



# GOODHUE COUNTY MINNESOTA

TO EFFECTIVELY PROMOTE THE SAFETY, HEALTH, AND WELL-BEING OF OUR RESIDENTS

## GOODHUE COUNTY HEALTH & HUMAN SERVICES (GCHHS) AGENDA

COUNTY BOARD ROOM  
RED WING, MN  
JUNE 18, 2019  
10:30 A.M.

1. CALL TO ORDER
2. REVIEW AND APPROVE BOARD MEETING AGENDA:
3. REVIEW AND APPROVE PREVIOUS MEETING MINUTES:
  - a. May 2019 HHS Board Meeting Minutes  
Documents:  
[MAY 2019 HHS BOARD MINUTES.PDF](#)
4. INTRODUCTION OF NEW & PROMOTED STAFF
5. REVIEW AND APPROVE THE FOLLOWING ITEMS ON THE CONSENT AGENDA:
  - a. Child Care Licensure Approvals  
Documents:  
[CHILD CARE APPROVALS.PDF](#)
  - b. TANF Grant Agreement  
Documents:  
[TANF GRANT AGREEMENT.PDF](#)
6. ACTION ITEMS:
  - a. Accounts Payable  
Documents:  
[ACCOUNTS PAYABLE.PDF](#)
7. INFORMATIONAL ITEMS:
  - a. HVMHC Update  
Erik Sievers, Executive Director  
Documents:

[ANNUAL-REPORT-2019 HVMHC.PDF](#)  
[HVMHC BROCHURE.PDF](#)

b. DAANES Report  
Abby Villaran

Documents:

[DAANES REPORT 2018 - PRESENTATION.PDF](#)  
[DAANES REPORT 2018 - SUMMARY.PDF](#)

c. TZD Update  
Jessica Seide & Jessica Schleck

Documents:

[TZD PRESENTATION.PDF](#)

8. FYI-MONTHLY REPORTS:

a. Placement Report

Documents:

[PLACEMENT REPORT.PDF](#)

b. Child Protection Report

Documents:

[CHILD PROTECTION REPORT.PDF](#)

c. HHS Staffing Report

Documents:

[HHS STAFFING REPORT.PDF](#)

9. ANNOUNCEMENTS/COMMENTS:

10. ADJOURN

- a. Next Meeting: Annual Meeting - Tuesday, July 2, 2019 At 10:30 A.M. Or Immediately Following  
Cannon Valley Fairgrounds

**PROMOTE, STRENGTHEN, AND PROTECT THE HEALTH OF INDIVIDUALS, FAMILIES, AND  
COMMUNITIES**

**GOODHUE COUNTY  
HEALTH & HUMAN SERVICES BOARD MEETING  
MINUTES OF MAY 21, 2019**

The Goodhue County Health and Human Services Board convened their regularly scheduled meeting at 11:02 A.M., Tuesday, May 21, 2019, in the Goodhue County Board Room located in Red Wing, Minnesota.

**BOARD MEMBERS PRESENT:**

Brad Anderson, Paul Drotos, Jason Majerus, Barney Nesseth, Nina Pagel, and Susan Johnson.

**STAFF AND OTHERS PRESENT:**

Nina Arneson, Mary Heckman, Mike Zorn, Lisa Woodford, Cheri Johnson, Kris Johnson, Erin Kuester

**AGENDA:**

On a motion by J. Majerus and seconded by N. Pagel, the Board unanimously approved the May 21, 2019 Agenda.

**MEETING MINUTES:**

On a motion by J. Majerus and seconded by S. Johnson, the Board unanimously approved the Minutes of the H&HS Board Meeting on April 16, 2019.

**CONSENT AGENDA:**

On a motion by J. Majerus and seconded by S. Johnson, the Board unanimously approved all items on the consent agenda.

**ACTION ITEMS:**

On a motion by J. Majerus and seconded by S. Johnson, the Board unanimously approved payment of all accounts as presented.

On a motion by J. Majerus and seconded by P. Drotos, the Board unanimously approved the Goodhue County Educational District contracts.

On a motion by S. Johnson and seconded by J. Majerus, the Board unanimously approved the Personnel request as requested.

Goodhue County Health & Human Services Board  
Meeting Minutes of May 21, 2019

FYI & REPORTS:

1<sup>st</sup> Quarter 2019 Fiscal Report given by Mike Zorn  
Child Protection Report presented by Kris Johnson  
Placement Report  
HHS Staffing Report  
Goodhue County Performance Report-Cash Assistance and SNAP 4-2019  
Quarterly Trend Report  
(Non) Award Letter- Disparity Initiative-Refugee Health- Tuberculosis (TB)

ANNOUNCEMENTS/COMMENTS:

ADJOURN:

On a motion by N. Pagel and seconded by J. Majerus, the Board unanimously approved adjournment of this session of the Health & Human Services Board Meeting at or around 11:46 a.m.

DRAFT

**GOODHUE COUNTY  
HEALTH & HUMAN SERVICES (HHS)**



**REQUEST FOR BOARD ACTION**

<b>Requested Board Date:</b>	June 18, 2019	<b>Staff Lead:</b>	Kris Johnson
<b>Consent Agenda:</b>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<b>Attachments:</b>	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
<b>Action Requested:</b>	Approve Child Care Licensure Actions		

**BACKGROUND:**

**Child Care Relicensures:**

- Jynnylee Nesseth                      Zumbrota
- Jodie Peterson                          Kenyon

**Child Care Licensures:**

Number of Licensed Family Child Care Homes: 80

**RECOMMENDATION:** Goodhue County HHS Department recommends approval of the above.

**GOODHUE COUNTY  
HEALTH & HUMAN SERVICES (GCHHS)**



**REQUEST FOR BOARD ACTION**

<b>Requested Board Date:</b>	06/18/2019	<b>Staff Lead:</b>	Brooke Hawkenson
<b>Consent Agenda:</b>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<b>Attachments:</b>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<b>Action Requested:</b>	Approval of TANF (Temporary Aid to Needy Families) Contract, budget, and work plan		

**BACKGROUND:**

TANF or Temporary Aid to Needy Families is a block grant from the Minnesota Department of Health. Funds are used to decrease dependence of needy families on government benefits through Family Home Visiting, nutrition counseling services at WIC, and group teen pregnancy prevention efforts. Goodhue County Health and Human Services uses TANF funds to help support our Family Home Visiting Program.

In order to use these funds for Family Home Visiting our families must meet eligibility requirements they include: Families must be receiving MFIP or have an income under 200 FPG AND all members of the family must be U.S citizens or eligible non-citizens. Families must also consist of one of the following: pregnant woman, child under the age of 18 OR child under 19 if a full time secondary student. We also must maintain records of eligibility in our documentation.

Family Home Visiting offers a variety of benefits. These visits can provide pregnancy and/or postpartum education and support, breastfeeding support, child development, infant weight checks, infant and child safety information, attachment and bonding, parenting information, and connecting families to resources.

The upcoming grant period is July 1, 2019 through June 30, 2023 for a total of \$189,848 which equates to \$47,462 per year. We will utilize the grant funds for salary and benefits for our nursing staff.

**RECOMMENDATION:**

HHS recommends approval of the TANF (Temporary Aid for Needy Families) contract, budget, and work plan to continue Family Home Visiting Services in our county.

## Minnesota Department of Health Grant Award Cover Sheet

You have received a grant award from the Minnesota Department of Health (MDH). Information about the grant award, including funding details, are included below. Contact your MDH Grant Manager if you have questions about this cover sheet.

**DATE:**

**ATTACHMENT:** Grant Project Agreement

**CONTACT FOR MDH:** Meredith Martinez, Systems Unit Supervisor, 651-201-5015, Meredith.Martinez@state.mn.us

Grantee SWIFT Information	Grant Agreement Information	Funding Information
<b>Name of MDH Grantee:</b> Goodhue County Health and Human Services	<b>Grant Agreement/Project Agreement Number:</b>	<b>Total Grant Funds (all funding sources):</b> \$189,848
<b>Grantee SWIFT Vendor Number:</b> 0000197327 <b>SWIFT Vendor Location 001</b>	<b>Period of Performance Start Date:</b> 7/1/2019 <b>Period of Performance End Date:</b> 6/30/2023	<b>Total State Grant Funds: \$</b>  <b>Total Federal Grant Funds: \$189,848</b>

### Notice to Grantee about Federal Funds

You have received a sub-award of federal financial assistance from MDH. Information about the award is being shared with you per 2 CFR 200.331. Please keep a copy of this cover sheet with the grant project agreement.

<b>Grantee Organization Name and Number (DUNS) Name and Number</b>	<b>DUNS Name:</b> Goodhue, County of <b>DUNS Number:</b> 051690642
<b>Grantee Approved Indirect Cost Rate (if Grant)</b>	Up to 10%
<b>Grantee Approval Requested by Dev. Department</b>	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
<b>Project Description</b>	Fund Family Home Visiting for families at or below 200 percent of poverty and who are at risk, including but not limited to child abuse, child neglect, or juvenile delinquency.
<b>Name of Federal Awarding Agency</b>	HRSA
<b>CFDA Name and Number (Catalog of Federal Domestic Assistance)</b>	<b>CFDA Name:</b> TANF(Temporary Aid to Needy Families) Home Visiting and Teen Pregnancy Prevention <b>CFDA Number:</b> 93.558
<b>Federal Award Identification Number (FAIN) (enter only if you are a sub-grantee)</b>	NGA 1801MNTANF
<b>Federal Award Date (Date of Notice to Recipient)</b>	
<b>Federal Awarding Agency Website (if any)</b>	



**Minnesota Department of Health  
Community Health Board Grant Project Agreement**

This Grant Project Agreement, and amendments and supplements, is between the State of Minnesota, acting through its Commissioner of Health ( "STATE") and Goodhue County Health and Human Services, an independent organization, not an employee of the State of Minnesota, address 426 West Avenue, Red Wing, MN 55066, ("GRANTEE").

1. Under Minnesota Statutes 144.0742, the STATE is empowered to enter into a contractual agreement for the provision of statutorily prescribed public health services;
2. The STATE and the GRANTEE have entered into Master Grant Contract number 12-700-00074("Master Grant Contract") effective January 1, 2015 or subsequent Master Grant Contracts and amendments and supplements thereto;
3. The STATE, pursuant to Minnesota Statutes 145A.17, is empowered to establish a family home visiting program for families at or below 200 percent of the federal poverty guidelines and who are at risk, including but not limited to child abuse, child neglect, or juvenile delinquency; and
4. The GRANTEE represents that it is duly qualified and willing to perform the duties described in this grant project agreement to the satisfaction of the STATE. Pursuant to Minnesota Statutes Section 16B.98, subdivision 1, the GRANTEE agrees to minimize administrative costs as a condition of this grant.

NOW, THEREFORE, it is agreed:

1. ***Incorporation of Master Grant Contract.*** All terms and conditions of the Master Grant Contract are hereby incorporated by reference into this grant project agreement.

2. ***Term of Agreement.***

2.1 *Effective date.* This grant project agreement shall be effective on July 1, 2019. Grantee is eligible for payment for all services satisfactorily performed from the effective date notwithstanding the date all required signatures are obtained.

2.2 *Expiration date.* June 30, 2023, or until all obligations have been fulfilled to the satisfaction of the STATE, whichever occurs first, except for the requirements specified in this grant project agreement with completion dates which extend beyond the termination date specified in this sentence.

3. ***Grantee's Duties and Responsibilities.*** The GRANTEE shall complete the duties as set forth in Exhibit A-work plan, which is attached and incorporated into this Agreement. Grantee shall assure that only allowed services are provided to eligible recipients as outlined in Exhibit B, which is attached and incorporated into this Agreement.

3.1 *Informed Consent for Release of Individual Level Family Home Visiting Data.* If GRANTEE uses these funds for Family Home Visiting, GRANTEE must have a process that asks clients for written informed consent to release their individual level data to STATE, including personal identifiers, for the purpose of evaluating the Family Home Visiting program. GRANTEE must inform the clients that a client's decision to not to grant consent will not in any way impact the client's family's access to services. GRANTEE should inform clients that they may withdraw consent for release of data to STATE at any time, and that withdrawal of consent

will not affect any data that has already been released to STATE. STATE agrees to protect not public data as outlined in Exhibit C which is attached and incorporated into this agreement.

3.2 Family Home Visiting Evaluation. If GRANTEE uses these funds for Family Home Visiting, GRANTEE will participate in STATE'S Family Home Visiting program evaluation and reporting activities. GRANTEE must provide STATE with evaluation data according to the schedules and standards specified by STATE. GRANTEE will release individual level evaluation data including personal identifiers to STATE according to the level of informed consent given by the client. GRANTEE will provide STATE with aggregate data on clients served by the grant program, including clients that do not grant informed consent to release any individual level data to STATE.

3.3 Billing Third Parties. If GRANTEE uses these funds for Family Home Visiting, the GRANTEE must seek third party reimbursement for TANF family home visiting services provided to Medicaid-enrolled families. Earned program income generated by grant supported activities must go back into the GRANTEE'S TANF home visiting program, may be used for allowable costs only and must be reported to the STATE as required every six months.

3.4 WIC Nutritional Services Reporting. If GRANTEE uses these funds to provide WIC nutritional services, GRANTEE must provide the STATE with an unduplicated count of the number of families served each year. GRANTEE must be able to identify the individual clients served using these funds.

3.5 Teen Pregnancy Prevention Reporting. If GRANTEE uses these funds to provide teen pregnancy prevention group efforts, GRANTEE must provide the STATE with an unduplicated count of the numbers of teens reached each year.

3.6 GRANTEE must use at least 51 percent of the total award under this agreement to support family home visiting.

**4. Consideration and Payment.**

4.1 Consideration. The STATE will pay for all services performed by the GRANTEE under this grant project agreement as follows:

(a) Compensation. The GRANTEE will be paid according to the breakdown of costs contained in Exhibit D, which is attached and incorporated into this Agreement. Individual budgets are required for each area (Family Home Visiting, WIC nutritional services, and/or Teen Pregnancy Prevention efforts) that the GRANTEE will be supporting with the use of these funds. The Grantee will be required to submit a detailed budget for budget period July 1, 2021 to June 30, 2022, and July 1, 2022 to June 30, 2023 by April 1<sup>st</sup>, 2021 and when approved by the State's Authorized Representative, these detailed budgets will become part of this grant agreement.

(b) Total Obligation. The total obligation of the STATE for all compensation and reimbursements to the GRANTEE under this grant project agreement will not exceed \$189,848 as follows:

<u>Budget Period</u>	<u>Funding</u>
July 1, 2019 – June 30, 2020	\$47,462
July 1, 2020 - June 30, 2021	\$47,462
July 1, 2021 – June 30, 2022	\$47,462
July 1, 2022 – June 30, 2023	\$47,462

Indirect costs shall not exceed 10% of the total direct expenses invoiced

Unexpended funds from the first budget period above are available in the second budget period

Unexpended funds from the second budget period above are not available in the third budget period.

Unexpended funds from the third budget period above are available in the fourth budget period.

(c) *Budget Modifications.* Modifications greater than 10 percent of any budget line item in the most recently approved budget (listed in 4.1(a) or incorporated in Exhibit D) requires prior approval from the STATE and must be indicated on submitted reports. Failure to obtain prior approval for modifications greater than 10 percent of any budget line item may result in denial of modification request and/or loss of funds.

Modifications equal to or less than 10 percent of any budget line item are permitted without prior approval from the STATE provided that such modification is indicated on submitted reports and that the total obligation of the STATE for all compensation and reimbursements to the GRANTEE shall not exceed the total obligation listed in 4.1(b).

#### 4.2 Terms of Payment.

(a) *Invoices.* The State will promptly pay the GRANTEE after the GRANTEE presents an itemized invoice for the services actually performed and the State's Authorized Representative accepts the invoiced services. Invoices must be submitted in a timely fashion and according to the following schedule: The GRANTEE must submit invoices no later than 20 days after the end of the invoice period to [Health.fhvgrants@state.mn.us](mailto:Health.fhvgrants@state.mn.us). An invoice period can be either monthly or quarterly at the discretion of the GRANTEE.

(b) *Federal Funds.* Payments under this grant project agreement will be made from federal funds obtained by the STATE through Title Temporary Assistance to Need Families, CFDA number 93.558 of the Personal Responsibility and Work Opportunity Reconciliation Act 1996, including public law and all amendments. The Notice of Grant Award (NGA) number is 1801MNTANF. The GRANTEE is responsible for compliance with all federal requirements imposed on these funds and accepts full financial responsibility for any requirements imposed by the Grantee's failure to comply with federal requirements. If at any time federal funds become unavailable, this agreement shall be terminated immediately upon written notice of by the STATE to the GRANTEE. In the event of such a termination, GRANTEE is entitled to payment, determined on a pro rata basis, for services satisfactorily performed.

5. **Conditions of Payment.** All services provided by GRANTEE pursuant to this grant project agreement must be performed to the satisfaction of the STATE, as determined in the sole discretion of its Authorized Representative. Further, all services provided by the GRANTEE must be in accord with all applicable federal, state, and local laws, ordinances, rules and regulations.
6. **Ownership of Equipment.** Disposition of all equipment purchased under this grant project agreement shall be in accordance with Code of Federal Regulations, Title 45, Part 74, Subpart C or, for Notice of Grant Awards issued on or after December 26, 2014, in accordance with Code of Federal Regulations, Title 2, Subpart A, Chapter II, Part 200. For all equipment having a current per unit fair market value of \$5,000 or more, the STATE shall have the right to require transfer of the equipment, including title, to the Federal Government or to an eligible non-Federal party named by the STATE. This right will normally be exercised by the STATE only if the project or program for which the equipment was acquired is transferred from one grantee to another.

#### 7. Authorized Representatives.

7.1 *STATE's Authorized Representative.* The STATE's Authorized Representative for purposes of administering this grant project agreement is Meredith Martinez, Systems Unit Supervisor, PO Box 64882,

St. Paul, MN 55101, 651-201-5015, [Meredith.Martinez@state.mn.us](mailto:Meredith.Martinez@state.mn.us), or her successor, and has the responsibility to monitor the GRANTEE's performance and the final authority to accept the services provided under this grant project agreement. If the services are satisfactory, the STATE's Authorized Representative will certify acceptance on each invoice submitted for payment.

**7.2 GRANTEE's Authorized Representative.** The GRANTEE's Authorized Representative is Nina Arneson, CHS Administrator, 426 West Avenue, Red Wing, MN 55066, 651-385-6115, [nina.arneson@co.goodhue.mn.us](mailto:nina.arneson@co.goodhue.mn.us), or his/her successor. The GRANTEE's Authorized Representative has full authority to represent the GRANTEE in fulfillment of the terms, conditions, and requirements of this agreement. If the GRANTEE selects a new Authorized Representative at any time during this grant project agreement, the GRANTEE must immediately notify the STATE.

## **8. Termination.**

**8.1 Termination by the STATE.** The STATE or GRANTEE may cancel this grant project agreement at any time, with or without cause, upon thirty (30) days written notice to the other party.

**8.2 Termination for Cause.** If the GRANTEE fails to comply with the provisions of this grant project agreement, the State may terminate this grant project agreement without prejudice to the right of the STATE to recover any money previously paid. The termination shall be effective five business days after the STATE mails, by certified mail, return receipt requested, written notice of termination to the GRANTEE at its last known address.

**8.3 Termination for Insufficient Funding.** The STATE may immediately terminate this grant project agreement if it does not obtain funding from the Minnesota legislature or other funding source; or if funding cannot be continued at a level sufficient to allow for the payment of the work scope covered in this grant project agreement. Termination must be by written (e-mail, facsimile or letter) notice to the GRANTEE. The STATE is not obligated to pay for any work performed after notice and effective date of the termination. However, the GRANTEE will be entitled to payment, determined on a pro rata basis, for services satisfactorily performed to the extent that funds are available. The STATE will not be assessed any penalty if this grant project agreement is terminated because of the decision of the Minnesota legislature, or other funding source, not to appropriate funds. The STATE must provide the GRANTEE notice of the lack of funding within a reasonable time of the STATE receiving notice of the same.

**9. Publicity.** Any publicity given to the program, publications, or services provided from this grant project agreement, including, but not limited to, notices, informational pamphlets, press releases, research, reports, signs, and similar public notices prepared by or for the GRANTEE or its employees individually or jointly with others, or any subgrantees shall identify the STATE as a sponsoring agency and shall not be released, unless such release is approved in advance in writing by the STATE'S Authorized Representative. If federal funding is being used for this grant project agreement, the federal program must also be recognized.

APPROVED:

1. GRANTEE

*The Grantee certifies that the appropriate persons(s) have executed the project agreement on behalf of the Grantee as required by applicable articles, bylaws, resolutions, or ordinances.*

By: 

Title: Director

Date: 5/29/2019

2. STATE AGENCY

*Project Agreement approval and certification that STATE funds have been encumbered as required by Minn. Stat. §§ 16A.15 and 16C.05.*

By: \_\_\_\_\_

Title: \_\_\_\_\_

Date: \_\_\_\_\_

By: \_\_\_\_\_

Title: \_\_\_\_\_

Date: \_\_\_\_\_

*Distribution:*

- MDH (Original fully executed Grant Project Agreement)
- Grantee
- State Authorized Representative



# Family Home Visiting Grant (TANF) Work Plan

JULY 1, 2019 – JUNE 30, 2021

## Community Health Board Contact Information

**Full CHB Name:** Goodhue County Health and Human Services

**CHB Full Address:** 426 West Ave, Red Wing, MN 55066

**Minnesota Tax ID #:** 3799385

**Federal Tax ID #:** 41-6005797

**Authorized Representative Name:** Nina Arneson

**Authorized Representative**

**Email:** [nina.arneson@co.goodhue.mn.us](mailto:nina.arneson@co.goodhue.mn.us)

**Authorized Representative Phone:** 651-385-6115

**Project Manager Name:** Brooke Hawkenson

**Project Manager Email:** [brooke.hawkenson@co.goodhue.mn.us](mailto:brooke.hawkenson@co.goodhue.mn.us)

**Project Manager Title:** Family Health Supervisor

**Project Manager Phone:** 651-385-6163

**Fiscal Contact Name:** Denise Withers

**Fiscal Contact Email:** [denise.withers@co.goodhue.mn.us](mailto:denise.withers@co.goodhue.mn.us)

**Fiscal Contact Address:** 426 West Ave, Red Wing, MN 55066

### Family Home Visiting (TANF) Activities

Please check the areas your CHB will focus for the next two years.

Mark all that apply (complete a work plan for each area; templates are provided below)

- Family Home Visiting  Nutrition services provided in a WIC clinic  
 Teen Pregnancy Prevention

Are you using an evidence based family home visiting model?  Yes  No

If yes, what model(s) are you using?  Healthy Families America  Nurse Family Partnership  Family Spirit  Parents as Teachers  
 Early Head Start-Home Based  Family Connects  Other: \_\_\_\_\_

### Family Home Visiting (TANF) Narrative:

Please provide a brief description of the programs or activities you will undertake for the next two years (7/1/19- 6/30/21) using your Family Home Visiting (TANF) funding.

TANF funding will be used to continue providing Family Home Visiting services to residents of Goodhue County. Public Health Nurses will continue to make home visits to promote healthy families, including providing information about attachment and bonding, improving maternal and child health outcomes, provide resources to assist families in becoming self-sufficient, assist with coordination of services as needed, and educating about developmental milestones. Through home visiting our goal is to decrease child maltreatment, increase maternal and children's health, and improve family self-sufficiency.

## Family Home Visiting Work Plan

July 1, 2019-June 30, 2021

*Instructions: Add and/or delete rows as needed to align with your project.*

ACTIVITY DESCRIPTION	LEAD PERSON & SUPPORT STAFF	TIMELINE	ACTIVITY OUTPUT
<p>1. <i>Provide general Family Home Visiting services to pregnant women with children birth-2 years.</i></p>	<p><i>Public Health Nurses</i></p>	<p><i>Ongoing</i></p>	<p><i>General home visits to approximately 75 families per calendar year ranging in intensity and duration based on need.</i></p> <p><i>Promote attachment and bonding to facilitate healthy parent/child relationships and reduce incidence of abuse and neglect.</i></p> <p><i>Increase independence and self-sufficiency for at risk families</i></p> <p><i>Educate families on health and developmental milestones</i></p>
<p>2.</p>			
<p>3.</p>			
<p>4.</p>			
<p>5.</p>			



FAMILY HOME VISITING GRANT (TANF) | WORK PLAN

**Teen Pregnancy Prevention Work Plan**

**July 1, 2019-June 30, 2021**

*Instructions: Add and/or delete rows as needed to align with your project.*

ACTIVITY DESCRIPTION	LEAD PERSON & SUPPORT STAFF	TIMELINE	ACTIVITY OUTPUT
1.			
2.			
3.			
4.			
5.			

**WIC Nutrition Counseling Work Plan**

**July 1, 2019-June 30, 2021**

*Instructions: Add and/or delete rows as needed to align with your project.*

ACTIVITY DESCRIPTION	LEAD PERSON & SUPPORT STAFF	TIMELINE	ACTIVITY OUTPUT
1.			
2.			
3.			
4.			
5.			

## Staffing

Brooke H. Family Health Supervisor

FTE = .0057

Yearly Salary and Benefits = \$108,772

Fringe Benefits: FICA 6.2%; Medicare 1.45%; Retirement 7.5%; Life Ins \$62.50, Health Ins 30%

Total budgeted towards grant \$620.00 x 2 years = **\$1240**

Family Health Supervisor to oversee grant responsibilities and review and submit quarterly data.

Krista E. Public Health Nurse

FTE = .10

Yearly Salary and Benefits = \$121,945

Fringe Benefits: FICA 6.2%; Medicare 1.45%; Retirement 7.5%; Life Ins \$62.50, Health Ins 18.5%

Total budgeted towards grant \$12,194.50 x 2 years = **\$24,389**

Public Health Nurses will continue to make home visits to promote healthy families with a goal to decrease child maltreatment, increase maternal and children's health, and improve family self-sufficiency.

Carol Ann M. Public Health Nurse

FTE = .20

Yearly Salary and Benefits = \$121,510

Fringe Benefits: FICA 6.2%; Medicare 1.45%; Retirement 7.5%; Life Ins \$62.50, Health Ins 10%

Total budgeted towards grant \$24,302 x 2 years = **\$48,604**

Public Health Nurses will continue to make home visits to promote healthy families with a goal to decrease child maltreatment, increase maternal and children's health, and improve family self-sufficiency.

Jane S. Public Health Nurse

FTE = .072

Yearly Salary and Benefits = \$108,965

Fringe Benefits: FICA 6.2%; Medicare 1.45%; Retirement 7.5%; Life Ins \$62.50

Total budgeted towards grant \$7,845.50 x 2 years = **\$15,691**

Public Health Nurses will continue to make home visits to promote healthy families with a goal to decrease child maltreatment, increase maternal and children's health, and improve family self-sufficiency.

Total Salary and Benefits budgeted towards grant = **\$44,962 x 2 years = \$89,924**

## Other Misc

Registration for 2 staff to attend certified lactation consultant training \$2500 x 2 years = **\$5000**

Fee includes registration fee, course materials, exam fee, and CEUs



**GOODHUE COUNTY  
HEALTH & HUMAN SERVICES (GCHHS)**



**REQUEST FOR BOARD ACTION**

<b>Requested Board Date:</b>	June 18, 2019	<b>Staff Lead:</b>	Mike Zorn
<b>Consent Agenda:</b>	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	<b>Attachments:</b>	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
<b>Action Requested:</b>	Approve April HHS Warrant Registers		

**BACKGROUND:**

This is a summary of Goodhue County Health and Human Services Warrant Registers for May 2019:

	Date of Warrant		Check No.	Series	Total Batch
IFS	May 3, 2019	ACH	27917	27924	\$2,354.97
IFS	May 3, 2019		444701	444743	\$45,291.89
IFS	May 10, 2019	ACH	27925	27940	\$77,746.43
IFS	May 10, 2019		444744	444785	\$42,106.51
IFS	May 17, 2019	ACH	27955	27963	\$1,870.58
IFS	May 17, 2019		444883	444934	\$18,482.25
IFS	May 24, 2019	ACH	27976	27990	\$8,983.25
IFS	May 24, 2019		444935	444976	\$34,047.15
IFS	May 31, 2019	ACH	28085	28093	\$1,931.05
IFS	May 31, 2019		445080	445155	\$53,833.69
SSIS	May 31, 2019	ACH	28006	28030	\$51,581.80
SSIS	May 31, 2019		445018	445073	\$192,015.56
IFS	May 31, 2019	ACH	28031	28084	\$4,604.03
IFS	May 31, 2019		445074	445079	\$24,409.51
				total	<u>\$559,258.67</u>

**RECOMMENDATION:** Goodhue County HHS Recommends Approval as Presented.



# Hiawatha Valley

MENTAL HEALTH CENTER

## Annual Report 2018



*The community leader in delivering  
exceptional, responsive and consumer focused  
behavioral health services.*

*Serving children, families and adults in Winona, Houston, Fillmore, Wabasha and Goodhue counties*

## Mission:

The community leader in delivering exceptional, responsive and consumer focused behavioral health services.

## Vision:

To provide exceptional mental and behavioral support and services to enhance the well-being of our communities through a non-profit structure.

## Values:

People  
Integrity  
Quality  
Creativity  
Respect



## BOARD OF DIRECTORS

**Chairperson:** Laurence Connery

**Vice-Chairperson:** Betsy Rowekamp

**Secretary:** Dan Buehler

**Treasurer:** Erica Jerowski

Brad Anderson: *Goodhue County Commissioner*

Marie Kovecsi: *Winona County Commissioner*

Jack Miller: *Houston County Commissioner*

Mike Wobbe: *Wabasha County Commissioner*

Don Springer: *Wabasha County Commissioner*

Lynn Theurer

## A Note from the Chairperson

It is with great humility that I serve with an unbelievable group of individuals associated with Hiawatha Valley Mental Health Center. I witness first hand the dedication of the Board of Directors and the staff members daily dedication to accomplish the mission of the organization.

With that knowledge, I know we strive to serve our clients and community at the highest possible professional level and provide a vital service to our community far into the future.

**Larry Connery**

Board Chairperson  
Hiawatha Valley Mental Health Center





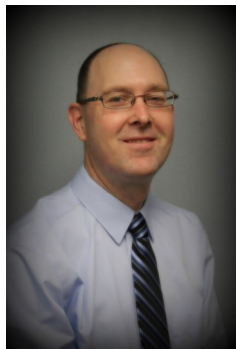
# A NOTE FROM OUR EXECUTIVE DIRECTOR

Dear Friends and Supporters,

More than 50 years ago, Hiawatha Valley Mental Health Center was created to serve as the Community Mental Health Center for the counties of Wabasha, Winona, and Houston. Over the years, we have grown to meet the ever changing need for behavioral health services across our region and we now provide services in Wabasha, Winona, Houston, Fillmore and Goodhue counties. Last year's growth continued as our main clinic and offices in Winona merged into one great location. We were privileged to assist approximately 3,000 people by providing about 20,000 services in 2018.

Hiawatha Valley Mental Health Center has more than 130 professional staff members who live our mission everyday. Our mission to be the leader in delivering exceptional, responsive and consumer focused behavioral health services is our purpose. It is why we exist and helps guide what we do. We strive to meet the behavioral health needs of children, families and adults and those methods are outlined in this report. A few to highlight that we take pride in include: Housing Supports and Services including four board and lodge homes and a 20 apartment facility all located in Winona, School Linked/Based Mental Health Services in the majority of schools in our area, Crisis Response Services, Adult Mental Health skills training, Children & Family Skills Training, Outpatient Therapy, Substance Abuse and Psychiatry.

We have core values that help guide how we live our mission. One of our core values is people. We are grateful for the relationships we have made and have maintained with you and more than 25 partners throughout the region in 2018. It is through our partnerships we have been able to face many challenges and look forward to the future. On behalf of the Board of Directors and excellent professionals at Hiawatha Valley Mental Health Center, I want to thank you for your trust and support in helping us live our mission in making a difference in the lives of people daily.



Sincerely,

**Erik Sievers**  
Executive Director  
Hiawatha Valley Mental Health Center

# SERVICE HIGHLIGHTS

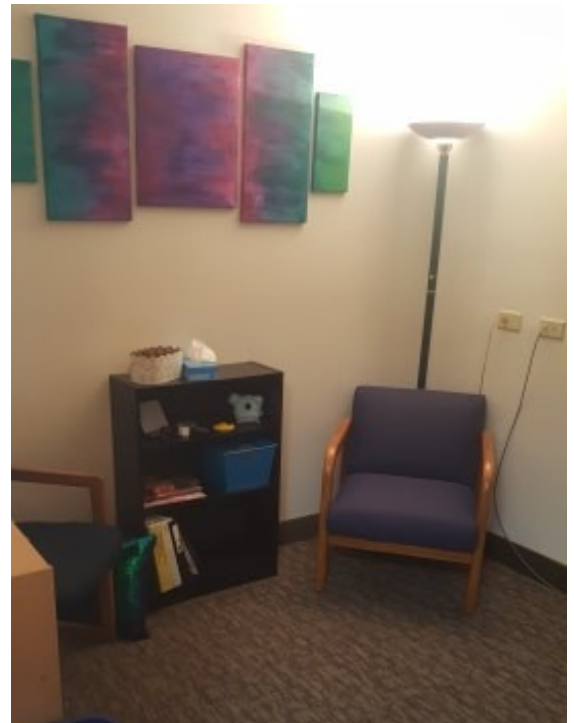
We moved into a larger, safer and more secure space for our staff members and clients alike in Winona. Outpatient Mental Health Services, Children's Community Based Services, Psychiatric Services, Substance Abuse Services, Medication Clinic and Peer Support Network are now located at 420 East Sarnia Street, Winona.



**New Peer Support Network Space**

## **Total number of services provided in 2018:**

- Adult Rehabilitative Mental Health Services: 4,000
- Children's Therapeutic Services and Supports: 85
- School Linked/Based Mental Health Services: 925
- Outpatient Mental Health Services and Substance Abuse Services: 3,250
- Early Childhood Services: 525
- Medication Clinic: 800



**New Therapy Offices**



**New and Improved Waiting Areas**

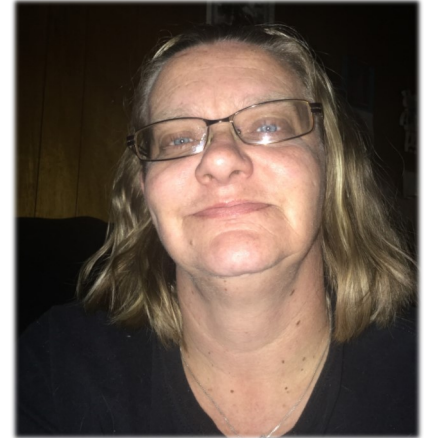


**New Group Meeting Rooms**

# SERVICE HIGHLIGHTS

## Adult Rehabilitative Mental Health Services (ARMHS)

When Lana started working with Hiawatha Valley Mental Health Center professionals in 2015, she was a stay-at-home mom and unsure in her ability to work in the community. Through the Adult Rehabilitative Mental Health Services program, Lana was able to receive the coaching and support needed to navigate the path of her mental illness. Today, Lana is working part-time at a store in Winona and has been given the opportunity to be a fill-in manager.



“I was broken and they have helped me put my pieces back together,” said Lana. “I am grateful for these services. They are an important asset.”



## School Linked/Based Mental Health Services

Hiawatha Valley Mental Health Center works with more than 10 school districts in Winona, Wabasha, Houston, Goodhue and Fillmore counties to provide School Linked/Based Mental Health Services to students.

“Hiawatha Valley Mental Health Center has really been able to fill that need in a way that has not only benefited the student and their family, but the district as well,” said St. Charles School District Social Worker Theresa Nunemacher. “We are farther ahead because we’re able to provide an additional resource to meet the needs of our students.”

“When staff meet with the therapist, it helps us to understand more about the student, how to encourage them along various paths including strategies for helping implement when struggling with inappropriate behaviors,” said Lewiston-Altura School District Social Worker, Victoria Todd. “We are grateful for the School Linked Mental Health services, which helps us to make sure that each student has the skills they need to be successful in school and life.”

We provided School Linked/Based Mental Health Services to 489 students in 2018. We are able to offer this service thanks to partnerships with the Winona County Family Services Collaboration, the Department of Human Services, School Linked Mental Health Grant and area school districts.

# SERVICE HIGHLIGHTS

## Peer Support Network



Hiawatha Valley Mental Health Center is the only center in Southeastern Minnesota that provides a comfortable and safe space for adults experiencing mental health issues, to socialize and support one another. There are scheduled group activities and sessions which allow clients who are interested to interact with staff, volunteers, university interns and Peer Support Specialist.

Jane has been a Peer Support Specialist at the Peer Support Network since 2015.

“I started going to meetings first, like other people and I said, ‘I really like this place and I want to work here’,” said Jane.

Peer Support Specialists are people living in recovery with mental illness who provide support to others, who can benefit from their lived experiences.

“You are applying what you know,” said Jane. “I am helping people but I am also helping myself because they are helping me with my recovery.”

The Peer Support Network is accessible to any adult (18+) with a mental health illness. There is no cost and participants are not required to be a client of Hiawatha Valley Mental Health Center.

## Children and Family Services



Hiawatha Valley Mental Health Center understands that a family member struggling with mental illness can affect everyone in the family. Therefore, we provide the support and guidance needed for children, families and adults.

“Hiawatha always has a fresh approach when I feel like giving up. Having three kids with mental health diagnoses as a single parent is rough. The extra support and knowing I have someone to lean on whenever I am feeling discouraged, is awesome!” - Anonymous

Hiawatha Valley Mental Health Center provided more than 5,500 services to children in 2018.

# SERVICE HIGHLIGHTS



*The community leader in delivering exceptional, responsive and consumer focused*

## **We are responsive....**

Many clients at Hiawatha Valley Mental Health Center enjoy hands on activities so we host weekly groups for clients to express themselves through art and crafts in Wabasha, Goodhue, Houston and Fillmore counties. The groups also take small day trips so clients can enjoy what the local communities have to offer.

In 2018, we saw tremendous growth in our Early Childhood Program because we are working in our communities to provide tools to identify when a child is struggling with mental illness. Early identification is leading to a quicker response in mental health treatment and growth within our programs.

To help support healthy family functioning, our organization provides Parent Child Interaction Therapy (PCIT) an evidence-based treatment for children 2 to 7 years old with emotional and behavioral disorders.

We keep moving forward with new and improved technology to better serve our clients at our clinic locations and remotely.

We expanded hours at our Peer Support Network to allow more adults to receive extra mental health support during hours therapists are not available.

We started a new program called Intensive Treatment in Foster Care for children placed outside of the home into foster care, and for their guardians.

## **We are exceptional....**

In 2018, we trained more than 10 Adult Rehabilitative Mental Health professionals in Circles of Security (COS). This is an evidence based training to help parents identify reasons of behaviors in their child(ren).

The Crisis Response Team provided assistance to 86 individuals over the phone in 2018 and responded to 94 crisis call locations.

In 2018, we trained additional clinicians in Child Parent Psychotherapy (CPP) an evidence based, trauma treatment for children 0-6 years old and their caregiver(s).

Hiawatha Valley Mental Health Center is the only Minnesota clinic in the area that provides Psychiatric Evaluations.

Winona State University Social Work and Psychology interns (12), as well as Nursing students worked with adults dealing with mental illness in our Peer Support Network.

Hiawatha Bluffs Living and our Board and Lodge homes continue to provide stable housing for adults that have been homeless because of mental health illness.

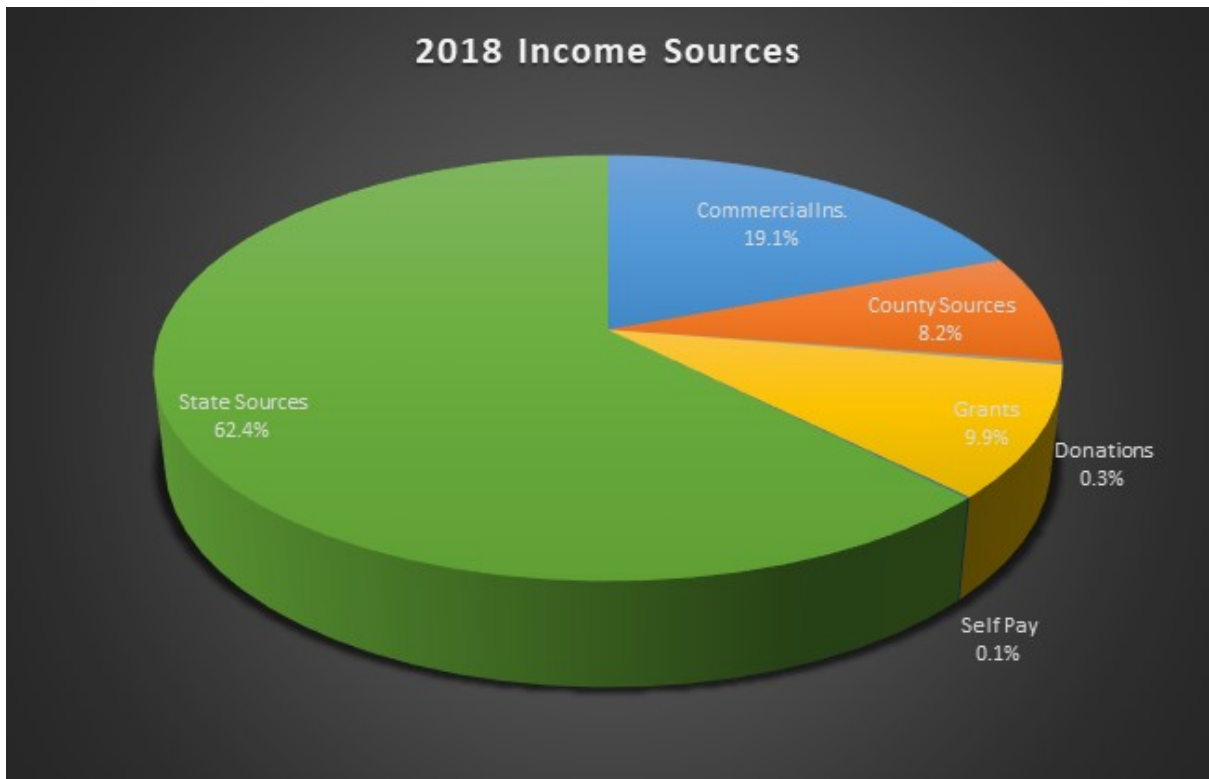
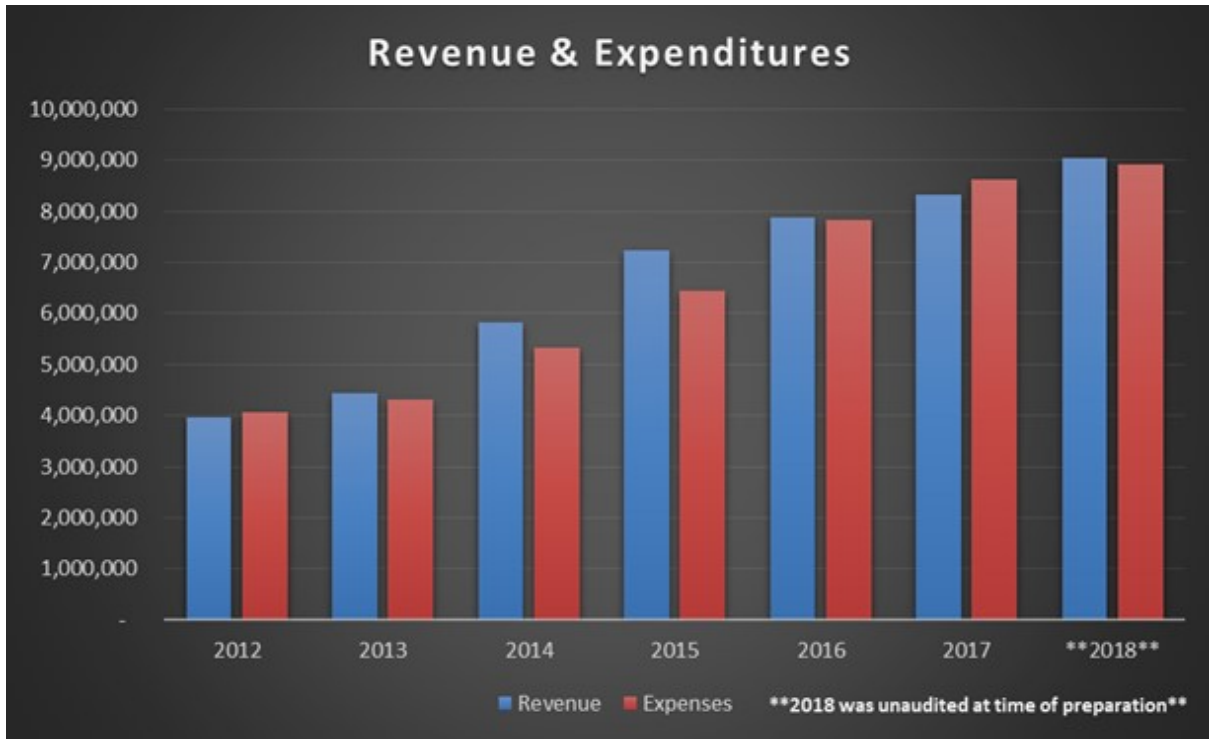
We were named Employer of the Year in Houston County by Ability Building Center (ABC).

# COMMUNITY IMPACT



- We partner with Zumbro Valley Health Center and South Central Human Relations Center to provide crisis services in all ten counties in the region. Crisis Response provides 24/7 phone support to children and adults. A mobile team can also be dispatched to the individual's location.
- We work with Winona ORC and Vocational Rehabilitation to help clients find desirable, minimum wage employment in their communities. The program is called Individual Placement and Support (IPS). More than 30 clients can be in the program at one time.
- To provide exceptional mental and behavioral support and services we encourage clients to create group sessions at our Peer Support Network with the guidance of student interns. Some of the recent groups created include, Spiritual Meditation group, Art Therapy, Personal Connections and Narcotics Anonymous Support Group.
- We hold quarterly Local Advisory Council meetings for people with mental illness throughout the region to voice their concerns and learn about new happenings or tools for mental illness. An average of 70 people attend.
- We provide Incredible Years, a group training program for parents, teachers and children with the goal of preventing, reducing and treating behavioral and emotional problems in children.
- We have partnered with the Minnesota Department of Human Resources to increase early mental health intervention through an Early Childhood Mental Health Grant.

# FINANCIAL HIGHLIGHTS



# THANK-YOU TO OUR SUPPORTERS

## **Friend \$100-\$500**

Grace Presbyterian Church  
Bay State Milling  
Lawrence Connery  
Midtown Foods  
Gerard Zettler  
Dan and DeAnn Bender  
Andrew Guzzo  
Jeff and Laurel Frost  
Erica Jerowski  
Gerry Neil  
Vision Design Group, Inc.  
Walmart  
Goltz Pharmacy

## **Partner \$501-\$1000**

Wieser Brothers  
John and Amanda Hardy  
Winona Knights of Columbus  
Mayo Clinic Health System Franciscan Healthcare  
David and Lynn Theurer  
Winona Health

## **Founder \$1001+**

La Crescent Knights of Columbus  
Dave and Betsy Rowekamp  
Dare L. White and William F. White Foundation  
WNB Financial  
Otto Bremer Trust  
BK5K Grant

*If you would like to donate to Hiawatha Valley Mental Health Center go to our website [www.hvmhc.org](http://www.hvmhc.org) and click on the "Donate" tab.*

*Hiawatha Valley Mental Health Center is a 501 (c) (3) nonprofit organization.  
All donations are tax deductible for the extent allowed by the law.*





## Board & Lodge

Hiawatha Valley Mental Health Center has four homes located in the City of Winona, MN, that are licensed as Board and Lodge with Special Services.

Each home provides:

- Part-time supervision
- Medication management
- Assistance with independent living skills

The board and lodge homes are for adult men and women that have a mental health diagnosis

## Hiawatha Bluffs Living

Hiawatha Bluffs Living (HBL) is a permanent supportive housing facility that offers 20, one bedroom, fully furnished apartments for adults with serious mental illness within the 10 county region of Southeastern Minnesota. The building is designed for individuals that have been unable to retain stable housing due to mental health symptoms or behaviors.

A trained mental health professional is at the facility 24/7 to monitor residents, ensure safety, provide necessary transportation and offer medication management.

## Crisis Response

If you are experiencing a mental health crisis, call us.

**1-844-CRISIS2**

Crisis Response of Southeastern Minnesota has a Crisis Response line that provides 24/7 crisis phone support to children, with the permission of a parent/guardian, and adults. In addition, Hiawatha Valley Mental Health Center can deploy a mobile crisis team that can come to you.




**Hiawatha Valley**  
MENTAL HEALTH CENTER

420 East Sarnia Street • Winona, MN 55987

<b>Winona Office</b> (507) 454-4341	<b>Red Wing Office</b> (651) 327-2270	<b>Wabasha Office</b> (651) 565-2234
<b>Caledonia Office</b> (507) 725-3474	<b>Rushford Office</b> (507) 864-2600	<a href="http://www.hvmhc.org">www.hvmhc.org</a>



The community leader in delivering exceptional, responsive, & consumer focused behavioral health services.

## ABOUT US

Hiawatha Valley Mental Health Center is a comprehensive community mental health center established since 1965. We provide services in five rural counties, Fillmore, Houston, Wabasha, Goodhue and Winona.

### Mission

The community leader in delivering exceptional, responsive and consumer focused behavioral health services.

### Vision

To provide exceptional mental and behavioral support and services to enhance the well-being of our communities through a non-profit structure.

### Values

- People
- Integrity
- Quality
- Creativity
- Respect



Bluffview



Parkview



Winona Hall



Cheel House

## Psychiatric Services

Our Psychiatry department helps you manage your mental health, whether it is working with a therapist or taking medications and working with a Psychiatrist or Psychiatric Nurse Practitioner to maintain stability of your mental well-being.

Psychiatric services are available to individuals 5 years of age and older at our clinics in Winona, Red Wing and Wabasha.

## Specialty Therapy Services

Child Parent Psychotherapy (CPP)

Circles of Security (COS)

Cognitive Behavioral Therapy (CBT)

Dialectical Behavioral Therapy (DBT)

Eye Movement Desensitization and Reprocessing (EMDR)

Family Group Decision Making (FGDM)

Incredible Years Child and Parent Programs

Intensive Treatment in Foster Care (ITFC)

Parent Child Interaction Therapy (PCIT)

Psychological Evaluations

Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)

## Outpatient Mental Health Services

The Outpatient Mental Health services program provides a variety of psychotherapy services for individuals directly, within their families, and within groups. In addition, services are available for individuals with any mental health condition.

Outpatient Mental Health Services are available to individuals, birth to senior citizens, at our clinics in Winona, Caledonia, Wabasha, and Red Wing.

## Children's Community Based Services

Our Children's Community Based Services Department works with children and families coping with mental illness. Our team assists with mental health intervention strategies and skill building techniques. We are community based and are able to meet children and their families at home, in their school or in their community.

Our School Linked/Based Mental Health therapy and skills therapy is offered at numerous public and charter schools within the counties of Fillmore, Houston, Winona, and Wabasha. In addition, we offer Children's Mental Health Case Management.

## Adult Rehabilitative Mental Health Services (ARMHS)

Adult Rehabilitative Mental Health Services (ARMHS) is a skill building service for adults (over 18-years old) with mental health illness, as well as functional limitations due to the illness. Through the program, mental health practitioners teach, coach and support the client as they navigate the path of their illness.

Services are provided in Winona, Wabasha, Houston, Goodhue and Fillmore counties.

## Substance Abuse Services

Our Substance Abuse program provides tools to help break the cycle of misuse of alcohol (including underage drinking), use of illegal drugs, and improper use of prescription or over the counter medications.

We offer:

- Assessments
- Individual counseling
- Group counseling

Services are provided in Winona and Houston counties.

## Peer Support Network (PSN)


The Peer Support Network (PSN) provides a comfortable space open to all adults experiencing mental health illness to socialize and support one another. It is a "drop-in center" model for adults to socialize and support one another while interacting with staff, volunteers, peer specialist, and university interns.

The center is open seven days a week at no cost.



Your donation to Hiawatha Valley Mental Health Center helps to improve our programs and the materials we use to help people with mental health illnesses. **Please donate today: (507) 454-4341**

Winona Caledonia Red Wing Rushford Wabasha [www.hvmhc.org](http://www.hvmhc.org)



# Goodhue County 2018 Drug & Alcohol Abuse Normative Evaluation System (DAANES)

Annual Update

June 18, 2019

Abby Villaran, LMFT, Social Services Supervisor

Goodhue County Health and Human Services

## **A note about the DAANES Report**

- **The DAANES Report contains information on ALL Goodhue County residents who were admitted to substance use disorder treatment programs in MN.**
  - **Not limited to only HHS clients!**

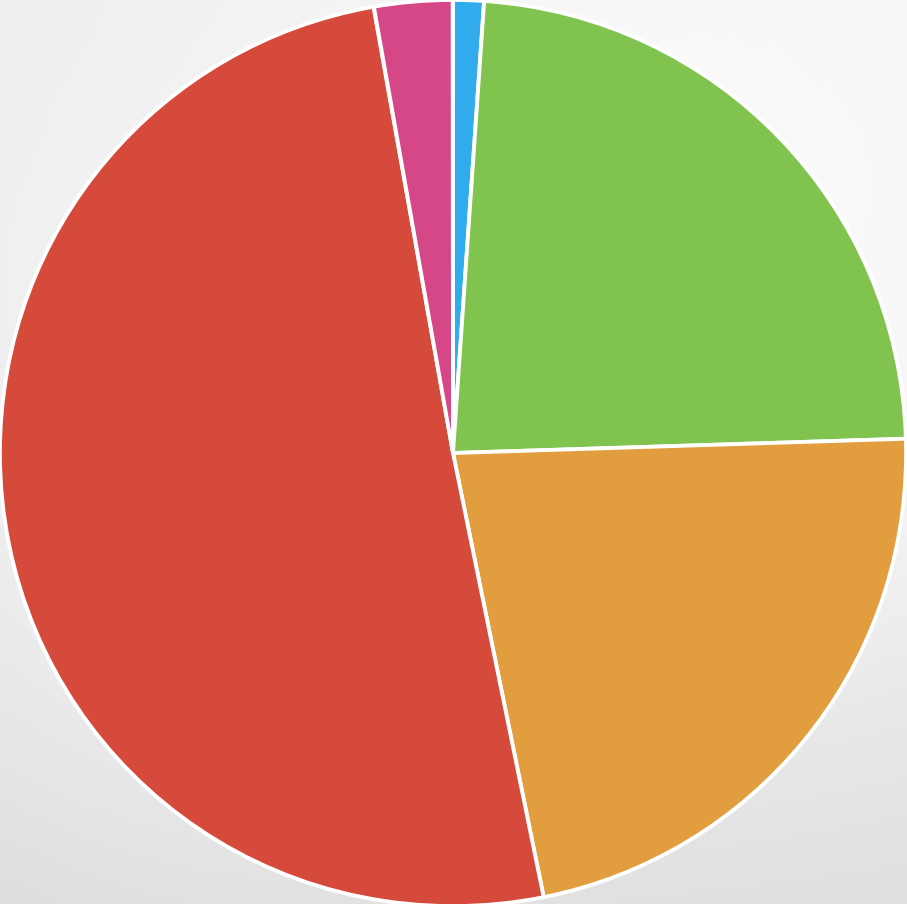
**Treatment programs are responsible for entering the information contained in the DAANES report.**

**This report is put out annually by the Department of Human Services and given to each County.**

## CLIENT #s AND FUNDING

- **458 Goodhue County residents participated in CD treatment in 2018.**
  - ✓ 439 Goodhue County residents participated in CD treatment in 2017.
  - ✓ 388 Goodhue County residents participated in CD treatment in 2016.
  - ✓ 310 Goodhue County residents participated in CD treatment in 2015.
- 
- **30.4% of the Goodhue County participants were funded by the consolidated fund compared to 33.9% statewide.**
- 
- **69.6% of Goodhue County participants used other funding (SCHA, insurance, private pay) – statewide average 66.1% for other funding.**

# TREATMENT ENVIRONMENT



■ Hospital Inpatient ■ Short Term Residential ■ Long Term Residential ■ Outpatient ■ Methadone

## WHO IS RECEIVING TREATMENT SERVICES?

- Average age of treatment participant was 35
- 4.8% were under age 18-statewide average is 4%
- 66.6% were male and 33.4% female
- 81.2% identified "white" as their race/ethnicity
- 79.9% identified as single, divorced, separated or widowed
- 78.5% identified as high school graduate or higher

# WHO IS RECEIVING TREATMENT SERVICES?

## Continued

- **10.3% had Child Protection Involvement (statewide average 10.1%)**
- **7.2% were pregnant (statewide average 4.8%)**
- **56.3% were under Court Jurisdiction (statewide average 52.6)**
- **Mental Illness was ranked highest (51.1%) as a treatment barrier**
- **Very few were Veterans-2.4 % (statewide average 2.8%)**
- **36.9% had 3 or more treatment admissions in lifetime**



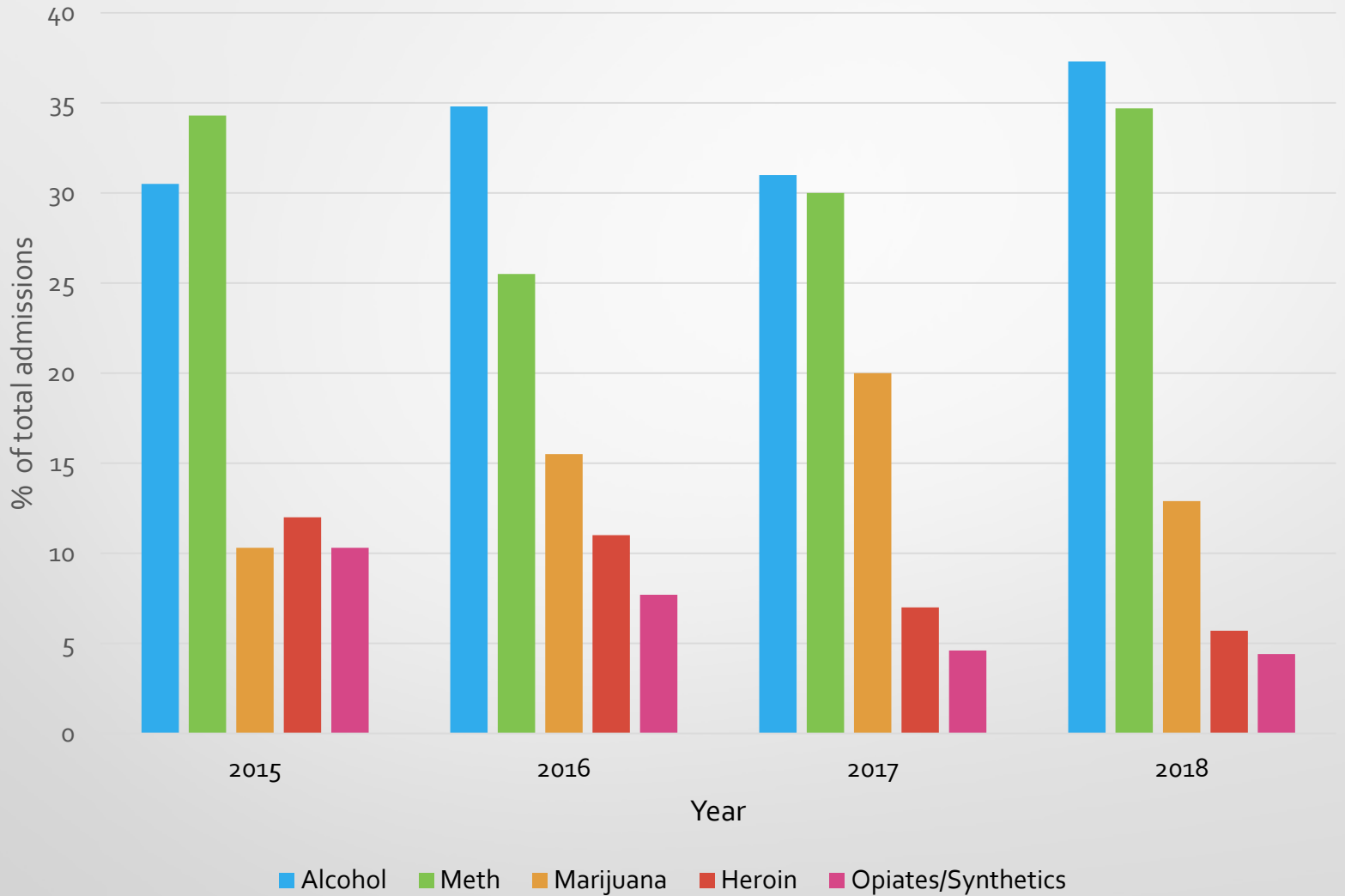
## WHO IS RECEIVING TREATMENT SERVICES? Continued

- **27.8% reported being a victim of abuse**
  - This was marked as “unknown” for **15% of participants**
- **57.9% ranked their Recovery Environment as an “extreme problem or serious problem”**
- **8.7% reported being homeless – no fixed address**
- **Upon discharge, 27.7% had some form of employment**

## PRIMARY SUBSTANCES REPORTED AT ADMISSION

- Alcohol 37.3% (statewide 36.8%)
  - Methamphetamine 34.7% (statewide 26.9%)
  - Marijuana / Hashish 12.9% (statewide 13%)
  - Heroin 12.9% (statewide 13%)
  - Other Opiates/Synthetics 4.4% (statewide 4.5%)
- 
- This reports the most problematic substance upon admission but often people may be using more than 1 substance.

# Primary Substances Reported Upon Admission 2015-2018



## TREATMENT LOCATION

- **Top 3 Locations of Treatment for Goodhue Co. Residents:**
  - **Common Ground Recovery-Red Wing, MN (Outpatient)**
  - **Oakridge Meridian Behavioral Health-Rochester, MN (Inpatient)**
  - **Midwest Recovery-Red Wing, MN (Outpatient)**
- **105 Total Treatment Facilities attended in MN**
- **58.9% of participants completed treatment**



**Questions?**

**Thank You.**

The summary report can be view at [www.goodhue.mn.us](http://www.goodhue.mn.us)  
under HHS Board Meetings, June 18, 2019



May 7, 2019

Dear Social Services Director:

Enclosed are the Drug and Alcohol Abuse Normative Evaluation System (DAANES) county reports for calendar year 2018. These reports present information on residents of your county who were admitted to substance use disorder treatment programs in Minnesota. There is a separate report for each treatment environment (hospital inpatient, short-term residential, long-term residential, outpatient, and methadone clinics) and a county total report. Each report has both county figures and comparable statewide figures. The information presented in the reports are based on data entered by chemical dependency treatment providers using the web-based DAANES system.

If you have any questions regarding the information presented in these reports, please call me at (651) 431-2630 or email me at [carl.haerle@state.mn.us](mailto:carl.haerle@state.mn.us).

Sincerely,

A handwritten signature in cursive script that reads 'Carl C. Haerle'.

Carl C. Haerle

DAANES System Administrator

Alcohol and Drug Abuse Division

Enclosures

GOODHUE COUNTY

County Total  
 Admission Summary  
 1/ 1/2018 TO 12/31/2018

County Counts  
 N = 458  
 Statewide Counts  
 N = 58769

CD TREATMENT ENVIRONMENT	NUMBER	PERCENT	NUMBER	PERCENT
Hospital Inpatient	5	1.1	998	1.7
Short-term Residential (under 30 days)	107	23.4	10211	17.4
Long-term Residential (over 30 days)	102	22.3	14000	23.8
Non-residential	231	50.4	30607	52.1
Methadone	13	2.8	2953	5.0

ADMISSIONS BY MONTH	NUMBER	PERCENT	NUMBER	PERCENT
January	40	8.7	5246	8.9
February	33	7.2	4693	8.0
March	44	9.6	5097	8.7
April	38	8.3	5171	8.8
May	50	10.9	5147	8.8
June	40	8.7	5007	8.5
July	36	7.9	4920	8.4
August	46	10.0	5104	8.7
September	31	6.8	4456	7.6
October	38	8.3	5276	9.0
November	32	7.0	4597	7.8
December	30	6.6	4055	6.9

FUNDING SOURCE NOTED AT ADMISSION	NUMBER	PERCENT	NUMBER	PERCENT
CCDTF clients	174	38.0	21791	37.1
MCO MHCP clients	89	19.4	20292	34.5
Other funding sources	195	42.6	16686	28.4

LEGAL STATUS	NUMBER	PERCENT	NUMBER	PERCENT
Emergency/court hold order	2	0.4	124	0.2
Criminal court order	62	13.5	8259	14.1
Court commitment--CD	34	7.4	2812	4.8
Civil court order	8	1.7	814	1.4
Juvenile court placement	5	1.1	648	1.1
None	278	60.7	38940	66.3
Unknown	69	15.1	7172	12.2

GOODHUE COUNTY

County Total  
 Admission Summary  
 1/ 1/2018 TO 12/31/2018

County Counts  
 N = 458

Statewide Counts  
 N = 58769

SOURCES OF REFERRAL (Up to 2 per client)	NUMBER	PERCENT	NUMBER	PERCENT
Self/family/relative/friend	214	46.7	29203	49.7
School	0	0.0	193	0.3
Employer/EAP	8	1.7	433	0.7
Law enforcement	8	1.7	495	0.8
Courts	67	14.6	6959	11.8
Probation/parole	142	31.0	17264	29.4
DUI/DWI	9	2.0	831	1.4
Pre-petition screening/diversion program	2	0.4	145	0.2
Corrections	13	2.8	1240	2.1
Health care facility/professional	24	5.2	3390	5.8
CD treatment facility	75	16.4	9884	16.8
Detox center	3	0.7	770	1.3
Mental health center	15	3.3	1152	2.0
Other residential facility	9	2.0	1049	1.8
County SS agency--CD services	45	9.8	6794	11.6
County SS agency--child protection	19	4.1	2461	4.2
County SS agency--other services	9	2.0	868	1.5
AA/other support group	0	0.0	75	0.1
Community professional/agency	2	0.4	307	0.5
Information & referral agency	1	0.2	265	0.5
Tribal agency	8	1.7	947	1.6
Other	42	9.2	6492	11.0

SPECIALTY COURT REFERRED	NUMBER	PERCENT	NUMBER	PERCENT
Yes	45	9.8	6942	11.8
No	378	82.5	49426	84.1
Unknown	35	7.6	2401	4.1

CONDITIONS SURROUNDING ADMISSION	NUMBER	PERCENT	NUMBER	PERCENT
Treatment to avoid jail	38	8.3	4460	7.6
Condition of probation/parol	148	32.3	18396	31.3
To retain driver license/license plates	9	2.0	475	0.8
To retain custody of children	8	1.7	1144	1.9
To regain custody of children	19	4.1	2141	3.6
To avoid losing relationship	30	6.6	3734	6.4
To maintain employment/school enrollment	7	1.5	616	1.0
To retain professional license	1	0.2	62	0.1
To retain government benefits	0	0.0	21	0.0
Alcohol/drug induced financial pressures	5	1.1	2062	3.5
Other	112	24.5	15238	25.9
None	81	17.7	10420	17.7
Unknown	0	0.0	0	0.0



GOODHUE COUNTY

County Total  
 Admission Summary  
 1/ 1/2018 TO 12/31/2018

COUNTY RESIDENT ADMISSIONS BY FACILITY	N = NUMBER	458 PERCENT
3 R's Nuway Counseling Center	1	0.2
Adolescent Treatment Center - Winnebago	5	1.1
Allina Health Adult Outpatient	1	0.2
Allina Health Residentail Addiction	1	0.2
Anthony Louis Center - Woodbury	2	0.4
Anthony Louis Center North	1	0.2
Beauterre Recovery Institute	26	5.7
C.A.R.E. - Anoka	2	0.4
C.A.R.E. - Carlton	3	0.7
C.A.R.E. - Prairie Lakes Youth Program	1	0.2
C.A.R.E. - St. Peter	1	0.2
C.A.R.E. - Willmar	2	0.4
Cedar Ridge	7	1.5
Central Minnesota Teen Challenge - Brainerd	1	0.2
Club Recovery	1	0.2
Common Ground - Red Wing	84	18.3
Common Ground - Rochester	9	2.0
Common Ground - Winona	1	0.2
Common Ground Odyssey Program	1	0.2
Common Ground Recovery House	3	0.7
CRC Wisconsin RD LLC Burkwood Treatment Center	3	0.7
CREATE - Minneapolis	1	0.2
Dakota County Receiving Center, Inc. - Cochran	10	2.2
Divine Hope Counseling	1	0.2
Douglas Place Treatment Center, LLC	5	1.1
EmPower CTC - Rochester	10	2.2
Empower CTC - Wabasha	1	0.2
Fairview Health Services Minneapolis Adult CD	2	0.4
Faith Family Recovery Center LLC - Hastings	12	2.6
Five Stars Recovery Center - Residential	2	0.4
Five Stars Recovery Center - Stoughton	1	0.2
Fountain Center - Albert Lea	7	1.5
Fountain Center - Faribault	5	1.1
Fountain Center - Rochester	3	0.7
Four Winds Program	1	0.2
Hazelden Center for Youth & Families	4	0.9
Hazelden Fellowship Club	3	0.7
Hazelden Recovery Services - Center City	10	2.2
Hiawatha Valley Mental Health Center - Winona	1	0.2
House of Charity - Day by Day Program	1	0.2

GOODHUE COUNTY  
County Total

1/ 1/2018 TO 12/31/2018

COUNTY RESIDENT ADMISSIONS BY FACILITY

	N =	458
	NUMBER	PERCENT
House of Hope, Inc. - Mankato 1614	1	0.2
House of Hope, Inc. III	4	0.9
Huss Center for Recovery - People Inc.	2120 Park	2
Kinnic Falls Alcohol and Drug Abuse Services	4	0.9
Lake Shore Treatment Center LLC	2	0.4
Maple Lake Recovery Center, Inc.	1	0.2
Mayo Clinic Addiction Services Generose IB	6	1.3
Meadow Creek	1	0.2
Mercy Hospital Unity Inpatient	Substance Abuse Serv	3
Midwest Recovery	20	4.4
Minneapolis VA Health Care System	Addiction Recovery S	1
Minnesota Adult & Teen Challenge - Rochester	Mens	18
Minnesota Adult and Teen Challenge	Womens	2
Minnesota Teen Challenge - Men's Program		5
Minnesota Teen Challenge - Women's Program		6
New Beginnings Minnesota at Waverly		4
New Choices for Recovery - Cottage Grove		2
New Directions for Change		1
Northstar Behavioral Health		2
Northstar Behavioral Health		2
Northstar Behavioral Health Cranberry Acres		1
Nuway II - 1st Ave		1
NuWay Counseling Center - 2118		4
Nuway House, Inc. - 2200 1st Ave		2
Nystrom and Associates, LTD - Apple Valley		2
Oakridge	Meridian Behavioral	26
Park Avenue Center - Nicollet Ave		1
Park Avenue Center - Park Ave		2
Passage Home		1
Pathway House - 2nd Street		4
Pathway House - 6th Avenue		1
Prairie House Recovery		1
Professional Counseling Center - 500 Delano		1
Progress Valley I		1
Progress Valley II		1
Project Turnabout - Granite Falls		1
Recovery Is Happening		1
Recovery Plus Adult Program		2
Restoration Counseling and Community Services LLC		1
Restoration Counseling and Community Services, LLCSt. Paul		2

GOODHUE COUNTY  
County Total

1/ 1/2018 TO 12/31/2018

COUNTY RESIDENT ADMISSIONS BY FACILITY

	N =	458
	NUMBER	PERCENT
River Ridge, LLC - A Women's Way	1	0.2
River Ridge, LLC - Burnsville Outpatient	4	0.9
Riverplace Counseling Center - Anoka	4	0.9
Rochester Metro Treatment Center	3	0.7
RS Eden/Eden House - Males	5	1.1
RS Eden/Eden House - Womens	1	0.2
St Paul NuWay Counseling Center	6	1.3
St. Josephs Hospital - CD Program	2	0.4
Stage by Staige Jail	1	0.2
The Gables, Inc.	4	0.9
The Heights	1	0.2
Tapestry, LLC	10	2.2
The Wayside House Inc. - St Louis Park	1	0.2
Transformation House - 1410 South Ferry	3	0.7
Transformation House I	3	0.7
Transformation House II	1	0.2
Transformation House III Princeton	2	0.4
Twin Town Treatment Center	3	0.7
Valhalla Place - Woodbury	10	2.2
Vinland National Center	3	0.7
Wabasso Rehab And Health Care Center	1	0.2
Wayside Family Treatment	2	0.4
Wellcome Manor Family Services	2	0.4
West Hills Lodge Women's Program	2	0.4
Zumbro Valley Health Center Recovery Basics	4	0.9
	Outpatient Program	

GOODHUE COUNTY

County Total  
 Admission Summary  
 1/ 1/2018 TO 12/31/2018

SEX	County Counts		Statewide Counts	
	NUMBER	PERCENT	NUMBER	PERCENT
	N = 458		N = 58769	
Male	305	66.6	38032	64.7
Female	153	33.4	20737	35.3

AGE	NUMBER	PERCENT	NUMBER	PERCENT
Under 18	22	4.8	2327	4.0
18 - 24	65	14.2	9375	16.0
25 - 34	151	33.0	20975	35.7
35 - 44	132	28.8	13151	22.4
45 - 54	50	10.9	8210	14.0
55+	38	8.3	4731	8.1
Average Age	35.0	Years	35.0	Years

RACE/ETHNICITY	NUMBER	PERCENT	NUMBER	PERCENT
White	372	81.2	38998	66.4
African American	16	3.5	6934	11.8
Hispanic	18	3.9	3616	6.2
Native American	34	7.4	6027	10.3
Asian	*	*	842	1.4
Other	15	3.3	2352	4.0

\* Frequency less than 5 admissions

TRIBAL ENROLLMENT	NUMBER	PERCENT	NUMBER	PERCENT
Bois Forte	0	0.0	254	0.4
Fond du Lac	0	0.0	366	0.6
Grand Portage	0	0.0	46	0.1
Leech Lake	0	0.0	862	1.5
Lower Sioux	0	0.0	134	0.2
Mille Lacs Band	3	0.7	440	0.7
Prairie Island	22	4.8	41	0.1
Red lake	0	0.0	880	1.5
Shakopee	0	0.0	28	0.0
Upper Sioux	0	0.0	72	0.1
White Earth	0	0.0	1231	2.1
Other	9	2.0	1015	1.7
Not enrolled	413	90.2	52398	89.2
Unknown	11	2.4	1002	1.7

GOODHUE COUNTY

County Total  
 Admission Summary  
 1/ 1/2018 TO 12/31/2018

County Counts  
 N = 458

Statewide Counts  
 N = 58769

MARITAL STATUS

	NUMBER	PERCENT	NUMBER	PERCENT
Single, never married	277	60.5	39649	67.5
Divorced	66	14.4	7602	12.9
Separated	18	3.9	1981	3.4
Widowed	5	1.1	610	1.0
Married	74	16.2	6156	10.5
Cohabiting	6	1.3	1631	2.8
Unknown	12	2.6	1140	1.9

USUAL LIVING SITUATION

	NUMBER	PERCENT	NUMBER	PERCENT
Alone	101	22.1	15082	25.7
With spouse/partner only	73	15.9	8024	13.7
With minor children only	22	4.8	2406	4.1
With spouse/partner & children	68	14.8	6592	11.2
With one parent	61	13.3	6304	10.7
With both parents	38	8.3	4545	7.7
With foster parents	2	0.4	121	0.2
With relatives	39	8.5	5364	9.1
With friends	15	3.3	3682	6.3
With others	24	5.2	4623	7.9
Unknown	15	3.3	2026	3.4

USUAL RESIDENCE

	NUMBER	PERCENT	NUMBER	PERCENT
Homeless - no fixed address	40	8.7	7977	13.6
Dependent living - supervised setting	133	29.0	17787	30.3
Independenct living	244	53.3	29624	50.4
Children living with their family	29	6.3	2391	4.1
Unknown	12	2.6	990	1.7

VETERAN STATUS

	NUMBER	PERCENT	NUMBER	PERCENT
No	439	95.9	56453	96.1
Yes, no combat	8	1.7	1181	2.0
Yes, served in combat zone	3	0.7	461	0.8
Unknown	8	1.7	674	1.1

GOODHUE COUNTY

County Total  
 Admission Summary  
 1/ 1/2018 TO 12/31/2018

EDUCATION LEVEL	County Counts		Statewide Counts	
	NUMBER	PERCENT	NUMBER	PERCENT
	N = 458		N = 58769	
Did not complete high school	90	19.7	13310	22.6
High school graduate/GED	182	39.7	21463	36.5
Associate degree/certificate	61	13.3	5284	9.0
Some college no degree	84	18.3	12054	20.5
College graduate	23	5.0	4213	7.2
Graduate/professional degree	10	2.2	1203	2.0
Unknown	8	1.7	1242	2.1
<b>SCHOOL/JOB TRAINING ENROLLMENT</b>	<b>NUMBER</b>	<b>PERCENT</b>	<b>NUMBER</b>	<b>PERCENT</b>
Not enrolled	413	90.2	53837	91.6
Enrolled full time	23	5.0	2764	4.7
Enrolled part time	9	2.0	952	1.6
Unknown	13	2.8	1216	2.1
<b>LABOR FORCE STATUS</b>	<b>NUMBER</b>	<b>PERCENT</b>	<b>NUMBER</b>	<b>PERCENT</b>
Employed full-time (35+ hrs/week)	105	22.9	10421	17.7
Employed part-time (< 35 hrs/week)	34	7.4	4072	6.9
Occasional/seasonal work	9	2.0	700	1.2
Sheltered employment	0	0.0	25	0.0
Homemaker	7	1.5	443	0.8
Student	17	3.7	2375	4.0
Retired	4	0.9	678	1.2
Disabled	18	3.9	3426	5.8
Inmate of institution	5	1.1	1129	1.9
Unemployed--looking for work	87	19.0	13797	23.5
Unemployed--not looking for work	129	28.2	17234	29.3
Other	25	5.5	2373	4.0
Unknown	18	3.9	2096	3.6
<b>SOURCE OF INCOME</b>	<b>NUMBER</b>	<b>PERCENT</b>	<b>NUMBER</b>	<b>PERCENT</b>
Disability benefits	25	5.5	4491	7.6
Job	150	32.8	16678	28.4
Retirement/pension	4	0.9	695	1.2
Spouse/parents	49	10.7	4798	8.2
Relatives/friends	17	3.7	1426	2.4
Savings or investments	4	0.9	846	1.4
Public assistance	43	9.4	7620	13.0
Other	31	6.8	3051	5.2
None	109	23.8	16187	27.5
Unknown	26	5.7	2977	5.1

GOODHUE COUNTY

County Total  
 Admission Summary  
 1/ 1/2018 TO 12/31/2018

	County Counts N = 458		Statewide Counts N = 58769	
	NUMBER	PERCENT	NUMBER	PERCENT
<b>UNDER JURISDICTION OF COURT</b>				
Yes	258	56.3	30924	52.6
No	174	38.0	25946	44.1
Unknown	26	5.7	1899	3.2
<b>ARRESTS PAST 30 DAYS</b>				
None	390	85.2	50872	86.6
One	49	10.7	6059	10.3
Two	4	0.9	457	0.8
Three or more	5	1.1	236	0.4
Unknown	10	2.2	1145	1.9
<b>LICENSE REVOCATION DUE TO DWI</b>				
Currently under revocation	121	26.4	14738	25.1
Revoked during past 12 months	17	3.7	1640	2.8
Revoked at least once in lifetime	82	17.9	9891	16.8
Never revoked	137	29.9	16275	27.7
Not applicable	52	11.4	9662	16.4
Unknown	49	10.7	6563	11.2
<b>CLIENT IN JAIL/PRISON PAST 30 DAYS</b>				
Yes	97	21.2	11896	20.2
No	343	74.9	45161	76.8
Unknown	18	3.9	1712	2.9
<b>CHILD PROTECTION INVOLVEMENT</b>				
Yes	47	10.3	5943	10.1
No	180	39.3	19932	33.9
No children	216	47.2	31414	53.5
Unknown	15	3.3	1480	2.5
<b>PREGNANCY STATUS (WOMEN ONLY)</b>				
Pregnant	11	7.2	1002	4.8
Not pregnant	142	92.8	19735	95.2

GOODHUE COUNTY

County Total  
 Admission Summary  
 1/ 1/2018 TO 12/31/2018

	County Counts		Statewide Counts	
	NUMBER	PERCENT	NUMBER	PERCENT
	N =	458	N =	58769
<b>LIFETIME DETOX ADMISSIONS</b>				
None	208	45.4	31760	54.0
One	114	24.9	10609	18.1
Two	49	10.7	5100	8.7
Three or more	81	17.7	10669	18.2
Unknown	6	1.3	631	1.1

	NUMBER	PERCENT	NUMBER	PERCENT
<b>LIFETIME CD TREATMENT ADMISSIONS</b>				
None	103	22.5	11347	19.3
One	103	22.5	11548	19.6
Two	68	14.8	8901	15.1
Three or more	169	36.9	25904	44.1
Unknown	15	3.3	1069	1.8

	NUMBER	PERCENT	NUMBER	PERCENT
<b>SELF-HELP GROUP PARTICIPATION</b>				
Yes	170	37.1	23720	40.4
No	268	58.5	32814	55.8
Unknown	20	4.4	2235	3.8

	NUMBER	PERCENT	NUMBER	PERCENT
<b>INTERACTION WITH FAMILY/FRIENDS</b>				
Yes	393	85.8	51407	87.5
No	34	7.4	4274	7.3
Unknown	31	6.8	3088	5.3



GOODHUE COUNTY

County Total  
 Admission Summary  
 1/ 1/2018 TO 12/31/2018

County Counts  
 N = 458

Statewide Counts  
 N = 58769

CHEMICAL HEALTH SEVERITY RATINGS

INTOXICATION/WITHDRAWAL POTENTIAL

	NUMBER	PERCENT	NUMBER	PERCENT
No Problem	333	72.7	38519	65.5
Minor Problem	90	19.7	12655	21.5
Moderate Problem	23	5.0	5306	9.0
Serious Problem	3	0.7	716	1.2
Extreme Problem	0	0.0	26	0.0
Unable to assess	9	2.0	1547	2.6

BIOMEDICAL

	NUMBER	PERCENT	NUMBER	PERCENT
No Problem	211	46.1	25193	42.9
Minor Problem	206	45.0	25521	43.4
Moderate Problem	29	6.3	5795	9.9
Serious Problem	2	0.4	501	0.9
Extreme Problem	0	0.0	13	0.0
Unable to assess	10	2.2	1746	3.0

EMOTIONAL/BEHAVIORAL/COGNITIVE

	NUMBER	PERCENT	NUMBER	PERCENT
No Problem	12	2.6	2041	3.5
Minor Problem	60	13.1	10196	17.3
Moderate Problem	346	75.5	41289	70.3
Serious Problem	29	6.3	3385	5.8
Extreme Problem	0	0.0	104	0.2
Unable to assess	11	2.4	1754	3.0

READINESS FOR CHANGE

	NUMBER	PERCENT	NUMBER	PERCENT
No Problem	40	8.7	3465	5.9
Minor Problem	102	22.3	12529	21.3
Moderate Problem	199	43.4	25785	43.9
Serious Problem	93	20.3	13531	23.0
Extreme Problem	15	3.3	1685	2.9
Unable to assess	9	2.0	1774	3.0

RELAPSE/CONTINUED USE POTENTIAL

	NUMBER	PERCENT	NUMBER	PERCENT
No Problem	2	0.4	89	0.2
Minor Problem	13	2.8	757	1.3
Moderate Problem	103	22.5	10237	17.4
Serious Problem	135	29.5	22284	37.9
Extreme Problem	196	42.8	23650	40.2
Unable to assess	9	2.0	1752	3.0

GOODHUE COUNTY

County Total  
 Admission Summary  
 1/ 1/2018 TO 12/31/2018

County Counts  
 N = 458

Statewide Counts  
 N = 58769

CHEMICAL HEALTH SEVERITY RATINGS

RECOVERY ENVIRONMENT	NUMBER	PERCENT	NUMBER	PERCENT
No Problem	5	1.1	773	1.3
Minor Problem	39	8.5	2533	4.3
Moderate Problem	105	22.9	12096	20.6
Serious Problem	138	30.1	19962	34.0
Extreme Problem	159	34.7	21584	36.7
Unable to assess	12	2.6	1821	3.1

HISTORY OF INJECTION USE	NUMBER	PERCENT	NUMBER	PERCENT
Within past 30 days	28	6.1	5667	9.6
Within past 6 months	38	8.3	5786	9.8
Within past 12 months	15	3.3	1689	2.9
More than 12 months ago	38	8.3	3662	6.2
Never injected	304	66.4	36628	62.3
Unknown	35	7.6	5337	9.1

PRIMARY SUBSTANCE OF ABUSE	NUMBER	PERCENT	NUMBER	PERCENT
Alcohol	171	37.3	21640	36.8
Cocaine powder	3	0.7	1054	1.8
Crack	4	0.9	1162	2.0
Marjuana/Hashish	59	12.9	7668	13.0
Heroin	26	5.7	7232	12.3
Non-prescription Methadone	1	0.2	51	0.1
Other Opiates/Synthetics	20	4.4	2627	4.5
PCP	0	0.0	60	0.1
Other Hallucinogens/Psychedelics	1	0.2	110	0.2
Methamphetamine	159	34.7	15838	26.9
Other Amphetamines	3	0.7	140	0.2
Other Stimulants	0	0.0	66	0.1
Benzodiazepines	3	0.7	409	0.7
Other Tranquilizers	1	0.2	6	0.0
Barbiturates	0	0.0	7	0.0
Other Sedative/Hypnotic/Anxiolytic	0	0.0	40	0.1
Ketamine	0	0.0	5	0.0
Ecstasy/other club drugs	0	0.0	25	0.0
Inhalants	0	0.0	37	0.1
Over-the-counter Medications	0	0.0	63	0.1
Other	2	0.4	71	0.1

GOODHUE COUNTY

County Total  
Admission Summary  
1/ 1/2018 TO 12/31/2018

COUNTY  
N = 458

USE OF PRIMARY SUBSTANCE IN THE PAST 30 DAYS

FREQUENCY OF USE	ALCOHOL %	COCAINE POWDER %	CRACK %	HEROIN %	METHADONE NON-Rx %
No use past 30 days	44.4	66.7	0.0	46.2	0.0
1 to 10 days	28.7	0.0	0.0	3.8	0.0
11 to 20 days	11.7	0.0	0.0	11.5	0.0
21 to 30 days	15.2	33.3	100.0	38.5	100.0

FREQUENCY OF USE	OTHER OPIATES %	MARIJUANA %	PCP %	HALLUCI- NOGENS %	METHAMPHET- AMINE %
No use past 30 days	40.0	61.0	0.0	100.0	61.6
1 to 10 days	30.0	27.1	0.0	0.0	22.6
11 to 20 days	15.0	3.4	0.0	0.0	7.5
21 to 30 days	15.0	8.5	0.0	0.0	8.2

FREQUENCY OF USE	AMPHET- AMINES %	STIMULANTS %	BENZODI- AZEPINES %	TRANQUIL- IZERS %	BARBITU- RATES %
No use past 30 days	100.0	0.0	100.0	100.0	0.0
1 to 10 days	0.0	0.0	0.0	0.0	0.0
11 to 20 days	0.0	0.0	0.0	0.0	0.0
21 to 30 days	0.0	0.0	0.0	0.0	0.0

FREQUENCY OF USE	SEDATIVES %	KETAMINE %	ECSTASY %	INHALANTS %	OVER-THE- COUNTER %
No use past 30 days	0.0	0.0	0.0	0.0	0.0
1 to 10 days	0.0	0.0	0.0	0.0	0.0
11 to 20 days	0.0	0.0	0.0	0.0	0.0
21 to 30 days	0.0	0.0	0.0	0.0	0.0

FREQUENCY OF USE	OTHER DRUGS %
No use past 30 days	50.0
1 to 10 days	0.0
11 to 20 days	0.0
21 to 30 days	50.0

GOODHUE COUNTY

County Total  
 Admission Summary  
 1/ 1/2018 TO 12/31/2018

STATEWIDE  
 N = 58769

USE OF PRIMARY SUBSTANCE IN THE PAST 30 DAYS

FREQUENCY OF USE	ALCOHOL %	COCAINE POWDER %	CRACK %	HEROIN %	METHADONE NON-Rx %
No use past 30 days	43.6	50.7	37.4	44.1	39.2
1 to 10 days	24.4	26.4	28.7	18.6	13.7
11 to 20 days	14.3	10.5	13.9	11.0	7.8
21 to 30 days	17.6	12.4	20.0	26.4	39.2

FREQUENCY OF USE	OTHER OPIATES %	MARIJUANA %	PCP %	HALLUCI- NOGENS %	METHAMPHET- AMINE %
No use past 30 days	47.3	46.3	60.0	53.6	58.1
1 to 10 days	17.1	24.4	20.0	28.2	20.9
11 to 20 days	10.5	11.5	6.7	7.3	9.7
21 to 30 days	25.1	17.9	13.3	10.9	11.3

FREQUENCY OF USE	AMPHET- AMINES %	STIMULANTS %	BENZODI- AZEPINES %	TRANQUIL- IZERS %	BARBITU- RATES %
No use past 30 days	57.1	51.5	46.0	50.0	71.4
1 to 10 days	20.0	19.7	24.0	50.0	14.3
11 to 20 days	10.7	9.1	13.9	0.0	14.3
21 to 30 days	12.1	19.7	16.1	0.0	0.0

FREQUENCY OF USE	SEDATIVES %	KETAMINE %	ECSTASY %	INHALANTS %	OVER-THE- COUNTER %
No use past 30 days	60.0	80.0	64.0	56.8	41.3
1 to 10 days	12.5	0.0	20.0	21.6	28.6
11 to 20 days	12.5	20.0	12.0	13.5	11.1
21 to 30 days	15.0	0.0	4.0	8.1	19.0

FREQUENCY OF USE	OTHER DRUGS %
No use past 30 days	56.3
1 to 10 days	18.3
11 to 20 days	11.3
21 to 30 days	14.1

GOODHUE COUNTY

County Total  
Discharge Summary for Admissions  
from 1/ 1/2018 to 12/31/2018

County Counts  
N = 309  
Statewide Counts  
N = 43327

DISCHARGES BY MONTH OF ADMISSION	NUMBER	PERCENT	NUMBER	PERCENT
January	35	87.5	4415	84.2
February	27	81.8	3937	83.9
March	26	59.1	4207	82.5
April	27	71.1	4158	80.4
May	30	60.0	4039	78.5
June	25	62.5	3895	77.8
July	30	83.3	3798	77.2
August	27	58.7	3709	72.7
September	21	67.7	3090	69.3
October	24	63.2	3440	65.2
November	22	68.8	2726	59.3
December	15	50.0	1913	47.2

REASON FOR DISCHARGE	NUMBER	PERCENT	NUMBER	PERCENT
Completed program	182	58.9	22054	50.9
Patient left without staff approval	65	21.0	11443	26.4
Patient conduct (behavioral)	25	8.1	3280	7.6
Expiration of civil commitment	0	0.0	29	0.1
Transferred to other program	21	6.8	3256	7.5
Assessed as inappropriate	2	0.6	722	1.7
Lost financial support	2	0.6	184	0.4
Incarcerated	3	1.0	744	1.7
Death	0	0.0	61	0.1
Other	9	2.9	1554	3.6

AVERAGE LENGTH OF SERVICE (DAYS)

Residential completers	43.7	Days	44.9	Days
Residential non-completers	31.3	Days	24.0	Days
Residential all clients	39.9	Days	37.6	Days

AVERAGE LENGTH OF SERVICE (HOURS)

Outpatient completers	107.8	Hours	122.4	Hours
Outpatient non-completers	42.0	Hours	60.5	Hours
Outpatient all clients	72.2	Hours	84.9	Hours

AVERAGE LENGTH OF SERVICE (HOURS)

Methadone completers	0.0	Hours	78.6	Hours
Methadone non-completers	13.0	Hours	60.2	Hours
Methadone all clients	13.0	Hours	60.5	Hours

GOODHUE COUNTY

County Total  
 Discharge Summary for Admissions  
 from 1/ 1/2018 to 12/31/2018

County Counts  
 N = 309

Statewide Counts  
 N = 43327

CHEMICAL HEALTH SEVERITY RATINGS

INTOXICATION/WITHDRAWAL POTENTIAL

	NUMBER	PERCENT	NUMBER	PERCENT
No Problem	233	75.4	30288	69.9
Minor Problem	53	17.2	6996	16.1
Moderate Problem	10	3.2	2545	5.9
Serious Problem	1	0.3	379	0.9
Extreme Problem	1	0.3	107	0.2
Unable to assess	11	3.6	3012	7.0

BIOMEDICAL

	NUMBER	PERCENT	NUMBER	PERCENT
No Problem	164	53.1	20761	47.9
Minor Problem	109	35.3	16196	37.4
Moderate Problem	23	7.4	3086	7.1
Serious Problem	2	0.6	386	0.9
Extreme Problem	0	0.0	85	0.2
Unable to assess	11	3.6	2813	6.5

EMOTIONAL/BEHAVIORAL/COGNITIVE

	NUMBER	PERCENT	NUMBER	PERCENT
No Problem	15	4.9	2363	5.5
Minor Problem	94	30.4	12239	28.2
Moderate Problem	166	53.7	23034	53.2
Serious Problem	22	7.1	2677	6.2
Extreme Problem	2	0.6	260	0.6
Unable to assess	10	3.2	2754	6.4

READINESS FOR CHANGE

	NUMBER	PERCENT	NUMBER	PERCENT
No Problem	43	13.9	5775	13.3
Minor Problem	101	32.7	10969	25.3
Moderate Problem	96	31.1	11793	27.2
Serious Problem	32	10.4	8284	19.1
Extreme Problem	27	8.7	3834	8.8
Unable to assess	10	3.2	2672	6.2

RELAPSE/CONTINUED USE POTENTIAL

	NUMBER	PERCENT	NUMBER	PERCENT
No Problem	3	1.0	637	1.5
Minor Problem	38	12.3	4652	10.7
Moderate Problem	47	15.2	7497	17.3
Serious Problem	126	40.8	15112	34.9
Extreme Problem	85	27.5	12731	29.4
Unable to assess	10	3.2	2698	6.2

GOODHUE COUNTY

County Total  
 Discharge Summary for Admissions  
 from 1/ 1/2018 to 12/31/2018

County Counts	Statewide Counts
N = 309	N = 43327

CHEMICAL HEALTH SEVERITY RATINGS

RECOVERY ENVIRONMENT	NUMBER	PERCENT	NUMBER	PERCENT
No Problem	16	5.2	1707	3.9
Minor Problem	40	12.9	4457	10.3
Moderate Problem	62	20.1	8632	19.9
Serious Problem	106	34.3	14070	32.5
Extreme Problem	73	23.6	11560	26.7
Unable to assess	12	3.9	2901	6.7

DSM CD DIAGNOSIS

	NUMBER	PERCENT	NUMBER	PERCENT
Alcohol dependent	112	36.2	16081	37.1
Alcohol abuse	5	1.6	732	1.7
Tranquilizer/sedative/hypnotic dependent	1	0.3	328	0.8
Tranquilizer/sedative/hypnotic abuse	0	0.0	11	0.0
Cannabis dependent	27	8.7	4639	10.7
Cannabis abuse	2	0.6	289	0.7
Cocaine or crack dependent	2	0.6	1473	3.4
Cocaine or crack abuse	0	0.0	51	0.1
Hallucinogen dependent	1	0.3	91	0.2
Hallucinogen abuse	0	0.0	11	0.0
Opiate/synthetic dependent	43	13.9	6753	15.6
Opiate/synthetic abuse	0	0.0	125	0.3
Inhalant dependent	1	0.3	38	0.1
Inhalant abuse	0	0.0	1	0.0
Amphetamine dependent	108	35.0	12100	27.9
Amphetamine abuse	2	0.6	347	0.8
Phencyclidine (PCP) dependent	0	0.0	0	0.0
Phencyclidine (PCP) abuse	0	0.0	0	0.0
Polysubstance dependent	5	1.6	227	0.5
Other psychoactive substance dependent	0	0.0	17	0.0
Other psychoactive substance abuse	0	0.0	0	0.0
Unknown	0	0.0	13	0.0

GOODHUE COUNTY

County Total  
 Discharge Summary for Admissions  
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County Counts  
 N = 309

Statewide Counts  
 N = 43327

**MEDICATIONS/THERAPIES PROVIDED**  
 (mark all that apply)

	NUMBER	PERCENT	NUMBER	PERCENT
Methadone	9	2.9	2183	5.0
Other opioid replacement therapy	13	4.2	2274	5.2
Antabuse	0	0.0	151	0.3
Naltrexone	9	2.9	1256	2.9
Other anti-craving medication	9	2.9	1093	2.5
Anti-depressant medication	77	24.9	10541	24.3
Anti-anxiety medication	74	23.9	10396	24.0
Other medications	34	11.0	3906	9.0
Acupuncture	27	8.7	1005	2.3

**DISCHARGE USUAL RESIDENCE**

	NUMBER	PERCENT	NUMBER	PERCENT
Homeless - no fixed address	12	3.9	2508	5.8
Dependent living - supervised setting	179	57.9	22210	51.3
Independenct living	86	27.8	14961	34.5
Children living with their family	13	4.2	1025	2.4
Unknown	19	6.1	2623	6.1

**ENVIRONMENT CONDUCIVE TO RECOVERY**

	NUMBER	PERCENT	NUMBER	PERCENT
Yes	209	67.6	24700	57.0
No	35	11.3	5345	12.3
Unknown	65	21.0	13282	30.7

**DISCHARGE LABOR FORCE STATUS**

	NUMBER	PERCENT	NUMBER	PERCENT
Employed full-time (35+ hrs/week)	64	20.7	8155	18.8
Employed part-time (< 35 hrs/week)	19	6.1	3312	7.6
Occasional/seasonal work	2	0.6	328	0.8
Sheltered employment	1	0.3	9	0.0
Homemaker	7	2.3	253	0.6
Student	16	5.2	1581	3.6
Retired	4	1.3	533	1.2
Disabled	12	3.9	2081	4.8
Inmate of institution	0	0.0	1008	2.3
Unemployed--looking for work	68	22.0	9193	21.2
Unemployed--not looking for work	77	24.9	10915	25.2
Other	11	3.6	930	2.1
Unknown	28	9.1	5029	11.6



GOODHUE COUNTY

County Total  
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 N = 43327

DISCHARGE SCHOOL ENROLLMENT	NUMBER	PERCENT	NUMBER	PERCENT
Not enrolled	264	85.4	37291	86.1
Enrolled full time	21	6.8	1645	3.8
Enrolled part time	1	0.3	490	1.1
Unknown	23	7.4	3901	9.0

SELF-HELP GROUP PARTICIPATION	NUMBER	PERCENT	NUMBER	PERCENT
Yes	213	68.9	28221	65.1
No	73	23.6	10325	23.8
Unknown	23	7.4	4781	11.0

INTERACTION WITH FAMILY/FRIENDS	NUMBER	PERCENT	NUMBER	PERCENT
Yes	251	81.2	33106	76.4
No	15	4.9	2686	6.2
Unknown	43	13.9	7535	17.4

ARRESTS PAST 30 DAYS	NUMBER	PERCENT	NUMBER	PERCENT
None	283	91.6	39290	90.7
One	8	2.6	1872	4.3
Two	0	0.0	114	0.3
Three or more	1	0.3	174	0.4
Unknown	17	5.5	1877	4.3

VICTIM OF ABUSE	NUMBER	PERCENT	NUMBER	PERCENT
No	174	56.3	23339	53.9
Yes physical only	40	12.9	5584	12.9
Yes sexual only	8	2.6	1637	3.8
Yes physical and sexual	38	12.3	6390	14.7
Unknown	49	15.9	6377	14.7

PERPETRATOR OF ABUSE	NUMBER	PERCENT	NUMBER	PERCENT
No	228	73.8	32393	74.8
Yes physical only	27	8.7	3273	7.6
Yes sexual only	2	0.6	305	0.7
Yes physical and sexual	1	0.3	292	0.7
Unknown	51	16.5	7064	16.3

GOODHUE COUNTY

County Total  
 Discharge Summary for Admissions  
 from 1/ 1/2018 to 12/31/2018

County Counts  
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Statewide Counts  
 N = 43327

TREATMENT BARRIERS (mark all that apply)	NUMBER	PERCENT	NUMBER	PERCENT
Hearing impairment	3	1.0	414	1.0
Visual impairment	18	5.8	1227	2.8
Physical handicap	1	0.3	481	1.1
Developmental disability	2	0.6	420	1.0
Mental illness	158	51.1	22803	52.6
Speech pathology	0	0.0	138	0.3
Learning disability	16	5.2	1532	3.5
Brain injury	12	3.9	1335	3.1
English not primary language	1	0.3	484	1.1
Functional illiteracy	3	1.0	232	0.5

REFERRALS AT DISCHARGE (mark all that apply)	NUMBER	PERCENT	NUMBER	PERCENT
Additional CD treatment	164	53.1	24799	57.2
CD aftercare/support professionally led	127	41.1	17782	41.0
CD aftercare/support group self-help	180	58.3	25361	58.5
CD board and lodging	88	28.5	11844	27.3
Non-CD supportive housing	11	3.6	2000	4.6
Domestic abuse treatment program	8	2.6	992	2.3
Individual counseling/therapy	173	56.0	22807	52.6
Family counseling/therapy	32	10.4	4496	10.4
Detox	1	0.3	811	1.9
Medical care/services	38	12.3	5928	13.7
Vocational program	11	3.6	1179	2.7
Legal assistance	8	2.6	1047	2.4
Law enforcement/corrections	45	14.6	7560	17.4
Court/court services	35	11.3	4431	10.2
County social service - CD services	28	9.1	5145	11.9
County social service - other services	21	6.8	2832	6.5
VA/veterans service organizations	2	0.6	152	0.4

PAYMENT SOURCES FOR TREATMENT	NUMBER	PERCENT	NUMBER	PERCENT
Self-pay	56	18.1	4660	10.8
Private Insurance non-managed care	63	20.4	6059	14.0
Private Insurance managed care	29	9.4	3652	8.4
CCDTF (Consolidated CD Treatment Fund)	94	30.4	14672	33.9
MHCP (MA, GAMC, MinnesotaCare)	113	36.6	20911	48.3
Medicare	5	1.6	443	1.0
County funds (non-CCDTF)	7	2.3	1233	2.8
Free care (no charge)	0	0.0	297	0.7
Other	21	6.8	3590	8.3



MINNESOTA  
**TOWARD ZERO DEATHS**

# Toward Zero Deaths

*June 18, 2019*

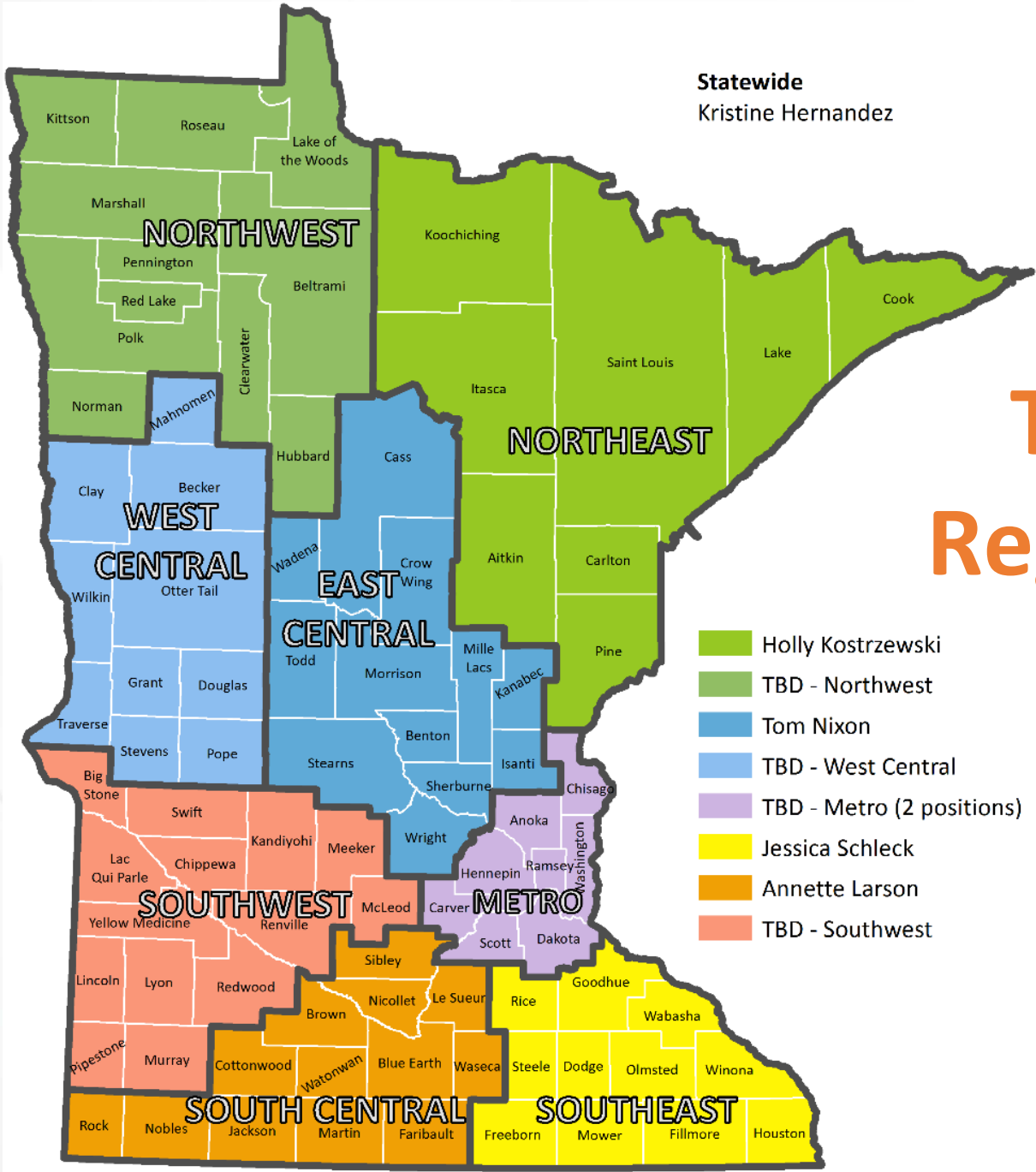
*Jessica Seide, Goodhue County TZD Safe Roads coordinator*

*Jessica Schleck, Southeast TZD regional coordinator*



Statewide  
Kristine Hernandez

# TZD Regions



- Holly Kostrzewski
- TBD - Northwest
- Tom Nixon
- TBD - West Central
- TBD - Metro (2 positions)
- Jessica Schleck
- Annette Larson
- TBD - Southwest

# Vision

To reduce fatalities and serious injuries on Minnesota's roads to zero



# Mission

To move Minnesota toward **zero** deaths on our roads using education, enforcement, engineering and emergency medical & trauma services.



# TZD Cornerstone

*Five*

~~Four~~ “E” approach:

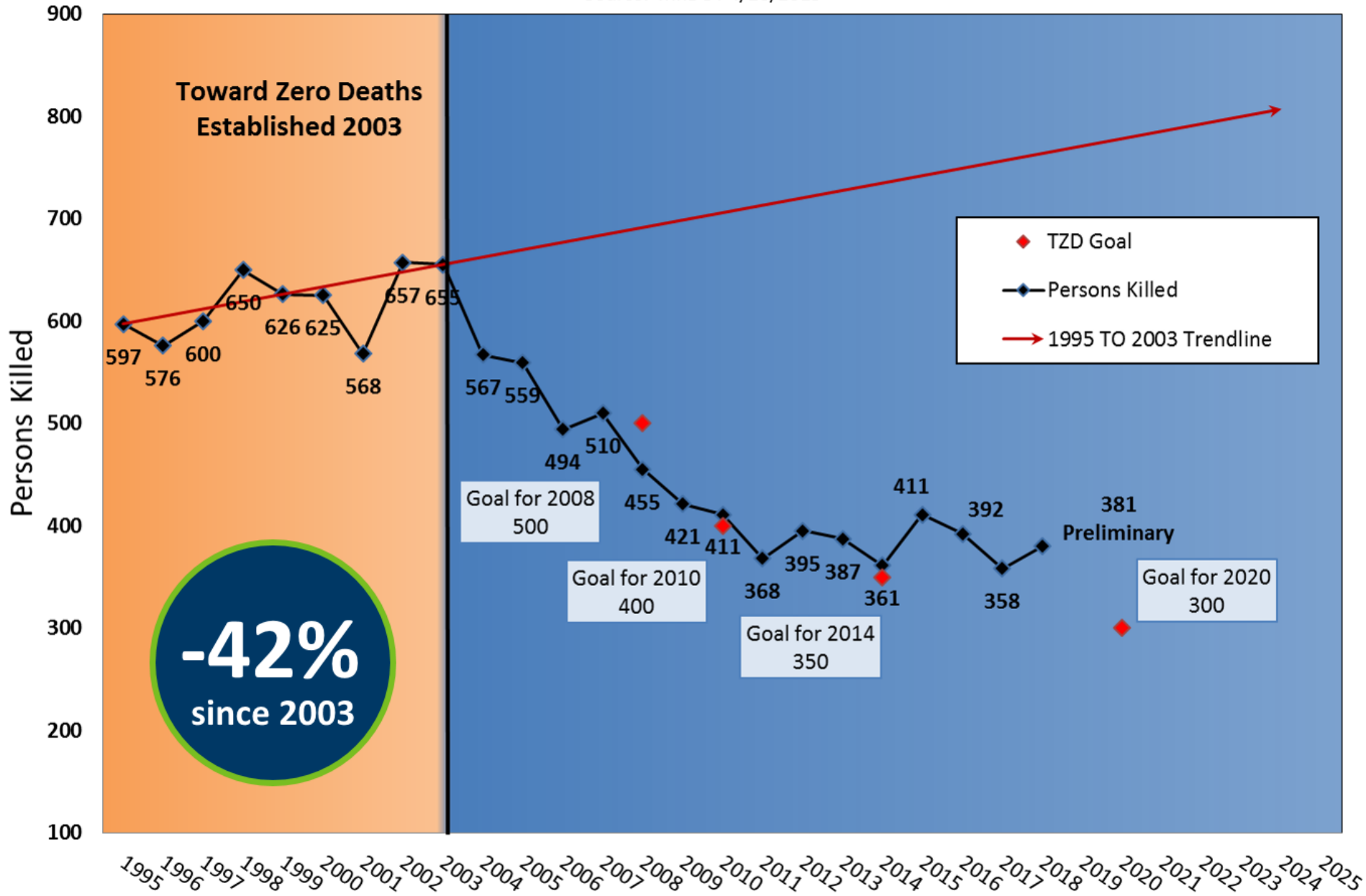
- Enforcement
- Engineering
- Education & Outreach
- Emergency Medical & Trauma Services
- **Everyone Else!**

(Legislators, Judicial, Media)



# Minnesota Roadway Fatalities

Source: MnDOT 4/16/2019

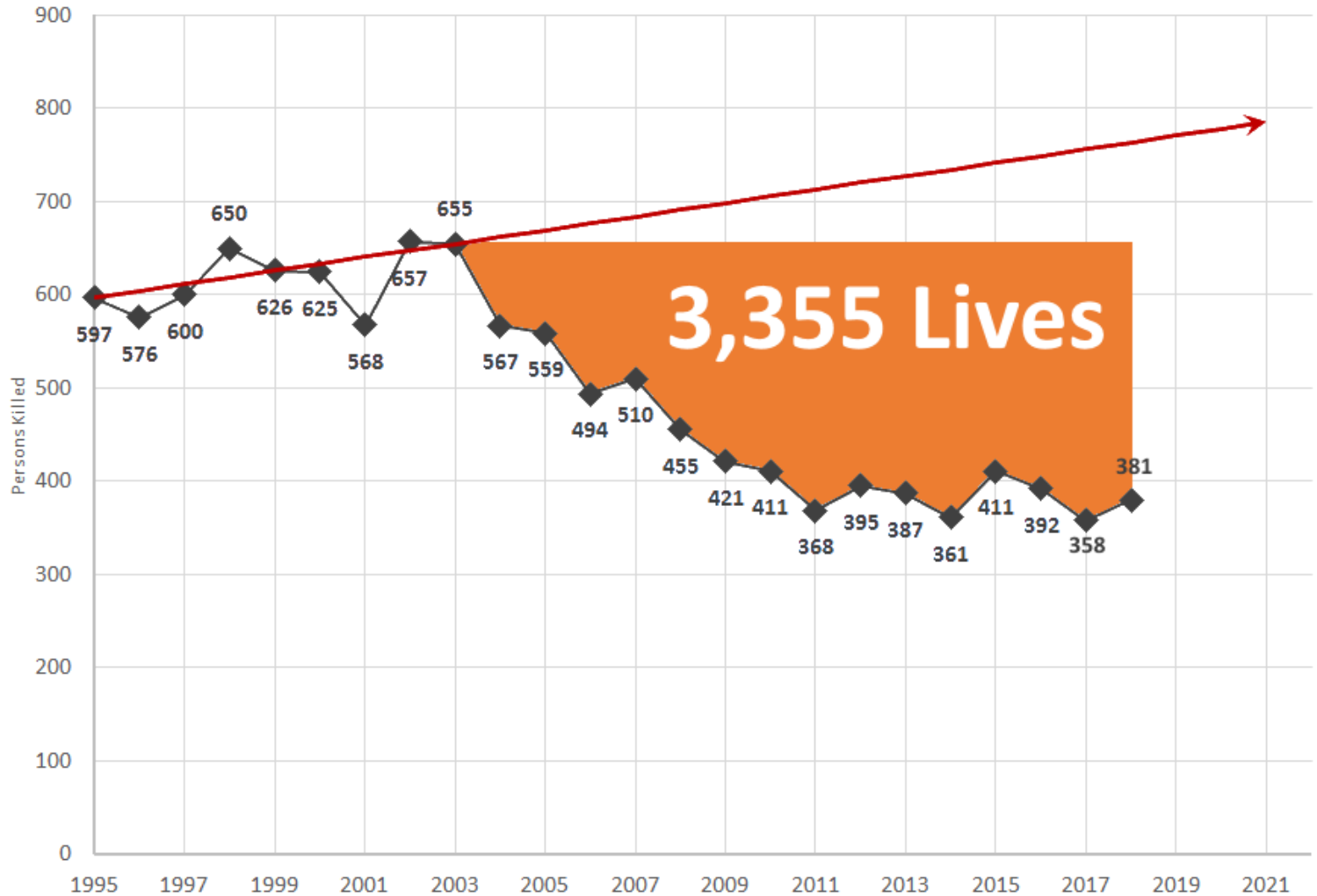




# What if Fatalities had stayed the same?

Minnesota Roadway Fatalities

Source: MnDOT 2/28/2019



# We've come a long way baby!



**Auto Strap for front-seat tots**

**\$1.88**

Guards your child as you're busy driving through traffic. Lets him sit, stand, kneel or sleep without disturbing driver. Prevents spills from sudden stops. Heavy web harness attaches to safety strap that snaps to car seat frame. Removes easily. Also use as walking harness. For 1 to 10-year olds. Fits any car. Shpg. wt. 9 oz.

460 SEARS 3PCBKM

49 G 7945.....\$1.88

# Minnesota Roadway Fatalities

Source: MnDOT 1/31/2019

2005  
Statewide  
Trauma  
System  
Legislation &  
BAC for DWI  
Changed  
from 0.1 to  
0.08

2006 Cell  
Phone Ban  
for Permit  
Holders  
Under 18  
and  
Provisional  
Drivers

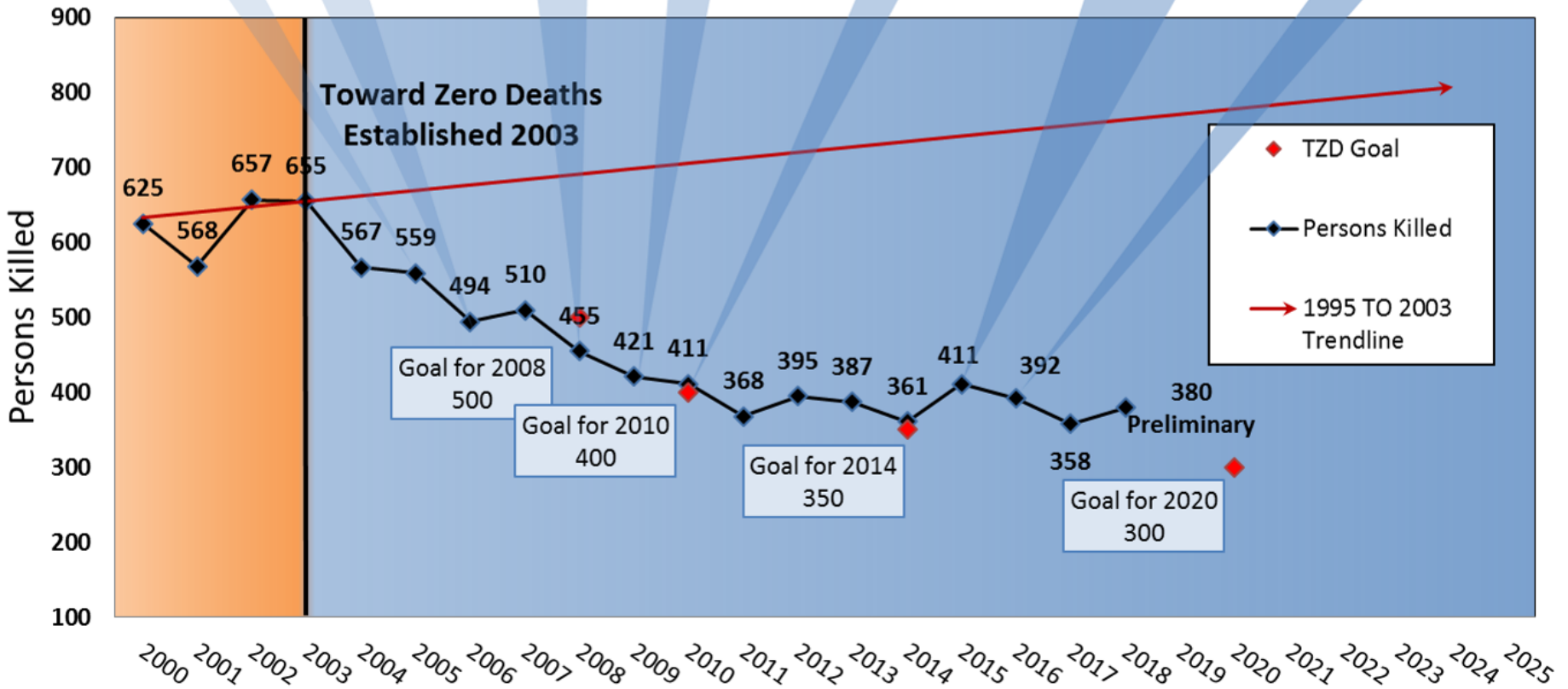
2008  
Electronic  
Communicati  
ons  
Prohibited  
While Driving  
& Expanded  
GDL Laws

2009  
Primary  
Seat Belt  
Law;  
Booster  
Seat Law;  
Expanded  
GDL Laws

2010  
Driver  
License  
Sanctions  
Ignition  
Interlock

2014 Additional Fines for  
Work Zone Speed Limit  
Convictions  
Increased Hours of Adult-  
supervised Practice for  
Teen Provisional Drivers &  
Require Driver Educators to  
Offer Parent Awareness  
Training

2015  
Increased  
fine for  
texting and  
driving  
second  
offense

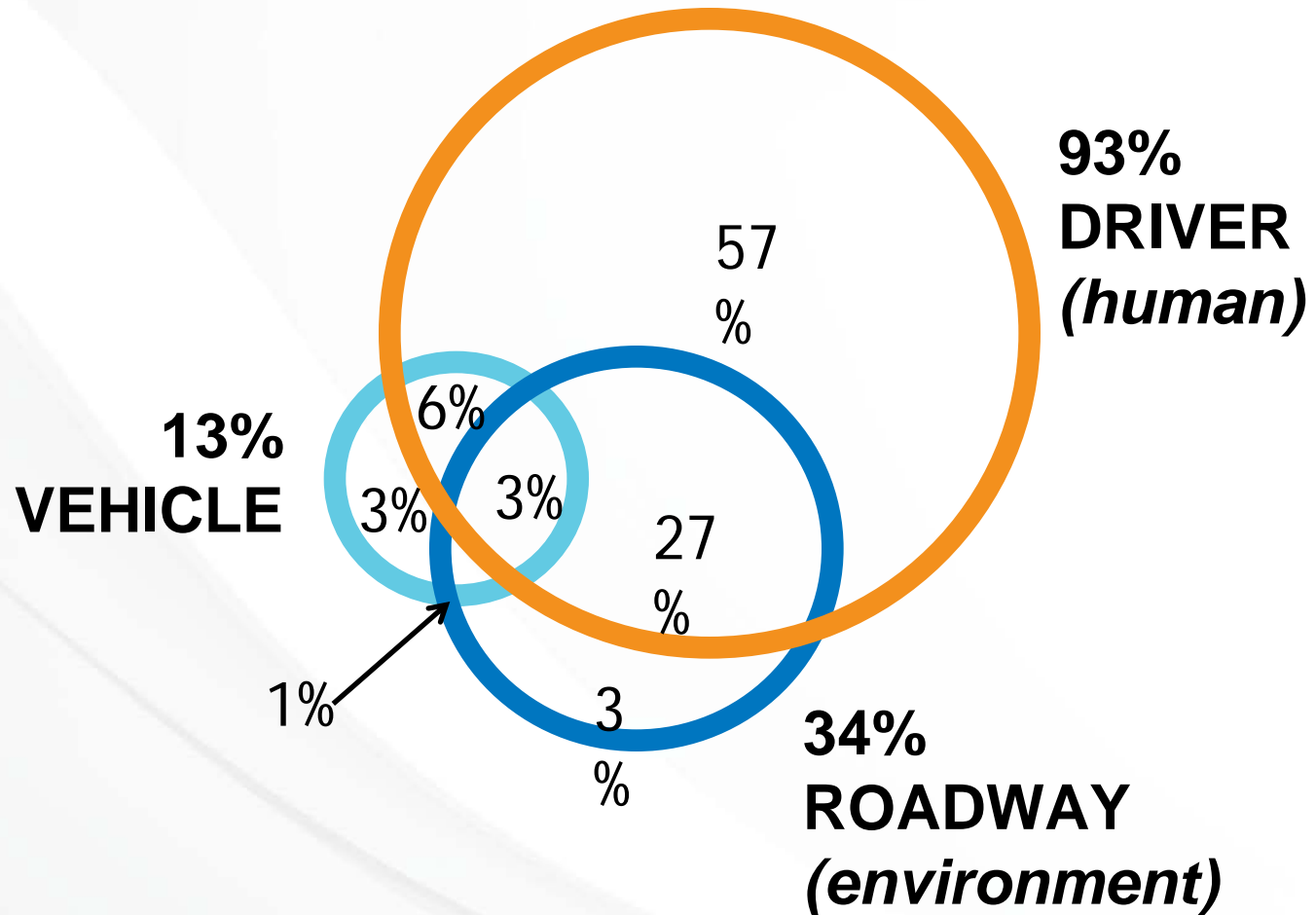


# Year-to-Date Traffic-Related Deaths

As of June 13, 2019 there have been **127** traffic-related deaths on Minnesota roads, compared to **134** deaths at this time last year.



# Factors Contributing to Crashes



Source: Treat, 1979 as cited in Highway Safety Manual

# What is *Traffic Safety Culture*?



*Shared:*

- Values
- Beliefs
- Norms
- Attitudes

# Culture Shift

- Culture seems to be accepting that “driving” is just something you happen to be “doing”
- Safety over convenience



# Goodhue County Team



- Cannon Falls Police Dept.
- Goodhue County Health and Human Services
- Goodhue County Public Works
- Goodhue County Sheriff's Office
- Kenyon Police Dept.
- Pine Island Fire Dept.
- Red Wing Police Dept.
- Zumbrota Police Dept.



# Goodhue County



**TOWARD  
ZERO  
DEATHS**



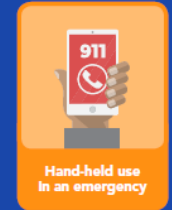
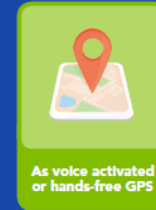
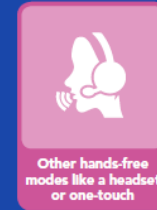
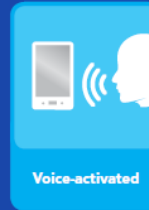
# Hands Free Law

- August 1<sup>st</sup> 2019
- [HandsFreeMN.org](http://HandsFreeMN.org)

## Hands-free Cell Phone Use

MINNESOTA IS HANDS FREE STARTING AUGUST 1, 2019!

The new law requires hands-free use of cell phones. You can use your phone like this:



Got a phone in your hand?  
You can be pulled over.



**DRIVING DISTRACTIONS INJURE AND KILL...**

Vehicle fatality causes:

- ▶ Speed
- ▶ Impairment
- ▶ Fatigue
- ▶ Distractions

Distracted driving fatality increase (2014–2015)

**↑18%**

**1/4** crashes, **1/5** fatalities involve distracted driving

18 states and the District of Columbia are hands free.



MINNESOTA SAFETY COUNCIL  
Chapter of the National Safety Council

**TOWARD  
ZERO  
DEATHS**

**mi**  
DEPARTMENT OF HEALTH



**mi**  
DEPARTMENT OF TRANSPORTATION



*Zero is attainable — but it will take all of us working together to get there!*

**GOODHUE COUNTY  
HEALTH & HUMAN SERVICES (HHS)**



**Monthly Report**

**CD Placements**

**CONSOLIDATED FUNDING LIST FOR JUNE 2019**

**In-Patient Approval:**

- #01497062R– 34 year old female – one previous treatment – MNATC –Rochester
- #03752326R – 30 year old male – numerous previous treatments – Dakota Cty Jail Treatment, Hastings
- #0057723 – 30 year old female – no previous treatments – Cochran Recovery Services, Hastings
- #03185494R –23 year old female – four previous treatments – Pathway House, Rochester
- #05469880R – 50 year old female – one previous treatment – Vinland Center, Loretto
- #01015765 – 39 year old male – no previous treatment – Twin Town Treatment Center, St. Paul
- #03758778R – 29 year old female – four previous treatments – North Star Behavioral Health, St. Paul
- #01263549 - 37 year old male – no previous treatment – Twin Town Treatment Center, St. Paul

**Outpatient Approvals:**

- #00989945 – 46 year old female – no previous treatment – Midwest Recovery, Red Wing
- #01859616 – 22 year old male – no previous treatment – Common Ground, Rochester
- #00911583R – 41 year old female – four previous treatments – Common Ground, Rochester
- #01813254 – 22 year old male – no previous treatment – Common Ground, Rochester
- #00493866 – 30 year old male – no previous treatment – Midwest Recovery, Red Wing
- #05310563R – 28 year old female – two previous treatments – Midwest Recovery, Red Wing
- #03467491R – 32 year old male – three previous treatments – Common Ground, Red Wing
- #04967525 – 34 year old male – no previous treatment – Midwest Recovery, Red Wing
- #03555442R – 32 year old male – two previous treatments – Midwest Recovery, Red Wing
- #02509457 – 24 year old male – no previous treatment – Common Ground, Red Wing
- #01453217 – 24 year old male – no previous treatment – Midwest Recovery, Red Wing

**Halfway House Approval:** None

**GOODHUE COUNTY  
HEALTH & HUMAN SERVICES (GCHHS)**



**Monthly Update  
Child Protection Assessments/Investigations**

	<b>2015</b>	<b>2016</b>	<b>2017</b>	<b>2018</b>	<b>2019</b>
<b>January</b>	18	18	21	25	21
<b>February</b>	11	26	22	21	20
<b>March</b>	23	16	17	27	34
<b>April</b>	24	32	17	22	20
<b>May</b>	24	21	31	19	23
<b>June</b>	7	17	28	23	
<b>July</b>	14	18	21	22	
<b>August</b>	17	19	33	11	
<b>September</b>	31	25	20	17	
<b>October</b>	30	18	28	28	
<b>November</b>	20	22	19	22	
<b>December</b>	17	15	16	19	
<b>Total</b>	<b>236</b>	<b>247</b>	<b>273</b>	<b>256</b>	<b>118</b>

*Promote, Strengthen, and Protect the Health of Individuals, Families, and Communities!*



Goodhue County  
**Health and Human Services**

426 West Avenue  
 Red Wing, MN 55066  
 Phone: (651) 385-3200  
 Fax: (651) 267-4877

**TO:** Goodhue County Health and Human Services Board  
**FROM:** Nina Arneson, GCHHS Director  
**DATE:** June 18, 2019  
**RE:** 2019 June Staffing Report

Following the updated Goodhue County hiring policy, below are GCHHS new hires for June 2019:

Outgoing Employee	Rate of Pay*	Classification	New Employee	Rate of Pay*	Step	Hire Date
Natalie Littfin	\$16.17	Office Support Specialist	Wendy Mingone	\$15.48	1	5/20/19
Diane Holst	\$16.88	Office Support Specialist	Molly Matthees	\$15.48	1	6/3/19
Julie Vangsness	\$24.82	Office Support Specialist	Mary E	\$15.48	1	6/3/19
Diane Holm	\$24.82	Office Support Specialist Sr.	Diane Holst	\$18.90	1	6/3/19

\*Rate of pay does not include additional compensation factors such as FICA, Medicare, pension and individual benefit elections which are confidential.