



CRISIS RESPONSE

For Southeast Minnesota

www.crisis2southeastmn.com



Crisis Response
inspires hope in adults,
children, youth and
their families by
delivering
compassionate,
person-centered,
recovery-based
mental health support
during a crisis.

Help is just a phone call away

1-844-CRISIS2

Crisis Response is provided through:

Canvas Health

Zumbro Valley Health Center

South Central Human Relations Center

Hiawatha Valley Mental Health Center

If you or a loved one are
experiencing any of the
following:

- An inability to cope with daily stressors
- Feelings of wanting to harm your self or others
- Rapid mood swings
- Has lost touch with reality

Let our Crisis Line help:

Crisis Response phone support is offered to those experiencing mental health crises. Staff will gather information, ensure safety and connect you with local resources. Our crisis line can offer phone counseling or dispatch one of our mobile teams to meet you where you are.

1-844-CRISIS2
1-844-274-7472



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