



GOODHUE COUNTY MINNESOTA

TO EFFECTIVELY PROMOTE THE SAFETY, HEALTH, AND WELL-BEING OF OUR RESIDENTS

COMMITTEE OF THE WHOLE AGENDA

COUNTY BOARD ROOM
GOVERNMENT CENTER
RED WING, MN

FEBRUARY 1, 2022
10:30 A.M.

Virtual Meeting Notice

Due to concerns surrounding the spread of COVID-19, it has been determined that in-person meetings or meetings conducted under Minn. Stat. 13D.02 a are not practical or prudent. Therefore, meetings that are governed by the Open Meeting Law will temporarily be conducted by telephone or other electronic means pursuant to Minn. Stat. 13D.021.

The Goodhue County Board of Commissioners will be conducting a Committee of the Whole meeting pursuant to this section on February 1, 2022 at 10:30 a.m. in the County Board Room. The County Administrator and/or County Attorney will be present at the meeting location. All County Commissioners attending will appear by telephone or other electronic means. The public may monitor the meeting from a remote site by logging into <https://global.gotomeeting.com/join/796820349> or calling 1 866 899 4679 OR 1 571 317 3116 any time during the meeting.

Access Code: 796-820-349

1. Adult Detention Center Programs and MN Adult and Teen Challenge Outpatient Treatment Program

Documents:

[Adult Detention Center Programs and MN Adult and Teen Challenge Outpatient Treatment Program.pdf](#)

Goodhue County Adult Detention Center

Programs & Services

Adult Education/GED Classes

Adult Education/GED classes are offered several times a week. Certified teachers can help you with:

- GED Preparation
- Reading
- Writing
- Math
- College Preparation
- English Speaking/Writing
- Job Skills Inventory
- Resume Writing
- Driver's Test Preparation

Resume Writing

The goal of the Resume Writing class is to help individuals gather and create information needed to create a resume. Certified teachers can help you with:

- Resume Worksheets
- Resume Samples
- Explaining what a resume consists of

Career Access Program

The goal of the CAP or Career Access Program is to help each individual create a career pathway and job search plan. The instructor will lead you through a series of exercises and activities, designed to help you understand what it means to be employable – and help you find out what career areas might best fit your areas of expertise.

Money Management

This class is a basic money management curriculum. Certified teachers can help you with:

- Money goals & choices
- Recording income & expenses
- Making a budget
- Ideas for saving & shopping wisely
- Paycheck deductions / Health Care
- Using a checking account / Debit card
- Improving credit; report & score
- Garnishment & repossession

Managing debt
Bankruptcies

Foundations in Manufacturing

Foundations in Manufacturing is a college accredited course offered to individuals at our Adult Detention Center. The course consists of:

Manufacturing 101 (24 hours) Certificate from Minnesota State College Southeast

- Manufacturing Math
- Blueprint Reading and Measurements
- Careers in Manufacturing
- Certificate from Minnesota State College Southeast

OSHA 10 and Soft Skills (1 college credit)

- Safety rules, PPE, Hazards in the workplace
- OSHA 10 policies and procedures
- Communication skills, problem solving, effective listening and more
- OSHA 10 card – national certification

Authentic Manhood

33 The Series: This video series is designed to inspire and equip men to pursue authentic manhood as modeled by Jesus Christ in his 33 years on Earth.

MN Adult and Teen Challenge Representative

At least once a month, a representative from MN Adult and Teen Challenge will share his/her individual story and more specific information about their faith-based program.

MN Adult and Teen Challenge Outpatient Treatment

Goodhue County Adult Detention Center is offering treatment and support services via a secure virtual environment while incarcerated. This treatment program is considered an outpatient program, which consists of 40 sessions (120 hours) on Tuesday, Wednesday, and Friday from 8:30 – 11:30AM. Individual sessions will be held every other week for each individual who is attending the class. In order to attend the program you must be funded by the county you reside in. Please contact the programs department if you are interested in this class.

Chaplain Service

Please direct any religious concerns or preferences to the programs office

A variety of written material is available through the programs office. If you are unable to locate the religious books you are looking for, please let the programs office know

The programs office also has several individuals from a variety of backgrounds, who are available to talk with you one on one, to listen to your faith struggles, or to provide direction for you. Please send a request to the program office if you would like to meet with a chaplain.

Supportive Housing

Are you homeless, about to become homeless, or a low-income family/individual in Goodhue County struggling to find permanent, affordable housing? The Hope Coalition will meet with individuals upon request to discuss your situation. Please send a request to programs to speak with the volunteer Hope Coalition Supportive Housing provides:

Library

The Goodhue County Adult Detention Center Library is supported, supplied and maintained by volunteers and staff.

There are a variety of books and magazines available to you. Please remember that you are only allowed up to 5 books or magazines in your room at any time. Library book exchange will be scheduled as often as possible for each unit. If you have a special concern, please write directly to the program office

Reference books as encyclopedia, dictionaries and law books must stay in the library so all detainees have access to these materials.

Recreation/Gym

Each housing unit is offered time in the gym for recreation at least five times a week. Actual times in the gym may vary due to staffing availability. Activities include volleyball, basketball, dodgeball, handball, exercise tapes, sit-up bench, pull-up bar, dip bar, TRX, and stationary bike.

Shoes and clean socks will be provided in the gym.

Sentence to Service (STS)

Sentenced Goodhue County detainees may have the opportunity to work on a crew in the community. For each day of work with the STS program, one day is taken off the end of a detainee's sentence.

Participants must be approved by the Courts and meet established criteria. Once approved by the courts participants must put in a request to the Programs Department. Programs will then go over required paperwork and present it to the STS crew leaders.

If accepted by the crew leaders, participants will need to complete a urinary analysis for \$5.00. Your body must be clear of all drugs and alcohol before you will be allowed on the STS crew. If you fail, you are required to wait 72 hours and pay for any subsequent testing at a cost of \$5.00 per test.



MNTC Outpatient Services

Currently, all assessments and outpatient services are operating using telehealth via zoom. This has proven to be an effective strategy to allow clients in custody to receive treatment services before release to the community, improving outcomes. Most clients report they prefer this format to in-person groups, given the current social climate.

An individual interested in treatment services must first start with an assessment to qualify them for placement and funding options. MNTC will provide an assessment in person, telephone, or telehealth.

Goodhue County Program

Schedule can be designed to meet your programming needs 4-5 days a week.

Example below:

M	T	W	TH	F
	8:30-11:30am	8:30-11:30am		8:30-11:30am

INTENSIVE OUTPATIENT PROGRAM

- All counselors are Licensed Alcohol and Drug Counselors (LADC).
- Intensive Outpatient Treatment is 40 (120 hrs.) sessions in length- we would transition the client to a community outpatient group post incarceration if the client had not completed.
- Satisfactory completion is based on attendance, progress and completion of treatment plan goals.
- Strong focus on *Criminal Thinking* Curriculum.
- An additional staff member named a Peer Recovery Support Specialist (PRSS) will be available to help with any recovery related needs outside of treatment including but not limited to:
 - Connection and Transition to the Recovery Community
 - Physical/Emotional/Spiritual Health
 - Education
 - Personal Daily Management
 - Job interviews and Employment
 - Housing needs
 - Mentorship
 - Transportation needs
 - Establishing a sponsor/mentor
- Group size is typically 10-14 people.
- Individual therapy sessions every other week.
- Mental Health Services are available upon request.
- A Faith-Based track is optional and available upon request.

Questions: Ben Stapp- MN Director of Outpatient Services

Ben.stapp@mntc.org

(612)-238-6526