	139
\$25,000 - \$34,999	14.9%	85.1%	83
\$35,000 - \$49,999	4.4%	95.6%	134
\$50,000 - \$74,999	0.0%	100.0%	194
\$75,000 or more	0.0%	100.0%	290
<b>By history of mental illness (ever diagnosed):</b>			
Yes	8.6%	91.4%	245
No	2.4%	97.6%	672
<b>By weight status:</b>			
Not overweight or obese	3.9%	96.1%	258
Overweight, but not obese	2.6%	97.4%	307
Obese	5.0%	95.0%	321

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**32A. The fresh fruits and vegetables where I usually shop are too expensive.**

	<b>Strongly agree</b>	<b>Agree</b>	<b>Disagree</b>	<b>Strongly disagree</b>	<b>N (Unweighted)</b>
	<b>%</b>	<b>%</b>	<b>%</b>	<b>%</b>	
<b>All respondents</b>	11.9%	35.6%	48.0%	4.5%	959
<b>By gender:</b>					
Male	11.5%	31.7%	51.5%	5.3%	396
Female	12.3%	39.4%	44.7%	3.7%	563
<b>By age:</b>					
18-34	14.6%	30.4%	50.9%	4.2%	67
35-44	20.8%	38.8%	38.8%	1.5%	85
45-54	10.5%	36.5%	49.8%	3.1%	146
55-64	8.6%	35.9%	49.8%	5.7%	241
65+	6.2%	38.2%	48.3%	7.3%	420
<b>By race / ethnicity:</b>					
White only	10.5%	36.5%	48.3%	4.7%	917
All other races / ethnicities	35.5%	20.7%	42.4%	1.4%	38
<b>By household income:</b>					
Less than \$25,000	19.2%	44.4%	33.1%	3.3%	146
\$25,000 - \$34,999	17.2%	42.5%	38.5%	1.8%	89
\$35,000 - \$49,999	10.9%	40.0%	42.9%	6.2%	136
\$50,000 - \$74,999	12.2%	39.3%	45.8%	2.8%	200
\$75,000 or more	9.4%	30.4%	54.8%	5.4%	304
<b>By history of mental illness (ever diagnosed):</b>					
Yes	21.2%	33.8%	42.3%	2.7%	256
No	8.5%	36.5%	49.8%	5.2%	699
<b>By weight status:</b>					
Not overweight or obese	14.8%	27.1%	54.1%	4.1%	265
Overweight, but not obese	9.2%	35.3%	48.2%	7.2%	318
Obese	11.9%	41.7%	44.2%	2.2%	333

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**32B. Fruits and vegetables are difficult to prepare.**

	Strongly agree	Agree	Disagree	Strongly disagree	N (Unweighted)
	%	%	%	%	
<b>All respondents</b>	2.7%	3.5%	59.2%	34.6%	945
<b>By gender:</b>					
Male	3.6%	3.6%	66.5%	26.3%	388
Female	1.8%	3.4%	52.1%	42.7%	557
<b>By age:</b>					
18-34	6.6%	0.4%	55.8%	37.2%	68
35-44	0.0%	5.3%	61.7%	33.0%	86
45-54	2.5%	3.3%	60.2%	33.9%	143
55-64	1.1%	4.7%	60.7%	33.5%	237
65+	1.4%	5.1%	59.0%	34.5%	411
<b>By race / ethnicity:</b>					
White only	2.8%	3.5%	60.8%	32.9%	905
All other races / ethnicities	0.0%	4.3%	32.6%	63.1%	36
<b>By household income:</b>					
Less than \$25,000	3.0%	4.0%	57.6%	35.5%	141
\$25,000 - \$34,999	2.9%	2.4%	65.5%	29.2%	87
\$35,000 - \$49,999	3.4%	4.3%	58.3%	34.0%	135
\$50,000 - \$74,999	0.0%	3.5%	63.7%	32.8%	200
\$75,000 or more	3.9%	3.1%	56.9%	36.1%	299
<b>By history of mental illness (ever diagnosed):</b>					
Yes	7.3%	3.2%	55.3%	34.2%	251
No	0.9%	3.7%	60.3%	35.1%	690
<b>By weight status:</b>					
Not overweight or obese	7.3%	2.0%	47.8%	42.8%	264
Overweight, but not obese	1.0%	4.5%	60.1%	34.5%	313
Obese	0.6%	3.7%	66.6%	29.0%	326

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**33. When you are at work, which of the following best describes what you do?**

	Mostly sitting	Mostly standing	Mostly walking	Mostly heavy labor or physically demanding work	Not currently employed	N (Unweighted)
	%	%	%	%	%	
<b>All respondents</b>	29.1%	15.5%	17.1%	13.1%	25.2%	946
<b>By gender:</b>						
Male	24.9%	15.0%	18.9%	22.8%	18.3%	392
Female	33.2%	16.1%	15.3%	3.6%	31.8%	554
<b>By age:</b>						
18-34	32.2%	26.1%	28.1%	6.6%	7.0%	68
35-44	32.2%	15.9%	15.1%	30.3%	6.5%	85
45-54	39.7%	16.2%	16.6%	19.3%	8.1%	145
55-64	34.1%	15.0%	17.7%	12.5%	20.6%	238
65+	8.3%	2.5%	5.4%	1.7%	82.2%	410
<b>By race / ethnicity:</b>						
White only	29.4%	15.0%	17.2%	12.7%	25.6%	905
All other races / ethnicities	23.2%	24.8%	13.3%	19.6%	19.2%	37
<b>By household income:</b>						
Less than \$25,000	8.5%	9.4%	13.5%	14.7%	53.8%	145
\$25,000 - \$34,999	5.0%	29.7%	15.6%	11.8%	37.9%	88
\$35,000 - \$49,999	23.4%	9.3%	24.2%	11.2%	31.8%	136
\$50,000 - \$74,999	22.0%	19.4%	11.7%	21.7%	25.2%	195
\$75,000 or more	44.1%	15.5%	19.3%	10.1%	11.1%	305
<b>By history of mental illness (ever diagnosed):</b>						
Yes	31.9%	15.8%	15.8%	9.8%	26.7%	250
No	28.2%	15.4%	17.7%	13.9%	24.8%	691
<b>By weight status:</b>						
Not overweight or obese	24.5%	15.5%	24.9%	5.4%	29.7%	259
Overweight, but not obese	32.7%	12.9%	18.7%	13.0%	22.7%	314
Obese	29.2%	18.0%	11.1%	19.7%	22.0%	331

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**34. During the past 30 days, other than your regular job, did you participate in any physical activity or exercise such as running, calisthenics, golf, gardening or walking for exercise?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	76.1%	23.9%	951
<b>By gender:</b>			
Male	73.5%	26.5%	394
Female	78.6%	21.4%	557
<b>By age:</b>			
18-34	82.6%	17.4%	68
35-44	77.9%	22.1%	84
45-54	73.4%	26.6%	147
55-64	78.3%	21.7%	239
65+	68.0%	32.0%	413
<b>By race / ethnicity:</b>			
White only	76.9%	23.1%	910
All other races / ethnicities	63.0%	37.0%	37
<b>By household income:</b>			
Less than \$25,000	62.5%	37.5%	144
\$25,000 - \$34,999	71.0%	29.0%	88
\$35,000 - \$49,999	60.3%	39.7%	137
\$50,000 - \$74,999	75.4%	24.6%	198
\$75,000 or more	86.0%	14.0%	304
<b>By history of mental illness (ever diagnosed):</b>			
Yes	72.7%	27.3%	248
No	77.2%	22.8%	699
<b>By weight status:</b>			
Not overweight or obese	84.0%	16.0%	265
Overweight, but not obese	82.5%	17.5%	316
Obese	65.3%	34.7%	329

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**35. During an average week, other than your regular job, how many days do you get at least 30 minutes of moderate physical activity?**

	0 days	1-4 days	5-7 days	N (Unweighted)
	%	%	%	
<b>All respondents</b>	12.4%	58.5%	29.1%	950
<b>By gender:</b>				
Male	11.2%	58.9%	30.0%	396
Female	13.6%	58.1%	28.3%	554
<b>By age:</b>				
18-34	9.1%	73.2%	17.8%	68
35-44	9.7%	62.4%	27.9%	86
45-54	10.8%	52.5%	36.6%	147
55-64	14.9%	53.9%	31.2%	236
65+	18.0%	48.0%	34.0%	413
<b>By race / ethnicity:</b>				
White only	12.1%	58.4%	29.5%	910
All other races / ethnicities	18.9%	56.9%	24.2%	36
<b>By household income:</b>				
Less than \$25,000	17.5%	47.8%	34.7%	143
\$25,000 - \$34,999	14.9%	61.0%	24.1%	88
\$35,000 - \$49,999	28.8%	41.3%	29.9%	139
\$50,000 - \$74,999	9.5%	65.0%	25.5%	200
\$75,000 or more	7.3%	63.1%	29.6%	303
<b>By history of mental illness (ever diagnosed):</b>				
Yes	13.3%	59.3%	27.4%	251
No	12.1%	58.4%	29.4%	694
<b>By weight status:</b>				
Not overweight or obese	11.4%	51.0%	37.6%	264
Overweight, but not obese	9.6%	55.4%	35.0%	317
Obese	15.7%	66.7%	17.5%	328

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**36. During an average week, other than your regular job, how many days do you get at least 20 minutes of vigorous physical activity?**

	0 days	1-2 days	3-7 days	N (Unweighted)
	%	%	%	
<b>All respondents</b>	39.7%	33.4%	26.9%	886
<b>By gender:</b>				
Male	33.0%	35.8%	31.2%	367
Female	46.3%	31.1%	22.6%	519
<b>By age:</b>				
18-34	42.0%	37.8%	20.2%	67
35-44	37.7%	33.7%	28.7%	85
45-54	30.1%	36.4%	33.5%	141
55-64	36.1%	30.5%	33.4%	220
65+	52.0%	26.8%	21.2%	373
<b>By race / ethnicity:</b>				
White only	39.6%	33.6%	26.8%	848
All other races / ethnicities	42.7%	27.2%	30.0%	35
<b>By household income:</b>				
Less than \$25,000	53.2%	29.2%	17.5%	130
\$25,000 - \$34,999	42.9%	37.2%	19.9%	80
\$35,000 - \$49,999	58.2%	20.3%	21.5%	129
\$50,000 - \$74,999	44.9%	33.2%	21.9%	186
\$75,000 or more	28.9%	36.9%	34.1%	292
<b>By history of mental illness (ever diagnosed):</b>				
Yes	38.8%	30.8%	30.4%	239
No	40.2%	34.7%	25.2%	642
<b>By weight status:</b>				
Not overweight or obese	36.6%	24.6%	38.8%	245
Overweight, but not obese	30.8%	37.0%	32.2%	299
Obese	49.7%	37.1%	13.2%	307

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**37. Where do you usually do exercise or physical activities? (Mark all that apply)**

	At home	At work	At a health club, fitness center, or gym	At a public recreation facility or community center	Somewhere outdoors (park, trails, etc.)	Some other place	Not applicable (do not do or unable to do physical activities)	N (Unweighted)
	%	%	%	%	%	%	%	
<b>All respondents</b>	68.0%	20.8%	18.8%	3.7%	46.0%	5.5%	6.2%	897
<b>By gender:</b>								
Male	66.3%	28.7%	21.1%	2.3%	44.6%	6.9%	4.4%	373
Female	69.8%	13.0%	16.6%	5.2%	47.4%	4.1%	8.0%	524
<b>By age:</b>								
18-34	68.5%	31.1%	29.9%	2.5%	60.1%	3.8%	1.3%	67
35-44	70.0%	26.3%	20.1%	4.2%	47.6%	7.5%	4.7%	84
45-54	70.7%	24.2%	14.8%	4.6%	46.6%	1.2%	3.2%	141
55-64	65.2%	16.2%	12.5%	4.1%	39.5%	7.0%	9.2%	222
65+	65.4%	3.8%	13.6%	3.8%	31.9%	9.1%	14.2%	383
<b>By race / ethnicity:</b>								
White only	68.7%	19.7%	19.3%	3.9%	46.4%	5.4%	6.3%	859
All other races / ethnicities	57.9%	38.2%	9.8%	0.7%	39.3%	5.6%	4.0%	35
<b>By household income:</b>								
Less than \$25,000	61.4%	16.1%	5.0%	5.3%	28.0%	5.2%	14.7%	131
\$25,000 - \$34,999	63.6%	33.6%	11.9%	1.9%	27.0%	6.8%	7.6%	81
\$35,000 - \$49,999	63.5%	31.3%	9.0%	3.4%	31.3%	7.0%	8.4%	131
\$50,000 - \$74,999	63.3%	18.7%	17.4%	2.9%	49.5%	6.5%	6.4%	186
\$75,000 or more	73.4%	18.8%	27.4%	4.3%	56.5%	4.0%	2.6%	293
<b>By history of mental illness (ever diagnosed):</b>								
Yes	74.4%	17.6%	26.8%	2.4%	47.2%	5.4%	7.1%	239
No	65.3%	21.6%	16.0%	4.1%	45.7%	5.6%	5.9%	653
<b>By weight status:</b>								
Not overweight or obese	72.9%	28.6%	19.3%	3.9%	50.9%	6.6%	4.2%	248
Overweight, but not obese	70.7%	20.4%	25.6%	5.5%	48.4%	5.4%	3.4%	303
Obese	62.1%	16.8%	13.1%	2.1%	41.8%	4.5%	9.7%	310

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**38A. Please indicate if you have the following resource or facility in your community: Walking paths or trails**

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
	%	%	%	%	
<b>All respondents</b>	2.2%	5.3%	90.3%	2.2%	947
<b>By gender:</b>					
Male	1.8%	5.5%	90.6%	2.2%	389
Female	2.6%	5.2%	90.1%	2.2%	558
<b>By age:</b>					
18-34	2.1%	11.6%	86.4%	0.0%	68
35-44	1.6%	2.6%	94.1%	1.6%	86
45-54	1.4%	2.8%	93.2%	2.6%	146
55-64	1.4%	4.5%	91.2%	2.8%	238
65+	4.3%	3.2%	88.4%	4.1%	409
<b>By race / ethnicity:</b>					
White only	2.3%	5.5%	90.3%	2.0%	905
All other races / ethnicities	1.1%	2.7%	90.2%	5.9%	38
<b>By household income:</b>					
Less than \$25,000	2.7%	8.1%	84.5%	4.7%	143
\$25,000 - \$34,999	2.4%	11.1%	82.7%	3.7%	89
\$35,000 - \$49,999	4.8%	2.1%	89.0%	4.1%	135
\$50,000 - \$74,999	2.1%	4.9%	91.5%	1.6%	199
\$75,000 or more	1.0%	5.2%	92.7%	1.1%	302
<b>By history of mental illness (ever diagnosed):</b>					
Yes	1.7%	5.2%	92.0%	1.1%	253
No	2.4%	5.4%	89.6%	2.6%	689
<b>By weight status:</b>					
Not overweight or obese	1.7%	3.2%	92.8%	2.3%	260
Overweight, but not obese	2.8%	5.6%	89.3%	2.3%	316
Obese	1.1%	6.6%	90.5%	1.8%	331

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**38A. Do you use the walking paths or trails in your community?**

	I use this	I do not use this	N (Unweighted)
	%	%	
<b>All respondents</b>	54.7%	45.3%	870
<b>By gender:</b>			
Male	49.2%	50.8%	359
Female	59.9%	40.1%	511
<b>By age:</b>			
18-34	63.1%	36.9%	58
35-44	59.7%	40.3%	82
45-54	58.1%	41.9%	137
55-64	53.2%	46.8%	220
65+	38.7%	61.3%	373
<b>By race / ethnicity:</b>			
White only	54.7%	45.3%	832
All other races / ethnicities	55.4%	44.6%	34
<b>By household income:</b>			
Less than \$25,000	51.3%	48.7%	130
\$25,000 - \$34,999	53.5%	46.5%	77
\$35,000 - \$49,999	38.5%	61.5%	124
\$50,000 - \$74,999	47.3%	52.7%	180
\$75,000 or more	65.2%	34.8%	287
<b>By history of mental illness (ever diagnosed):</b>			
Yes	61.7%	38.3%	230
No	52.1%	47.9%	635
<b>By weight status:</b>			
Not overweight or obese	59.0%	41.0%	242
Overweight, but not obese	60.9%	39.1%	292
Obese	46.5%	53.5%	305

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**38B. Please indicate if you have the following resource or facility in your community: Bicycle paths, shared use paths, or bike lanes**

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
	%	%	%	%	
<b>All respondents</b>	3.4%	10.4%	82.5%	3.8%	937
<b>By gender:</b>					
Male	2.4%	10.2%	83.6%	3.8%	390
Female	4.3%	10.5%	81.4%	3.8%	547
<b>By age:</b>					
18-34	2.1%	16.8%	79.4%	1.7%	66
35-44	5.4%	10.2%	81.0%	3.3%	86
45-54	1.2%	6.1%	88.5%	4.1%	144
55-64	3.5%	7.9%	83.8%	4.9%	237
65+	5.5%	9.4%	79.8%	5.4%	404
<b>By race / ethnicity:</b>					
White only	3.5%	10.3%	82.8%	3.4%	897
All other races / ethnicities	1.2%	12.7%	75.3%	10.8%	37
<b>By household income:</b>					
Less than \$25,000	8.1%	13.6%	71.5%	6.8%	139
\$25,000 - \$34,999	1.9%	13.4%	80.9%	3.7%	87
\$35,000 - \$49,999	3.3%	9.8%	80.4%	6.6%	135
\$50,000 - \$74,999	2.6%	13.5%	83.0%	1.0%	198
\$75,000 or more	2.3%	7.9%	85.9%	3.8%	302
<b>By history of mental illness (ever diagnosed):</b>					
Yes	3.5%	9.3%	82.8%	4.4%	250
No	3.4%	10.9%	82.1%	3.6%	682
<b>By weight status:</b>					
Not overweight or obese	3.2%	5.5%	87.9%	3.3%	257
Overweight, but not obese	3.3%	8.9%	83.8%	4.0%	314
Obese	2.9%	15.5%	78.0%	3.7%	330

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**38B. Do you use the bicycle paths, shared use paths, or bike lanes in your community?**

	I use this	I do not use this	N (Unweighted)
	%	%	
<b>All respondents</b>	37.0%	63.0%	793
<b>By gender:</b>			
Male	35.5%	64.5%	330
Female	38.6%	61.4%	463
<b>By age:</b>			
18-34	46.1%	53.9%	55
35-44	41.9%	58.1%	72
45-54	44.2%	55.8%	129
55-64	35.6%	64.4%	207
65+	15.6%	84.4%	330
<b>By race / ethnicity:</b>			
White only	37.0%	63.0%	761
All other races / ethnicities	---	---	29
<b>By household income:</b>			
Less than \$25,000	24.0%	76.0%	116
\$25,000 - \$34,999	27.8%	72.2%	72
\$35,000 - \$49,999	17.3%	82.7%	111
\$50,000 - \$74,999	30.9%	69.1%	164
\$75,000 or more	50.0%	50.0%	270
<b>By history of mental illness (ever diagnosed):</b>			
Yes	38.2%	61.8%	211
No	36.6%	63.4%	577
<b>By weight status:</b>			
Not overweight or obese	42.3%	57.7%	224
Overweight, but not obese	47.2%	52.8%	273
Obese	23.9%	76.1%	270

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**38C. Please indicate if you have the following resource or facility in your community: Public swimming pools or water parks**

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
	%	%	%	%	
<b>All respondents</b>	1.8%	3.6%	89.8%	4.8%	920
<b>By gender:</b>					
Male	2.6%	2.0%	90.2%	5.3%	380
Female	1.1%	5.2%	89.4%	4.4%	540
<b>By age:</b>					
18-34	2.1%	2.9%	92.9%	2.1%	66
35-44	2.1%	0.5%	93.2%	4.1%	86
45-54	0.0%	4.5%	90.3%	5.3%	145
55-64	2.0%	6.1%	85.1%	6.7%	227
65+	2.9%	3.8%	86.7%	6.6%	396
<b>By race / ethnicity:</b>					
White only	1.8%	3.5%	90.7%	4.0%	879
All other races / ethnicities	1.8%	4.5%	74.5%	19.1%	37
<b>By household income:</b>					
Less than \$25,000	1.3%	4.5%	86.9%	7.3%	136
\$25,000 - \$34,999	1.3%	7.5%	80.2%	10.9%	87
\$35,000 - \$49,999	5.7%	4.1%	79.7%	10.5%	134
\$50,000 - \$74,999	1.2%	3.1%	92.6%	3.1%	193
\$75,000 or more	1.2%	2.7%	93.6%	2.5%	293
<b>By history of mental illness (ever diagnosed):</b>					
Yes	4.2%	4.4%	88.0%	3.5%	245
No	0.9%	3.1%	90.6%	5.3%	670
<b>By weight status:</b>					
Not overweight or obese	3.5%	3.2%	88.5%	4.8%	250
Overweight, but not obese	1.1%	2.4%	90.2%	6.3%	305
Obese	0.9%	4.5%	91.1%	3.6%	327

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**38C. Do you use the public swimming pools or water parks in your community?**

	I use this	I do not use this	N (Unweighted)
	%	%	
<b>All respondents</b>	22.2%	77.8%	837
<b>By gender:</b>			
Male	16.2%	83.8%	345
Female	28.1%	71.9%	492
<b>By age:</b>			
18-34	39.8%	60.2%	62
35-44	33.3%	66.7%	81
45-54	16.8%	83.2%	132
55-64	12.6%	87.4%	204
65+	4.5%	95.5%	358
<b>By race / ethnicity:</b>			
White only	21.9%	78.1%	803
All other races / ethnicities	28.7%	71.3%	31
<b>By household income:</b>			
Less than \$25,000	22.6%	77.4%	123
\$25,000 - \$34,999	13.7%	86.3%	76
\$35,000 - \$49,999	9.3%	90.7%	123
\$50,000 - \$74,999	18.9%	81.1%	177
\$75,000 or more	30.0%	70.0%	268
<b>By history of mental illness (ever diagnosed):</b>			
Yes	30.6%	69.4%	221
No	19.3%	80.7%	612
<b>By weight status:</b>			
Not overweight or obese	27.4%	72.6%	235
Overweight, but not obese	22.6%	77.4%	281
Obese	18.8%	81.2%	292

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**38D. Please indicate if you have the following resource or facility in your community: Public recreation or community centers**

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
	%	%	%	%	
<b>All respondents</b>	8.5%	26.7%	59.7%	5.1%	919
<b>By gender:</b>					
Male	7.5%	24.8%	61.8%	5.9%	381
Female	9.5%	28.5%	57.6%	4.3%	538
<b>By age:</b>					
18-34	13.4%	26.0%	55.5%	5.1%	66
35-44	8.6%	25.9%	63.4%	2.1%	86
45-54	4.1%	32.4%	58.1%	5.3%	141
55-64	6.5%	28.3%	57.5%	7.7%	233
65+	8.7%	20.8%	65.6%	4.9%	393
<b>By race / ethnicity:</b>					
White only	8.7%	25.9%	60.9%	4.5%	878
All other races / ethnicities	4.2%	40.0%	41.4%	14.4%	37
<b>By household income:</b>					
Less than \$25,000	8.9%	18.4%	65.8%	7.0%	134
\$25,000 - \$34,999	7.1%	27.3%	45.9%	19.7%	88
\$35,000 - \$49,999	14.2%	20.5%	57.0%	8.3%	130
\$50,000 - \$74,999	12.2%	29.8%	55.9%	2.2%	193
\$75,000 or more	5.4%	29.2%	62.9%	2.5%	298
<b>By history of mental illness (ever diagnosed):</b>					
Yes	7.6%	28.4%	61.9%	2.1%	245
No	8.8%	26.3%	58.6%	6.3%	669
<b>By weight status:</b>					
Not overweight or obese	16.1%	23.8%	55.4%	4.8%	254
Overweight, but not obese	4.7%	25.2%	63.6%	6.4%	304
Obese	5.8%	30.3%	59.6%	4.3%	324

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**38D. Do you use the public recreation or community centers in your community?**

	I use this	I do not use this	N (Unweighted)
	%	%	
<b>All respondents</b>	26.0%	74.0%	597
<b>By gender:</b>			
Male	24.1%	75.9%	258
Female	28.0%	72.0%	339
<b>By age:</b>			
18-34	32.8%	67.2%	38
35-44	37.5%	62.5%	55
45-54	23.0%	77.0%	86
55-64	17.8%	82.2%	152
65+	19.7%	80.3%	266
<b>By race / ethnicity:</b>			
White only	26.2%	73.8%	571
All other races / ethnicities	---	---	24
<b>By household income:</b>			
Less than \$25,000	17.9%	82.1%	97
\$25,000 - \$34,999	16.8%	83.2%	56
\$35,000 - \$49,999	28.2%	71.8%	85
\$50,000 - \$74,999	27.2%	72.8%	116
\$75,000 or more	29.3%	70.7%	188
<b>By history of mental illness (ever diagnosed):</b>			
Yes	36.0%	64.0%	160
No	21.3%	78.7%	433
<b>By weight status:</b>			
Not overweight or obese	42.9%	57.1%	159
Overweight, but not obese	21.2%	78.8%	207
Obese	18.9%	81.1%	211

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**38E. Please indicate if you have the following resource or facility in your community: Parks or sports fields**

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
	%	%	%	%	
<b>All respondents</b>	1.5%	2.0%	93.0%	3.5%	923
<b>By gender:</b>					
Male	1.4%	1.7%	92.6%	4.2%	386
Female	1.7%	2.3%	93.4%	2.7%	537
<b>By age:</b>					
18-34	1.3%	2.1%	94.5%	2.1%	66
35-44	0.0%	2.2%	96.2%	1.7%	84
45-54	1.1%	0.5%	94.3%	4.0%	144
55-64	1.5%	2.4%	92.5%	3.6%	232
65+	3.6%	3.0%	87.7%	5.8%	397
<b>By race / ethnicity:</b>					
White only	1.6%	2.0%	93.7%	2.8%	883
All other races / ethnicities	0.5%	1.4%	82.9%	15.1%	36
<b>By household income:</b>					
Less than \$25,000	1.3%	1.3%	91.2%	6.2%	136
\$25,000 - \$34,999	2.7%	6.6%	80.0%	10.7%	85
\$35,000 - \$49,999	1.9%	1.7%	88.2%	8.2%	132
\$50,000 - \$74,999	0.3%	1.8%	96.8%	1.1%	193
\$75,000 or more	1.8%	1.5%	95.0%	1.7%	300
<b>By history of mental illness (ever diagnosed):</b>					
Yes	0.7%	3.1%	94.3%	1.8%	245
No	1.9%	1.6%	92.4%	4.1%	673
<b>By weight status:</b>					
Not overweight or obese	0.7%	2.7%	93.7%	2.8%	253
Overweight, but not obese	1.8%	1.8%	91.3%	5.1%	305
Obese	1.4%	1.6%	94.5%	2.5%	325

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**38E. Do you use the parks or sports fields in your community?**

	I use this	I do not use this	N (Unweighted)
	%	%	
<b>All respondents</b>	41.9%	58.1%	854
<b>By gender:</b>			
Male	45.7%	54.3%	355
Female	38.0%	62.0%	499
<b>By age:</b>			
18-34	57.5%	42.5%	62
35-44	47.9%	52.1%	79
45-54	39.9%	60.1%	138
55-64	36.9%	63.1%	217
65+	23.6%	76.4%	358
<b>By race / ethnicity:</b>			
White only	41.7%	58.3%	817
All other races / ethnicities	44.2%	55.8%	34
<b>By household income:</b>			
Less than \$25,000	43.8%	56.2%	127
\$25,000 - \$34,999	36.8%	63.2%	72
\$35,000 - \$49,999	23.8%	76.2%	121
\$50,000 - \$74,999	49.9%	50.1%	180
\$75,000 or more	45.0%	55.0%	282
<b>By history of mental illness (ever diagnosed):</b>			
Yes	43.9%	56.1%	225
No	41.0%	59.0%	624
<b>By weight status:</b>			
Not overweight or obese	45.3%	54.7%	239
Overweight, but not obese	50.1%	49.9%	285
Obese	32.6%	67.4%	301

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**38F. Please indicate if you have the following resource or facility in your community: Schools, colleges, or universities that are open for public use for exercise or physical activity**

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
	%	%	%	%	
<b>All respondents</b>	17.1%	24.5%	51.5%	6.9%	930
<b>By gender:</b>					
Male	18.2%	27.4%	47.1%	7.4%	384
Female	16.1%	21.7%	55.9%	6.4%	546
<b>By age:</b>					
18-34	24.2%	32.1%	42.0%	1.7%	67
35-44	16.8%	30.9%	46.4%	5.9%	86
45-54	10.2%	23.5%	57.6%	8.7%	146
55-64	16.2%	18.7%	52.9%	12.2%	236
65+	16.9%	16.1%	59.6%	7.4%	395
<b>By race / ethnicity:</b>					
White only	17.1%	24.1%	52.2%	6.6%	889
All other races / ethnicities	15.3%	29.9%	41.9%	12.9%	37
<b>By household income:</b>					
Less than \$25,000	15.5%	14.7%	58.4%	11.5%	136
\$25,000 - \$34,999	23.1%	21.5%	48.9%	6.5%	84
\$35,000 - \$49,999	20.6%	25.7%	40.5%	13.2%	136
\$50,000 - \$74,999	19.0%	21.9%	55.8%	3.3%	196
\$75,000 or more	14.0%	29.6%	50.6%	5.8%	300
<b>By history of mental illness (ever diagnosed):</b>					
Yes	20.7%	27.0%	43.6%	8.7%	252
No	15.8%	23.7%	54.3%	6.3%	673
<b>By weight status:</b>					
Not overweight or obese	19.2%	26.7%	49.6%	4.5%	255
Overweight, but not obese	15.8%	28.2%	48.9%	7.1%	309
Obese	17.0%	19.1%	55.7%	8.1%	326

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**38F. Do you use the schools, colleges, or universities that are open for public use for exercise or physical activity in your community?**

	I use this	I do not use this	N (Unweighted)
	%	%	
<b>All respondents</b>	14.4%	85.6%	570
<b>By gender:</b>			
Male	11.0%	89.0%	222
Female	17.3%	82.7%	348
<b>By age:</b>			
18-34	13.3%	86.7%	36
35-44	23.9%	76.1%	42
45-54	10.9%	89.1%	96
55-64	14.4%	85.6%	148
65+	13.0%	87.0%	248
<b>By race / ethnicity:</b>			
White only	14.5%	85.5%	546
All other races / ethnicities	---	---	23
<b>By household income:</b>			
Less than \$25,000	19.3%	80.7%	88
\$25,000 - \$34,999	13.0%	87.0%	53
\$35,000 - \$49,999	16.1%	83.9%	82
\$50,000 - \$74,999	8.5%	91.5%	110
\$75,000 or more	16.4%	83.6%	183
<b>By history of mental illness (ever diagnosed):</b>			
Yes	12.3%	87.7%	144
No	15.0%	85.0%	423
<b>By weight status:</b>			
Not overweight or obese	19.5%	80.5%	152
Overweight, but not obese	17.7%	82.3%	188
Obese	9.0%	91.0%	209

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**38G. Please indicate if you have the following resource or facility in your community: Shopping malls or stores for physical activity or walking**

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
	%	%	%	%	
<b>All respondents</b>	7.0%	56.8%	31.9%	4.3%	915
<b>By gender:</b>					
Male	7.5%	54.7%	33.5%	4.4%	382
Female	6.6%	58.8%	30.3%	4.3%	533
<b>By age:</b>					
18-34	12.5%	63.8%	23.7%	0.0%	67
35-44	4.4%	69.4%	22.3%	3.9%	83
45-54	2.8%	58.5%	33.0%	5.7%	144
55-64	7.5%	56.6%	29.5%	6.5%	230
65+	6.4%	36.6%	50.4%	6.6%	391
<b>By race / ethnicity:</b>					
White only	6.9%	57.0%	32.0%	4.1%	877
All other races / ethnicities	9.2%	51.9%	30.8%	8.0%	36
<b>By household income:</b>					
Less than \$25,000	3.8%	42.8%	45.7%	7.6%	133
\$25,000 - \$34,999	18.4%	44.1%	33.9%	3.7%	85
\$35,000 - \$49,999	9.8%	45.2%	35.6%	9.3%	131
\$50,000 - \$74,999	4.2%	64.3%	30.3%	1.2%	194
\$75,000 or more	6.3%	63.0%	27.2%	3.6%	297
<b>By history of mental illness (ever diagnosed):</b>					
Yes	9.0%	63.4%	23.2%	4.5%	245
No	6.4%	54.4%	35.0%	4.2%	665
<b>By weight status:</b>					
Not overweight or obese	4.3%	61.7%	31.4%	2.6%	247
Overweight, but not obese	7.9%	54.8%	31.3%	6.0%	310
Obese	7.9%	55.5%	32.7%	4.0%	320

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**38G. Do you use the shopping malls or stores for physical activity or walking in your community?**

	I use this	I do not use this	N (Unweighted)
	%	%	
<b>All respondents</b>	17.8%	82.2%	382
<b>By gender:</b>			
Male	12.3%	87.7%	164
Female	23.7%	76.3%	218
<b>By age:</b>			
18-34	---	---	19
35-44	---	---	20
45-54	3.8%	96.2%	49
55-64	17.6%	82.4%	85
65+	28.8%	71.2%	209
<b>By race / ethnicity:</b>			
White only	17.8%	82.2%	367
All other races / ethnicities	---	---	14
<b>By household income:</b>			
Less than \$25,000	32.4%	67.6%	70
\$25,000 - \$34,999	40.4%	59.6%	38
\$35,000 - \$49,999	12.3%	87.7%	56
\$50,000 - \$74,999	17.9%	82.1%	70
\$75,000 or more	10.3%	89.7%	108
<b>By history of mental illness (ever diagnosed):</b>			
Yes	23.0%	77.0%	93
No	16.6%	83.4%	287
<b>By weight status:</b>			
Not overweight or obese	20.0%	80.0%	94
Overweight, but not obese	12.8%	87.2%	136
Obese	20.0%	80.0%	139

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**38H. Please indicate if you have the following resource or facility in your community: Health clubs, fitness centers, or wellness centers (YMCA, Curves, Snap Fitness, Anytime Fitness, etc.)**

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
	%	%	%	%	
<b>All respondents</b>	1.9%	7.6%	86.3%	4.2%	936
<b>By gender:</b>					
Male	1.9%	6.4%	86.8%	5.0%	384
Female	1.9%	8.8%	85.8%	3.4%	552
<b>By age:</b>					
18-34	1.3%	5.9%	89.9%	2.9%	66
35-44	3.4%	10.3%	82.9%	3.4%	84
45-54	0.2%	8.3%	86.9%	4.6%	145
55-64	2.3%	7.2%	85.1%	5.4%	238
65+	2.9%	7.4%	84.8%	4.9%	403
<b>By race / ethnicity:</b>					
White only	2.0%	7.6%	86.8%	3.6%	896
All other races / ethnicities	0.6%	8.4%	74.8%	16.2%	36
<b>By household income:</b>					
Less than \$25,000	1.6%	10.2%	82.0%	6.2%	136
\$25,000 - \$34,999	1.3%	7.7%	82.4%	8.6%	88
\$35,000 - \$49,999	3.8%	10.3%	78.3%	7.6%	134
\$50,000 - \$74,999	0.3%	7.7%	90.1%	1.8%	199
\$75,000 or more	1.9%	6.8%	88.1%	3.3%	301
<b>By history of mental illness (ever diagnosed):</b>					
Yes	1.1%	10.2%	84.9%	3.9%	251
No	2.2%	6.7%	86.7%	4.4%	680
<b>By weight status:</b>					
Not overweight or obese	2.3%	7.5%	87.9%	2.3%	258
Overweight, but not obese	1.8%	5.9%	85.4%	6.9%	313
Obese	1.1%	9.2%	86.3%	3.4%	328

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**38H. Do you use the health clubs, fitness centers, or wellness centers (YMCA, Curves, Snap Fitness, Anytime Fitness, etc.) in your community?**

	I use this	I do not use this	N (Unweighted)
	%	%	
<b>All respondents</b>	23.8%	76.2%	809
<b>By gender:</b>			
Male	23.2%	76.8%	331
Female	24.4%	75.6%	478
<b>By age:</b>			
18-34	29.8%	70.2%	56
35-44	22.5%	77.5%	70
45-54	22.4%	77.6%	129
55-64	19.3%	80.7%	208
65+	22.6%	77.4%	346
<b>By race / ethnicity:</b>			
White only	24.3%	75.7%	773
All other races / ethnicities	11.8%	88.2%	32
<b>By household income:</b>			
Less than \$25,000	8.2%	91.8%	120
\$25,000 - \$34,999	18.4%	81.6%	78
\$35,000 - \$49,999	13.8%	86.2%	110
\$50,000 - \$74,999	22.4%	77.6%	167
\$75,000 or more	32.3%	67.7%	266
<b>By history of mental illness (ever diagnosed):</b>			
Yes	33.4%	66.6%	212
No	20.5%	79.5%	593
<b>By weight status:</b>			
Not overweight or obese	25.3%	74.7%	225
Overweight, but not obese	28.0%	72.0%	277
Obese	18.5%	81.5%	283

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**38I. Please indicate if you have the following resource or facility in your community: Nearby waterways, such as creeks, rivers, and lakes for water-related activities (canoeing, swimming, kayaking, etc)**

	Don't know	My community does not have this	My community has this	Missing, but responded 'I do not use this' to follow-up	N (Unweighted)
	%	%	%	%	
<b>All respondents</b>	2.0%	18.8%	75.5%	3.7%	932
<b>By gender:</b>					
Male	2.3%	15.4%	78.5%	3.8%	386
Female	1.6%	22.1%	72.7%	3.5%	546
<b>By age:</b>					
18-34	2.9%	14.5%	80.5%	2.1%	67
35-44	0.0%	18.7%	79.1%	2.2%	85
45-54	1.3%	22.3%	72.1%	4.3%	145
55-64	1.3%	20.7%	74.1%	3.9%	235
65+	3.6%	18.9%	71.7%	5.8%	400
<b>By race / ethnicity:</b>					
White only	1.8%	17.9%	77.0%	3.2%	892
All other races / ethnicities	4.0%	33.3%	51.7%	11.1%	36
<b>By household income:</b>					
Less than \$25,000	4.6%	25.4%	64.5%	5.5%	138
\$25,000 - \$34,999	9.5%	14.7%	65.7%	10.1%	88
\$35,000 - \$49,999	2.0%	19.9%	69.9%	8.2%	136
\$50,000 - \$74,999	0.4%	25.7%	72.6%	1.2%	193
\$75,000 or more	0.5%	14.8%	82.9%	1.8%	300
<b>By history of mental illness (ever diagnosed):</b>					
Yes	1.1%	19.6%	77.5%	1.7%	250
No	2.3%	18.5%	74.8%	4.4%	677
<b>By weight status:</b>					
Not overweight or obese	1.4%	16.8%	78.3%	3.5%	253
Overweight, but not obese	1.3%	18.3%	75.1%	5.3%	312
Obese	2.5%	19.9%	75.1%	2.5%	330

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**38l. Do you use the nearby waterways, such as creeks, rivers, and lakes for water-related activities (canoeing, swimming, kayaking, etc) in your community?**

	I use this	I do not use this	N (Unweighted)
	%	%	
<b>All respondents</b>	37.0%	63.0%	710
<b>By gender:</b>			
Male	38.8%	61.2%	292
Female	35.1%	64.9%	418
<b>By age:</b>			
18-34	45.7%	54.3%	48
35-44	43.6%	56.4%	68
45-54	46.1%	53.9%	113
55-64	31.4%	68.6%	182
65+	15.3%	84.7%	299
<b>By race / ethnicity:</b>			
White only	37.4%	62.6%	681
All other races / ethnicities	---	---	26
<b>By household income:</b>			
Less than \$25,000	25.9%	74.1%	101
\$25,000 - \$34,999	24.2%	75.8%	65
\$35,000 - \$49,999	22.4%	77.6%	101
\$50,000 - \$74,999	43.1%	56.9%	134
\$75,000 or more	43.5%	56.5%	249
<b>By history of mental illness (ever diagnosed):</b>			
Yes	45.3%	54.7%	193
No	33.6%	66.4%	514
<b>By weight status:</b>			
Not overweight or obese	37.9%	62.1%	197
Overweight, but not obese	43.4%	56.6%	251
Obese	30.2%	69.8%	242

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**39. Has your household air ever been tested for the presence of radon?**

	<b>Yes</b>	<b>No</b>	<b>N (Unweighted)</b>
	<b>%</b>	<b>%</b>	
<b>All respondents</b>	22.1%	77.9%	950
<b>By gender:</b>			
Male	20.8%	79.2%	395
Female	23.4%	76.6%	555
<b>By age:</b>			
18-34	23.3%	76.7%	67
35-44	21.3%	78.7%	86
45-54	22.4%	77.6%	146
55-64	24.2%	75.8%	238
65+	19.4%	80.6%	413
<b>By race / ethnicity:</b>			
White only	22.6%	77.4%	908
All other races / ethnicities	16.4%	83.6%	38
<b>By household income:</b>			
Less than \$25,000	12.0%	88.0%	145
\$25,000 - \$34,999	11.9%	88.1%	87
\$35,000 - \$49,999	22.6%	77.4%	138
\$50,000 - \$74,999	23.3%	76.7%	200
\$75,000 or more	26.2%	73.8%	300
<b>By history of mental illness (ever diagnosed):</b>			
Yes	21.0%	79.0%	252
No	22.7%	77.3%	693
<b>By weight status:</b>			
Not overweight or obese	20.7%	79.3%	261
Overweight, but not obese	28.5%	71.5%	318
Obese	17.4%	82.6%	330

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**40. Has your household air ever tested positive for radon?**

	<b>Yes</b>	<b>No</b>	<b>N (Unweighted)</b>
	<b>%</b>	<b>%</b>	
<b>All respondents</b>	27.8%	72.2%	194
<b>By gender:</b>			
Male	32.6%	67.4%	84
Female	23.7%	76.3%	110
<b>By age:</b>			
18-34	---	---	19
35-44	---	---	20
45-54	25.9%	74.1%	32
55-64	27.8%	72.2%	51
65+	27.8%	72.2%	72
<b>By race / ethnicity:</b>			
White only	27.8%	72.2%	187
All other races / ethnicities	---	---	7
<b>By household income:</b>			
Less than \$25,000	---	---	18
\$25,000 - \$34,999	---	---	13
\$35,000 - \$49,999	---	---	26
\$50,000 - \$74,999	25.0%	75.0%	41
\$75,000 or more	30.8%	69.2%	83
<b>By history of mental illness (ever diagnosed):</b>			
Yes	18.2%	81.8%	46
No	31.2%	68.8%	148
<b>By weight status:</b>			
Not overweight or obese	41.0%	59.0%	57
Overweight, but not obese	25.7%	74.3%	82
Obese	18.0%	82.0%	49

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**41. In the past 12 months, has someone living in your home made you fearful through action, tone of voice, threats, or destroying your property?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	1.4%	98.6%	951
<b>By gender:</b>			
Male	0.2%	99.8%	392
Female	2.6%	97.4%	559
<b>By age:</b>			
18-34	0.0%	100.0%	68
35-44	4.6%	95.4%	85
45-54	1.9%	98.1%	145
55-64	1.1%	98.9%	234
65+	0.4%	99.6%	419
<b>By race / ethnicity:</b>			
White only	1.0%	99.0%	910
All other races / ethnicities	7.4%	92.6%	37
<b>By household income:</b>			
Less than \$25,000	3.3%	96.7%	144
\$25,000 - \$34,999	3.2%	96.8%	86
\$35,000 - \$49,999	0.0%	100.0%	138
\$50,000 - \$74,999	0.5%	99.5%	200
\$75,000 or more	1.7%	98.3%	302
<b>By history of mental illness (ever diagnosed):</b>			
Yes	2.6%	97.4%	252
No	1.0%	99.0%	694
<b>By weight status:</b>			
Not overweight or obese	0.4%	99.6%	266
Overweight, but not obese	1.2%	98.8%	317
Obese	2.4%	97.6%	326

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**42. & 43. Smoking status**

	Current smoker	Former smoker	Never smoked	N (Unweighted)
	%	%	%	
<b>All respondents</b>	7.5%	25.5%	67.0%	950
<b>By gender:</b>				
Male	6.2%	26.9%	67.0%	390
Female	8.7%	24.2%	67.1%	560
<b>By age:</b>				
18-34	4.9%	9.1%	86.0%	68
35-44	11.6%	29.0%	59.4%	85
45-54	9.3%	25.0%	65.8%	145
55-64	8.7%	31.5%	59.8%	235
65+	4.5%	37.6%	57.8%	417
<b>By race / ethnicity:</b>				
White only	7.3%	26.1%	66.6%	909
All other races / ethnicities	10.9%	15.2%	73.9%	37
<b>By household income:</b>				
Less than \$25,000	13.3%	19.9%	66.8%	145
\$25,000 - \$34,999	14.5%	39.2%	46.3%	89
\$35,000 - \$49,999	10.9%	26.0%	63.1%	137
\$50,000 - \$74,999	6.4%	22.6%	71.0%	196
\$75,000 or more	4.6%	24.8%	70.6%	301
<b>By history of mental illness (ever diagnosed):</b>				
Yes	9.1%	26.5%	64.4%	250
No	6.9%	25.2%	67.9%	695
<b>By weight status:</b>				
Not overweight or obese	9.4%	24.3%	66.3%	262
Overweight, but not obese	8.6%	21.8%	69.5%	318
Obese	5.3%	28.9%	65.8%	329

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**44. During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	45.5%	54.5%	79
<b>By gender:</b>			
Male	---	---	28
Female	58.9%	41.1%	51
<b>By age:</b>			
18-34	---	---	7
35-44	---	---	9
45-54	---	---	17
55-64	---	---	25
65+	---	---	21
<b>By race / ethnicity:</b>			
White only	46.2%	53.8%	74
All other races / ethnicities	---	---	5
<b>By household income:</b>			
Less than \$25,000	---	---	16
\$25,000 - \$34,999	---	---	12
\$35,000 - \$49,999	---	---	16
\$50,000 - \$74,999	---	---	15
\$75,000 or more	---	---	16
<b>By history of mental illness (ever diagnosed):</b>			
Yes	---	---	29
No	42.7%	57.3%	50
<b>By weight status:</b>			
Not overweight or obese	---	---	26
Overweight, but not obese	49.4%	50.6%	30
Obese	---	---	22

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**45A. Do you currently use cigars, cigarillos, or little cigars?**

	Current user	Non-user	N (Unweighted)
	%	%	
<b>All respondents</b>	5.4%	94.6%	947
<b>By gender:</b>			
Male	8.4%	91.6%	394
Female	2.4%	97.6%	553
<b>By age:</b>			
18-34	10.0%	90.0%	67
35-44	5.9%	94.1%	86
45-54	2.1%	97.9%	148
55-64	5.1%	94.9%	235
65+	3.0%	97.0%	411
<b>By race / ethnicity:</b>			
White only	5.5%	94.5%	903
All other races / ethnicities	3.4%	96.6%	40
<b>By household income:</b>			
Less than \$25,000	3.5%	96.5%	143
\$25,000 - \$34,999	2.5%	97.5%	85
\$35,000 - \$49,999	3.9%	96.1%	133
\$50,000 - \$74,999	9.4%	90.6%	196
\$75,000 or more	5.2%	94.8%	304
<b>By history of mental illness (ever diagnosed):</b>			
Yes	3.2%	96.8%	249
No	6.2%	93.8%	693
<b>By weight status:</b>			
Not overweight or obese	2.8%	97.2%	259
Overweight, but not obese	8.8%	91.2%	319
Obese	4.3%	95.7%	326

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**45B. Do you currently use pipes?**

	Current user	Non-user	N (Unweighted)
	%	%	
<b>All respondents</b>	1.1%	98.9%	949
<b>By gender:</b>			
Male	2.2%	97.8%	394
Female	0.1%	99.9%	555
<b>By age:</b>			
18-34	4.1%	95.9%	68
35-44	0.0%	100.0%	85
45-54	0.2%	99.8%	148
55-64	0.0%	100.0%	237
65+	0.2%	99.8%	411
<b>By race / ethnicity:</b>			
White only	1.2%	98.8%	905
All other races / ethnicities	0.0%	100.0%	40
<b>By household income:</b>			
Less than \$25,000	0.5%	99.5%	144
\$25,000 - \$34,999	0.0%	100.0%	86
\$35,000 - \$49,999	0.4%	99.6%	135
\$50,000 - \$74,999	4.9%	95.1%	197
\$75,000 or more	0.0%	100.0%	302
<b>By history of mental illness (ever diagnosed):</b>			
Yes	0.2%	99.8%	248
No	1.5%	98.5%	696
<b>By weight status:</b>			
Not overweight or obese	0.2%	99.8%	259
Overweight, but not obese	0.2%	99.8%	320
Obese	2.8%	97.2%	326

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**45C. Do you currently use snuff, snus, or chewing tobacco?**

	Current user	Non-user	N (Unweighted)
	%	%	
<b>All respondents</b>	3.3%	96.7%	946
<b>By gender:</b>			
Male	6.5%	93.5%	395
Female	0.2%	99.8%	551
<b>By age:</b>			
18-34	2.5%	97.5%	66
35-44	5.9%	94.1%	84
45-54	3.3%	96.7%	149
55-64	4.8%	95.2%	236
65+	1.2%	98.8%	411
<b>By race / ethnicity:</b>			
White only	3.5%	96.5%	904
All other races / ethnicities	1.4%	98.6%	38
<b>By household income:</b>			
Less than \$25,000	1.0%	99.0%	143
\$25,000 - \$34,999	13.4%	86.6%	87
\$35,000 - \$49,999	3.2%	96.8%	133
\$50,000 - \$74,999	5.2%	94.8%	196
\$75,000 or more	1.6%	98.4%	302
<b>By history of mental illness (ever diagnosed):</b>			
Yes	3.1%	96.9%	247
No	3.5%	96.5%	694
<b>By weight status:</b>			
Not overweight or obese	1.9%	98.1%	258
Overweight, but not obese	1.0%	99.0%	318
Obese	6.6%	93.4%	328

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**45D. Do you currently use e-cigarettes?**

	Current user	Non-user	N (Unweighted)
	%	%	
<b>All respondents</b>	2.4%	97.6%	946
<b>By gender:</b>			
Male	2.7%	97.3%	394
Female	2.1%	97.9%	552
<b>By age:</b>			
18-34	5.8%	94.2%	67
35-44	1.0%	99.0%	86
45-54	1.8%	98.2%	147
55-64	1.9%	98.1%	236
65+	0.5%	99.5%	410
<b>By race / ethnicity:</b>			
White only	2.4%	97.6%	902
All other races / ethnicities	2.0%	98.0%	40
<b>By household income:</b>			
Less than \$25,000	0.4%	99.6%	143
\$25,000 - \$34,999	1.6%	98.4%	86
\$35,000 - \$49,999	1.4%	98.6%	134
\$50,000 - \$74,999	5.7%	94.3%	197
\$75,000 or more	2.0%	98.0%	302
<b>By history of mental illness (ever diagnosed):</b>			
Yes	0.9%	99.1%	248
No	3.0%	97.0%	693
<b>By weight status:</b>			
Not overweight or obese	1.1%	98.9%	256
Overweight, but not obese	2.8%	97.2%	321
Obese	3.1%	96.9%	326

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**45E. Do you currently use any other type of tobacco product?**

	Current user	Non-user	N (Unweighted)
	%	%	
<b>All respondents</b>	3.6%	96.4%	950
<b>By gender:</b>			
Male	2.7%	97.3%	394
Female	4.5%	95.5%	556
<b>By age:</b>			
18-34	0.8%	99.2%	66
35-44	7.3%	92.7%	86
45-54	4.5%	95.5%	149
55-64	3.5%	96.5%	235
65+	3.1%	96.9%	414
<b>By race / ethnicity:</b>			
White only	3.7%	96.3%	907
All other races / ethnicities	1.3%	98.7%	39
<b>By household income:</b>			
Less than \$25,000	7.2%	92.8%	145
\$25,000 - \$34,999	7.7%	92.3%	89
\$35,000 - \$49,999	4.5%	95.5%	133
\$50,000 - \$74,999	2.8%	97.2%	197
\$75,000 or more	2.1%	97.9%	301
<b>By history of mental illness (ever diagnosed):</b>			
Yes	3.9%	96.1%	252
No	3.5%	96.5%	693
<b>By weight status:</b>			
Not overweight or obese	5.6%	94.4%	259
Overweight, but not obese	3.3%	96.7%	323
Obese	2.4%	97.6%	328

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**45F. Do you currently use marijuana?**

	Current user	Non-user	N (Unweighted)
	%	%	
<b>All respondents</b>	2.2%	97.8%	947
<b>By gender:</b>			
Male	2.3%	97.7%	394
Female	2.1%	97.9%	553
<b>By age:</b>			
18-34	2.1%	97.9%	67
35-44	4.8%	95.2%	85
45-54	2.1%	97.9%	148
55-64	2.2%	97.8%	236
65+	0.4%	99.6%	411
<b>By race / ethnicity:</b>			
White only	2.1%	97.9%	903
All other races / ethnicities	4.0%	96.0%	40
<b>By household income:</b>			
Less than \$25,000	1.4%	98.6%	145
\$25,000 - \$34,999	4.0%	96.0%	87
\$35,000 - \$49,999	1.0%	99.0%	134
\$50,000 - \$74,999	2.0%	98.0%	196
\$75,000 or more	2.5%	97.5%	300
<b>By history of mental illness (ever diagnosed):</b>			
Yes	3.2%	96.8%	249
No	1.8%	98.2%	693
<b>By weight status:</b>			
Not overweight or obese	2.9%	97.1%	257
Overweight, but not obese	2.6%	97.4%	319
Obese	1.2%	98.8%	327

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**Do you currently use any type of tobacco (including e-cigarettes)?**

	Current user	Non-user	N (Unweighted)
	%	%	
<b>All respondents</b>	14.1%	85.9%	980
<b>By gender:</b>			
Male	18.3%	81.7%	407
Female	10.1%	89.9%	573
<b>By age:</b>			
18-34	15.7%	84.3%	68
35-44	19.3%	80.7%	86
45-54	14.1%	85.9%	150
55-64	16.5%	83.5%	242
65+	6.6%	93.4%	434
<b>By race / ethnicity:</b>			
White only	14.3%	85.7%	936
All other races / ethnicities	12.0%	88.0%	40
<b>By household income:</b>			
Less than \$25,000	14.0%	86.0%	148
\$25,000 - \$34,999	30.2%	69.8%	93
\$35,000 - \$49,999	13.9%	86.1%	141
\$50,000 - \$74,999	17.9%	82.1%	202
\$75,000 or more	10.1%	89.9%	308
<b>By history of mental illness (ever diagnosed):</b>			
Yes	12.6%	87.4%	257
No	14.8%	85.2%	718
<b>By weight status:</b>			
Not overweight or obese	11.2%	88.8%	267
Overweight, but not obese	16.5%	83.5%	330
Obese	14.9%	85.1%	338

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**46. Does anyone, including yourself, smoke tobacco (not including e-cigarettes) regularly inside your home?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	3.1%	96.9%	977
<b>By gender:</b>			
Male	1.9%	98.1%	405
Female	4.2%	95.8%	572
<b>By age:</b>			
18-34	2.5%	97.5%	68
35-44	1.0%	99.0%	86
45-54	5.5%	94.5%	150
55-64	4.2%	95.8%	242
65+	1.8%	98.2%	431
<b>By race / ethnicity:</b>			
White only	2.8%	97.2%	934
All other races / ethnicities	7.3%	92.7%	39
<b>By household income:</b>			
Less than \$25,000	6.3%	93.7%	147
\$25,000 - \$34,999	8.1%	91.9%	92
\$35,000 - \$49,999	6.0%	94.0%	140
\$50,000 - \$74,999	1.9%	98.1%	202
\$75,000 or more	1.5%	98.5%	308
<b>By history of mental illness (ever diagnosed):</b>			
Yes	3.9%	96.1%	257
No	2.8%	97.2%	715
<b>By weight status:</b>			
Not overweight or obese	4.2%	95.8%	267
Overweight, but not obese	2.4%	97.6%	330
Obese	3.0%	97.0%	336

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**47. In the past 7 days, have you been in a car or other vehicle with someone who was smoking tobacco (not including e-cigarettes)?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	8.5%	91.5%	974
<b>By gender:</b>			
Male	7.6%	92.4%	404
Female	9.3%	90.7%	570
<b>By age:</b>			
18-34	7.0%	93.0%	68
35-44	12.7%	87.3%	86
45-54	13.4%	86.6%	150
55-64	6.2%	93.8%	242
65+	4.1%	95.9%	428
<b>By race / ethnicity:</b>			
White only	8.3%	91.7%	931
All other races / ethnicities	11.9%	88.1%	39
<b>By household income:</b>			
Less than \$25,000	16.8%	83.2%	147
\$25,000 - \$34,999	20.2%	79.8%	90
\$35,000 - \$49,999	10.7%	89.3%	139
\$50,000 - \$74,999	7.0%	93.0%	202
\$75,000 or more	5.6%	94.4%	308
<b>By history of mental illness (ever diagnosed):</b>			
Yes	12.4%	87.6%	257
No	7.1%	92.9%	712
<b>By weight status:</b>			
Not overweight or obese	5.8%	94.2%	266
Overweight, but not obese	11.1%	88.9%	329
Obese	8.5%	91.5%	336

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**48. In Goodhue County, in the past 7 days, has anyone smoked tobacco (not including e-cigarettes) near you at any place besides your home or car?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	25.4%	74.6%	955
<b>By gender:</b>			
Male	28.2%	71.8%	396
Female	22.6%	77.4%	559
<b>By age:</b>			
18-34	30.3%	69.7%	66
35-44	26.7%	73.3%	86
45-54	24.6%	75.4%	148
55-64	26.5%	73.5%	237
65+	18.5%	81.5%	418
<b>By race / ethnicity:</b>			
White only	24.8%	75.2%	913
All other races / ethnicities	35.3%	64.7%	38
<b>By household income:</b>			
Less than \$25,000	29.7%	70.3%	141
\$25,000 - \$34,999	33.9%	66.1%	92
\$35,000 - \$49,999	27.1%	72.9%	133
\$50,000 - \$74,999	28.3%	71.7%	198
\$75,000 or more	21.3%	78.7%	305
<b>By history of mental illness (ever diagnosed):</b>			
Yes	30.1%	69.9%	253
No	23.6%	76.4%	697
<b>By weight status:</b>			
Not overweight or obese	23.2%	76.8%	261
Overweight, but not obese	25.2%	74.8%	324
Obese	27.9%	72.1%	329

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**49. In Goodhue County, have you ever seen anyone smoke an e-cigarette?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	57.1%	42.9%	955
<b>By gender:</b>			
Male	60.5%	39.5%	398
Female	53.8%	46.2%	557
<b>By age:</b>			
18-34	63.4%	36.6%	66
35-44	80.1%	19.9%	84
45-54	58.9%	41.1%	148
55-64	53.5%	46.5%	238
65+	34.2%	65.8%	419
<b>By race / ethnicity:</b>			
White only	55.9%	44.1%	913
All other races / ethnicities	74.2%	25.8%	38
<b>By household income:</b>			
Less than \$25,000	41.6%	58.4%	140
\$25,000 - \$34,999	59.9%	40.1%	92
\$35,000 - \$49,999	50.5%	49.5%	133
\$50,000 - \$74,999	61.4%	38.6%	199
\$75,000 or more	62.5%	37.5%	304
<b>By history of mental illness (ever diagnosed):</b>			
Yes	63.7%	36.3%	251
No	54.5%	45.5%	699
<b>By weight status:</b>			
Not overweight or obese	48.4%	51.6%	259
Overweight, but not obese	61.2%	38.8%	324
Obese	62.1%	37.9%	329

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**50. Where have you seen people smoke TOBACCO in Goodhue County? (Mark all that apply)**

	Your workplace	A restaurant or bar	A business or shopping area	A park or outdoor recreation area	An outdoor community sports event	A sidewalk or building entrance	Some other places	None of these places	N (Unweighted)
	%	%	%	%	%	%	%	%	
<b>All respondents</b>	30.5%	31.9%	29.3%	50.5%	27.4%	76.5%	44.0%	9.2%	892
<b>By gender:</b>									
Male	41.0%	37.0%	32.9%	54.1%	32.8%	78.0%	47.3%	6.6%	374
Female	20.3%	26.8%	25.8%	47.1%	22.1%	75.0%	40.7%	11.8%	518
<b>By age:</b>									
18-34	43.9%	57.1%	40.9%	62.2%	47.7%	86.8%	49.4%	4.3%	65
35-44	39.8%	33.6%	34.5%	59.9%	32.1%	78.2%	52.7%	8.5%	84
45-54	28.0%	26.3%	23.2%	41.5%	20.7%	71.5%	39.9%	7.5%	141
55-64	30.2%	22.7%	24.1%	50.7%	19.2%	75.8%	45.3%	9.5%	227
65+	9.2%	12.7%	21.6%	37.7%	12.4%	68.0%	33.1%	17.6%	375
<b>By race / ethnicity:</b>									
White only	29.6%	30.5%	28.5%	50.2%	26.0%	76.0%	42.5%	9.5%	851
All other races / ethnicities	46.9%	54.5%	43.4%	54.4%	48.4%	83.1%	71.0%	5.1%	37
<b>By household income:</b>									
Less than \$25,000	17.9%	19.8%	24.8%	44.7%	19.9%	68.1%	46.8%	15.4%	138
\$25,000 - \$34,999	41.2%	36.0%	21.0%	46.6%	34.5%	77.6%	36.1%	10.2%	80
\$35,000 - \$49,999	37.6%	13.2%	16.9%	35.5%	16.8%	68.0%	34.6%	12.9%	127
\$50,000 - \$74,999	29.8%	39.8%	31.4%	57.3%	28.6%	77.0%	50.4%	6.9%	183
\$75,000 or more	31.9%	36.8%	35.1%	54.3%	31.6%	80.8%	45.6%	6.4%	289
<b>By history of mental illness (ever diagnosed):</b>									
Yes	34.2%	35.8%	32.3%	53.8%	32.5%	81.3%	48.8%	8.2%	241
No	29.3%	30.5%	28.2%	49.4%	25.7%	75.0%	42.2%	9.2%	646
<b>By weight status:</b>									
Not overweight or obese	26.8%	30.3%	25.0%	49.6%	23.7%	75.4%	43.4%	9.9%	241
Overweight, but not obese	31.1%	33.3%	31.8%	50.1%	26.6%	72.5%	45.7%	8.8%	305
Obese	33.0%	31.4%	30.1%	52.0%	30.4%	82.1%	43.0%	8.7%	309

On this question, the denominator of cases is any respondent who checked a response in either the 'tobacco' or the 'e-cigarettes' list.  
 - If no option was checked in only one of the lists, their response was set to 'None of these places' for that list.  
 - If no option was checked in both lists, their response was left as missing.

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**50. Where have you seen people smoke E-CIGARETTES in Goodhue County? (Mark all that apply)**

	Your workplace	A restaurant or bar	A business or shopping area	A park or outdoor recreation area	An outdoor community sports event	A sidewalk or building entrance	Some other places	None of these places	N (Unweighted)
	%	%	%	%	%	%	%	%	
<b>All respondents</b>	15.3%	23.9%	19.3%	22.4%	13.1%	25.5%	26.2%	45.5%	892
<b>By gender:</b>									
Male	19.5%	27.8%	21.7%	24.5%	14.7%	28.1%	28.1%	43.9%	374
Female	11.2%	20.1%	17.0%	20.3%	11.6%	23.0%	24.3%	47.2%	518
<b>By age:</b>									
18-34	20.9%	39.2%	33.6%	29.0%	23.8%	31.5%	34.0%	37.9%	65
35-44	26.6%	33.8%	28.5%	39.4%	22.4%	40.4%	44.9%	28.7%	84
45-54	15.9%	21.2%	12.6%	17.1%	8.9%	22.5%	23.2%	41.0%	141
55-64	10.2%	14.9%	13.1%	16.0%	5.8%	22.1%	17.9%	49.7%	227
65+	3.1%	7.6%	6.5%	11.5%	3.2%	12.1%	11.6%	70.1%	375
<b>By race / ethnicity:</b>									
White only	14.6%	23.2%	18.1%	21.9%	12.0%	25.5%	24.8%	47.5%	851
All other races / ethnicities	27.5%	38.6%	40.8%	27.8%	32.6%	24.0%	45.8%	15.8%	37
<b>By household income:</b>									
Less than \$25,000	14.3%	10.5%	9.5%	16.6%	14.2%	17.7%	26.3%	55.8%	138
\$25,000 - \$34,999	24.3%	23.9%	19.2%	25.2%	11.1%	22.3%	16.1%	40.2%	80
\$35,000 - \$49,999	13.8%	21.5%	12.1%	14.9%	7.6%	18.1%	13.4%	55.4%	127
\$50,000 - \$74,999	10.3%	25.2%	18.2%	22.7%	13.9%	28.5%	28.7%	46.8%	183
\$75,000 or more	18.0%	27.9%	25.0%	25.2%	15.2%	28.9%	31.9%	38.9%	289
<b>By history of mental illness (ever diagnosed):</b>									
Yes	21.8%	29.6%	27.0%	32.6%	24.6%	36.1%	32.9%	41.1%	241
No	13.1%	22.0%	16.6%	18.7%	9.0%	21.8%	23.4%	47.3%	646
<b>By weight status:</b>									
Not overweight or obese	16.0%	22.5%	16.5%	20.7%	11.8%	21.4%	23.6%	50.3%	241
Overweight, but not obese	14.3%	26.0%	22.5%	25.9%	12.6%	24.2%	26.6%	45.7%	305
Obese	16.6%	23.3%	18.9%	21.0%	14.4%	30.3%	27.6%	41.1%	309

On this question, the denominator of cases is any respondent who checked a response in either the 'tobacco' or the 'e-cigarettes' list.

- If no option was checked in only one of the lists, their response was set to 'None of these places' for that list.
- If no option was checked in both lists, their response was left as missing.

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**51. Do you rent an apartment in a multifamily building (a building with 4 or more apartments)?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	6.2%	93.8%	966
<b>By gender:</b>			
Male	5.3%	94.7%	404
Female	7.1%	92.9%	562
<b>By age:</b>			
18-34	7.5%	92.5%	67
35-44	3.3%	96.7%	85
45-54	4.8%	95.2%	150
55-64	4.3%	95.7%	238
65+	9.8%	90.2%	426
<b>By race / ethnicity:</b>			
White only	5.9%	94.1%	924
All other races / ethnicities	11.4%	88.6%	38
<b>By household income:</b>			
Less than \$25,000	22.8%	77.2%	146
\$25,000 - \$34,999	12.7%	87.3%	92
\$35,000 - \$49,999	7.5%	92.5%	139
\$50,000 - \$74,999	1.3%	98.7%	198
\$75,000 or more	3.3%	96.7%	306
<b>By history of mental illness (ever diagnosed):</b>			
Yes	12.9%	87.1%	255
No	3.8%	96.2%	706
<b>By weight status:</b>			
Not overweight or obese	5.8%	94.2%	261
Overweight, but not obese	7.1%	92.9%	329
Obese	5.6%	94.4%	334

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**52. Does anyone ever smoke tobacco in any of the following areas in your building? (Mark all that apply)**

	Apartments	Hallways	Laundry rooms	Lobby or lounge areas	Party rooms	On patios or balconies	None of the above indicated	N (Unweighted)
	%	%	%	%	%	%	%	
<b>All respondents</b>	13.4%	1.6%	0.6%	1.2%	2.3%	34.7%	54.9%	91
<b>By gender:</b>								
Male	18.0%	2.5%	1.5%	1.5%	1.5%	27.4%	61.1%	30
Female	10.0%	1.0%	0.0%	1.0%	2.8%	39.9%	50.4%	61
<b>By age:</b>								
18-34	---	---	---	---	---	---	---	6
35-44	---	---	---	---	---	---	---	5
45-54	---	---	---	---	---	---	---	11
55-64	---	---	---	---	---	---	---	17
65+	19.7%	1.2%	0.0%	0.0%	0.0%	31.3%	56.9%	52
<b>By race / ethnicity:</b>								
White only	14.0%	1.8%	0.7%	1.4%	2.5%	31.6%	57.7%	84
All other races / ethnicities	---	---	---	---	---	---	---	7
<b>By household income:</b>								
Less than \$25,000	23.9%	1.8%	1.8%	3.5%	1.8%	25.2%	59.1%	46
\$25,000 - \$34,999	---	---	---	---	---	---	---	15
\$35,000 - \$49,999	---	---	---	---	---	---	---	10
\$50,000 - \$74,999	---	---	---	---	---	---	---	6
\$75,000 or more	---	---	---	---	---	---	---	6
<b>By history of mental illness (ever diagnosed):</b>								
Yes	14.4%	2.2%	1.1%	2.2%	1.1%	22.4%	67.5%	44
No	12.0%	0.9%	0.0%	0.0%	3.7%	50.4%	38.9%	47
<b>By weight status:</b>								
Not overweight or obese	---	---	---	---	---	---	---	25
Overweight, but not obese	---	---	---	---	---	---	---	28
Obese	11.7%	3.6%	1.9%	1.9%	6.7%	40.5%	46.1%	34

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**During the past 30 days, have you had at least one drink of any alcoholic beverage?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	73.0%	27.0%	977
<b>By gender:</b>			
Male	79.7%	20.3%	405
Female	66.6%	33.4%	572
<b>By age:</b>			
18-34	74.4%	25.6%	68
35-44	80.9%	19.1%	86
45-54	78.0%	22.0%	150
55-64	76.6%	23.4%	242
65+	57.7%	42.3%	431
<b>By race / ethnicity:</b>			
White only	72.6%	27.4%	933
All other races / ethnicities	78.3%	21.7%	40
<b>By household income:</b>			
Less than \$25,000	50.4%	49.6%	148
\$25,000 - \$34,999	64.1%	35.9%	91
\$35,000 - \$49,999	69.8%	30.2%	140
\$50,000 - \$74,999	80.5%	19.5%	202
\$75,000 or more	78.2%	21.8%	308
<b>By history of mental illness (ever diagnosed):</b>			
Yes	62.4%	37.6%	256
No	76.8%	23.2%	716
<b>By weight status:</b>			
Not overweight or obese	67.5%	32.5%	265
Overweight, but not obese	78.4%	21.6%	330
Obese	73.8%	26.2%	338

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**Heavy drinking in the past 30 days? (Males: 60+ drinks, Females: 30+ drinks)**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	10.7%	89.3%	977
<b>By gender:</b>			
Male	11.7%	88.3%	405
Female	9.8%	90.2%	572
<b>By age:</b>			
18-34	5.0%	95.0%	68
35-44	20.3%	79.7%	86
45-54	14.1%	85.9%	150
55-64	12.2%	87.8%	242
65+	5.7%	94.3%	431
<b>By race / ethnicity:</b>			
White only	10.7%	89.3%	933
All other races / ethnicities	10.6%	89.4%	40
<b>By household income:</b>			
Less than \$25,000	5.1%	94.9%	148
\$25,000 - \$34,999	3.5%	96.5%	91
\$35,000 - \$49,999	11.6%	88.4%	140
\$50,000 - \$74,999	9.2%	90.8%	202
\$75,000 or more	14.9%	85.1%	308
<b>By history of mental illness (ever diagnosed):</b>			
Yes	8.6%	91.4%	256
No	11.6%	88.4%	716
<b>By weight status:</b>			
Not overweight or obese	13.3%	86.7%	265
Overweight, but not obese	11.6%	88.4%	330
Obese	8.7%	91.3%	338

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**Any binge drinking in the past 30 days? (Males: 5+ drinks in a day,  
Females: 4+ drinks in a day)**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	32.3%	67.7%	977
<b>By gender:</b>			
Male	41.3%	58.7%	405
Female	23.6%	76.4%	572
<b>By age:</b>			
18-34	43.5%	56.5%	68
35-44	43.4%	56.6%	86
45-54	34.5%	65.5%	150
55-64	29.4%	70.6%	242
65+	11.6%	88.4%	431
<b>By race / ethnicity:</b>			
White only	32.5%	67.5%	933
All other races / ethnicities	26.5%	73.5%	40
<b>By household income:</b>			
Less than \$25,000	25.1%	74.9%	148
\$25,000 - \$34,999	34.4%	65.6%	91
\$35,000 - \$49,999	29.8%	70.2%	140
\$50,000 - \$74,999	36.3%	63.7%	202
\$75,000 or more	34.3%	65.7%	308
<b>By history of mental illness (ever diagnosed):</b>			
Yes	25.5%	74.5%	256
No	34.6%	65.4%	716
<b>By weight status:</b>			
Not overweight or obese	27.0%	73.0%	265
Overweight, but not obese	37.1%	62.9%	330
Obese	33.4%	66.6%	338

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**57. Do you ever drive a car or other vehicle?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	95.4%	4.6%	974
<b>By gender:</b>			
Male	97.4%	2.6%	406
Female	93.4%	6.6%	568
<b>By age:</b>			
18-34	98.4%	1.6%	68
35-44	93.7%	6.3%	85
45-54	96.9%	3.1%	149
55-64	95.2%	4.8%	241
65+	91.9%	8.1%	431
<b>By race / ethnicity:</b>			
White only	96.2%	3.8%	932
All other races / ethnicities	82.8%	17.2%	38
<b>By household income:</b>			
Less than \$25,000	83.4%	16.6%	148
\$25,000 - \$34,999	92.0%	8.0%	92
\$35,000 - \$49,999	93.8%	6.2%	139
\$50,000 - \$74,999	97.2%	2.8%	200
\$75,000 or more	98.9%	1.1%	307
<b>By history of mental illness (ever diagnosed):</b>			
Yes	94.6%	5.4%	255
No	95.6%	4.4%	714
<b>By weight status:</b>			
Not overweight or obese	93.8%	6.2%	266
Overweight, but not obese	96.2%	3.8%	329
Obese	96.8%	3.2%	335

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**58A. When driving a car or other vehicle, how often do you READ OR SEND TEXT MESSAGES?**

	Often	Sometimes	Never	Not applicable; I don't have a cell phone	N (Unweighted)
	%	%	%	%	
<b>All respondents</b>	1.7%	33.4%	62.2%	2.7%	876
<b>By gender:</b>					
Male	1.0%	35.8%	61.1%	2.1%	368
Female	2.4%	31.0%	63.3%	3.3%	508
<b>By age:</b>					
18-34	3.0%	66.1%	30.9%	0.0%	65
35-44	5.5%	37.2%	57.4%	0.0%	77
45-54	0.0%	29.1%	68.1%	2.8%	139
55-64	0.5%	22.1%	73.9%	3.6%	220
65+	0.0%	3.6%	88.9%	7.5%	375
<b>By race / ethnicity:</b>					
White only	1.7%	33.8%	61.7%	2.9%	844
All other races / ethnicities	1.7%	26.7%	71.6%	0.0%	30
<b>By household income:</b>					
Less than \$25,000	0.0%	8.7%	83.9%	7.4%	119
\$25,000 - \$34,999	0.0%	25.6%	64.1%	10.3%	82
\$35,000 - \$49,999	1.8%	21.8%	74.1%	2.3%	121
\$50,000 - \$74,999	2.3%	31.4%	64.8%	1.4%	188
\$75,000 or more	2.1%	45.7%	51.4%	0.8%	297
<b>By history of mental illness (ever diagnosed):</b>					
Yes	2.4%	37.5%	57.2%	2.9%	231
No	1.4%	32.0%	63.8%	2.7%	640
<b>By weight status:</b>					
Not overweight or obese	0.6%	41.3%	55.6%	2.4%	237
Overweight, but not obese	1.8%	26.7%	69.4%	2.1%	299
Obese	2.4%	34.8%	59.7%	3.0%	306

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**58B. When driving a car or other vehicle, how often do you MAKE OR ANSWER A PHONE CALL?**

	Often	Sometimes	Never	Not applicable; I don't have a cell phone	N (Unweighted)
	%	%	%	%	
<b>All respondents</b>	16.6%	61.3%	19.3%	2.8%	876
<b>By gender:</b>					
Male	19.3%	62.5%	16.0%	2.3%	369
Female	14.0%	60.0%	22.7%	3.3%	507
<b>By age:</b>					
18-34	34.4%	64.0%	1.7%	0.0%	65
35-44	32.4%	60.6%	6.9%	0.0%	77
45-54	6.5%	77.0%	13.3%	3.2%	141
55-64	7.1%	69.0%	20.7%	3.2%	219
65+	1.3%	34.8%	56.3%	7.6%	374
<b>By race / ethnicity:</b>					
White only	16.8%	60.8%	19.4%	2.9%	843
All other races / ethnicities	14.0%	68.2%	17.8%	0.0%	31
<b>By household income:</b>					
Less than \$25,000	7.4%	45.0%	39.7%	7.9%	118
\$25,000 - \$34,999	2.2%	59.1%	29.5%	9.2%	83
\$35,000 - \$49,999	16.8%	49.0%	31.8%	2.3%	121
\$50,000 - \$74,999	12.7%	65.3%	20.5%	1.5%	187
\$75,000 or more	23.6%	67.7%	7.8%	0.9%	297
<b>By history of mental illness (ever diagnosed):</b>					
Yes	17.9%	58.3%	20.4%	3.4%	232
No	16.1%	62.3%	19.0%	2.6%	639
<b>By weight status:</b>					
Not overweight or obese	21.1%	57.7%	18.9%	2.2%	237
Overweight, but not obese	17.1%	60.3%	20.4%	2.2%	301
Obese	14.0%	65.6%	17.3%	3.2%	304

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**58C. When driving a car or other vehicle, how often do you DO OTHER ACTIVITIES SUCH AS EAT, READ, APPLY MAKEUP, OR SHAVE?**

	Often	Sometimes	Never	Not applicable; I don't have a cell phone	N (Unweighted)
	%	%	%	%	
<b>All respondents</b>	5.0%	38.7%	56.3%	0.0%	867
<b>By gender:</b>					
Male	6.7%	41.7%	51.5%	0.0%	363
Female	3.2%	35.6%	61.2%	0.0%	504
<b>By age:</b>					
18-34	10.7%	45.8%	43.5%	0.0%	64
35-44	9.6%	41.4%	49.0%	0.0%	76
45-54	2.2%	41.2%	56.6%	0.0%	139
55-64	1.0%	41.6%	57.4%	0.0%	214
65+	0.7%	22.6%	76.8%	0.0%	374
<b>By race / ethnicity:</b>					
White only	5.0%	38.5%	56.5%	0.0%	834
All other races / ethnicities	5.6%	39.9%	54.5%	0.0%	31
<b>By household income:</b>					
Less than \$25,000	0.6%	22.2%	77.1%	0.0%	118
\$25,000 - \$34,999	2.3%	33.4%	64.3%	0.0%	81
\$35,000 - \$49,999	0.5%	44.4%	55.1%	0.0%	123
\$50,000 - \$74,999	2.7%	42.4%	54.8%	0.0%	186
\$75,000 or more	8.8%	40.1%	51.2%	0.0%	292
<b>By history of mental illness (ever diagnosed):</b>					
Yes	6.7%	38.9%	54.4%	0.0%	229
No	4.4%	38.6%	57.0%	0.0%	633
<b>By weight status:</b>					
Not overweight or obese	1.0%	41.1%	57.9%	0.0%	236
Overweight, but not obese	8.8%	29.8%	61.4%	0.0%	298
Obese	4.5%	46.0%	49.6%	0.0%	301

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**58D. When driving a car or other vehicle, how often do you DRIVE WHEN YOU HAVE PERHAPS HAD TOO MUCH TO DRINK?**

	Often	Sometimes	Never	Not applicable; I don't have a cell phone	N (Unweighted)
	%	%	%	%	
<b>All respondents</b>	0.0%	5.5%	94.5%	0.0%	882
<b>By gender:</b>					
Male	0.0%	8.6%	91.4%	0.0%	369
Female	0.0%	2.4%	97.6%	0.0%	513
<b>By age:</b>					
18-34	0.0%	8.5%	91.5%	0.0%	65
35-44	0.0%	8.0%	92.0%	0.0%	77
45-54	0.0%	4.0%	96.0%	0.0%	140
55-64	0.0%	5.0%	95.0%	0.0%	218
65+	0.0%	1.7%	98.3%	0.0%	382
<b>By race / ethnicity:</b>					
White only	0.0%	5.7%	94.3%	0.0%	849
All other races / ethnicities	0.0%	1.1%	98.9%	0.0%	31
<b>By household income:</b>					
Less than \$25,000	0.0%	1.8%	98.2%	0.0%	122
\$25,000 - \$34,999	0.0%	2.4%	97.6%	0.0%	82
\$35,000 - \$49,999	0.0%	10.2%	89.8%	0.0%	124
\$50,000 - \$74,999	0.0%	9.2%	90.8%	0.0%	188
\$75,000 or more	0.0%	4.2%	95.8%	0.0%	296
<b>By history of mental illness (ever diagnosed):</b>					
Yes	0.0%	2.1%	97.9%	0.0%	233
No	0.0%	6.8%	93.2%	0.0%	644
<b>By weight status:</b>					
Not overweight or obese	0.0%	6.0%	94.0%	0.0%	241
Overweight, but not obese	0.0%	3.8%	96.2%	0.0%	301
Obese	0.0%	6.8%	93.2%	0.0%	306

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**59. How often do you wear a seat belt when you drive or ride in a car?**

	<b>Always</b>	<b>Most of the time</b>	<b>Sometimes</b>	<b>Seldom</b>	<b>Never</b>	<b>N (Unweighted)</b>
	<b>%</b>	<b>%</b>	<b>%</b>	<b>%</b>	<b>%</b>	
<b>All respondents</b>	91.1%	6.5%	0.8%	1.1%	0.6%	979
<b>By gender:</b>						
Male	85.0%	10.4%	1.4%	2.1%	1.1%	408
Female	97.0%	2.7%	0.2%	0.0%	0.2%	571
<b>By age:</b>						
18-34	89.5%	6.3%	0.0%	4.2%	0.0%	67
35-44	88.7%	7.5%	0.5%	0.0%	3.3%	85
45-54	91.4%	5.9%	2.2%	0.0%	0.5%	150
55-64	90.3%	9.3%	0.4%	0.0%	0.0%	241
65+	94.7%	4.2%	0.7%	0.2%	0.1%	436
<b>By race / ethnicity:</b>						
White only	91.1%	6.7%	0.3%	1.1%	0.7%	937
All other races / ethnicities	90.0%	1.4%	8.6%	0.0%	0.0%	38
<b>By household income:</b>						
Less than \$25,000	83.2%	15.2%	0.8%	0.5%	0.3%	147
\$25,000 - \$34,999	98.1%	1.3%	0.6%	0.0%	0.0%	93
\$35,000 - \$49,999	81.2%	15.0%	3.7%	0.0%	0.0%	140
\$50,000 - \$74,999	90.2%	4.3%	0.6%	4.9%	0.0%	201
\$75,000 or more	94.0%	4.8%	0.0%	0.0%	1.2%	308
<b>By history of mental illness (ever diagnosed):</b>						
Yes	94.5%	4.8%	0.3%	0.0%	0.4%	257
No	89.7%	7.2%	1.0%	1.5%	0.7%	717
<b>By weight status:</b>						
Not overweight or obese	92.6%	7.4%	0.0%	0.0%	0.0%	268
Overweight, but not obese	93.8%	6.0%	0.2%	0.0%	0.0%	330
Obese	87.2%	6.5%	1.9%	2.7%	1.7%	337

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**60. Do you have access to at least one working car or other vehicle to use when you need to?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	97.1%	2.9%	970
<b>By gender:</b>			
Male	98.2%	1.8%	405
Female	95.9%	4.1%	565
<b>By age:</b>			
18-34	99.2%	0.8%	68
35-44	98.1%	1.9%	84
45-54	96.9%	3.1%	149
55-64	97.9%	2.1%	240
65+	93.3%	6.7%	429
<b>By race / ethnicity:</b>			
White only	97.4%	2.6%	927
All other races / ethnicities	91.4%	8.6%	39
<b>By household income:</b>			
Less than \$25,000	90.1%	9.9%	145
\$25,000 - \$34,999	93.5%	6.5%	91
\$35,000 - \$49,999	98.0%	2.0%	140
\$50,000 - \$74,999	97.0%	3.0%	198
\$75,000 or more	100.0%	0.0%	308
<b>By history of mental illness (ever diagnosed):</b>			
Yes	96.1%	3.9%	250
No	97.4%	2.6%	715
<b>By weight status:</b>			
Not overweight or obese	95.4%	4.6%	265
Overweight, but not obese	97.7%	2.3%	325
Obese	98.5%	1.5%	335

**Goodhue County Community Health Needs Assessment  
All Survey Items (Weighted)**

**61. During the past 12 months, did you seriously think about killing yourself?**

	Yes	No	N (Unweighted)
	%	%	
<b>All respondents</b>	2.9%	97.1%	974
<b>By gender:</b>			
Male	3.9%	96.1%	407
Female	2.1%	97.9%	567
<b>By age:</b>			
18-34	0.8%	99.2%	68
35-44	8.1%	91.9%	84
45-54	4.2%	95.8%	149
55-64	2.9%	97.1%	240
65+	0.6%	99.4%	433
<b>By race / ethnicity:</b>			
White only	3.1%	96.9%	931
All other races / ethnicities	0.0%	100.0%	39
<b>By household income:</b>			
Less than \$25,000	4.4%	95.6%	146
\$25,000 - \$34,999	2.9%	97.1%	93
\$35,000 - \$49,999	4.5%	95.5%	139
\$50,000 - \$74,999	4.0%	96.0%	201
\$75,000 or more	1.6%	98.4%	305
<b>By history of mental illness (ever diagnosed):</b>			
Yes	8.3%	91.7%	256
No	1.0%	99.0%	713
<b>By weight status:</b>			
Not overweight or obese	1.4%	98.6%	264
Overweight, but not obese	1.8%	98.2%	330
Obese	4.9%	95.1%	336

# Appendix

## Survey instrument

# Goodhue County Community Health Needs Assessment

## SURVEY INSTRUCTIONS



Correct marks



Incorrect marks

- Please use #2 pencil or blue or black pen to complete this survey.
- Do not use red pencil or ink.
- Do not use X's or check marks to indicate your responses.
- Fill response ovals completely with heavy, dark marks.

Please give this survey to the adult (age 18 or over) in the household who has most recently had a birthday.

### 1. In general, would you say that your health is:

- Excellent
  Very good
  Good
  Fair
  Poor

### 2. Have you ever been told by a doctor or other health care professional that you had any of the following health conditions?

	No	Yes	Yes, but only during pregnancy
a. High blood pressure/hypertension	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Pre-hypertension	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Diabetes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. Pre-diabetes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. Overweight	<input type="radio"/>	<input type="radio"/>	
f. Cancer	<input type="radio"/>	<input type="radio"/>	
g. Chronic lung disease (including COPD, chronic bronchitis or emphysema)	<input type="radio"/>	<input type="radio"/>	
h. Heart trouble or angina	<input type="radio"/>	<input type="radio"/>	
i. Stroke or stroke-related health problems	<input type="radio"/>	<input type="radio"/>	
j. High cholesterol or triglycerides	<input type="radio"/>	<input type="radio"/>	
k. Arthritis	<input type="radio"/>	<input type="radio"/>	
l. Depression	<input type="radio"/>	<input type="radio"/>	
m. Anxiety or panic attacks	<input type="radio"/>	<input type="radio"/>	
n. Other mental health problems	<input type="radio"/>	<input type="radio"/>	
o. Obesity	<input type="radio"/>	<input type="radio"/>	
p. Asthma	<input type="radio"/>	<input type="radio"/>	

### 3. What kind of place do you usually go to when you are sick or need advice about your health?

- A doctor's office
  A tribal clinic
  An urgent care clinic  
 A clinic
  Some other health center
  No usual place  
 A free clinic
  An emergency room
  Some other place \_\_\_\_\_

### 4. When was the last time you had...

	Within the past year	Within the past 2 years	Within the past 5 years	Five or more years ago	Never
a. ... a flu shot?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. ... a dental exam or your teeth cleaned?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. ... a hearing test?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. ... an eye exam?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. ... your blood pressure checked?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f. ... your blood cholesterol checked?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
g. ... your blood sugar checked?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
h. ... any screening for skin cancer?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
i. ... any screening for colon cancer? <i>Examples are fecal occult blood test, proctoscopic exam, sigmoidoscopy, colonoscopy or barium enema</i>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
j. ... a prostate exam (men only)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
k. ... a Pap test (women only)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
l. ... a mammogram (women only)?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
m. ... a general health exam?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

DO NOT WRITE IN THIS BOX



5. Are you now trying to lose weight?

- Yes  No

6. Thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

Write the number in the boxes, then fill in the appropriate circle beneath each box.

		days
0	0	
1	1	
2	2	
3	3	
4		
5		
6		
7		
8		
9		

7. During the past 12 months, have you seen a doctor, nurse, or other health professional about your own health?

- Yes  No ▶ IF NO, GO TO QUESTION 9

8. Did the doctor, nurse, or other health professional discuss with you or ask you about your:

(Mark ALL that apply)

- Physical activity
- Diet or nutrition
- Weight
- Smoking or other tobacco use
- Stress
- Mental health concerns
- Feeling safe at home

9. During the past 12 months, was there a time when you thought you needed medical care but did not get it or delayed getting it?

- Yes  No ▶ IF NO, GO TO QUESTION 11

10. Why did you not get or delay getting the medical care you thought you needed? (Mark ALL that apply)

- I could not get an appointment
- I had transportation problems
- I was too nervous or afraid
- I did not think it was serious enough
- It cost too much
- I did not have insurance
- My insurance did not cover it
- I did not know where to go
- Other reason \_\_\_\_\_

11. During the past 12 months, was there a time when you thought you needed dental care but did not get it or delayed getting it?

- Yes  No ▶ IF NO, GO TO QUESTION 13

IF YES, GO TO QUESTION 12

12. Why did you not get or delay getting the dental care you thought you needed? (Mark ALL that apply)

- I could not get an appointment
- I had transportation problems
- I was too nervous or afraid
- It cost too much
- I did not have insurance
- The dentist wouldn't accept my insurance
- I did not know where to go
- Other \_\_\_\_\_

13. Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

		days
0	0	
1	1	
2	2	
3	3	
4		
5		
6		
7		
8		
9		

14. During the past 12 months, was there a time when you wanted to talk with or seek help from a health professional about mental health issues, but did not go, or delayed talking with someone?

- Yes  No ▶ IF NO, GO TO QUESTION 16

15. Why did you not get or delay getting the mental health care you thought you needed? (Mark ALL that apply)

- I could not get an appointment
- I had transportation problems
- I was too nervous or afraid
- I did not think it was serious enough
- It cost too much
- I did not have insurance
- My insurance did not cover it
- I did not know where to go
- Other reason \_\_\_\_\_

16. In the past 6 months, which statement best describes medications prescribed for you?

- I had no medications prescribed for me ▶ GO TO QUESTION 18
- I had medications prescribed for me and I filled ALL of the prescriptions ▶ GO TO QUESTION 18
- I had medications prescribed for me and I did not fill at least one of them

17. Why did you not fill at least one prescription for medication? (Mark ALL that apply)

- I do not have insurance
- It cost too much
- I do not like taking medications
- I did not think I needed the medication
- I did not know where to go
- I had transportation problems
- I did not like the side effects
- Other \_\_\_\_\_

18. Do you currently have any of the following types of health insurance? (Please mark yes or no for each.)

	Yes	No
a. Health insurance or coverage through your employer or your spouse/partner, parent, or someone else's employer	<input type="radio"/>	<input type="radio"/>
b. Health insurance or coverage bought directly by yourself or your family ( <u>not</u> through an employer)	<input type="radio"/>	<input type="radio"/>
c. Indian or Tribal Health Service	<input type="radio"/>	<input type="radio"/>
d. Medicare	<input type="radio"/>	<input type="radio"/>
e. Medicaid, Medical Assistance (MA), or Prepaid Medical Assistance Program (PMAP)	<input type="radio"/>	<input type="radio"/>
f. MinnesotaCare	<input type="radio"/>	<input type="radio"/>
g. Insurance through MNSure or South County Health Alliance (SCHA)	<input type="radio"/>	<input type="radio"/>
h. CHAMPUS, TRICARE, or Veterans' benefits	<input type="radio"/>	<input type="radio"/>
i. Other health insurance or coverage (please specify): _____	<input type="radio"/>	<input type="radio"/>
j. NO health insurance coverage	<input type="radio"/>	<input type="radio"/>

19. Do you consider yourself:  Overweight  About the right weight  Underweight

20. How much do you agree or disagree with these statements about people with mental illness?

	Strongly agree	Agree	Disagree	Strongly disagree
a. Treatment can help people with mental illness lead normal lives.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. People are generally caring and sympathetic to people with mental illness.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

21. A serving of fruit is one medium-sized piece of fruit or a half cup chopped, cut, or canned fruit. How many servings of fruit did you have yesterday? (Do NOT include fruit juice.)

Servings

0	0
1	1
2	2
3	3
4	4
5	5
6	6
7	7
8	8
9	9

Write the number in the boxes, then fill in the appropriate circle beneath each box. ▶

22. A serving of 100% fruit juice is 6 ounces. How many 6 ounce servings of 100% fruit juice did you have yesterday?

Servings

0	0
1	1
2	2
3	3
4	4
5	5
6	6
7	7
8	8
9	9

23. A serving of vegetables -not including french fries- is one cup of salad greens or a half cup of any other vegetables. How many servings of vegetables did you have yesterday?

Servings

0	0
1	1
2	2
3	3
4	4
5	5
6	6
7	7
8	8
9	9

24. How many glasses of each of the following did you drink yesterday? Think of a "glass" as a 12-oz. serving.

	0	1-2	3-4	5-6	7 or more
a. Milk	<input type="radio"/>				
b. Pop or soda (regular)	<input type="radio"/>				
c. Pop or soda (diet)	<input type="radio"/>				
d. Sports or energy drinks (Gatorade, Red Bull, Monster, etc.)	<input type="radio"/>				

25. In an average week, how many times do you do the following?

	0	1-2	3-4	5-6	7 or more
a. Eat out or order out a meal from a <u>fast food</u> place (McDonald's, KFC, Taco Bell, pizza places, etc.)	<input type="radio"/>				
b. Eat a meal out at a <u>restaurant</u> that is <u>not</u> a fast food place	<input type="radio"/>				
c. Eat a meal from Meals on Wheels	<input type="radio"/>				
d. Eat a meal from a senior dining site	<input type="radio"/>				
e. Eat a meal at a community setting such as a church	<input type="radio"/>				
f. Eat a home-cooked meal	<input type="radio"/>				
g. Watch television during meal time	<input type="radio"/>				

26. In a typical month, how often do you or others in your household buy or get food from the following places?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week
a. Supermarket or large grocery store	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Small grocery store	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Convenience store or gas station	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. Grocery delivery service	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. Food shelf or food pantry	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f. Some other place	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

27. During the growing season, how often do you or others in your household buy or get food from the following places?

	Never or less than one time per month	About one time per month	About two or three times per month	About one time per week	Two or more times per week
a. Farmers market, fruit/vegetable stand	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Local farm or CSA (community supported agriculture)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Food grown at home or in a community garden	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

28. How far do you usually go (one way) to get your groceries?

<input type="radio"/> Less than 2 miles	<input type="radio"/> 11-20 miles
<input type="radio"/> 2-6 miles	<input type="radio"/> 21-30 miles
<input type="radio"/> 7-10 miles	<input type="radio"/> Over 30 miles

29. How often do you prepare a meal cooked at home from basic ingredients, such as pasta, rice, vegetables or meats?

<input type="radio"/> Every day	<input type="radio"/> 1-2 days per week
<input type="radio"/> 5-6 days per week	<input type="radio"/> Never
<input type="radio"/> 3-4 days per week	

30. During the past 12 months, how often did you worry that your food would run out before you had money to buy more?

<input type="radio"/> Often	<input type="radio"/> Rarely
<input type="radio"/> Sometimes	<input type="radio"/> Never

31. During the past 12 months, have you used a community food shelf program?

<input type="radio"/> Yes	<input type="radio"/> No
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32. Please mark the extent to which you agree or disagree with each of the following statements.

	Strongly agree	Agree	Disagree	Strongly disagree
a. The fresh fruits and vegetables where I usually shop are too expensive	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Fruits and vegetables are difficult to prepare	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

33. When you are at work, which of the following best describes what you do? (Please mark only ONE answer)

- Mostly sitting       Mostly heavy labor or physically demanding work  
 Mostly standing       Not currently employed  
 Mostly walking

34. During the past 30 days, other than your regular job, did you participate in any physical activity or exercise such as running, calisthenics, golf, gardening or walking for exercise?

- Yes       No

35. During an average week, other than your regular job, how many days do you get at least 30 minutes of moderate physical activity? Moderate activities cause only light sweating and a small increase in breathing or heart rate.

- 0 days     2 days     4 days     6 days  
 1 day     3 days     5 days     7 days

36. During an average week, other than your regular job, how many days do you get at least 20 minutes of vigorous physical activity? Vigorous activities cause heavy sweating and a large increase in breathing and heart rate.

- 0 days     2 days     4 days     6 days  
 1 day     3 days     5 days     7 days

33. Where do you usually do exercise or physical activities? (Mark ALL that apply)

- At home  
 At work  
 At a health club, fitness center, or gym  
 At a public recreation facility or community center  
 Somewhere outdoors (park, trails, etc.)  
 Some other place  
 Not applicable—I do not or I am unable to do physical activities

38. Please indicate if you have the following resources and facilities in your community, and if so, whether or not you use that resource or facility.

	Does your community have this?			If yes, do you use it?	
	Don't know	My community does not have this	My community has this	I use this	I do not use this
a. Walking paths or trails	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Bicycle paths, shared use paths or bike lanes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Public swimming pools or water parks	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. Public recreation or community centers	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. Parks or sports fields	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f. Schools, colleges or universities that are open for public use for exercise or physical activity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
g. A shopping mall or store for physical activity or walking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
h. Health club, fitness or wellness center (YMCA, Curves, Snap Fitness, Anytime Fitness, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
i. Nearby waterways, such as creeks, rivers, and lakes for water-related activities (canoeing, swimming, kayaking, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

39. Has your household air ever been tested for the presence of radon?

- Yes       No ► GO TO QUESTION 41

40. Has your household air ever tested positive for radon?

- Yes       No

41. In the past 12 months, has someone living in your home made you fearful through action, tone of voice, threats, or destroying your property?

- Yes       No

42. Have you smoked at least 100 cigarettes in your entire life? (100 cigarettes = 5 packs)

- Yes       No ► GO TO QUESTION 45

43. Do you now smoke cigarettes every day, some days, or not at all?

- Every day  
 Some days  
 Not at all ► GO TO QUESTION 45

44. During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit?

- Yes       No

45. How often do you use any of the following products?

Every day    Some days    Never

- a. Cigars, cigarillos, or little cigars  Every day  Some days  Never
- b. Pipes  Every day  Some days  Never
- c. Snuff, snus or chewing tobacco  Every day  Some days  Never
- d. E-cigarettes  Every day  Some days  Never
- e. Any other type of tobacco product  Every day  Some days  Never
- f. Marijuana  Every day  Some days  Never

46. Does anyone, including yourself, smoke tobacco (not including e-cigarettes) regularly inside your home?

Yes     No

47. In the past 7 days, have you been in a car or other vehicle with someone who was smoking tobacco (not including e-cigarettes)?

Yes     No

48. In Goodhue County, in the past 7 days, has anyone smoked tobacco (not including e-cigarettes) near you at any place besides your home or car?

Yes     No

49. In Goodhue County, have you ever seen anyone smoke an e-cigarette?

Yes     No

50. Where have you seen people smoke tobacco OR e-cigarettes in Goodhue County?

(Mark ALL that apply)

Tobacco    E-cigarettes

- a. Your workplace  Tobacco  E-cigarettes
- b. A restaurant or bar  Tobacco  E-cigarettes
- c. A business or shopping area  Tobacco  E-cigarettes
- d. A park or outdoor recreation area  Tobacco  E-cigarettes
- e. An outdoor community sports event  Tobacco  E-cigarettes
- f. A sidewalk or building entrance  Tobacco  E-cigarettes
- g. Some other places  Tobacco  E-cigarettes
- h. None of these places  Tobacco  E-cigarettes

51. Do you rent an apartment in a multifamily building (a building with 4 or more apartments)?

Yes     No    ► IF NO, GO TO QUESTION 53

52. Does anyone ever smoke tobacco in any of the following areas in your building? (Mark ALL that apply)

- Apartments     Lobby or lounge areas
- Hallways     Party rooms
- Laundry rooms     On patios or balconies

53. During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage, or liquor?

Yes     No    ► IF NO, GO TO QUESTION 57

54. During the past 30 days, on how many days did you have at least one drink of any alcoholic beverage? →

		Days
0	0	
1	1	
2	2	
3	3	
4		
5		
6		
7		
8		
9		

55. During the past 30 days, on the days when you drank, about how many drinks did you drink on average?

(One drink is equivalent to a 12-oz. beer, a 5-oz. glass of wine, or a drink with one shot of liquor.)

- 1 drink     6 drinks
- 2 drinks     7 drinks
- 3 drinks     8 drinks
- 4 drinks     9 drinks
- 5 drinks     10 drinks or more

56. Considering all types of alcoholic beverages, how many times during the past 30 days did you have...?

**FOR FEMALES:**  
4 or more drinks  
on an occasion

		Times
0	0	
1	1	
2	2	
3	3	
4		
5		
6		
7		
8		
9		

**FOR MALES:**  
5 or more drinks  
on an occasion

		Times
0	0	
1	1	
2	2	
3	3	
4		
5		
6		
7		
8		
9		

57. Do you ever drive a car or other vehicle?  
 Yes     No ► GO TO QUESTION 59

Not applicable:  
I don't have a cell phone

58. When DRIVING a car or other vehicle, how often do you...  

	Often	Sometimes	Never	Not applicable: I don't have a cell phone
a. ...read or send text messages?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. ...make or answer a phone call?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. ...do other activities such as eat, read, apply makeup or shave?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
d. ...drive when you have perhaps had too much to drink?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	

59. How often do you wear a seat belt when you drive or ride in a car?  
 Always     Most of the time     Sometimes     Seldom     Never

60. Do you have access to at least one *working* car or other vehicle to use when you need to?  
 Yes     No

61. During the past 12 months, did you seriously think about killing yourself?  
 Yes     No

62. Are you:  
 Male     Female

63. Do you think of yourself as...? (Mark ALL that apply)  
 Heterosexual or straight  
 Gay, lesbian, or homosexual  
 Bisexual  
 Other

64. Your age group:  
 18-24     35-44     55-64     75+  
 25-34     45-54     65-74

65. Are you of Hispanic or Latino origin?  
 Yes     No

66. Which of the following best describes you?  
 (Mark ALL that apply)  
 American Indian  
 Asian or Pacific Islander  
 Black or African American or African  
 White  
 Other \_\_\_\_\_

67. What is the zip code where you live? →

0	0	0	0	0
1	1	1	1	1
2	2	2	2	2
3	3	3	3	3
4	4	4	4	4
5	5	5	5	5
6	6	6	6	6
7	7	7	7	7
8	8	8	8	8
9	9	9	9	9

68. How tall are you without shoes?

Feet	Inches
0	0
1	1
2	2
3	3
4	4
5	5
6	6
7	7
8	8
9	9
10	10
11	11

69. Approximately how much do you weigh? →

0	0	0
1	1	1
2	2	2
3	3	3
4	4	4
5	5	5
6	6	6
7	7	7
8	8	8
9	9	9

Pounds

70. Including yourself, how many adults live in your household?

**Number of adults:**

① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩ ⑪ ⑫ or more

71. How many children (under age 18) live in your household?

**Number of children:**

① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩ ⑪ ⑫ or more

72. What is the highest level of education you have completed? (Please mark only ONE)

- Did not complete 8th grade
- Did not complete high school
- High school diploma/GED
- Trade/Vocational school
- Some college
- Associate degree
- Bachelor's degree
- Graduate/Professional degree

73. Household income per year:

- |   |   |
|---|---|
| <input type="radio"/> Less than \$10,000  | <input type="radio"/> \$50,000 - \$74,999   |
| <input type="radio"/> \$10,000 - \$14,999 | <input type="radio"/> \$75,000 - \$99,999   |
| <input type="radio"/> \$15,000 - \$24,999 | <input type="radio"/> \$100,000 - \$149,999 |
| <input type="radio"/> \$25,000 - \$34,999 | <input type="radio"/> \$150,000 - \$199,999 |
| <input type="radio"/> \$35,000 - \$49,999 | <input type="radio"/> \$200,000 or more     |

74. Are you currently... (Mark ALL that apply)

- Employed
- Self-employed or farmer
- Serving in the Armed Forces
- Unemployed or out of work
- A homemaker or stay-at-home parent
- A student
- Retired
- Unable to work because of a disability

75. In your opinion, what is "healthy" about your community?

76. And what is "unhealthy" about your community, in your opinion?

*Thank you for completing this survey!*