

FREE FLUORIDE VARNISHING

ALL KIDS-----ALL AGES

WIC clinic sites this summer:

Kenyon, June 9, 2015, 9-12

Cannon Falls, June 11, 2015, 9-12

Red Wing, July 8, 2015, 8:30-4

Zumbrota, Aug 6, 2015, 9-12 & 12:30-2:30

Future dates to be determined....



Protect your Child's Smile.....

*First dental visit by first birthday or when teeth first erupt

*Protect baby's teeth with fluoride

Check with dentist for fluoride supplement recommendation

*Clean infant gums and first teeth with moist cloth or a small soft toothbrush

*Brush children's teeth twice daily, after breakfast and before bed, with soft toothbrush and small amount of fluoride toothpaste

*Limit sugar

*No bottles in bed

*Wean from bottle to cup by 1 year of age

*Don't share germs

*Check child's teeth monthly for signs of decay

*Parents should assist with brushing up to age six

*Parents can role model good oral care with brushing and flossing